Wednesday, 9 October 2024 1 2 (10.00 am) 3 LADY JUSTICE HALLETT: Yes, Mr Mills. 4 MR MILLS: My Lady, may I please call the witness M3/WI who 5 6 MS NORA OHRENSTEIN (Interpreter) (affirmed) 7 M3/WI (affirmed) 8 Questions from COUNSEL TO THE INQUIRY 9 (Interpreted, unless otherwise indicated) 10 MR MILLS: You are providing evidence to the Inquiry this morning under the cypher M3/WI; is that right? 11 (In English) Yes. 12 A. 13 During the pandemic, you worked as a cleaner in a hospital? 14 (In English) Yes. 15 Α. 16 Q. It is right, isn't it, that you were not directly 17 employed by the hospital but you worked for an outsourced company? 18 19 A. 20 Q. Can you begin by describing to us your normal working 21 day before the pandemic? 22 A. My usual day before the pandemic was working in the 23 cardiology floor, three hours a day. 24 Q. When the pandemic began, did your working hours 25 increase? 1 family, it was something to be considered. 2 Q. I would like to explore that a little bit. 3 A. (In English) Okay, no problem. 4 Q. What did you fear would happen if you had said no to 5 working longer hours? 6 A. I feared losing my job, everything was closing down at 7 the time. 8 Q. Were you told which wards in the hospital were being 9 used for treating patients with Covid-19? We had no information whatsoever. 10 A. Did that make you feel anxious? 11 O. 12 Α. Yes, I was very anxious. I didn't even take a lift 13 because I had fear. 14 Q. Did you ask your supervisor or anyone within the 15 management of the hospital to tell you which wards were 16 being used for treating patients with Covid-19? A. They didn't provide information but I heard rumours, 17 18 just rumours that perhaps they were all on the fourth 19 floor. 20 Q. As well as cleaning wards, I think it is right that you

also cleaned individual rooms?

No, the patient was no longer there.

the individual rooms?

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A.

Was the patient ever in the room when you were cleaning

1 Yes, due to the situation we were going through. 2 Q. How many hours did you have to start working? 3 I would start work 6, 7 o'clock in the evening and go 4 until 4, 5 am in the morning, depending. Q. And that was how many days a week? 5 6 Usually for five days a week, but sometimes even 7 weekends 8 Q. You said, before the pandemic, you were cleaning one 9 department in the hospital. Were you asked, when the 10 pandemic struck, to clean more areas of the hospital? A. Due to the situation, I was obliged to work for more 11 hours during the crisis we were going through. 12 13 Q. You refer to the "situation". I think it is right, 14 isn't it, that the hospital was short-staffed at this 15 time? 16 A. Yes, short-staffed due to the illness we were suffering. 17 Is it right that many cleaners also were feeling too 18 scared to go to work? 19 Yes, we were short of staff all due to the pandemic. 20 In your statement you say this: 21 "I also didn't really want to work additional 22 hours but I felt pressured by the circumstances and 23 didn't feel able to say no." 24 A. Yes, because of the general circumstances, but also due 25 to my own circumstances, having to pay rent, help my 1 And again, were you told whether the patient whose room 2 you were cleaning had Covid-19? 3 A. No, we didn't receive any information at all. 4 Q. Did you receive any training about how to clean 5 differently in accordance with Covid-19 guidelines? 6 No, we didn't have any information and we just went on 7 cleaning the way we were cleaning before doing things to 8 the best of our ability. Q. So you weren't, for example, given any new cleaning 9 10 products? 11 A. We started using a product called Bihes(?), and that's the one we used for everything. 12 13 **Q.** Did you receive any guidance about Infection, Prevention 14 and Control? 15 A. No. No guidance, no information. Q. In the absence of guidance about infection prevention 16 17 and control and about how to clean in a Covid-19 18 compliant way, did you have concerns? A. I was very worried, I was -- I had fear of being ill 19 20 myself, contagious. 21 Q. Did you raise the concerns you had with anyone at the 22 hospital? 23 We had nobody to speak to. All we had to do was work

24

25

Q.

- 1 A. No, nothing with them.
- 2 Q. In your statement you say this:
- "Despite my concerns, I didn't raise a complaint
 with my employers or with hospital management because
 I was scared there would be negative consequences ..."
- A. Yes, at that time I couldn't be without a job. Weneeded to support ourselves.
- 8 Q. Do I take it that the negative consequence was that you feared you would lose your job?
- 10 A. Yes.
- 11 Q. If you had fallen ill with Covid-19, would you have been12 able to survive on the sick pay you were entitled to?
- 13 A. No. We had a very small pay, we didn't have the salary14 we actually deserved.
- 15 Q. Did you in fact manage to avoid catching Covid-19 duringthe pandemic?
- 17 A. Yes. Thank goodness that was the case. I looked after
 18 myself, and together with my colleague, my partner.
- 19 **Q.** We will come on to some of the ways that you looked
- 20 after yourself. Can I first ask you this, if you had
- 21 fallen ill with Covid-19, would you have felt that you
- had to carry on working because if you don't work you
- 23 wouldn't be paid your wage?
- 24 A. I would have done so, because I had to survive.
- 25 **Q.** I will come now to the personal protective equipment you
- 1 myself that would be picking stuff up for myself and my 2 partner, my colleague.
- Q. Did you receive any training about how to wear PPE andhow to safely dispose of it?
- 5 A. No, we didn't receive any training, but we knew
- 6 ourselves to use some orange bags that are for
- 7 contaminated articles, and we would use those to dispose8 of ours.
- 9 **Q.** Taking all of this together can I ask you this, did you
- 10 feel safe performing your job?
- 11 A. No, I didn't have any feeling of safety but I had to go12 ahead and do things.
- 13 Q. Did you receive a testing kit at any point during thepandemic?
- 15 A. Much later, not actually during the pandemic, the
- 16 pandemic itself, but much later we received some and we
- 17 had to check and report if we were found contaminated.
- 18 Q. How many boxes of testing kits did you personally 19 receive?
- 20 A. I believe three perhaps four, not many.
- Q. Can I move finally to ask you about your physical and
 mental well-being during this time.
- Can you describe to us the impact that workingduring the pandemic had on your mental health?

25 A. I suffer a great impact from all this situation, this

- 1 were provided with. Was there a difference in the PPE
- 2 that outsourced workers like you received, compared to
- 3 what the employed clinical staff at the hospital were4 given?
- 5 A. Yes. We only received a mask, a blue mask, and we had
 to find, by ourselves, a way to protect ourselves.
- And we were not actually given this mask, we had to pick them up ourselves, find them ourselves.
- 9 Q. Find them outside of the hospital?
- 10 A. They were not given to us, we had to pick them sometimes
- 11 from reception, sometimes from some consulting room
- 12 where there were some spares.
- 13 Q. In addition to the mask, did you acquire any other PPE14 to give yourself greater protection?
- 15 A. No, they didn't give us anything but myself, together
- with my partner, will pick up things from places where
- they would be available.
- 18 Q. What kind of --
- 19 A. By hiding ourselves we will pick them up.
- 20 Q. What kind of things? What kind of things?
- 21 A. Hats, aprons, stronger masks.
- 22 **Q.** You say "they" wouldn't give us; were you and your
- 23 colleagues asking for more PPE?
- 24~ $\,$ A. $\,$ No, we had nobody to ask. We only had a supervisor who
- 25 would say always, "Later on, later on", so it was mainly

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- 1 fear of becoming ill, I had an obligation towards my
- 2 family, the whole thing caused a lot of stress.
- 3 Eventually I lost a lot of weight too due to this
- 4 stress.
- 5 Q. Were you ever asked about your well-being by either the
- 6 hospital management or the outsourced company you worked
- 7 for?
- 8 A. At no time we had any questions from them or any inquiries from them.
- 10 Q. Can I ask how that made you feel?
- 11 A. I had just the support of my sister, she works in
- 12 Colombia as a nurse and she was the one that supported
- 13 me.
- 14 Q. Do you think that you and your colleagues have received
- the recognition you deserve for the work you performed
- 16 during the pandemic?
- 17 A. Not at all. Not at all.
- 18 Q. Finally this, I think it is right, isn't it, that you
- 19 and your colleagues are now employed directly by the
- 20 hospital?
- 21 A. At this present time yes.
- Q. Can you tell us how, if at all, that has improved yourworking conditions?
- 24 A. There has been some improvement in the payment, not as
- 25 much as should be but yes, better than before.

1	MR MILLS: Thank you.	1	MS CAREY: My Lady, the next witness was in fact due to be
2	LADY JUSTICE HALLETT: Can I just ask, was it a private	2	Mrs Lesley Moore but due, unfortunately, to a family
3	hospital or an NHS hospital? Please don't name the	3	emergency she is unable to attend today and the Inquiry
4	hospital but was it private or NHS?	4	will update both you and the core participants in due
5	A. As far as I know it is a private hospital.	5	course once we are able to do so.
6	LADY JUSTICE HALLETT: Thank you.	6	Can we return then please to Professor Summers and
7	Those are all the questions we have. Thank you	7	Dr Suntharalingam. You are still under your oaths or
8	very much for your courage in coming forward to help us.	8	affirmations that you made last week.
9	It is absolutely essential that we hear from a wide	9	And I would like to start with you, Doctor,
10	range of people who were working throughout the pandemic	10	please, on the topic of advance care planning and do not
11	in hospitals. So we are very grateful.	11	attempt cardiopulmonary resuscitation. All right?
12	A. Thank you and it has been very hard.	12	And if it helps you, Doctor, we are starting at
13	LADY JUSTICE HALLETT: I can imagine. Thank you. I have	13	paragraph 37 at your report.
14	been asked to rise while we break for the next	14	DR SUNTHARALINGAM: Okay.
15	witnesses. I shall return as soon as we are ready.	15	MS CAREY: Some people may find discussing this quite
16	(The witness withdrew)	16	distressing, so can we take our time and set out the
17	(10.25 am)	17	principles, the legalities and the realities at a steady
18	(A short break)	18	and slow pace if we may.
19	(10.31 am)	19	I would like to ask you please about why advance
20	PROFESSOR CHARLOTTE SUMMERS (continued)	20	care planning is important generally and then why it was
21	DR GANESH SUNTHARALINGAM (continued)	21	particularly important by the time we came to the
22	Questions from LEAD COUNSEL TO THE INQUIRY for MODULE 3	22	pandemic. So could we start there.
23	(continued)	23	DR SUNTHARALINGAM: I think the broadest way to look at it
24	LADY JUSTICE HALLETT: Ms Carey.	24	is that it is a way of ensuring the patient's informed
25	I am sorry about last week.	25	wishes are taken into account when making what are
	9		10
1	inevitably time-critical decisions. By the nature of	1	importantly, and what medical treatments would benefit
2	these conditions, they can happen quickly, some	2	them and it is a structured way of looking at that in a
3	unexpectedly, and wherever possible the patient's wishes	3	way that leads to being able to write down the
4	and values, their own thoughts about what will happen to	4	information for reference when it becomes relevant.
5	them and what outcomes they would like should be known	5	MS CAREY: It has been, I think you say, implemented in
6	where possible.	6	parts of England and Scotland since 2016 and I think it
7	MS CAREY: So outside of the pandemic one might, for	7	is currently being implemented across Northern Ireland.
8	example, embark on an advance care plan if they know	8	I will deal with Wales separately, but let's just look
9	they have cancer and unfortunately that it is now at	9	at the form itself.
10	a terminal stage?	10	Obviously it has got the patient's details in
11	DR SUNTHARALINGAM: Yes, I think anyone who, for whatever	11	there, the diagnosis or relevant information,
12	reason, is nearing the end of their life, to their	12	communication aids, whether they need an interpreter.
		13	Would this also be used, for example, if someone had
13	knowledge, or is at risk of death for whatever reason. MS CAREY: Now, there are various iterations of forms but	14	perhaps a support worker or needed someone to help
14 15		15	
	there's one I would like to ask you about, acknowledging		communicate perhaps if they were learning disabled.
16	as I do that it is not the only form out there. But can	16	Would that information all be included in there?
17	we have a look, please, at the ReSPECT form. Can you	17	DR SUNTHARALINGAM: Yes, I think anyone close to the patient
18	just help us please, what is this intended for?	18	and able to represent firstly help them with the
19	DR SUNTHARALINGAM: So this is a model which, and to make	19	decision-making and also able to represent them.
20	this point, it really encapsulates what is already good	20	MS CAREY: Then there is a box of:
21	practice, so it is not new policy. What it brings is a	21	"Details of other relevant planning documents and
22	way of systematically looking at things which are	22	where to find them."
23	already known to be important, and that includes	23	And "Advance Decision to Refuse Treatment" is
24	establishing a shared understanding of the patient's	24	different, isn't it, as I understand it?
25	condition, what outcomes they value and fear 11	25	DR SUNTHARALINGAM: Yes. So that's a legal instrument. Not 12

1	so in Scotland but it would still be taken into account,	1	that might lead them to be weaker than they are already,
2	so the sort of legal framework may differ but they,	2	then they might say, actually, if the risk is there
3	unlike these other documents which broadly can be	3	is no certain outcomes but if there is a substantial
4	considered called treatment escalation plans, the	4	risk that I'm going to be worse off than I am now, even
5	advance decision to refuse treatment is legally	5	if I survive the intensive care process, as an example,
6	binding for the condition it applies for, it is	6	or and I wouldn't wish to be living under those
7	important to say. So it may be for particular	7	conditions, I would only want aggressive treatment if it
8	circumstances only.	8	left me fully able to do certain activities, then that
9	MS CAREY: Right, so someone could say, for example, I don't	9	is to be taken into consideration. It is not
10	want to have chemotherapy, let's take it outside of	10	an absolute bar but it provides their input into the
11	a pandemic context. They could make an advance decision	11	decision.
12	to refuse treatment and that would be binding and	12	MS CAREY: Right, and then it goes onto the clinical
13	therefore they would not have chemotherapy; is that	13	recommendations, and who fills in that part of the form?
14	correct?	14	DR SUNTHARALINGAM: So really this is about although it
15	DR SUNTHARALINGAM: Yes. So they have legally declared they	15	is signed by a clinician, the purpose of all these
16	are not consenting which is different to a statement of	16	documents is to establish a shared understanding and
17	values and preferences.	17	an expression of values and preferences, so it would be
18	MS CAREY: Organ donation may also be discussed. And then	18	done with the patient, or those close to them, or both,
19	there is a section dealing with personal preferences	19	but it is filled in and signed by the clinician.
20	where people explain what is important to them, the	20	MS CAREY: Then we can see the boxes for signature, and if
21	quality of life, that they might want to be able to do	21	we look to the just pause there, please, just come
22	this but not that. Can you give us some examples of	22	down slightly, I just want to look at the box that's
23	what might be included in that box there?	23	ringed in red where CPR attempts are not recommended.
24	DR SUNTHARALINGAM: So if a discussion, for example, was	24	So this form can be used for someone to indicate whether
25	around instituting mechanical ventilation, something	25	they would want CPR but it is not a do not attempt CPR
	13		14
1	form, is it?	1	with an acute condition, which case really as close to
2	DR SUNTHARALINGAM: Yes. It includes the same information	2	the front door as possible if they're able to take
3	and in a way it is wider and one of the benefits of this	3	MS CAREY: So a GP could fill this in with a patient
4	sort of document is it avoids a DNACPR document in	4	DR SUNTHARALINGAM: Yes.
5	isolation becoming sort of accidently seen as a proxy	5	LADY JUSTICE HALLETT: or if you were going through
6	for wider treatment decisions. So by expressly	6	cancer treatment, you might fill it in with someone who
7	including all of those and then including the CPR part	7	is providing that treatment for you?
8	as one end of the treatment process it puts it all into	8	DR SUNTHARALINGAM: Yes.
9	context.	9	MS CAREY: Clearly slightly different considerations by the
10	MS CAREY: As we go on to page 2, we can see there that is	10	time we get to critical care, potentially.
11	reference to the capacity of the person at the time the	11	DR SUNTHARALINGAM: Yes.
12	ReSPECT form is being filled in, and then various	12	MS CAREY: All right. And this form, where does it stay?
13	options depending on who is involved in it, and the	13	On whose records?
14	capacity of the person. ReSPECT forms and those like	14	DR SUNTHARALINGAM: I think that is an important point about
15	this, who are they ordinarily filled in by?	15	this. The intention of the ReSPECT form, although
16	DR SUNTHARALINGAM: So by clinicians, but in terms of which	16	similar, is that it is transportable, it stays with the
17	clinicians, really those in the best position to do it	17	patient. They themselves would have a copy. Where
18	at the time.	18	there are electronic systems across regions, it would be
19	MS CAREY: Right.	19	part of that, such as an electronic care plan.
20	DR SUNTHARALINGAM: Which, due to the nature of critical	20	And that contrasts with so it is an advantage
21	illness and it may obviously involve treatment other	21	over something like a DNACPR form which is very specific
22	than critical care really, as early as possible, when	22	to an institution, so you may need different ones for
23	it becomes relevant. So it may be somebody with	23	the ambulance service than ones for the hospital.
24	a stable condition that they want to have taken into	24	MS CAREY: We are going to look at a DNACPR form in
25	account, it may be somebody who has come into hospital	25	a moment. But do I understand it correctly that if

