



<Mr/Ms A N Other>
<XX Any other Road/Street>
<Any Town>
<Any City>
<POSTCODE>

05 January 2021

Personal Data

You can get this letter in different languages or in a way that is easier for you to understand. To ask for this letter in a different way e-mail: Shielding@gov.wales

Correction to the letter of advice previously issued

You previously received a letter saying you are on the Shielding Patient List because you are at an increased risk from coronavirus. This letter was sent to young people under the age of 18 who have Down's Syndrome but this was a mistake. I am sorry that we sent you the wrong advice. You do not need to follow the advice in the letter we sent to you.

Although people aged 18 years and over with Down's Syndrome are on the Shielding Patient List because their risk is higher, this is not the same for children. If you are under 18 then you do not need to follow shielding measures and can go to school, when they are open.

You should still follow the same rules as everyone else in Wales and take actions to reduce your risk of catching the virus. Sticking to the basics remains the best way to protect yourself:

- Wash your hands regularly with soap and water for 20 seconds, or use hand sanitiser if hand washing facilities are not available
- Stay 2 metres or 3 steps away from people you do not live with.
- Avoid touching your face and wear a face covering where required.
- Clean surfaces regularly and avoid touching surfaces others have touched
- Ensure any enclosed areas are well ventilated.