## FM press conference – July 31

- Prynhawn da
- This week we have carried out the sixth review of the coronavirus regulations in Wales.
  - As usual, we have carefully examined the latest scientific and medical evidence about coronavirus in Wales to see if we can relax the restrictions further and how much headroom we have to make changes.
  - We have also looked at the situation around the world.
- I want to start by saying we have only been able to lift the restrictions because
  of everything you have done to reduce the spread of coronavirus you have
  stayed at home; you have stayed local and you have kept Wales safe.
- The result is that the virus is continuing to decline in Wales and we can once again, carefully and cautiously, go on lifting the lockdown.
- But coronavirus <u>has not</u> gone away. This pandemic will not be over by Christmas.
- This is why is so important that we all protect ourselves from the virus.
  - That means keeping your distance from other people
  - Washing your hands often
  - And wearing a face covering on public transport.

## [PAUSE]

## [SLIDE ON]

- On screen now, you will see a summary of the changes we will be making.
- We will introduce these changes in a phased way over the next three-week cycle.