1	I went into hospital and I had a Respect form if they	1	MS CAREY: Why would it help to have a form like Respect
2	called up my records they should find the ReSPECT form	2	working across all four nations?
3	within them?	3	DR SUNTHARALINGAM: In a practical sense, people obviously
4	DR SUNTHARALINGAM: It does depend on the information	4	may travel across borders, and I think it is also about
5	systems, but also you know, in an ideal world you	5	just establishing shared best practice, so even if you
6	would have a copy with you, and you would be in	6	were to leave home, so to speak, if it works in one
7	a position to highlight it and say, look, here is my	7	place, it should the principle should apply
8	understanding of things at the moment.	8	elsewhere.
9	MS CAREY: All right. Okay. This is a form in England,	9	It is probably worth emphasising this is, as we
10	Scotland and being rolled out in Northern Ireland. Can	10	said, one form among many, and it is a way of capturing
11	we just consider the position in Wales. There is an All	11	what are already existing principles. So it is about
12	Wales DNACPR policy which is different and I will come	12	best practice rather than new policy.
13	back to that, but is there any equivalent of ReSPECT or	13	MS CAREY: Whatever the actual format of the form, are they
14	a form like it operating in Wales?	14	all asking similar questions and have similar
15	DR SUNTHARALINGAM: So the overarching this is	15	considerations set out in them?
16	Resuscitation Council UK who I know you have as	16	DR SUNTHARALINGAM: Yes.
17	a witness subsequently, they have adopted this as their	17	MS CAREY: Understood. I think, and you say in your
18	recommendation for all four nations. I think in terms	18	statement, you say there is a treatment escalation plan
19	of the implementation, it is my understanding is that	19	document created by one of the health boards that was
20	the All Wales DNACPR form is under review as of	20	adapted after Covid-19 and now carries the All Wales NHS
21	June 2024.	21	logo, and that applies in hospitals in Wales. Is that
22	LADY JUSTICE HALLETT: Right.	22	correct?
23	DR SUNTHARALINGAM: And certainly the expert recommendation	23	DR SUNTHARALINGAM: That's my understanding.
24	from the Resuscitation Council is that it should be	24	MS CAREY: Clearly we have seen, on that ReSPECT form,
25	considered across all the nations.	25	reference to DNACPRs, and I would like to ask you,
	17		18
1	please, about DNACPRs. And some basics, please, if	1	so that everyone can follow what you are talking about.
2	I may, Doctor.	2	Could we have INQ000227411, please.
3	Is this the position, though, that in fact if you	3	I won't go through the detail but we can just look
4	have a cardiac arrest outside of hospital the survival	4	at one so we can see. 227411. Page 23, sorry, it's my
5	rate is relatively low, somewhere around 8%.	5	fault.
6	DR SUNTHARALINGAM: Yes.	6	There we are. All right. This is an example of a
7	MS CAREY: And if you indeed have a cardiac arrest and your	7	DNACPR form, and we can see there clearly the red
8	heart stops in hospital, survival rate is higher but it	8	border. And where does that go on the patient's notes?
9	is still only 23%?	9	DR SUNTHARALINGAM: It can be in any particular place, but
10	DR SUNTHARALINGAM: Yes.	10	it should be easily identifiable. And to return to your
11	MS CAREY: Now, the DNACPR is this right means that	11	previous question, the scenario where CPR may be stopped
12	cardiopulmonary resuscitation should not be started for	12	is where it has been started because a patient is
13	that particular patient, or continued? Can you help me	13	observed to collapse. Appropriately, people may start
14	why there might be circumstances where someone has	14	if they weren't aware of the existence of this form, but
15	a DNACPR but nonetheless CPR has started and therefore	15	once it is found, then it would be an indication to
16	needs to be stopped?	16	stop, so that's a scenario where that might arise.
17	DR SUNTHARALINGAM: CPR itself is clearly time-critical,	17	MS CAREY: So the patient would be treated, but if someone
18	life-saving in those situations where it does work, but	18	had to go and locate the notes, for whatever reason, and
19	only when it is started promptly. So where there is any	19	then realise there was a DNACPR, that would be
20	doubt, the presumption is always to start. Which is why	20	a circumstance in which you would stop, you wouldn't
21	paper DNACPR forms often have red borders, they can be	21	just leave the patient without any treatment
22	easily identified, in electronic systems they are	22	DR SUNTHARALINGAM: Yes.
23	flagged prominently so that you know in advance or	23	MS CAREY: pending location of the form?
24	it's easy to spot, but if there's any	24	DR SUNTHARALINGAM: Yes.
25	MS CAREY: Pause there. We will pull one up on the screen	25	MS CAREY: I understood. And in fact this form says on it,
	19		20

1	it must be filled in at the front of the patient's	1	obviously be able to have all the information about
2	healthcare record	2	their condition, which they have themselves, but to have
3	DR SUNTHARALINGAM: Yes.	3	clinical scenarios explained to them or might be
4	MS CAREY: and we'd hope it would be somewhere visible.	4	relevant to this if they are acutely ill or things are
5	All right?	5	deteriorating, and despite access to support as well,
6	DR SUNTHARALINGAM: It is worth saying that the verbal	6	having written information where feasible. So, again,
7	information about this, although it should be backed up	7	it all comes to the benefits of having that discussion
8	obviously by the document as well, form part of	8	early.
9	handovers and ward safety briefings and so on so the		MS CAREY: Early. All right. Understood. There may also
10	information is passed on from shift to shift, as it	10	be circumstances, though, where it is a medical
11	were, or at handover.	11	treatment decision, made by clinicians such as
12	MS CAREY: Okay. Now, I think there are different	12	yourselves, that CPR should not be offered because it is
13	-	13	
	circumstances in which a DNACPR notice may be made.		not clinically appropriate, and I want to be clear about
14	Is this right, firstly, they can be made in	14	that. In the circumstances where a clinician says, "We
15	advance where the person has the capacity to say,	15	shouldn't do CPR because it won't work", does the
16	"I don't want CPR"?	16	patient or their loved one have to consent to that
17	DR SUNTHARALINGAM: Yes.	17	clinical treatment decision?
18	MS CAREY: All right, and we have looked at an example of	18	DR SUNTHARALINGAM: No, they should be aware of it, and
19	that on the ReSPECT form, someone may come to that	19	should be able to be involved in it and, if necessary,
20	decision of their own volition?	20	question it, but they don't specifically consent to it.
21	DR SUNTHARALINGAM: Yes.	21	It is about what treatment may be clinically appropriate
22	MS CAREY: If someone comes to that decision, is that	22	and is on offer, so to speak.
23	decision respected? It is?	23	MS CAREY: Am I right, though, that the law does require the
24	DR SUNTHARALINGAM: Yes.	24	patient, if they have capacity, or their carers/loved
25	For them to come to that position, they should	25	ones, to be consulted
	21		22
1	DR SUNTHARALINGAM: Yes.	1	patient to be consulted by just taking the health and
2	MS CAREY: where a clinician has decided that there	2	welfare attorney example. Do you see what I mean?
3	should be a DNACPR notice?		DR SUNTHARALINGAM: Yes, yes, my Lady.
4	DR SUNTHARALINGAM: Yes.	4	I think the way I think the issue of a
5	MS CAREY: Right. And is this the position, a patient or	5	chronology is my understanding of this is that this
6	loved one cannot demand CPR if it would be clinically		
7		6	
8	-	6	shouldn't come as a surprise, if you like to the patient
	inappropriate?	7	shouldn't come as a surprise, if you like to the patient or those close to them after the event, it is not
	inappropriate? DR SUNTHARALINGAM: That is right. It is a treatment	7 8	shouldn't come as a surprise, if you like to the patient or those close to them after the event, it is not necessarily the same as saying they must be consulted
9	inappropriate? DR SUNTHARALINGAM: That is right. It is a treatment decision and the treatment itself, it is not a switch	7 8 9	shouldn't come as a surprise, if you like to the patient or those close to them after the event, it is not necessarily the same as saying they must be consulted first, so they should be made aware of it, and I agree
9 10	inappropriate? DR SUNTHARALINGAM: That is right. It is a treatment decision and the treatment itself, it is not a switch where you simply decide to save someone's life, it is	7 8 9 10	shouldn't come as a surprise, if you like to the patient or those close to them after the event, it is not necessarily the same as saying they must be consulted first, so they should be made aware of it, and I agree it should be anyone that is in a position to be
9 10 11	inappropriate? DR SUNTHARALINGAM: That is right. It is a treatment decision and the treatment itself, it is not a switch where you simply decide to save someone's life, it is a treatment process often quite intrusive, and it is	7 8 9 10 11	shouldn't come as a surprise, if you like to the patient or those close to them after the event, it is not necessarily the same as saying they must be consulted first, so they should be made aware of it, and I agree it should be anyone that is in a position to be a representative of the patient if they themselves can't
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1	different category, it doesn't even mention that. But	1	is confused and delirious on one day, they may not be
2	I don't want anyone to be confused between who has to be	2	the next, and even with the attorney involved, if the
3	consulted.	3	patient has capacity on the day, then that takes
4	I was going to look at the form, if I may,	4	precedence.
5	my Lady, and just go through some of the boxes.	5	MS CAREY: But to follow up to her Ladyship's question, in
6	But, does the patient have capacity to make and	6	fact nothing on here about "Has the patient's family,
7	communicate decisions? If they do then they should be	7	loved one, carer been consulted?", and that ought to
8	consulted. Is that the position?	8	happen legally, as I understand it?
9	DR SUNTHARALINGAM: Yes.	9	DR SUNTHARALINGAM: I think so. It is touched on in
10	MS CAREY: Right. If they don't, you have to see whether	10	question 4 in terms of asking the question, but it says
11	there is an advanced decision to refuse treatment, in	11	those close to the patient rather than specifying who
12	which case that would be legally binding, as	12	that should be, so.
			·
13	I understand it. Do they have a health and welfare	13	MS CAREY: Family, loved one, carer, it could be any one of
14	attorney, potentially called different things across the	14	the aforementioned, all right.
15	four nations?	15	Then, the clinician has to fill in why CPR would
16	DR SUNTHARALINGAM: Yes, this is the Welsh document	16	be inappropriate, unsuccessful or not in the patient's
17	MS CAREY: All right. This is the Welsh document, yes, to	17	best interests.
18	make decisions on behalf. But if they do have the	18	Has the discussion taken place with the patient,
19	health and welfare power of attorney in Wales or power	19	"yes" or "no"? If it has not been discussed that ought
20	of attorney in some other countries, then they must be	20	to be recorded in the form. And presumably would say
21	consulted; is that correct?	21	patient is ventilated, patient is unconscious
22	DR SUNTHARALINGAM: It's correct, and it is worth making the	22	DR SUNTHARALINGAM: Yes.
23	point at this stage, which is relevant to other	23	MS CAREY: something along those lines.
24	discussion as well, that a patient's capacity can be a	24	DR SUNTHARALINGAM: Yes.
25	stable fixed condition or it can change. So if somebody 25	25	MS CAREY: Has an appropriate discussion taken place with 26
1	those close to the patient, the health and welfare	1	a live document that is always under review.
2	attorney, or a IMCA?	2	MS CAREY: Who makes the decision to cancel the DNACPR?
3	I'm afraid I'm not familiar with "IMCA". Can you	3	DR SUNTHARALINGAM: Really the same set of clinicians who
4	help with that?	4	institute it potentially. So it may have been
5	DR SUNTHARALINGAM: That is an independent advocate for	5	a DNACPR that was set up on a ward, they come to
6	(Unclear: simultaneous speakers)	6	intensive care, things change. So, really the clinician
7	MS CAREY: Thank you. And then it is filled in, as we can	7	looking after the patient at that time.
8	see, by the healthcare professional, and they have to	8	LADY JUSTICE HALLETT: Right. And then box 8:
9	give various of their details.	9	"Copies of the DNACPR decision have been sent to:
10	Cancellation of decision, can I ask you about	10	[The] patient/carer
11	that. In what circumstances would a DNACPR be	11	GP
12	cancelled?	12	Nursing or Care Home."
13	DR SUNTHARALINGAM: So the factors leading into that	13	In a hospital setting, is there someone
14	discussion are partly around the underlying condition of	14	responsible for sending the DNACPR to the patient or
15	the patient, but also about their acute condition. And	15	their carer and the GP?
16	it may be their severity at that stage is such that it	16	DR SUNTHARALINGAM: I think
17	is felt that they wouldn't benefit further from CPR if,	17	LADY JUSTICE HALLETT: Or is that either/or?
18	for example, they are already receiving maximum life	18	DR SUNTHARALINGAM: Yes, it's either/or, and I think it
19	support on intensive care. If their heart stops at the	19	comes under sort of discharge management and sharing
20	end of that, it may be felt that that's not going to	20	information when the patient leaves the leaves the
21	benefit.	21	institution.
22	However, if they then, under the existing	22	LADY JUSTICE HALLETT: And then if we just keep scrolling
23	treatments, get better, then it may be and if that	23	down slightly:
24	acute condition was part of the reason for the DNACPR,	24	"All boxes must be completed.

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then that may need to be reversed. So it is very much

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In the event of cardiac or respiratory arrest, no

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... (CPR) will be made. All other ... treatment and care will be provided."

Clearly, I think you have made the point a number of times already in your report that a decision to not perform CPR is not the same as not treating someone in all other respects.

DR SUNTHARALINGAM: Yes.

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LADY JUSTICE HALLETT: All right. And then there is various other parts of the form that I don't need to trouble you with.

Now, we have looked at this in a rather sterile and non-pandemic situation. But can I ask you please about how one fills in this form in critical care settings and perhaps, Professor, if I can come to you: if someone is brought into critical care and is not getting better, pre-pandemic, can you give us an example of how you would discuss DNACPRs with the patient's family?

PROFESSOR SUMMERS: As you rightly point out, it is often in the critical care setting with the patient's loved ones rather than with the patient themselves because at that point they have been so compromised that they are unable to participate in the discussions because they don't have capacity.

I suppose talking you through the nuts and bolts

to this conversation?

I'm usually very clear that I'm not asking the family to make a decision, that the burden of that decision is made about what's clinically appropriate by the doctors, and explain very clearly that that's my responsibility, I'm not asking them to carry that burden and nor should anyone because you are asking them to make a decision about someone whom they love and care for very much at a time of great distress.

But it is important that they have the opportunity to input into that decision and then explain, having heard what they have said and reflected on what they have said about what they think the patient would think or any discussion that has ever happened, I explain my viewpoint on the situation as a clinician, that actually, taking everything into consideration, I do or do not feel that resuscitation is appropriate in this particular scenario.

MS CAREY: Pausing there. If a clinical decision is made by someone like you that there should be a DNACPR, and the patient's loved ones disagree, can they ask for a second opinion?

23 PROFESSOR SUMMERS: Absolutely yes.

24 MS CAREY: And if a second clinician comes along and says, 25 "No, I think it is clinically inappropriate", at that

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of how one does that, you usually would be meeting face to face wherever possible with those family and loved ones and the place in which I would normally start those conversations is to ask the loved ones what's their understanding about the clinical situation in which we are, so that we can all start from the same place.

Sometimes they have just attended the intensive care unit in an emergency, they aren't fully up to speed with how their loved one ended up here and so it is important for everyone to clarify their understanding about the circumstances that have brought us to the point we need to have this conversation.

And once we have clarified that and it is --I feel that everybody understands what has happened and why we are all in the room having this conversation, I then ask, have the patient or their loved ones ever discussed what they would want at the end of their life? You know, what are their values? What are the things that they would say if they were not here, or if they were here and they are not able to contribute? And very often people haven't ever discussed this as a family and so we are asking the loved ones, as the people who know the patient best, given that we have rarely met them when they are well in a critical care setting, what do you think they would say if they were able to contribute

point is the DNACPR notice made?

2 PROFESSOR SUMMERS: Yes, but I would say that we would make 3 tremendous effort to try and reach an agreed 4 understanding of the situation. I don't think it is in 5 anybody's interests for there to be wild disagreement. 6 Because this is the family's loved ones, trying to 7 explain why we are where we are is important.

MS CAREY: Now, in pandemic times I suspect there was not the time -- there wasn't the bedside conversation or in 10 a side room. How did you practically go about having DNACPR discussions with loved ones perhaps over Zoom or 12 some other kind of remote meeting? Can you tell us how 13 you went about it and how you found it?

