Estimating the infection and case fatality ratio for COVID-19 using age-adjusted data from the outbreak on the Diamond Princess cruise ship

Status: Paper published at journal | First online: 05-03-2020 | Last update: 23-03-2020

Authors: *Timothy W Russell (mailto:timothy.russell@lshtm.ac.uk)*, Joel Hellewell¹, Christopher I Jarvis¹, Kevin van Zandvoort¹, Sam Abbott¹, Ruwan Ratnayake, CMMID COVID-19 working group (/groups/ncov-group), Stefan Flasche, Rosalind M Eggo, W John Edmunds & Adam J Kucharski.* * corresponding author 1 contributed equally

Aim

To estimate the infection and case fatality ratio of COVID-19, using data from passengers of the Diamond Princess cruise ship while correcting for delays between confirmation-and-death, and age-structure of the population.

Abstract

Adjusting for delay from confirmation-to-death, we estimated case and infection fatality ratios (CFR, IFR) for COVID-19 on the Diamond Princess ship as 2.3% (0.75%–5.3%) and 1.2% (0.38–2.7%). Comparing deaths onboard with expected deaths based on naive CFR estimates using China data, we estimate IFR and CFR in China to be 0.5% (95% CI: 0.2–1.2%) and 1.1% (95% CI: 0.3–2.4%) respectively.

Main text

In real-time, estimates of the case fatality ratio (CFR) and infection fatality ratio (IFR) can be biased upwards by under-reporting of cases and downwards by failure to account for the delay from confirmationto-death. Collecting detailed epidemiological information from a closed population such as the guarantined Diamond Princess can produce a more comprehensive description of asymptomatic and symptomatic cases and their subsequent outcomes. Using data from the Diamond Princess, and adjusting for delay from confirmation-to-outcome and age-structure of the ship's occupants, we estimated the IFR and CFR for the outbreak in China. As of 3rd March 2020, there have been 92,809 confirmed cases of coronavirus disease 2019 (COVID-19), with 3,164 deaths [1]. On 1st February 2020, a patient tested positive for COVID-19 in Hong Kong; they disembarked from the Diamond Princess cruise ship on the 25th January [2,3]. This patient had onset of symptoms on the 19th January, one day before boarding the ship [2]. Upon returning to Yokohama, Japan, on February 3rd, the ship was held in quarantine, during which testing was performed in order to measure COVID-19 infections among the 3,711 passengers and crew members onboard. Passengers were initially to be held in guarantine for 14 days. However, those that had intense exposure to the confirmed case-patient, such as sharing a cabin, were held in guarantine beyond the initial 14-day window [3]. By 20th February, there were 634 confirmed cases onboard (17%), with 328 of these asymptomatic (asymptomatic cases were either self-assessed or tested positive before symptom

onset) [3]. Overall 3,063 PCR tests were performed among passengers and crew members. Testing started among the elderly passengers, descending by age [3]. For details on the testing procedure, see [2] and [3].

Adjusting for outcome delay in CFR estimates

During an outbreak, the so-called naive CFR (nCFR), i.e. the ratio of reported deaths date to reported cases to date, will underestimate the true CFR because the outcome (recovery or death) is not known for all cases [4]. We can therefore estimate the true denominator for the CFR (i.e. the number of cases with known outcomes) by accounting for the delay from confirmation-to-death [5]. We assumed the delay from confirmation-to-death followed the same distribution as estimated hospitalisation-to-death, based on data from the COVID-19 outbreak in Wuhan, China, between the 17th December 2019 and the 22th January 2020, accounting right-censoring in the data as a result of as-yet-unknown disease outcomes (Figure 1, panels A and B) [6]. As a sensitivity analysis, we also consider raw "non-truncated" distributions, which do not account for censoring; the raw and truncated distributions have a mean of 8.6 days and 13 days respectively.

To correct the CFR, we use the case and death incidence data to estimate the number of cases with known outcomes [5]:

$$u_t = rac{\sum_{i=0}^t \sum_{j=0}^\infty c_{i-j} f_j}{\sum_{i=0}^t c_i},$$

where c_t is the daily case incidence at time, t, f_t is the proportion of cases with delay between onset or hospitalisation and death. u_t represents the underestimation of the known outcomes [5] and is used to scale the value of the cumulative number of cases in the denominator in the calculation of the cCFR. Finally, we used the measured proportions of asymptomatic to symptomatic cases on the Diamond Princess to scale the corrected CFR (cCFR) to estimate the infection fatality ratio (IFR).

Corrected IFR and CFR estimates

We estimated that the all-age cIFR on the Diamond Princess was 1.2% (0.38-2.7%) and the cCFR was 2.3% (0.75-5.3%) (Table 1). Using the age distribution of cases and deaths on the ship [2,3], we estimated that for individuals aged 70 and over, the cIFR was 9.0% (3.8-17%) and the cCFR was 18% (7.3-33%) (Table 1). The 95% confidence intervals were calculated with an exact binomial test with death count and either cases or known outcomes (depending on whether it was an interval for the naive or corrected estimate).

Using the age-stratified nCFR estimates reported in a large study in China [7], we then calculated the expected number of deaths of people who were onboard the ship in each age group, assuming this nCFR estimate was accurate. This produced a total of 15.15 expected deaths, which gives a nCFR estimate of 5% (15.15/301) for Diamond Princess (Table 2), which falls within the top end of our 95% CI. As our corrected cCFR for Diamond Princess was 2.3% (0.75% - 5.3%), this suggests we need to multiply the nCFR estimates in China [7] by a factor 46% (95% CI: 15–105%) to obtain the correct value. As the raw overall nCFR reported in the China data was 2.3% [7], this suggests the cCFR in China during that period was 1.1% (95% CI: 0.3-2.4%) and the IFR was 0.5% (95% CI: 0.2-1.2%). Based on cases and deaths reported in China up to 4th March 2020, nCFR = 2984/80422*100 = 3.71% (95% CI 3.58% - 3.84%); this naive value is significantly higher than the corrected CFR we estimate here.