Also from 1 August, we will reopen most remaining leisure settings, namely bowling, skating rinks and casinos, and we will enable all close contact services such as beauticians to resume.

Nightclubs and soft play areas will sadly need to remain closed for now – although this will be kept under review.

We will restart indoor performances to a live audience, subject to the success of pilots, and we will also pilot larger gatherings in venues like sports stadia, with a view to wider reopening in the Autumn.

We will also allow wedding receptions for up to 30 people.

All of these measures for 1 August should be done in a Covid Secure way.

In September, schools, nurseries and colleges will be open for all children and young people on a full-time basis, as planned.

And universities are also working to reopen as fully as possible.

From October, we intend to bring back audiences in stadia and to allow conferences and other business events to recommence – again, these changes must be done in a Covid Secure way, subject to the successful outcome of pilots.

Throughout this period, we will look to allow more close contact between friends and family when we can.

It is my strong and sincere hope that we will be able to review the outstanding restrictions and allow a more significant return to normality from November at the earliest – possibly in time for Christmas.

At all times, we will continue to work with the devolved administrations in Scotland, Wales and Northern Ireland to support and care for those at risk, wherever they live in the UK.