PROFESSOR SUMMERS: This was one of the most extraordinarily difficult parts of ICU care in the pandemic. Very often the loved ones of our patients had last seen them when they were leaving home to come into hospital and at that point often they were conscious, they were talking, and they were in a very different state to they are at the point that we are contacting them to have this conversation.

That differs enormously from the usual clinical practice when the patient's loved ones would often have been at the bed side and seen that deterioration over days and I remember very often people who came into

1	intensive care for Covid had been in hospital for a few	1	a day to explain to a family the situation their loved
2	days beforehand, so they had deteriorated over some days	2	one was in. It was not easy for the families or for the
3	and then come to us because of the course of the	3	healthcare staff.
4	clinical illness and they would not have seen any of	4	MS CAREY: No, well, I was going to ask you, who was
5	that.	5	actually obviously you may have made some calls
6	MS CAREY: So it may have come as a real shock	6	yourself, but was there a set person who had to made the
7	PROFESSOR SUMMERS: Yes.	7	call, was it always the clinician, was there other
8	MS CAREY: when you have to make the call or speak to	8	people supporting in this role during the pandemic, do
9	them on the Zoom, that you haven't even had the	9	you know?
10	conversation, never mind the actual detail of the	10	PROFESSOR SUMMERS: Different hospitals and institutions
11	conversation, and how did those conversations go when	11	organised how they did this differently. Some hospitals
12	you had to speak to the loved ones?	12	set up family liaison teams where they had non-critical
13	PROFESSOR SUMMERS: They were hard because you have never	13	care positions having conversations with families about
14	been in the same room as that individual. They have	14	that. We chose not to do that in the hospital in which
15	someone who therefore they have not met talking to them	15	I work and as the critical care consultant and medical
16	about a situation that they have not been able to	16	team we made those phone calls.
17	witness over a period of days, in a very remote and	17	MS CAREY: Can I ask you, Professor, since you are speaking,
18	disconnected way, either via telephone or via Zoom and	18	do you personally have any experience or are aware of
19	we were having to have these conversations in greater	19	blanket use of DNACPRs in your hospital?
20	number than you would ordinarily because the number of	20	PROFESSOR SUMMERS: I do not.
21	patients in critical care was greater and the level of	21	MS CAREY: And Dr Suntharalingam, do you have any personal
22	severity of the illness and the outcomes were, overall,	22	experience?
23	worse than they would be for the usual ICU population.	23	DR SUNTHARALINGAM: No.
24	So you would have done several ward rounds and then	24	MS CAREY: We have heard of them, clearly, in a number of
25	maybe making several of these calls in the course of	25	respects. Can I ask you this, the Inquiry has also
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1	heard there were some examples of families whose	1	no discussion took place with them and they knew their
2	patients had been discharged and have subsequently found	2	loved one was not in a position to have had
3	out that there is a DNACPR on their record. What is the	3	a discussion. Are you aware of situations where notices
4	circumstances what is the process then if someone	4	were put on without any discussion with the patient
5	says, "Well, there is one on my record and I'm awake now	5	because the patient didn't have capacity and without any
6	and I'm alert and I'm better", how does one go about	6	discussion with the family member?
7	having a DNACPR notice reviewed?	7	DR SUNTHARALINGAM: I think it depends on the context. I
8	I don't know if, Professor, or Doctor, whichever	8	think in our clinical setting of critical care, because
9	of you feels best able to speak to this.	9	we are very hands on with the patients and the situation
10	DR SUNTHARALINGAM: I think it means going through the	10	is changing every day, the sort of discussions the
11	institution where it was generated so likely in an acute	11	professor describes would have been had. There may have
12	hospital and through the services of that hospital. So	12	been some slipped through the net but it wouldn't be the
13	there are outpatient liaison services or an email to the	13	normal case. I think some of the examples you have had
14	chief executive, whatever is required to get in touch	14	may have been from other settings where there may be
15	with the hospital through existing routes, and they can	15	fewer people looking after larger number of patients.
16	then take it from there.	16	So I can't really comment on that but I would think in
17	MS CAREY: Right, so if it was made in a hospital, they	17	our setting it would be very unusual.
18	ought to contact the hospital; if it was made by a GP,	18	LADY JUSTICE HALLETT: Is your setting a large teaching
19	go back to the GP and any other settings and every other	19	hospital?
20	setting in between.	20	DR SUNTHARALINGAM: A clinical setting regardless of site,
21	Can I ask you about the CQC findings.	21	actually, so any intensive care unit
22	LADY JUSTICE HALLETT: Just before you do that, I have also	22	LADY JUSTICE HALLETT: Oh, I see.
23	heard from a large number of bereaved families that not	23	DR SUNTHARALINGAM: (overspeaking) these sort of
	only did they find out about the DNACPR notice on their	24	discussions are really part and parcel and it is not to
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loved one's records but that they weren't consulted or

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say they wouldn't be for other people but it may have

been a DNACPR decision that was in records from much earlier, may have been made in a very different setting. It is difficult to comment without knowing --LADY JUSTICE HALLETT: It could have been made in a setting -- in a ward where maybe the staff weren't not used to -- as you are, obviously, sadly, too used to this kind of discussion or process -- but they could have been made in situations where the staff weren't as familiar with the process that needs to be gone through. DR SUNTHARALINGAM: Potentially, and I think some of the potential benefits of widespread treatment escalation planning such as a ReSPECT form, part of that includes normalising discussions, not only for the public and the patients themselves but also for all staff in all areas, so it becomes part of the process of healthcare for those patients where it is appropriate. So they are at risk of dying. LADY JUSTICE HALLETT: Sorry to interrupt. MS CAREY: No, not at all because actually it alights on exactly what I was going to ask about with the CQC findings. Could we call on screen INQ00474255 27. My Lady will recall there was an interim report and then a final report done by the CQC and it really

just starting with the point that I believe this is the CQC report about what was happening in nursing and care homes and at an earlier stage of the pandemic and things did improve after, so it partly reflects the sort of multitude of policies and changes early on. But I think your wider point, I absolutely agree.

just picks up on the questions your Ladyship was posing.

And it is worth saying, this is a positive discussion, as well. It is about how people want their last days of life to be and whether CPR is something they want as the means of their death, which unfortunately is often the case, or whether they would rather die at home without intervention. So obviously those answers will vary a lot depending on the patient's medical condition itself, their values and wishes, so it is really a positive discussion around -- and it is a society-wide discussion around death really.

I agree the more open and prevalent that is and people not feeling embarrassed to talk about it with their family members, the more likely it will be that these sorts of situations don't arise in a crisis.

MS CAREY: The CQC report goes on to refer to a lack of training and support for staff and how confident they were in holding these conversations has impacted on the quality of people's experience.

Now, you two, I'm afraid, have to deal with this 39

The CQC found that the healthcare professionals they spoke to:

"... recognised the importance of ensuring the conversations around advance care planning ... But how well people were involved in conversations about their care and whether or not they wanted to receive [CPR] varied. Some people experienced compassionate, person-centred care where they were fully involved ..."

And then there were others where it did not happen and they found it hugely distressing. In these cases, they say:

"Conversations took place at short notice and people did not fully understand what was happening or what a DNACPR was. Having the time and information to talk about what care and support people want and need to have a dignified and peaceful death is essential."

Can I ask you both this, do you agree with the CQC's conclusion there about trying to talk about this when we are not in a pandemic situation with stretched ratios, where people have seen someone leave in an ambulance and then see them potentially on a ventilator, is this really all about talking about death and how we would like to die in advance of the urgent critical situation we ended up in the pandemic?

DR SUNTHARALINGAM: Absolutely yes. I think it is worth

more often than a number of other staff. Can I ask you,
who practically do you think should be responsible for
training those who are not working in critical care or
end of life treatment? Who would be responsible for
providing that kind of training? The Trust, the

hospital, NHSE, the regulators?

PROFESSOR SUMMERS: So communication training and having conversations such as this actually is a core part of the medical training curriculum for medical students as set out by, I think, the General Medical Council. So actually it is a training thread that should go through, certainly for doctors, and I would argue other healthcare professionals too, throughout their training. We are required in the nature of our work to have all kinds of difficult conversations with people around death and other personal issues and I don't think saying it was just the responsibility of Trusts is broad enough. I think that actually it should be embedded as a core part of professional education.

20 MS CAREY: I was going to say, do you have to do continuing21 professional education?

22 PROFESSOR SUMMERS: Yes.

23 MS CAREY: Is it part currently of any continuing

24 professional education programme that you are aware of?

PROFESSOR SUMMERS: Certainly the matrix for intensive care 40

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1 positions and members of the Royal College of Physicians 2 includes having the skills on keeping up to date with 3 both the legal and the professional best practice. 4 DR SUNTHARALINGAM: It is worth adding the point that 5 I think those who generated the ReSPECT form would say 6 that as part of the implementation of that, so we are 7 talking about four nations' implementation that funded 8 training by institutions, organisations supporting the 9 Trusts and Health Boards and employers is a key part of 10 it as well, and there is a wider point behind that, 11 which is whether it is about DNACPR, or around treatment 12 escalation planning, having clinician time to actually 13 have these conversations, clearly in a pandemic certain 14 things apply but in normal life it's making sure the 15 time is there to have those conversations as well as the 16 training. 17 MS CAREY: Thank you. Can I move to a different topic with 18 you, Doctor, and it is the work that you undertook in 19 March 2020 in relation to a clinical prioritisation tool 20 that you were asked to consider working on some 21 guidelines for by I think the Chief Medical Officer. We 22 heard from Professor Whitty two weeks ago now and I said 23 then we were hearing from the person involved or one of 24 the three involved 25 Can I just start like this: I think it is obvious

and two other colleagues were asked to form a group to

2 consider the clinical prioritisation model to be used in 3 the event that the NHS critical care resources were 4 saturated, by which I mean there was no bed available.

DR SUNTHARALINGAM: Yes.

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MS CAREY: And we have heard about the NHS being in CRITCON

4. Is it this that the tool was designed to address?

DR SUNTHARALINGAM: Yes. In fact the wider framework that was very much part of this work, so bearing in mind this 10 was very early on in the pandemic, and at that point numbers were rising, and in fact the framework very 12 explicitly tied CRITCON and mutual aid to the potential 13 trigger for a tool. So it wasn't the tool in isolation, 14 it was pairing those two things so there was an operational context to what might then be needed.

15 16 MS CAREY: I just wanted -- can I perhaps put it more 17 simply. Was this designed in the event that there was 18 no bed anywhere and you had two people vying for one 19 bed?

DR SUNTHARALINGAM: Essentially, yes. 20

21 MS CAREY: Now, that is a very heartless way, I appreciate, 22 of describing it but that's what we are talking about 23 here and no other bed in a neighbouring hospital?

24 DR SUNTHARALINGAM: No.

MS CAREY: Or, indeed, a neighbouring region that could be 43

from what you have said that clinicians make decisions about who should be admitted to care on a daily basis. I think you told us last time that you would have a discussion with the ward if the ward thought the patient was deteriorating and you would be involved then in deciding whether it was appropriate for the person to be admitted to ICU.

Yesterday I think you are aware we heard about a NICE guideline to assess patients when they are admitted to hospital to consider whether they might need critical care. Is that correct?

DR SUNTHARALINGAM: I believe so, yes. 12

MS CAREY: That's not the same thing that the tool that you 13 14 were working on that Professor Whitty --

15 DR SUNTHARALINGAM: No.

16 MS CAREY: And as I understand it you were asked to draw up 17 guidance in the event that critical care was saturated?

DR SUNTHARALINGAM: That is right. In fact the lead for it 18 19 was Professor Whitty and he was kind enough to comment 20 on it two weeks ago, as you say, saying that it was 21 difficult but he felt the outcome at the time was useful 22 and sensible. It was for the four nations, so it was 23 the quintet of four CMOs and the National Medical 24 Director.

25 MS CAREY: And if I understand it, I think on 21 March you

sensibly someone transferred to?

2 DR SUNTHARALINGAM: That is right, and in the context that 3 mutual aid and decompression would already have happened 4 so essentially talking about -- (overspeaking) -- which 5 would be a very extreme scenario.

MS CAREY: We looked at all the transfers and the rising

7 numbers and indeed we looked at the circular diagram of 8 the example of Northwick Park and the number of other 9 hospitals that they transferred patients to. But 10 assuming in that example that there was no other bed

11 available and CRITCON 4 had been declared, this was when

12 the tool was envisaged to operate; is that correct?

DR SUNTHARALINGAM: That is correct. And two things to 13 14 emphasise. Firstly, CRITCON 4 is a national situation 15 not just in that hospital. We have talked about 16 scenarios where CRITCON might be triggered as 17 an alerting tool but where CRITCON 4 is agreed by those 18 in authority to be a national state, and then the other 19 point to make is this is all time sensitive. It is

20 really about queuing for the next available bed and that 21 might change when a bed comes up. So it is not about 22 barring people from being admitted, it is saying who we

23 would admit into the beds available right now.

24 MS CAREY: Perhaps if we look at how the tool was envisaged 25 to work by reference to your paragraph 110, Doctor.

1	Could we call up on screen thank you very	1	really about having although it's useful to think in
2	much a summary of how the framework was proposed.	2	terms of notional surge capacity, those are, sort of,
3	I won't necessarily go through all of these but we can	3	fairly abstract numbers and if units are becoming
4	see there it was designed to effectively only operate	4	realistically saturated under the conditions at the
5	once CRITCON 4 was declared in one or more regions and	5	time, that's what's going to start influencing clinical
6	where CRITCON 4 is declared, NHS England, in this case,	6	decision-making, albeit subconsciously, and in practical
7	have to be notified so they know the position and all	7	terms through simple lack of available beds. So that is
8	other possible sources of mutual aid between hospitals	8	the realistic frontline conditions in the view of those
9	have been exhausted.	9	working there that needs to feed into this level of
10	DR SUNTHARALINGAM: That is right.	10	realistic decision-making. And percentages of notional
11	MS CAREY: So it really is in extremis?	11	total surge capacity may not help with that.
12	DR SUNTHARALINGAM: That is right. And although CRITCON was	12	MS CAREY: Then 110.4:
13	sort of convenient vocabulary for this, obviously for	13	"If critical care resources become exhausted
14	the other three nations it is around that same	14	nationally, any declared clinical prioritisation would
15	information being escalated in other ways about capacity	15	operate on a ranking basis in the event of needing to
16	and saturation.	16	prioritise one patient over another when competing for
17	MS CAREY: It makes the point there at 110.2 that there	17	the same resource (in effect, 'the last ICU bed')."
18	should be no triage until every accessible ICU is full.	18	What was that trying to convey?
19	DR SUNTHARALINGAM: Absolutely.	19	DR SUNTHARALINGAM: It was really the point we made earlier
20	MS CAREY: "This assessment should be based on accurate	20	that this is reflecting this is not about triaging
21	collection and communication of realistic frontline ICU	21	people in the sense of saying they will never get
22	conditions using CRITCON or equivalent rather than	22	an intensive care bed unless that is the clinically
23	abstract bed counts against a theoretical bed base."	23	appropriate scenario in any case, but under pandemic
24	What were you getting at there, if I may ask?	24	conditions it is not about ruling people in or out, it
25	DR SUNTHARALINGAM: It was the discussion we had earlier 45	25	is saying for the next available bed who should take 46
1	precedence over somebody else on the grounds of	1	someone off a ventilator, for example, to make room for

2 survivability using these principles. 3 MS CAREY: Right. In a scenario where you have two patients 4 and both are eligible and it is appropriate to escalate 5 them to ICU, you would use the tool to say that person 6 should be number 1 to get that bed and then if one 7 becomes available, the next person gets it. Is that how 8 it was meant to work? 9 DR SUNTHARALINGAM: Yes. The tool in its final form was about "expected to survive" or "likely to survive" 10 11 versus "may" or "may not survive", versus "unlikely" or 12 "not expected to survive". So it was really just 13 a verbal description rather than a numerical score and 14 using that you would use it as a ranking system in the 15 scenario that you found yourself. MS CAREY: Was it ever envisaged the tool would say that 16 17 someone should be taken out of ICU? Was that part of 18 the framework you were considering? 19 DR SUNTHARALINGAM: No. Under the label of reverse triage, 20 it is a concept and people did raise whether we should 21 but in the context of this, no, it wasn't. I think, in 22 this case, it was too difficult to put into a structured

1 someone off a ventilator, for example, to make room for 2 others; that is not what the tool was designed for? DR SUNTHARALINGAM: No. 3 4 MS CAREY: Understood, all right. 5 So, effectively, it was a ranking system for who 6 should get the next bed available whilst there were 7 these extreme conditions? 8 DR SUNTHARALINGAM: That is right. I think in terms -although it is quite appropriate to talk about beds it 9 10 is really about starting a treatment process in 11 a limited setting in CRITCON 4 and in extremis. MS CAREY: Can I ask you, why is it important to have a tool 12 13 at all? 14 DR SUNTHARALINGAM: I think the benefits are, firstly, 15 transparency. Both within the profession and also to 16 the public and particularly those who might be 17 disadvantaged in general. So even if people may not 18 agree with it or like it, the fact that they can see it 19 I think is important and that replaces any risk of 20 subconscious bias or unseen decision-making. So, 21 firstly, there is one of transparency. 22 Secondly, there is one of efficacy, which is that 23 by publishing something and having a plan it may be 24 adapted and modified and improved and disputed if

necessary, but you have to work with what is available

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form that would make sense to people at the time.

MS CAREY: So you were not asked, nor did you in fact,

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and it means that what we do have is the best we could manage at the time.

MS CAREY: Can I pause you there. Do I take it from that that prior to the pandemic there was no in extremis saturation tool available?

DR SUNTHARALINGAM: No.

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Thirdly, I would say there is reassurance in two forms, one is for clinicians to know that even if you are saying this is usual conditions, we are not saturated yet, for clinicians to know that there is some sort of plan for what happens next means, firstly -- it means that they don't feel that sense of moral doubt and injury, potentially worrying they will find themselves in that situation on their own in the middle of the night at their site. They know there is a plan.

Secondly, for the public and for patients it gives them the safety that people aren't going to find themselves in a position of being triaged inappropriately. If there is a national plan and people know when it's switched on and when it's switched off, that only the CMOs can activate it, it protects the public by avoiding -- the risk that we're not talking about something, it sort of happens unseen.

23 24 MS CAREY: Is there any, do you know, will or desire among 25 the medical profession to have a tool such as this in

> work for the quintet of CMOs and National Medical Director was stood down on the grounds that, at that stage, it looked as if the first wave was as seceding and the tool wouldn't be needed, there was a discussion around publishing it so it could be developed openly and with as much professional and public input as possible by a professional society.

The Intensive Care Society took that on, in consultation with as many other groups as possible. What was originally published, firstly as a guideline from the Intensive Care Society, endorsed by the Royal College of Physicians and --

13 MS CAREY: Pause there, because we'll have a look at it.

14 DR SUNTHARALINGAM: Sure.

MS CAREY: Can I have on screen, please, INQ000395282. Just 15 16 before, you were about to tell us who it was endorsed 17 by, this was obviously not the framework that you worked 18 on in that week in March 2020, but it is effectively 19 using your work, this guidance was then developed based

20 on it: is that correct? 21 DR SUNTHARALINGAM: That is correct, and in the context of 22 if a national guidance at NHS level were to be required, 23 then this provides a starting point to pick up and start

from this rather than from a blank page. So it would be

sort of relevant and looping back again if necessary, so 51

1 case we find ourselves again in a situation where we are 2 overflowing in ICU beds?

3 DR SUNTHARALINGAM: I would say yes. Obviously, having been 4 involved in that particular point of view, but I think 5 genuinely looking at wider discussions there was a need 6 for it and, to be clear, it is not about a tool that you 7 pick up and start using on your own, it is knowing that 8 there is something -- there is a plan in the background 9 that may be activated and I think that in itself 10 provides reassurance for people.

MS CAREY: I think just to finish this topic, albeit only 11 12 the -- only seven days when the framework was being 13 considered by your group, I think you say that the group 14 consulted with the critical care professional community, 15 age and disability groups, and with the Department of 16 Health and Social Care's moral and ethical advisory 17 group, and there were various changes made to the 18 putative framework during that period as a result of 19 those meetings.

> Just finally on this topic then, did your work as part of that group effectively form a starting point for a document that is now in existence, which is the clinical guidance published by the Intensive Care Society.

DR SUNTHARALINGAM: That is correct. On 28 March when the

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2 MS CAREY: I think this guidance came out on 28th May 2020;

3 is that correct?

4 DR SUNTHARALINGAM: That is correct.

5 MS CAREY: We can see there that it is endorsed by Royal 6 College of Physicians, the Scottish Intensive Care 7 Society, the Welsh Intensive Care Society, All Wales 8 Trauma Critical network, the national Critical Care 9 Networks of England and Northern Ireland.

So a UK-wide document. It is entitled "Assessing whether Covid-19 patients will benefit from critical care ... an objective approach ..."

But is it solely for use during a respiratory pandemic that involves Covid-19?

15 DR SUNTHARALINGAM: No, I would say, and then there are 16 three elements to this, and I think also to reassure anyone listening, the guidance has the same elements as 17 18 the original framework, which is including the shared 19 escalation, the mutual aid, the fact that any decision 20 tool would apply in CRITCON 4, so if somebody has to 21 pick those up and use this today, they would say, well, 22 we're in CRITCON 2 or 3, therefore the usual 23 decision-making applies, nobody is going -- should be

going to the back page and using the tool on its own. But in that context, in terms of applicability,

the document has statements of moral and ethical
principles which are applicable to any crisis, and
potentially outside a crisis. It has a statement about
shared escalation, mutual aid, the CRITCON framework,
which are also should apply to any crisis.

And then the tool at the end is specific to Covid, and would need to be re-assessed, re-designed as indeed it would have done during the pandemic itself if it were in use, because it was based on available data at 28 March, or would in any case have been adapted.

For a different disease there would be different criteria, different things to look at.

13 MS CAREY: So barring the, I think it is appendix 2, if we 14 just look at it at page 12 of the document, there is the 15 decision to support aid in relation to Covid. But 16 essentially, if one looked at pages 1 to 11, they would 17 be applicable whatever the virus, whatever the disease, 18 whatever the extremis circumstances underpinning it.

19 DR SUNTHARALINGAM: Yes.

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20 MS CAREY: You could basically use pages 1 to 11, and add on 21 an appendix, to be specific, to whatever circumstance 22 that was appropriate?

23 DR SUNTHARALINGAM: I think so, I don't know, would it be 24 useful to look at page 11 briefly?

25 MS CAREY: Yes, let's go back to that then, because that is

1 your statement that there is a potential benefit to 2 discussing this in non-pandemic times --3

DR SUNTHARALINGAM: Yes.

MS CAREY: -- and you said it could be done with publicly accountable oversight. Who did you envisage might provide that oversight?

DR SUNTHARALINGAM: So, in a sense I'm very open to sort of expert opinion as to how this could be implemented, but some form of public commission or stakeholder meeting, with a very wide buy-in from interested members of the public, particularly those representing disability and other disadvantaged -- potentially disadvantaged groups, and to make sure that all sections of society are involved.

There is some academic work which suggests that actually the public may be sort of ahead of the profession in things that they might want to have considered. This is purely from a research paper in Oxford, but they found ideas coming up were around prioritising people with young children, or even healthcare workers, and they wanted to talk about things like taking people off ventilators. I'm not advocating for that, but it is interesting that the discussion beyond the profession can be wider than the discussion

1 a more general application.

2 DR SUNTHARALINGAM: Yes. To some extent this is a further 3 version of the discussion about CRITCON that we had 4 previously. But I think the bits to highlight here are that usual decision-making applies when we are at 5 6 CRITCON 0 to 3, with the sort of blue arrows saying 7 that

MS CAREY: Yes. 8

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DR SUNTHARALINGAM: And then CRITCON 4, and in fact that 10 table we just looked at at the back, the decision aid, 11 only applies at a stage of sort of universal CRITCON 4

12 as declared by -- at, sort of, government level.

13 MS CAREY: If I follow you correctly, Doctor, if we go down 14 to the 4 triage risk, all in red there, we are at 15 CRITCON 4, it is only then that you would turn over to 16 appendix 2 and follow the tool for whatever disease or 17 virus or situation was necessary?

DR SUNTHARALINGAM: Absolutely. And the logic of having it 18 19 there is so they can talk about it openly. It really is 20 in order to avoid having to use it, so everyone is at 21 least aware of what we would be facing if we got to that 22 position.

23 MS CAREY: Right. Can I just then finish on this topic. 24 There is this prototype that could be adapted in the 25 event of future need. I think you make the point in 54

MS CAREY: I wonder if we could leave that topic there. 2 My Lady, I'm moving to a new topic. It is

3 a little early, but I can start the new topic or we 4 might perhaps take our mid-morning break?

LADY JUSTICE HALLETT: No, that's absolutely fine.

6 I shall return at 11.45 am.

7 MS CAREY: Thank you, my Lady.

8 (11.25 am)

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(A short break) 9

10 (11.46 am)

11 LADY JUSTICE HALLETT: Thank you.

MS CAREY: Thank you, my Lady. 12

> Professor Summers, can I turn to you, please, and just look briefly at ICU capacity in 2021. Because we concentrated a lot on the early stages of the pandemic, and I think you make the point in your report that, in fact, by early 2021 there was a far larger surge in critically ill patients than there had been earlier on in the pandemic. If it helps you, I'm at page 60 in your report.

I wonder if we could call up on screen figure 11 at INQ000474255_0060.

With your help, Professor, I would like you just to explain -- we are not going through all the regions but all four nations are represented on this figure,

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that we ourselves have.

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which is the regional increases in occupied ICU beds above baseline, provided by The Intensive Care Society, and it is really to get a sense of how different it was in 2021 than how it was in 2020, or, in some cases, it is the data from 2019.

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Perhaps if we take Scotland as the first example, can you speak to this? And is this showing us that in 2019 in Scotland they had 203 occupied beds in ICU? And by 2021 that jumped considerably to 303?

PROFESSOR SUMMERS: Exactly. So this is an attempt to quantify the degree of the surge in ICU capacity that was required in January 2021 by using exact data at this time from NHS England and estimates that they could acquire, I think, from Scotland and Northern Ireland. Subsequently, actually, it looks like their best estimates for Scotland were almost exactly correct when the real data had become available from SICSAG.

I think the important message from the entire UK picture is that the equivalent of about 141 extra intensive care units were required in January 2021 above the capacity that was available in January 2020, and that's assuming an average size of 15 or 16 beds in intensive care.

24 MS CAREY: I think at the bottom of the screen it says it 25 was based on one ICU being a 16-bed unit --

1 others besides, like the ICNARC data clerks that we 2 heard about from Professor Rowan when she was speaking, 3 administrative staff, support staff, are all required. 4 And you can see some of these ratios are absolutely 5 extraordinary.

MS CAREY: And ordinarily, would these be all the people that would be around the bedside of the patient in ICU? PROFESSOR SUMMERS: So they are all part of the intensive care multidisciplinary team.

MS CAREY: Would they therefore be wearing a higher level of PPE because they were in an intensive care setting?

PROFESSOR SUMMERS: In most cases, yes. 12

MS CAREY: Now, we have looked at increases in intensive care, and I think when you gave evidence last week, we had already made the point that the data was not necessarily entirely representative because there was a lot of people receiving critical care outside of an ICU and therefore weren't captured by the data, but can I ask you about any alterations to the kinds of people that came into ICU. I'm at your paragraph 158.

You make the point there that the data doesn't tell us entirely accurately the people that were receiving critical care outside of ICU. I think you say in your report there was also a fall in admissions, for example, those people that had suffered a heart attack

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PROFESSOR SUMMERS: Yes.

MS CAREY: -- and so by 2021 we needed 141 extra ICUs across

4 PROFESSOR SUMMERS: Yes. And we did not create that 5 physical capacity of 141 extra ICUs with any more staff, 6 to reiterate that point again; we did it with exactly 7 the same number of staff as we had in January 2020 in 8 terms of specialist critical care staff. We stretched

what we had to make that extra capacity.

10 MS CAREY: Understood. I think in fact there is 11 an accompanying document on page 61 which exemplifies 12 this, and can we have the table at the top there, that, 13 ordinarily in -- well, not ordinarily in January 2020, 14 so just pre-pandemic, one member of staff cares for --15 it was a consultant, they can care for 12 patients, and 16 you can see the jump there from -- into 2021, they were

17 caring for 16 or as many as 33 patients. We're familiar 18 with the changes to the nursing ratios, but when you 19 look at some of the other people involved in providing

20 care, pharmacists, there is a jump again.

21 Physiotherapists. Speech and language. Members of 22 staff, occupational therapists. Huge increases in the 23 number of patients they had to care for in January 2021.

24 PROFESSOR SUMMERS: Intensive care is a multidisciplinary 25 package of care for patients. All of these people and

> and stroke. There was a significant drop in the number of those people attending ICU.

Could we have on the screen, please, figure 12a, which is a very neat depiction -- there we are -- of the fall in the number of admissions to intensive care.

This is data that comes from ICNARC, my Lady. One can see that ordinarily, fluctuations just above or below 300 people on average coming into

intensive care with a heart attack per month.

10 And then when we look at the yellow line which 11 indicates the pandemic, if one looks just after January 12 2020, a huge drop in the number of people being admitted, so what is that, under 150 or thereabouts, and 13 14 it slowly rises but still doesn't reach the same rough 15 grey area that had been the case in the three years from

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2016 to 2019.

So people weren't presenting to ICU in the way that they had. Can you help me with this, I think you make the point in your report that there were fewer older people being admitted to ICU during the pandemic, and can you help with why that was?

PROFESSOR SUMMERS: So, I guess, to allude to the myocardial infarction graph that we were shown, I think there is data that very eloquently speak to the fact that not only were they not appearing in intensive care units

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1	with myocardial infarction, people were not appearing in
2	hospital. And that actually, as a result of changes in
3	behaviour, and in people's trying to, I guess, do the
4	best that they could, and people were probably dying at
5	home rather than being admitted to hospital and having
6	the care from hospital and, as a consequence of that,
7	intensive care units that they might have done otherwise
8	for their myocardial infarctions, and you can see that
9	the decrease in admissions to ICU happened both in the
10	peak of spring 2020 but also again in
11	January/February 2021. So both of those coincide.
12	MS CAREY: Whilst you are dealing with this, and perhaps
13	looking at older people, of course, my Lady has the
14	report from Professor Gale, dealing with not only falls
15	in ICU admissions but falls generally into the
16	healthcare system in relation to people with ischaemic
17	heart disease. So it is really tallying a number of
18	different ways of showing that people weren't coming
19	into the healthcare system for heart attacks and the
20	like.
21	All right, now on to older people
22	PROFESSOR SUMMERS: Yes.
23	MS CAREY: admissions to ICU. What did you set out in
24	your report, please, Professor?
25	PROFESSOR SUMMERS: There are several lines of evidence that 61

2 admitted from across the four nations of the United 3 Kingdom with Covid to hospital between March and 4 December 2020, so again covering the sort of wave one 5 period rather than wave two. 6 MS CAREY: Yes. 7 PROFESSOR SUMMERS: And they found that the likelihood of a patient being in ICU, three or seven days after 8 9 admission, varied by month and such that actually you 10 were more likely in periods between surges to get 11 admitted to intensive care than you were at periods of 12 surge. So, actually, the people who were getting 13 admitted were more likely to be younger during the 14 peaks, which accords with the ICNARC suggestion from 15 their looking at the peak of 2020. MS CAREY: Can I see if I can summarise this accurately and 16 17 correct me if I have got it wrong: older people less 18 likely to go into ICU during pre and post-peak 19 periods -- and people more generally to get into ICU 20 between the surges? 21 PROFESSOR SUMMERS: So, older people less likely to be 22 admitted and people with higher degrees of dependency 23 were less likely to be admitted during the surges. 24 MS CAREY: Understood. Now why that might be may be

difficult to ascertain, but can I ask you this: was

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longitudinal paths of just over 142,000 people who were

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suggest that at peaks of the ICU strain, that people who were admitted to intensive care, despite there being no national change in policy, may actually not have been the same as those at times of less strain. And I think that Professor Rowan spoke to some of this, but to reiterate, one example of the data supporting that proposal comes from ICNARC that looked at admissions to ICU during the first wave, and they found that people who were admitted during that wave were younger and less severely ill when compared to those who admitted pre and post-period. So that was my paragraph 161. Their paper suggests that the proportion of patients aged greater than 75 years, or had any prior dependency, was lower during the peak period in 2020. MS CAREY: That's not what one would have expected ordinarily? PROFESSOR SUMMERS: I wouldn't have expected to see any change. MS CAREY: Yes, and you say the older and sicker patients

would not have disappeared during that time, but fewer will have been admitted to ICU?

PROFESSOR SUMMERS: There is a second line of evidence that comes from a different organisation that suggests that this may have been the case. So ISARIC, by their clinical characterisation group, tracked the clinical 62

there any policy or diktat that said: don't admit older people or anything of that nature?

PROFESSOR SUMMERS: I'm aware of absolutely no circumstances in which a policy was issued about age as a cut-off in the United Kingdom.

I should also point out that also, the type of

I should also point out that also, the type of care of critically ill people that was happening, and where that was happening, as you point out, not all critically ill people were in intensive care units, and the strain on the intensive care units will have affected -- at some times you may have had your CPAP in an intensive care unit, at times of great strain where everybody in intensive care was receiving invasive mechanical ventilation, you may have had that on a ward.

So, being inside the walls of an intensive care unit doesn't necessarily mean you did or did not receive critical care.

MS CAREY: Understood. I think, though, Professor, you are aware of the research that was conducted by the Inquiry and have seen the findings of the survey. Can we have up on screen INQ000499523_0017.

This is a slide depicting what happened during the first wave and people contributing to the survey, and there were nearly 1700 healthcare professionals who were spoken to UK-wide. If one looks at the critical care

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nurse and the critical care doctor, they were asked during the first wave how they were able to escalate by role the frequency of their inappropriate to escalate, and the critical care nurses said that there was 20% of them that had to make a decision about that on a daily basis, 19% for critical care doctors, and we can see the varying statistics there.

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But when one looks at the last two columns, "At least weekly", 34% of those critical care nurses had an inability to escalate and, indeed, critical care doctors, 35% at least weekly. And then if we look at the "Ever" -- again, 49% of critical care nurses had an inability to escalate, and critical care doctors 48%.

So fairly grim statistics, if I may put it like that, as to the people that contributed to this survey, suggesting that there was various reasons why the nurses and the doctors felt there was an inability to escalate -- and some of those reasons, I think, were given. If one looks at page 19.

The survey asked about the reasons for difficulty escalating, and if we could highlight the two columns that deal with "Critical care nurse" and "Critical care doctor", one can see that "Lack of available beds for high dependency care such as high flow oxygen or CPAP", look at the figures there for critical care nurses and

a critical care doctor in Wales. And they were giving their experience of escalating care, they said:

"We knew it wouldn't help because we had come to see what kind of people died of this disease despite escalated care. So we decided not to admit to critical care whereas had they had a different illness, they probably would have been more likely to benefit so we would have escalated. We didn't have enough space to 'give people a go' who had a very remote chance of getting better. If we had had more capacity, we might have been in a position to try."

I suspect not an easy thing for that doctor to have said, but can I ask you, please, about page 33 of the survey. This is entitled "Acting in conflict with values by role". But critical care nurses were particularly likely to have to act in a way which conflicted with their values when at work during the pandemic, likely linked to the higher proportion feeling that there were insufficient staff. And if we look there, daily, critical care nurses were reporting that they were acting in conflict with values by role.

And indeed the critical care doctors, if one looks down the page slightly, 26% of those were saying they had that on a daily basis.

> Can you help with how acting in conflict with your 67

critical care doctors, that clearly was a reason they felt unable to escalate.

Lack of care or staff, 62 and 61% respectively. Lack of available beds for invasive mechanical ventilation, 85 and 80%

Lack of available beds for acute wards. Lack of equipment. And I don't need to ask you about the lack of access to ambulance. But clearly indicative -- I put it no higher than that -- of difficult decisions having to be made, and a number of varying resource reasons why people may not have been escalated.

Does that not necessarily accord entirely with your experience, but does it come as a surprise to you that there are quite significant numbers of critical care nurses and doctors answering this survey saying they could not escalate for the reasons that are set out

18 PROFESSOR SUMMERS: No, I think like Professor Whitty, who I 19 think was shown similar evidence when he testified the 20 other day, this accords with the totality of the 21 evidence that's available. It is a snapshot done this 22 year, I understand, of how people felt their experiences 23 were in 2020, and I'm not in any way surprised.

24 MS CAREY: No. If one just looks, please, at page 22, 25 Professor, there is a quotation given there from

roles and your values affected the staff on the ground, Professor?

PROFESSOR SUMMERS: I can. I think we heard very powerfully the other day from Professor Fong, he organised and led the peer support programme of visits. I should declare that I also participated in leading and attending some of those visits, and some of the evidence that he shared is evidence that I was privileged but also unfortunate to have to hear from staff members, from various regions 10 of the United Kingdom. I am only too painfully aware of the conflict and the moral injury that occurred to, particularly, critical care nurses, but healthcare staff 12 13 of all kinds during the pandemic.

14 It was and continues to be an ongoing issue for 15 many of us.

MS CAREY: I think in your report you set out some studies 16 17 that were done into staff well-being and indeed whether 18 the stresses they were under in fact impaired their 19 ability to do their job, and I would like to ask you 20 about that please.

21 PROFESSOR SUMMERS: Yes.

22 MS CAREY: I think there was, if it helps you, 135 onwards 23 in your report --

24 PROFESSOR SUMMERS: So there was work undertaken, again 25 actually led by Professor Fong in an academic capacity

1	to undertake a series of surveys at different points,	1	this. You have a healthcare system and healthcare staff
2	looking at how staff were doing in terms of their	2	that were under tremendous stress in wave 1 or in spring
3	well-being and actually 56 hospitals in England	3	2020. The pressure never fully came off during the
4	participated with round about 6,000 respondents across	4	whole of 2020 and then going into 2021's peak, there was
5	the time points. And it happened before the winter	5	both the demands of a greater number of critically ill
6	2020/21 peak and during and after the winter 2020/21	6	patients, alongside the demands of trying to resume
7	peak.	7	elective surgical care and many of the people who were
8	MS CAREY: So just pausing there. I think, as a result of	8	trying to support the ICU surge are the same people who
9	at least one part of the surveys over different periods	9	are required to undertake the delivery of elective
10	of time, in November to December 2020, more than 50% of	10	surgical care.
11	staff met or exceeded the threshold criteria for at	11	Anaesthetists often unusually are in operating
12	least one of the surveyed mental health disorders.	12	theatres. In 2021, we were using their operating
13	And what were those disorders, please?	13	theatres for ad hoc intensive care units and they
14	PROFESSOR SUMMERS: So post-traumatic distress symptoms and	14	weren't doing their day job. Of course they were
15	functional impairment predominantly, but also there were	15	distressed. As were nurses, healthcare support workers,
16	questions around problematic alcohol misuse and other	16	administrators, and not just in intensive care, I think
17	markers of mental health and functional impairment.	17	that's the other point to make here. Whilst this data
18	MS CAREY: That's in the run up to the pressures we have	18	is around intensive care, there are data about
19	seen in January 2021. I think the survey went on to	19	healthcare workers in hospitals all of whom have similar
20	look at January to February 2021. Can you help, what	20	patterns of impairment.
21	did the survey find in relation to that particularly	21	LADY JUSTICE HALLETT: I don't know if you heard
22	stressful period in ICU?	22	Professor Fong on the radio this morning.
23	PROFESSOR SUMMERS: So I think it found that later on, at	23	PROFESSOR SUMMERS: I did not.
24	peak, those symptoms were increased in prevalence, as	24	LADY JUSTICE HALLETT: He was talking about something else
25	you would expect. I mean, no one can be surprised by	25	initially but he was asked about giving evidence here
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1	and one of the things he said was that the kind of	1	the catastrophic failure of the healthcare system would
2	impact that you have just described on staff is	2	not be a switch that was just thrown in an instant where
3	continuing today and so if anybody is trying to make	3	we went from everything being okay to everything not
4	sure the NHS works in a way that we would all hope, that	4	being okay the next second. It is in the dilution of
5	we have to remember the impact on staff is still having	5	a million and one tiny little things, particularly in
6	an effect.	6	intensive care. We are a speciality of attention to
7	PROFESSOR SUMMERS: I think I would say that I don't know	7	detail. Every single tiny little bit of attention to
8	a healthcare worker and certainly not an intensive care	8	detail is what makes the difference and cumulatively
9	clinician who does not carry the scars of the last five	9	provide better outcomes for patients. When we stretch
10	years, and you may have to forgive me a moment. All of	10	those and we are unable to pay the attention to all of
11	us have carried it forwards. You cannot see what we	11	those details in the way that we would want to and that
12	have seen, hear what we have heard, and do what we have	12	we know we are capable of, we are failing our patients
13	had to do and be untouched by it. You cannot and be	13	really, or at least that is how it feels to us. We are
14	human and we are very much human.	14	not providing the care that we would want to if and
15	LADY JUSTICE HALLETT: Doctor, you are nodding.	15	that we would want for our own families.
16	DR SUNTHARALINGAM: Yes, I absolutely agree with all of	16	And whether you describe that as coping or not, is
17	that.	17	a very moot point. Coped as in the outcomes were as
18	MS CAREY: Professor, that brings me onto something I wanted	18	good as we could make it and we didn't get to the point
19	to ask you about which was a phrase in your report which	19	where we had to say that there was national triage, but

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is as follows:

PROFESSOR SUMMERS: Yes.

"We coped but only just."

MS CAREY: Can you just try, please, to help her Ladyship

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and us understand why it is you phrase it in that way?

PROFESSOR SUMMERS: I think what is often forgotten is that

where we had to say that there was national triage, but we would never want to be where we were. Large numbers of intensive care units declared CRITCON 3. That wasn't okay.

MS CAREY: Final couple of discreet topics if I may. If I may turn to you, Doctor. I would like your help, please, about PPE in intensive care units. And we

are familiar with the problems with lack of PPE that suits a diverse range of faces, size, ethnicities and the like. I would like to ask you please about your paragraph 199 where you say:

"In general, there were adequate numerical quantities of PPE in ICUs as these were often prioritised over other parts of the health and social care system."

But I want to understand, were there any shortages of PPE within individual ICUs that you are aware of?

DR SUNTHARALINGAM: So I use the word "numerically" there because there certainly were factors that were very -- the opposite of reassuring. So different models arriving every day. Although hospitals carried out fit testing the supplies changed. I'm not aware of specific shortages as a systematic factor. And the comment about ICUs compared to others is partly based on some research work that others have done of surveying people. So there was some advantage. However, it certainly felt at any given moment that things might be short, that things were changing all the time, particularly early in the pandemic, and obviously people had anxieties about their

So it felt under pressure. It felt dangerous. It felt like shortages. Numerically, intensive care was 73

own health and about taking disease home to families.

and on the background of people's concerns that they were getting what they needed.

MS CAREY: Even within the ICU setting where, as you say, you had FFP3?

DR SUNTHARALINGAM: Yes. For example, recommendations about -- and to be fair to the organisation in the UK, obviously it was also affected by perceptions from elsewhere. So if you are seeing healthcare workers in other countries wearing full body Hazmat suits then it raised questions about what should be the right course of action here.

MS CAREY: Understood. I would like to ask you about aerosol-generating procedures. We have heard quite a bit of evidence about that already including that some of them may not in fact generate as many aerosols as hitherto believed and also evidence that AGPs aside, talking, coughing, singing, shouting, inevitably generates aerosols.

I just would like your views, please, on the AGP list. I think you have set them out in your paragraph 210. Help us with that, please.

DR SUNTHARALINGAM: So this was something where there was, again, debate about, including in elements such as resuscitation, which you may hear about from another witness. Also some professions and specialities, as we

arguably better than some other areas. Also due to decisions that FFP3 was used universally and that wasn't the case elsewhere in the hospital. And arguably should be.

MS CAREY: I won't take up that thread with you, if I may,
Doctor, but can I ask you about this. You say in your
report that there was -- clearly, obviously, the
physical and emotional challenges of working with the
significant, more quantities of PPE being worn. You
make reference to uncertainty and changing guidelines,
anxiety over supplies and fit testing generally
contributing to the psychological impact of the
pandemic.

Can I just ask you, which guidelines were you referring to in that part of your report?

DR SUNTHARALINGAM: There was initially guidance coming from the various bodies at the time which did actually change identity during the pandemic. So I think Public Health England moving into the other organisations. So there was reorganisation going on as well. And it was really around the best way of coping and diminishing risk early on.

So, appropriately, things were kept under review and disseminated as they changed but at the frontline I think it felt difficult to keep abreast of all of it

have heard from Professor Summers, it is a very multidisciplinary profession and particularly speech and language therapists felt that some of the interventions they do weren't adequately recognised.

However, I think there is a wider issue which is the "P" in AGP. I'm not really qualified to talk about the aerosol and droplet side of it, but I think the focus on procedures, rather than risk, is a problem because it means when there is no procedure going on, but you are in front of the infected patient, that risk is sort of diminished in the guidance whereas actually taking the risk into account rather than what particular procedure they are having at the time is a better way of doing it, and particularly in an intensive care setting where there is a procedure going on all the time somewhere and the patients are all together, again, a focus on procedure is not necessarily the right thing.

So guidance based on environment and risk profile would make more intuitive sense and be easier to handle.

And as you say, there are many things that are not interventions that put you at risk if a patient coughs, for example.

MS CAREY: Finally, please, this. I would like to ask in a minute about recommendations but can I just draw together some of the things that you have been telling

us during the course of your evidence.

There was clearly a significant impact on those working in ICU. Was any support in place to help the critical care nurse, those that were redeployed? Was there any support in place during any of the waves of the pandemic.

Perhaps, Professor, if I turn to you first?

PROFESSOR SUMMERS: Definitely healthcare system providers in a variety of ways attempted to provide support by making sure that counselling or other mental health services were made available.

I think what's also important to remember is that providing support is fine. However, you are not also able to remove the source of the ongoing injury if you have another wave coming and more patients coming in and you are trying to restore elective surgical services because there are a backlog of people who are also experiencing harm from not having their surgery. People cannot and do not want to stop working and continuing being exposed to the ongoing moral injury of not being able to provide care as they would want to.

So it is a complex situation and just providing a mental health service doesn't necessarily remove the strain.

Q. Shutting the door after the horse has bolted may be

unscientifically, but the 1:6 ratios originally proposed caused excessive strain even in this context.

So moving to a 1:4 during the course of the pandemic before wave 2, which in a practical sense meant earlier decompression of the hot sites rather than letting them get to 1:6 and then seeing what happened next I think was a crucial step. So whatever the number is, it's more likely to be 4 than 6, in a surge pattern.

PROFESSOR SUMMERS: There is a reason we have 1:1 nursing of intensive care outside of pandemics.

DR SUNTHARALINGAM: Absolutely, yes.

MS CAREY: I won't ask you about all of the other recommendations you set out save for one of them, Doctor. I think you wanted to speak to the recommendation where you say to address the issue of future public health emergency, you recommend a citizen's assembly or other formal government

consultation with an appropriate range of stakeholders.

Why do you advocate for a citizen's assembly, and

what is it you envisage they might do and assist with?

DR SUNTHARALINGAM: Thank you. It was largely just because I was a bit vague to answer your question before. So in terms of a practical aspect of how this could be, sort of, addressed. But, really, the wider topic is of

making sure that everyone who has an interest is

a very inelegant way of putting it. But you have to tackle the underlying problem. That's what I really wanted to ask you about.

You have set out in your report a number of lessons learned and recommendations and I wanted to ask, we have heard a lot about the stretching of ratios within the critical care setting. Do you know if there is any research ongoing to understand the minimum safe staffing requirements that we could stretch to if we needed to in the event of a future pandemic?

PROFESSOR SUMMERS: Actually, since before the pandemic there has been a piece of research going on called SEISMIC, that has been looking to generate an evidence base around staffing ratios, particularly nurse staffing ratios in intensive care units. I don't think at the time the work was conceived it was thought about in terms of pandemic and stretch but I understand that the authors and the people who are working on that are also including that strain in their work but the results of that work are not yet available, but it is important work that I think will provide an evidence for how we provide care and ratios.

DR SUNTHARALINGAM: I think just less academically but from practical experience, I think something learnt during the pandemic was, just to put a figure on it, very

involved. We can work on developing moral and ethical principles for an agreed, fair and just framework for allocating healthcare if demand exceeds supply, so in a crisis.

But also it's an opportunity to have an honest conversation about the role of, if you like, extreme healthcare, aggressive healthcare, towards the end of someone's life, both on a societal basis about how we might do things differently during a crisis and when things are overwhelmed but also for people to have discussions with their families about what they themselves would want under normal conditions but also in a future crisis and to take that time while we are able to have those conversations in an open way and doing it in a structured format through a citizen's assembly.

Thank you for that.

18 Is it okay if we can pick out two of the others?

19 MS CAREY: I was going to ask you each actually for a -- it
20 is not about single recommendations but if there were
21 one you wanted to impress upon her Ladyship, what would
22 it be?

Perhaps you, Professor, first -- or I don't mind who goes first.

PROFESSOR SUMMERS: I'm happy to go first. I think the

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thing that I would like to emphasise is that intensive care is, as we have entitled the report, the last line of defence. We are required when everything else has failed, when prevention hasn't worked, when improving and tackling health inequalities, all of those other things, have not prevented disaster arriving at our door and intensive care is a supportive care package. It did not change the trajectory of the pandemic. What changed the trajectory of the pandemic is therapies and vaccines and our research being embedded into the care system. If we do not ensure that that is a continued line of defence, it doesn't matter how much resource we put into healthcare systems, in the absence of being able to change the trajectory of any kind of emergency we will potentially exhaust all capacity.

So we have to embed into our response to emergencies, pandemic and otherwise, means to change the trajectory of them and that means having robust supply lines, having the ability to understand novel emerging threats, to develop vaccinations and treatments, and to do that rapidly and at scale.

22 MS CAREY: Ideally we wouldn't need you.

23 PROFESSOR SUMMERS: Exactly.

DR SUNTHARALINGAM: Exactly. 24

25 MS CAREY: And Doctor?

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all of those involved in acute care as well as epidemiology experts.

So really a baseline look from the ground up at what critical care in the UK should look like, and then what can be afforded and provided becomes a separate discussion and I think this is a piece of work that hasn't been done but the pandemic should be a trigger for doing it.

9 MS CAREY: Thank you very much.

My Lady, they are all the questions that I had. LADY JUSTICE HALLETT: It may be you can't answer, this 12 Professor/Doctor, I have been asked to ask you about the 13 making of DNACPRs in a wider hospital setting. Is that 14 a question for you or perhaps for later experts?

PROFESSOR SUMMERS: I do not clinically practise outside of the intensive care unit.

LADY JUSTICE HALLETT: Doctor? 17

DR SUNTHARALINGAM: Sorry, the question was about a wider --

LADY JUSTICE HALLETT: Yes, it is about people who are 19

clinically vulnerable receiving calls at home about

21 having notices put on their records.

22 DR SUNTHARALINGAM: Again, I think that's outside our remit.

23 LADY JUSTICE HALLETT: Thank you.

The next person to ask questions is Mr Jacobs.

25 Please don't worry about turning your back to me as long 83

DR SUNTHARALINGAM: Thank you.

Firstly, I would very much agree with that, that intensive care is to provide life support while the disease gets better, so we need to address that, I completely agree with my colleague.

The point I would like to raise, though, is about the capacity side of it, we have talked about it many times, but we would propose as an objective measure, in the next two years, a systematic UK-wide review of baseline ICU capacity. And the justification for that in this pandemic discussion is if we start lower then we have to stretch more and that does more damage. So it is about getting it right, not only in absolute quantum but also where it is, matching it to local populations, healthcare needs, planning ahead for changing patterns and disease and other processes, and we propose that be done by an independent body and not by, for example, NHS England or the other NHS bodies, not because they can't be trusted but because it puts them in a difficult position, they are the providers, and have to look at the funding. This is about identifying the need in an independent way.

So a body such as The Nuffield Foundation or The King's Fund or a university, to look at it independently with expert input from the critical care bodies but also

as your reply goes into the microphone, thank you.

Questions from MR JACOBS

MR JACOBS: Yes. Thank you.

Just one question, actually, on behalf of the Trades Union Congress, and it takes up, Doctor, what you were describing a moment ago in terms of the recommendation for a UK-wide review of baseline capacity and an objective assessment of whether it is adequate and matched to local health needs.

The need for a review is noted, but do you both have a view as to what baseline capacity should reasonably be, so as to have a reasonable level of resilience in a pandemic?

PROFESSOR SUMMERS: I guess I might to pick that up, reminding everybody that there are OECD figures for the number of intensive care beds per 100,000 population is one way of looking at the problem, but that doesn't take into account individual health inequalities and health need and burden of particular areas of geography. So the situation in how healthcare systems are delivered in one country compared to another, and the health inequalities in those, don't make that a straightforward calculation, so I would hesitate to give a precise number. It is more than we have because I do not think -- I think we have demonstrated we do not have the

1	capacity that we should do for routine care, let alone	1	Who is next?
2	in pandemics, but I think it needs to be properly	2	Mr Odogwu.
3	conducted piece of work, and no one has done it.	3	Questions from MR ODOGWU
4	DR SUNTHARALINGAM: And I think just to add to the previous	4	MR ODOGWU: My Lady.
5	point about where it is as much as how much it is. As	5	Good afternoon. I represent the Federation of
6	somebody who works in London, I might be arguing against	6	Ethnic Minority Healthcare Organisations which advocates
7	myself, but it is is everything in the right places	7	for healthcare workers from ethnic minority backgrounds
8	and properly distributed around the regions and nations?	8	who were disproportionately impacted by the pandemic.
9	Q. Are you able to give us a sense of how much the dial	9	My question is probably best addressed to
10	needs to shift, in broad terms?	10	Professor Summers, but I'm happy for Dr Suntharalingam
11	DR SUNTHARALINGAM: I think to compare just among the OECD	11	to answer if better placed.
12	figures, so I think we entered into the pandemic with	12	The report acknowledges at paragraph 32 that staff
13	about half the number of the median figure, so we were	13	ratios were diluted, and that non-critical care staff
14	clearly way behind, and the level of stretch seemed to	14	were redeployed to assist ICU during the pandemic which
15	be a lot higher than us.	15	came at significant costs to both staff and patients.
16	PROFESSOR SUMMERS: To give some context to that, the OECD	16	My question relates to potential racial
17	average in 2021 was 16.9 per 100,000 population, and we	17	disparities in the redeployment of healthcare workers
18	went in, in the UK, considerably lower than that. Italy	18	during the pandemic. There has been some evidence in
19	has 11.6 at that point, Sweden had 4.9, and Germany had	19	this Inquiry of ethnic minority workers reporting that
20	29.3. So there is wide variation which I think feeds	20	they were given higher risk tasks and being redeployed
21	into how healthcare systems are delivered and individual	21	to Covid wards more often than their white colleagues.
22	nations, but we were definitely substantially below the	22	Did you, as part of your assessment and report, assess
23	average of the OECD nations.	23	whether ethnic minority healthcare workers were over
24	MR JACOBS: Thank you very much.	24	represented and more likely to be placed within ICU or
25	LADY JUSTICE HALLETT: Thank you, Mr Jacobs.	25	critical care settings?
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1	PROFESSOR SUMMERS: So I recognise very much the evidence	1	particular group.
2	that you reference has been heard by the Inquiry.	2	Q. Given the vulnerabilities of ethnic minority healthcare
3	I could not find systemic data that outlined that	3	workers in particular, do you consider that there were
4	problem for any of the nations. That doesn't mean that	4	adequate measures within the ICU setting for those
5	it doesn't exist. What it means is there was no	5	workers?
6	publicly available data that I could find. I'm not	6	PROFESSOR SUMMERS: I think when as Dr Suntharalingam
7	denying that that was the case, just that I could not	7	emphasised, the availability of PPE and protective
8	find a data source to be able to reference.	8	measures in intensive care settings was arguably better
9	Q. The data gap. Okay.	9	available than in other parts of the hospital, so
10	Well, given that, well-documented, higher rates of	10	I think that that is a complex question.
11	infection and mortality among ethnic minority healthcare	11	MR ODOGWU: Thank you very much, my Lady.
12	workers, were you able to assess whether there were any	12	LADY JUSTICE HALLETT: Thank you very much.
13	adequate risk assessments or safeguards or policies that	13	Next, I think it is Ms Mitchell who is directly
14	were put in place in ICU for ethnic minority healthcare	14	ahead of you.
15	workers?	15	Questions from MS MITCHELL KC
16	PROFESSOR SUMMERS: So the occupational risk assessments	16	MS MITCHELL: (inaudible).
17	that were done within the NHS were the same for critical	17	PROFESSOR SUMMERS: I'm terribly sorry, I can't hear you
18	care staff as they were for all other NHS staff. So	18	MS MITCHELL: The microphone appears on.
19	there wasn't a separate critical care risk assessment	19	LADY JUSTICE HALLETT: Yes, you're on now.
20	undertaken.	20	MS MITCHELL: I'm on now, thank you.
21	Q. So there was nothing tailored specifically to ethnic	21	I appear as instructed by Aamer Anwar & Co
22	minority healthcare workers?	22	on behalf of the Scottish Covid Bereaved, and I have got
23	PROFESSOR SUMMERS: Or to intensive care workers is what I'm	23	some questions to ask you about DNACPR.
24	saying. It was the standard NHS occupational risk	24	Firstly, it is in relation to the confusion
25	assessment, rather than it being tailored to one	25	surrounding some of these notices. I don't need to take
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you to it, but at paragraph 40 of your report you state that:

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"A DNACPR notice is not meant as a proxy for broader treatment decisions. However, in the absence of [a] clearly documented discussion and decisions about other forms of treatment, there is a potential for inappropriate over-interpretation of DNACPR[s] as a generalised treatment limitation option."

Now, I presume that that potential for over-interpretation is in respect of medical professionals, not of families and patients? Is that correct?

DR SUNTHARALINGAM: Potentially, although arguably it could be both; if that's the only discussion around treatment limitation that happens, then people may go away thinking that's been the wider discussion, and -- I say it can also lead to misinterpretation in the healthcare community. So going back to treatment escalation planning such as the ReSPECT form which is being implemented in parts of Scotland, part of the argument before having that broader discussion is to be very clear about which is the CPR decision and which is around other treatments, and having the opportunity for people to say, "I would like for myself or for my loved one active treatment, but I hear that CPR might not be

how the bereaved found out that there were DNACPRs sometimes from their loved ones who were still with us or sometimes sadly no longer with us.

Families were excluded for very good reason obviously on occasion from being with their loved ones when they were in hospital. Was the exclusion of loved ones from visiting a possible way that inadvertently DNACPR discussions were lost for families at that time?

DR SUNTHARALINGAM: I think in a -- so to start a bit with the part of the hospital where I'm most familiar with and am really qualified to comment on, which is in intensive care, the sort of processes that Professor Summers described would have been how it was done. If the families weren't there, which was clearly the case most of the time, they would have had the discussion or the explanation by telephone. Elsewhere in the hospital we can't sort of necessarily comment, but if your question is, does the necessary visiting restriction raise a risk of things happening without

21 I would say that it would be a risk. 22 Q. Can I ask you then briefly about the issue of reviewing 23 of DNACPRs. Is the situation, as you understand it, in 24 respect of the review of making a DNACPR, different in

Scotland?

those phone calls being made, then again theoretically

the right thing for them. We can draw a line there, but other treatments should be actively pursued", which is actually a very standard set of circumstances, and it avoids the risk of the DNACPR itself being over-interpreted to cover other aspects of healthcare.

Q. And indeed, one might make sense of that in terms of the recommendations that you have made in that regard.

What I would like to ask on behalf of the Scottish Covid Bereaved about those potential over-interpretations or, as you describe later, potential misrepresentation, is: what were the possible implications for patients of those things that you describe?

DR SUNTHARALINGAM: This is theoretical, but if it led to somebody thinking that somebody has a DNACPR order and is therefore not for active treatment of any sort, that would be incorrect.

And, to take sort of a fictional example, if it resulted in them not getting antibiotics for sepsis because they are somehow felt to be not for further active treatment of any sort, that would obviously be quite a serious misunderstanding of what the DNACPR meant. But this is a fictional example.

24 Q. Can I ask you, moving on from that, you spoke about the 25 questions, in fact my Lady posed a question to you about

DR SUNTHARALINGAM: I don't -- as far as I'm aware, no. In that the principles are the same. The legal position, I think, is roughly similar in that although the legal position of advanced decisions to refuse treatment and so on is different, the DNACPR is an advisory notice, and the principles that it should be discussed with a patient where possible, that people should be informed, that it guides treatment options, I think, are the same across the nations.

10 Q. And particularly in respect of the issue of review of DNACPRs, is there a difference in Scotland as you 11 12 understand it?

DR SUNTHARALINGAM: Not as I understand it. And as far as I know, no nation has a sort of scheduled review process or anything formalised, but the principles are the same which is that, if there are elements of the patient's condition that are acute, and those may change, and therefore if the patient's condition changes, for example they improve, then any DNACPR that's in place partly for that reason, due to severity, should be reviewed on clinical grounds rather than on any particular calendar or timescale.

If the DNACPR reflects fixed factors, such as their stable condition or where they are in their life in terms of getting towards the end of their life, in

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terms of a natural death, then that may not be necessary for review on any particular timetable.

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If there is any sort of formal system for that, that's different between the countries I'm not aware of it. I'm afraid.

Q. I wonder if there is or there may be such a review. It doesn't seem entirely clear, I would have to say, but there is certainly a suggestion in the guidelines in Scotland that there may be an opportunity for timed reviews. If this is something that the Chair may be interested in, might you be able to look into that and give us your expert response on that?

PROFESSOR SUMMERS: I guess I would put it, as Dr Suntharalingam has just said, there are circumstances in which a timed review would be appropriate if the status was likely to change, but I can think of other circumstances in which a patient would have had an informed discussion with their healthcare team, for example, in the setting of widely disseminating malignancy, and they were towards the end of their life, that it may not be appropriate to have a recurrent discussion with that patient because that status is unlikely to change.

So I think it should be reviewed where clinically appropriate, and where patients feel that they wish it

And you set out that this was:

"... (conscious or unconscious alterations in decision-making by individual clinicians rather than due to policies or guidelines being issued) ..."

And that meant that those who might usually be admitted to ICU were not.

And we have also discussed in your evidence today that critical care was often being delivered outside of the ICU setting, and that that means, as you also set out in your report, that the data likely underestimates the overall number of critically ill patients.

My question arising from that is, is it likely that the informal variations in ICU admissions, combined with the data underestimating the overall number of critically-ill patients, created an incorrect perception that critical care was not saturated?

PROFESSOR SUMMERS: I think that is one interpretation of the situation. I guess what I would like to be able to give you a definitive answer is absolute concrete data to say that that was the case. I have, in writing this particular section and it was me who drafted this particular section, set out the data that I could find to support that there may have been a change in the people who were admitted to intensive care units whilst acknowledging, as you rightly highlight, that not

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1 to be reviewed too. Setting a hard and fast time point 2 of reviewing it every so many days might not necessarily 3 facilitate the kind of patient discussions that we would 4 all hope for.

5 DR SUNTHARALINGAM: I agree. It may also have unpredictable 6 effect. If there is a timed review every week, for the 7 sake of argument, and the patient improves within two 8 days, it may actually delay a discussion that might 9 otherwise happen. I mean, it shouldn't do, but there 10 are ups and downs, all these things, in healthcare.

MS MITCHELL: I'm obliged my, Lady. 11

12 LADY JUSTICE HALLETT: Thank you Ms Mitchell, very grateful. 13 Ms Woodward.

Questions from MS WOODWARD

MS WOODWARD: I ask questions on behalf of Covid-19 Bereaved 15 16 Families for Justice Cymru, and we have heard evidence 17 today about the drafting of a national prioritisation 18 framework, and notwithstanding the fact that this was 19 never formally implemented, at paragraph 156 of your 20 report you state that:

> "Unfortunately, it is likely that in practice, ICU capacity was overwhelmed in some individual locations at certain times and that the criteria for ICU admission changed via local informal processes when capacity was stretched ..."

> > 94

everybody who was critically ill was admitted to a intensive care unit, and often critically ill treatment was carried out in places that would not normally do so.

So I think we have an incomplete picture but I certainly cannot tell you that it was not saturated, and I guess the other thing that I would highlight is that -- and I have quoted it I think, Helen MacNamara, the Deputy Cabinet Secretary, suggests that she had a conversation, was present for a conversation, where it was suggested that ventilator capacity may have been exceeded in January 2021, that was not something i was aware of until reading her evidence to Module 2, and it is concerning.

DR SUNTHARALINGAM: Just on the -- leaving aside data, but sort of anecdotally, as it were, I noted that the IFF survey, it was actually a doctor from Wales, as it happened, who stated that they were perhaps not admitting people at lower threshold as they might have done because it was perceived that the disease process for Covid was different, and that is really an example of where there is an arguable need for guidance, so that individual clinicians are not put in that position, and either they know to wait until there is a stage of triage, or they have some guidance, whether

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professionally or nationally, to encourage that decision-making.

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So I would make the wider point that it is the role of national bodies to step into that breach and support not only their members but the wider patients and public in order to provide variation and provide consistency among the four nations, but also to make sure the staff don't have that moral injury of feeling themselves in that position without external support of people that are meant to be representing and protecting them.

Do you think that perhaps that incorrect perception may Q. have led those in charge to believe that a formal prioritisation framework was not needed when, in fact, perhaps, either a framework or more formal guidance was in fact needed from those in charge?

17 PROFESSOR SUMMERS: So I do not think -- and we looked at the data when we were here a week ago -- the proportion 18 19 of critical care units that declared CRITCON 4 and 20 I think NHS England have shared their data on that, was 21 incredibly small. So I think actually the units, when 22 asked to assess their strain, almost all, and whilst 23 under huge strain, did not declare that they had reached 24 the point where they thought that that was 25 an appropriate thing and that we needed to proceed to

get admitted, but at times of strain would not, that is a very different thing from triage by absence of

Q. Do you think that there was any scope for further guidance to perhaps bridge that gap where critical care was reaching saturation but we weren't quite at CRITCON 4 or the equivalent for the devolved nations?

PROFESSOR SUMMERS: I think there was very clear guidance that usual decision-making should proceed and that decisions should be made in the best interest of individual patients, absolutely, until the point it was declared people were at CRITCON 4 and there was national guidance for anything to change. I think that was repeatedly and appropriately shared by all nations at

15 multiple time points during the pandemic. 16 DR SUNTHARALINGAM: I think there was a greater awareness of 17 the guidance that did exist and there was something in 18 the background that could be activated and engagement by 19 all the relevant parties, which in this case was 20 endorsed by the Welsh Intensive Care Society and 21 Critical Care Network Wales. But, I think, broader 22 awareness of that is probably the answer to your 23 question that there is a plan and it could be brought 24 out, but in the meantime usual decision-making applies, 25 as Professor Summer has said.

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national triage.

2 DR SUNTHARALINGAM: I would echo that among the three 3 nations including Wales, because although they weren't 4 specifically using CRITCON as a tool due to different sizes and layers and the complexity, but I think that 5 6 information about local strain was being passed up and 7 down the chain in a similar way, so I think had that --8 hospitals reached that state, it would have been 9 transmitted in a way that then triggered the activation 10 of further measures, and that wasn't the case.

11 Q. But given what you said in your report about local 12 informal processes likely changing, is it likely that 13 prioritisation decisions were made, and were in fact 14 incurring but just in the absence of formal guidance as 15 to how those decisions should be approached?

PROFESSOR SUMMERS: So, to be really clear, there is a very big difference between prioritising whether critical care is appropriate for an individual patient, and we know from data before the pandemic that people sometimes, when their intensive care restrained vary in a soft or ill-defined way, the way in which they make those decisions -- I think the data from Wales, the doctor said in the survey about patients who they think might not make -- have benefit from critical care, but there is a small chance they might on some days would

Q. Thank you.

Given the evidence that we heard earlier from you, Professor Summers, about older people being less likely to be admitted into ICU during the surges despite no policy that you were aware of regarding this, is it likely that the elderly were disproportionately disadvantaged by unconscious or conscious alterations in decision making made on an informal basis?

PROFESSOR SUMMERS: So I think to clarify exactly what I said both verbally and in the report, I said elderly people and those with greater burdens of comorbidities, so it was not just purely an age phenomenon, excluding anybody from anything on a purely age basis -- I'm surrounded by lawyers so I'm aware of this -- is legally dubious is I think where I will go. But actually, it is ethically inappropriate too. What matters is the individual patient and their circumstance and their comorbidities and their health status and their values and wishes. So I'm not aware of anywhere where there was an expressed policy, formal or informal where age was used as a cut-off.

22 Q. My next question is about continuous positive airway pressure, or CPAP, as it is more commonly referred to. If we could bring up INQ000480136. This is a witness statement prepared on behalf of

the Cardiff and Vale University Health Board and if we could look at the bullet point right at the bottom of the page. This is setting out the various steps that were taken at the local level by the Health Board to increase ICU capacity. And it says:

"Patients who, under normal circumstances, would have gone to critical care for CPAP, [non-invasive ventilation] or High Flow Nasal Oxygen were admitted to the escalated Respiratory Support Unit on the respiratory ward instead."

At the top of the next page, on the third line down, it says:

"It was agreed that should a patient not improve after 3 days on ward level with CPAP/high level nasal oxygen then we would refer for possible transfer to ICU."

At the very bottom of that paragraph it states that:

"The published data (from across all of Wales) showed that there was no significant difference in mortality for patients receiving CPAP managed on the respiratory wards and/or on ICU when corrected for age and comorbidity."

24 But:

"There was a notable difference between Wales and 101

MS MUNROE: Good afternoon. My name is Allison Munroe,
I represent Covid-19 Bereaved Families for Justice UK.
I have a few questions. Some of them have been touched upon to a lesser or larger extent during the course of your evidence.

My Lady, I will try and rationalise and summarise my questions accordingly.

The first one is in relation to escalation to ICU.

Dr Suntharalingam, I look towards you but, of course,

Professor Summers feel free to jump in and vice versa.

In the same paragraph you have just been referred to actually, paragraph 156 at your page 61, but a different question arising.

That is the paragraph where you note that in practice ICU capacity was overwhelmed in some locations at certain times, which chimes in with the evidence from Professor Fong of last week. You go on to say:

"The criteria for ICU admissions changed via local informal processes (conscious or unconscious) alterations in decision-making by individual clinicians rather than due to policy or guidelines being issued."

Then you add:

"This is a contentious topic for which robust data is challenging to assemble."

Doctor, in terms of what we can glean or what we 103

England in this regard as many more patients in England had CPAP on ICU."

I wanted to ask you on the basis of this, what the drawbacks and risks are to patient safety of not receiving CPAP on the ICU and instead receiving it on a ward.

PROFESSOR SUMMERS: So ordinarily acutely unwell and hypoxemic, so lacking in oxygen, patients would receive CPAP inside a critical care setting. We do that because it provides an increased level of ability to monitor the patient, both their oxygen levels, experienced care providers and also a higher nursing ratio and physiotherapy ratio than you might perhaps have on a regular ward.

So that would be our default gold standard way of delivering care. Unfortunately that was not possible during the pandemic at scale and not just in Wales, there is data suggesting that in many hospitals up to 50% of people received their CPAP outside an intensive care unit

It is the critically ill people who are not inside critical care units who I have repeatedly referred to.

LADY JUSTICE HALLETT: Thank you very much.

Ms Munroe.

Questions from MS MUNROE KC

can take from those observations, does that mean that although national guidance and policies had not officially changed or altered there were instances of some local hospitals and ICUs operating a system of perhaps what -- if I can call it resource-led clinical prioritisation? I don't know if this chimes in this triage in the absence of a resource.

DR SUNTHARALINGAM: I will defer to Professor Summers, in a sense that was sort of a bridging paragraph looking at what the guidelines and the policy was and then leading into what might be more data led, so I will pass on to my colleague.

13 PROFESSOR SUMMERS: Thank you.

So in drafting this paragraph what I was trying perhaps ineloquently to communicate is that, whilst no policy was -- and guidance that decision-making should change was ever issued, I wasn't certain that that hadn't happened. Hence my use of "conscious" and "unconscious" because I cannot speculate about the individual decision-making that happened in every case by every clinician across all four nations of the country. And I was trying to communicate uncertainty as opposed to me having evidence that particular things happened.

Q. And so on that specific point of resource-led clinical 104

prioritisation, do we simply not have the data, robust data to come to any conclusions? PROFESSOR SUMMERS: Other than the data that I presented about the changes during the peak of the demographic characteristics of the people who were admitted, I couldn't find any data and I did look quite hard, but that doesn't mean that it didn't happen, and it doesn't mean it did happen, it just means I could not find data. Q. Thank you. Staying on the issue of data, ICNARC data, you again touched upon this in your evidence just after the break, and I want to highlight two parts of your report, and I think again you mentioned paragraph 161 on page 64. But the next paragraph, at 162, you note that the ICNARC publication data raised the possibility --and you put it no higher than a possibility -- that: "... efforts were directed at saving patients with the greatest chance of survival (those who were younger and previously fitter but with the most severe illness) during the peak of the first wave." Then you talk about, again, same page, paragraph 164, this group, the 142,000 longitudinal clinical path, where they found: "... ward mortality was highest when older patients were least likely to be admitted into ICU,

Q. All right. Secondly, at paragraph 163, you further consider the analysis of the data. And you use a phrase -- it is by the authors of the report, not yours -- rationing of care.

My question is this, Professor: do you accept or believe that the informal "rationing of care", due to a lack of ICU capacity, likely caused or contributed to deaths during this period?

suggesting these patients may potentially have benefited

PROFESSOR SUMMERS: I think what I would say is that I have
 uncertainty. I do not think I can tell you either way.
 I don't have anything to support it. I cannot rule it
 out and I cannot rule it in.

13 Q. All right.

14 PROFESSOR SUMMERS: If you ask me for an overall impression,
 15 I think it would be a very unwise person who tells you
 16 that in every circumstance in every hospital across the
 17 country, that something happened as it was supposed to
 18 happen.

Q. Thank you very much. Then, thirdly, on this related
20 topic and this may be a question for you, Doctor, you
21 spoke earlier about transparency and the need for
22 transparency when you were discussing the clinical tool
23 for the four nations to consider clinical prioritisation
24 levels.

Now, this question is maybe a difficult one 107

from ICU admission."

Just a couple of questions arising from that please. Firstly, is it fair to conclude then that the corollary of that data, and those observations, was that patients who became very ill with Covid-19 in this period, who required intensive care but were not admitted to ICU, for example, due to old age or pre-existing health conditions and disabilities, effectively had their chances of survival reduced?

PROFESSOR SUMMERS: I think what I was trying to say was that at times of strain, the data and the authors of both these separate publications said that in people who were thought to be less likely to survive, so people who were older and had a greater burden of healthcare, co-morbidity, they were less likely to be admitted into an intensive care unit, and that their mortality was thereby increased.

Now, whether that mortality is increased as a function of the fact that they were thought initially to not be as likely to survive as a younger, less comorbid person, I'm unable to tell. I can tell you that their mortality was increased, and that they were less likely to come to an intensive care unit. Whether those two things are causally related, I can't tell from you the available data.

because it sort of traverses perhaps moral, ethical and perhaps even political considerations, but do you consider that patients and their families could or should have been told that there were instances -- if there were instances -- where decisions not to admit them to ICU were based on resources rather than whether or not admission was clinically indicated? Is that something they should have been told or indeed could have been told?

DR SUNTHARALINGAM: I think the question takes the premise
 11 that it happened, which we don't know --

Q. Yes

DR SUNTHARALINGAM: -- and in fact, just to reference your last question, I noticed the quote that you gave came from London, and actually there was a lot of transfer activity and hospital that became overwhelmed would be transferring out. In London, the hospitals are closer -- I happened to work there, the hospitals are fairly close together, the transfer systems were there prior to Covid, to a large extent, so I think it is less likely, if anything, that somebody would simply turn someone away for lack of beds when there is another hospital not far away. But that's just a comment on that particular paragraph, as it were.

I think, to answer your -- the present question, 108

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as a matter of principle, I would say yes, they should be told. It is difficult to answer whether they were told because I'm not aware of those particular scenarios happening.

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I think, if there were some future crisis, whether it is disease or anything else, some major incident, and decisions were made on that basis using whatever framework or tool was in use at the time, then, as a matter of principle, yes, people should be told that "This is the reason. We would admit you to ICU normally, we are unable to now for these and these factors, this is how we made the decision", and there should be transparency.

As I say, I can't comment on whether that's happened this time. We don't believe it did. And so that's as far as I can answer that I think.

Thank you. Frailty scoring and DNACPR. We have dealt quite a lot with DNACPR, so perhaps looking more at the frailty scoring aspect here.

You refer to the NICE in your report at pages 45 and 46, paragraph 108 -- the NICE algorithm of 22 March 2020, which was part of a broader written agreement that emphasised the limitations of using Clinical Frailty Scale.

Do you believe that as a result of the NICE

becomes part of the assessment. And one of the dangers of it is that somebody who, for example, might need carers for another reason such as learning disability, but that doesn't reflect biological weakness, so to speak, in their bodily tissues, may become labelled with that. So a clarification was made by the authors of the NICE guidance which was not ours, that firstly this shouldn't be used under 65 where it is not validated. The tool is validated in those older, and that care should be taken to consider other factors.

Now, in the terms of the guidance and your question, the later work that was done very clearly paired those discussions with capacity and escalation, mutual age, and CRITCON or other measures of units being overwhelmed, so in any formal sense, people should not be using the tool because they had not been authorised to do so because the nation was not in a state of CRITCON 4.

And part of the argument for making it public and open and transparent is that people are aware that's the framework and the sort of guard rails to stop it being used prematurely.

So I think I would answer the question that way, which is that the discussion around frailty is complex. Including it in a decision-making tool, in a situation

algorithm and guidance, there was a risk that clinicians would perhaps over estimate clinical frailty scores associated to factors such as age, pre-existing health conditions when considering whether patients were eligible for ICU admission, ventilation, and other hospital care at a time when there was a severe constraints on resources and capacity?

DR SUNTHARALINGAM: So that guidance was separate to our piece of work. I think my understanding is that it was brought out in a form which talked about the frailty score without qualification, and was then rapidly withdrawn and replaced with a version that made some points about not misinterpreting frailty in the context of stable disability.

And just to sort of gloss that a little bit, the frailty score, which is a clinically validated tool used in the care of the elderly community as a marker of biological frailty, in other words, people's bodily tissues slowly deteriorate to the point where their ability recover from illness is impaired, and there are proxy measures for that, which include their state of mobility and general health.

Inevitably, in putting things into that sort of framework, things get simplified, and for example, the need for being bed-bound or need for carers and so on 110

of the healthcare system being overwhelmed is a topic for discussion, and the more discussion and development we have of it, the better. But there wasn't a situation where it would have been used in its current form as we didn't reach that operational trigger.

The NICE guidance, I can't really comment on, but I do note a version was withdrawn and replaced with one which made some explanatory notes to clarify the use of frailty scoring.

The document which we then later worked on was a separate one which went into a little bit more detail, and that's something as well -- I can leave it there.

In consultation with -- as part of that piece of work, discussion with, I believe, Age UK and other bodies, they commented on the fact that graphics were what they felt to be simplifying and potentially demeaning, so the graphical element of the frailty score was taken out in the version that we then used. But there's obviously a lot more to it than just that.

20 Q. Thank you. My final question has for the most part been answered, but if I can just ask you, perhaps, Professor Summers, a point of clarification more than anything else.

> In your paragraph 55 of the report you talk about, obviously, the poor mental health of ICU staff and the

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phenomenon of presenteeism, working while sick, where staff continue to work even though their functioning is impaired.

I think, from your answers both to my Lady and to Ms Carey KC, that you would agree that the poor mental health of healthcare workers during the pandemic is likely or could have been likely to negatively impact upon the quality of care and safety of patients?

PROFESSOR SUMMERS: Unquestionably.

Q. You said in answers right at the end of your examination by Ms Carey KC that "No one can be surprised by this, the pressure never came off in 2020, and then going into 2021 peaks, there were greater demands as well as trying to resume elective surgery care. We all carry the scars of the last five years."

My question is simply this on behalf of those
I represent: has enough, do you think, been done to help
healthcare workers heal from those scars, and prevent
the moral distress leading to moral injury that
Dr Suntharalingam described last week, and the poor
mental health impacting negatively upon patients?

PROFESSOR SUMMERS: I think that is a really difficult and
complicated question that's not easy to answer. How
much would be enough to offset what everybody has been
through? I'm not sure that for people whose loved ones

an improvement has been there is greater emphasis now across the healthcare sector about well-being, but also in concrete terms more ICUs now have clinical psychologists, funded and deployed, and they look after either the same people or different teams look after the staff or patients. This is part of standard critical care in other countries such as France, and I think this has been an important positive development.

I wouldn't want, in any way, to say that is enough for a part of it, but it is a group of staff, just to mention, really, the work they do, and the importance of having them resourced and funded. But that's only one small part and I completely agree with Professor Summers's wider message.

PROFESSOR SUMMERS: And it is not just intensive care staff
 that carry these scars.

MS MUNROE: Thank you both very much.

We've gone over into lunch, I do apologise.

LADY JUSTICE HALLETT: Don't worry, not your fault. That completes all the questions we have for you, thank you both for all your clinical work, obviously, and I can only imagine the scars you talked about.

Thank you for your help in preparing the written report, and, of course, the help you have given in the course of your evidence. It has been extremely helpful.

who were in hospital, for those of us that were in hospital or in primary care settings or in social care settings, there would ever be enough support to make what we all went through better.

Is there enough support to enable people to continue to do their roles in a way that makes the healthcare safe? I think the commitment and the amazing efforts by healthcare workers, and social care workers -- I think that should be recognised too -- to continue to deliver care for those that need it, has been extraordinary. Many of them are continuing to do so, carrying the scars that I talked about. They won't ever be the same. There is no going back to how we were before; that is not possible, we can't unsee things, but there is a huge, huge burden of care that is still needed. There are enormous elective waiting lists and care lists that need to be addressed because they were delayed during the pandemic, and we went into the pandemic with some fairly sizeable waiting lists too.

So, there is no chance to pause and reflect and stop and repair; people are doing the very best they can.

DR SUNTHARALINGAM: I would completely agree with that, and
 I would like to raise anyway -- without taking away
 anything from that -- so one positive learning, I think,
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And thank you for your patience, having had your evidence disrupted last week. So thank you again.

2.10 pm.

(The witnesses withdrew)

(1.06 pm)

(Luncheon adjournment)

7 (2.10 pm)

8 LADY JUSTICE HALLETT: Mr Fireman.

9 MR FIREMAN: May I please call Dr Mathieu.

10 DR STEPHEN MATHIEU (affirmed)

11 Questions from COUNSEL TO THE INQUIRY
12 LADY JUSTICE HALLETT: I hope you haven't been waiting for

too long.

14 A. No, not at all. Thank you.

15 MR FIREMAN: Could you please give your full name.

16 A. Stephen Mathieu.

17 Q. Dr Mathieu, you have given two witness statements to the18 Inquiry. They are dated 26th March 2024 and

20 August 2024 and for the record they are INQ000472300and INQ000474302.

Dr Mathieu, you are the president of The Intensive Care Society; is that correct?

23 A. That is correct.

24 Q. And you have been in that position since December 2022?

25 A. That is correct.

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- You are also a consultant in critical care at Portsmouth 1 2 Hospital University Trust; is that right?
- 3 A. Correct.

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- Q. What is the role of The Intensive Care Society?
- 5 A. Thank you.

So The Intensive Care Society is a charity. It was founded in 1970. It is the largest multi-professional intensive care society, certainly in the UK and across Europe, and its main purpose is effectively to be the voice and support for patients, relatives and do that through our team. So our multi-professional staff.

So we do that through education, policy standards, guidelines, encouraging research, education.

The Society itself has 23 council members and it has 10 professional advisory groups which means that amongst the team we have probably got to near 100 people that are active clinicians, multi-professionals, that work throughout our country.

- 20 Q. You say across the UK, is the society UK-wide or it is 21 England-specific?
- 22 A. It is UK-wide. And thank you, that was the purpose of 23 the supplementary appendix. We do our very best to 24 support and to provide a voice for all nations but 25 clearly we do that in very close collaboration with

I will ask you a little bit more specifically about some of the work that The Intensive Care Society did during the pandemic.

If I could start with the last of those given that's your specific role.

Just for clarity, you confirmed earlier your professional role as well as your role as president of the Society. Were you also working in intensive care during the relevant period?

- 10 A. I was. So I have a clinical and a management role in my 11 organisation throughout the pandemic period. I would 12 have effectively worked full-time on critical care.
- 13 Q. Were you also heavily involved with the Society although 14 you weren't president, were you heavily involved with 15 many of the ongoing activities of the Society during the 16 pandemic and during the relevant period of the pandemic?
- A. Sorry to interrupt. Yes, I have been a member of the 17 18 Society for eight years now.
- 19 Q. You describe in your witness statement some of the 20 activities of the Society during the relevant period 21 which included the establishment of the National 22 Emergency Critical Care Committee. Can you explain --23 I think you use the acronym the NECCC -- can you explain
- 25 Yes. So the NECCC, the National Emergency Critical Care Α. 119

the work that was done by that committee?

1 other partner organisations, including the Welsh 2 Intensive Care Society, Northern Ireland and Scottish 3 Intensive Care Society.

- 4 Q. Just for clarity, what is the role of those individual 5 societies given that The Intensive Care Society has 6 a UK-wide reach?
- 7 A. I think they have a very important role but -- and, as 8 I say, we do collaborate with them. The intent is very 9 much for us to do that together, but I think it is 10 important that we reflect that we are not only trying to 11 do what we need to do for patients, relatives and our 12 teams just in England alone but as you allude to there 13 are other organisations that are important and we work 14 closely with them.
- 15 Q. Dr Mathieu, we have heard earlier this morning from 16 Professor Summers and Dr Suntharalingam who are 17 obviously in the intensive care sphere. There may well 18 be some of the issues that we will talk about today that 19 they have covered but so that you are aware, we will 20 cover some of those topics perhaps a little bit more 21 briefly. But those are the topics that I was going to 22 ask you about and so just to give you a heads up that in 23 terms of those topics they include capacity, to some 24 degree, ICU capacity, ethical issues, the mental health 25 and wellbeing of staff working in intensive care, and

1 Committee, was set up at pace and set up specifically 2 for us to understand and support our plans, our 3 4

> Dr Ganesh Suntharalingam, who is one of the expert witnesses, and it was done very quickly and it was, I suppose, unique in the sense that it was done intentionally to try and -- for us to understand as much as we could quickly about the SARS-2 virus Covid-19, but also to understand learning from other organisations and other countries, particularly Italy, at that point in time that had just had quite a significant impact from Covid

> It was a very different type of committee in that it was very much bottom up. It was nonhierarchical, it was very much an open invite to those that were able who felt they could offer some support/guidance. So we opened it up to all of our council members and the Operational Delivery Networks leads throughout the country. We opened it up to other societies, so actually, what we also did, which I think was the benefit and the power of it, was opening it up to emergency medicine, acute medicine, British Thoracic Society, the Renal Association. So suddenly we had

a lot more granular detail about what their experienceswere and how we could support each other.

- 3 Q. Just for clarity, was this a series of virtual meetings4 that were taking place?
- A. Yes. So it was set up, as I say, at pace with -- in the
 end there were about 30 virtual meetings, there were no
 face-to-face meetings, they were all done virtually, and
 there were also knowledge-sharing webinars. So
 actually, by doing that, we were able to extend our
 reach to around 100 organisations.
- 11 Q. Did those organisations include government agencies or12 government departments?
- A. So they included the presidents of the societies of Wales. Northern Ireland and Scotland critical care and they included some of the medical directors of NHSE. But they also included lots of other important people through military, we had all sorts of invites that actually were helpful to get their understanding, the likes of Google, Microsoft, lots of different ideas to try and generate as much information as we could about data, how we could share it, how we could use it, really as a bit of a hive of understanding and knowledge dissemination.
- Q. Just for the Inquiry's understanding, was the Committee
 more concentrated on information sharing and supporting
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1 members or was it involved actually in shaping any 2 policy in relation to intensive care?

A. I think the intent was to do both and, if I may, I will perhaps give some examples. So the context to some of this in terms of feeding information through was that The Intensive Care Society set up a national leads WhatsApp group very quickly. That was the sort of trying to get an understanding of what people were feeling at a unit-by-unit level, bringing those experiences and information into NECCC to see whether there was -- that sort of information was something that others were experiencing and then trying to address what the problem was and help with some solutions.

So in terms of the guidance, the statements, the policy side of things, one example is we knew that, for instance, that there was a risk around if there would be enough dialysis machines. I think in the end we were able to provide enough options for renal replacement therapy but at the time we weren't sure, so what we were able to do is work very quickly and agilely with other organisations -- I think probably removing some of the bureaucracy that can be associated with committees and associations and how you want to navigate some of this guidance documents by getting straight to the experts and getting the guidance out very quickly.

I guess that was one example.

The treatment decision support guidance framework that has been discussed, that was also discussed at NECCC meetings.

- Q. If I could just pause you there for a second. I suppose you are giving examples of where there were discussions that ultimately then led to the production of relevant guidance albeit not necessarily direct cause and effect; is that correct?
- **A.** Yes.

- 11 Q. There were discussions about the relevant issues with
 12 professionals within the sphere and some of these points
 13 were then taken on and produced in a more formal way; is
 14 that right?
- A. Yes. I think the intent was always for somebody with
 the expert knowledge and access to the right people
 would be the person who would take responsibility for
 those actions and research is obviously a big part of
 that, as well as trying to make sure we were asking the
 right questions and using our directors of research
 through The Intensive Care Society to help us with that.
 Q. Within your witness statement you have set out a number
- through The Intensive Care Society to help us with that.

 Within your witness statement you have set out a number of recommendations for her Ladyship to consider in the context of recommendations around intensive care. One of them is about the Society having a voice -- this is,

for your reference, recommendation Q at the second-last paragraph of your witness statement, and you refer to the Society having a voice at the relevant fora informing national policy and decision-making for acute and intensive care, both in peace time and during national emergencies.

Do I take it from that that you didn't feel that the Society did have the voice that it should have had during the relevant period?

A. We are a charity, we are not a Royal College or obviously part of the Academy of Royal Colleges so therefore I suppose our accessibility directly to higher level, sort of, ministers, is different to the experiences that those organisations will have.

I think we have an important place in those discussions and we do have those discussions but they are often a little bit more difficult to navigate and I think the strength of our place and I think it was demonstrated through NECCC, was that we are genuinely a very multi-professional organisation. We are not doctors, we are not nurses, we are not physiotherapists, we are not pharmacists, we are not the other HPs that are important, the psychologists we talked about. We represent all of them, and that's where I think we have the benefit of being able to provide that different way

of thinking and therefore our ability, I think, to
extend into those professions and to get their views is
an important one.

- Q. Do you think there's anything in the fact that you are a charity rather than perhaps a body that might otherwise be seen to be more part of, to use a colloquial term, the establishment or something to that effect, the fact that you have charitable status and you are not embedded within the institutions, does that have any relevance here?
- A. I don't necessarily think so and I would want to point out I think the other organisations have an important role to play and we are strategic partners with many of those organisations. I guess the ask, which is the recommendation, is that it would be helpful and I think we would genuinely be able to provide a positive and supportive influence particularly around learning and genuine multi-professional representation; we would have a helpful place.
- **Q.** Can I turn to another topic which is something which we did cover to a great degree earlier on this morning, which is that of intensive care capacity. If I can just ask you a few questions about this area. One of these is in relation to the way in which you measure intensive care capacity, and we heard about the fact that it can 125

ICUs with different staffing ratios, with access that was different to some of the equipment that we have discussed already, meant that as a result of that, it looked like there was more available ICU bed capacity than there was

So if I use that same example, if we create another 20 beds in another part of the hospital and perhaps use a theatre recovery as the example, if ten of those beds are full, you don't then have 75% occupancy, you have got 100 plus 50 or 150%, however you want to describe it, but it just meant that what it looked like was that there were many empty beds available across the UK, which there absolutely were not.

So it's about descriptions, it is about definitions, it wasn't in any way, I don't think intended to cause confusion, but that was the result of it, and it is recorded differently I think in Scotland, Wales and Northern Ireland as opposed to how it was very early on in the pandemic in England.

- Q. Why is it so important on a practical level to
 understand the real terms capacity across ICUs, across
 the country?
- A. So I think why it is important is that we know that when
 we are at or near capacity, and certainly if we are over
 capacity, that will have an impact, the impact being the
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be measured and was indeed measured in different ways.

You say in your witness statement that on 3rd January 2021 -- this is at paragraph 129 -- that the Society issued a document advising all hospitals to use the percentage change from baseline as a reporting figure. Do you recall why it was the Society felt it was necessary to issue that statement?

A. I do, thank you. So, there was a variation in the way that data was being recorded, and that was leading to confusion, not intended, but it was leading to confusion, and the data that was therefore being declared and discussed at a sort of media level, public level was sometimes inaccurate. Not intentionally, but that was the result of it. So if I could give an example, if we had a 20-bedded intensive care unit, we have a physical capacity of 20 beds. If all of those beds are filled with unwell patients, we have an occupancy versus our baseline capacity of 100 per cent.

The problem happened is that everyone at the early phase of the pandemic was asked to see where there were opportunities to expand their intensive care bed spaces, and we did that, and I think we did that very well. But what then -- the risk that then happened is that those beds that were not intensive care beds, they were pop-up 126

ability to admit patients in a more timely fashion. The ability for staff to stretch to meet those demands because they are already stretched. It also has an impact on decision-making around mutual aid transfers, for an example.

So that is one element of a wider group of tools I guess we use to describe pressure on intensive care unit occupancy capacity. CRITCON, which we have talked about already -- and then if I may, the other bit that none of this describes is all of the activity that was happening outside of what would be an expanded intensive care or critical care footprint. So none of this data captured all of the work that was being done and all the patients that were only cared for on respiratory high care support units in acute medical wards.

And that's why I think the definitions are so key here, that we really do capture the amount of work and effort, the amount of people -- because there is a risk we are talking about beds and capacity -- people that we are desperately trying to do our best for.

- Q. Can I take it from what you have said, then, that you would support there being a nationally agreed definition of capacity to be used both in non-pandemic and in pandemic times?
- **A.** Yes, and that was very much the reason that we issued 128

our statement and made it public in the hope that that
would be captured, and it did. I think it did influence
change. We saw some of the data being better accorded.
I have seen, first-hand, within my own region, the way
we capture data now is much more advanced and accurate
compared to where it used to be.

- 7 Q. One of the measures that was used to try to increase
 8 capacity was the introduction of Nightingale hospitals.
 9 You touch on that very briefly within your statement but
 10 I want to just ask you do you consider that the role of
 11 Nightingale hospitals and the use of them was
 12 an appropriate way to try to increase intensive care
 13 capacity?
- 14 A. I think the intent was right in that the data very early
 15 on in the pandemic, as we were looking at various
 16 scenarios, which obviously at that point we didn't have
 17 the vaccine, we were still trying to understand
 18 a multi-system pathogen that affects all organs, we were
 19 trying to better understand what our therapeutic options
 20 were.

All of the scenarios were showing that we just would not have enough physical capacity, never mind about staffing or equipment.

So I can understand the rationale for looking at it and exploring it. I think the reality as we all then 129

one thing, but the staff is fixed, and intensive care staff, many of the other speciality staffs, they can't -- we can't just generate them quickly. They take years and years of training, and those staff were not available. So all of these things that we talk about in terms of stretching the staffing models are all reliant on the existing staff working more, harder, more shifts, all of those things, with the impact that created. So moving them to another hospital not only meant it was the same staff doing that, but actually made you less resilient within your own organisations.

MR FIREMAN: I don't know whether you are able to answer this, but do you think that maybe there is a role for a temporary hospital in circumstances where you need to increase capacity, but that's not necessarily in the context of intensive care?

A. Yes. I think that's probably -- well, I think the first thing is that now, in the situation we are in at the moment, it is something we have to explore, which is what would we do and what would we use it for if we were to ask that same question again, and I think the answer is right, that it wouldn't be used for intensive care. The question is, could it be used for other lower acuity level care, provided it has the right staff mix there available to look after those patients, or as a form of

understood is that intensive care is so reliant on a team, a multi-professional team, that need to be in the same place; we need the access to the diagnostics, the other important specialists provide us with their input, and I think with all the best intent, the Nightingale hospitals were not going to be able to do that reliably for intensive care. It might work in some places, for instance, in London, in terms of decompressing, but the reality is I don't think it will have worked in the way that it was intended to, and in some ways probably was an unintended distraction in terms of us trying to consolidate and manage the workforce that we had within our own hospitals.

14 LADY JUSTICE HALLETT: Taking up that point, Doctor, given
 15 that the staff you had was stretched beyond capacity - 16 A. Yes.

17 LADY JUSTICE HALLETT: -- some might argue, and you could
18 only open a Nightingale hospital if you had the staff,
19 the intent may have been good, but the intent was
20 physical beds. How was anybody ever going to staff
21 a Nightingale hospital, given the pressures on all of
22 you working already, full stretch?

A. Yes, I think you have probably eloquently described it
 in a better way than I have. I think it is exactly
 that, which is that -- space is one thing, equipment is

rehabilitation, post-acute illness?

But I think we do need to understand whether -- what the benefits would be in the future, and the impact particularly around the staffing models.

Q. The Society produced a report in January 2021 called
6 "Recovery and restitution of critical care". I want to
7 have a look at a passage that was in that report. It is
8 INQ000395297, and it is the third page. If we could
9 just look at this text here that has been enlarged. If
10 we look about four sentences down, there is a sentence
11 that starts:

"Bed occupancy was thus greater: on 24th January 2021, 5446 English ICU beds were occupied, compared to 3423 in January 2020."

Then it describes the difference there and it goes on at the bottom the final sentence which says that:

"UK-wide in January 2021, 2,251 intensive care beds were occupied above baseline capacity, equivalent to 141 new 16-bedded ICUs."

We looked briefly at this earlier today, but if we just come away from this text and look at the box below, you have then mapped these onto the recommended guidelines for the provision of intensive care services. These guidelines, just to be clear, we have heard a lot about staffing ratios, nurses, trained ICU nurses, 1:1

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1 being the ideal ratio, and is it 1:8 for consultants or 2 1:12?

- 3 **A.** I think it is 1:8 to 12.
- 4 Q. 1:8 to 12. Okay, that's helpful. You have set out here 5 all of the additional staff that would be needed to 6 ensure that ratios weren't stretched at the point that 7 we were in, in January 2021. Have I understood that 8 correctly?
- 9 A. That is correct, yes.

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- 10 Q. We can see there is a huge amount of additional staff that would be needed, including up to almost 11 12 2-and-a-half thousand critical care nurses in order to 13 maintain ratios. You would accept, would you not, that 14 in January 2021, which is -- we have seen data to 15 suggest that was the peak of the pandemic, and the 16 highest point in terms of occupancy of ICU -- can I just 17 clarify, you aren't suggesting that all of these 18 additional staff need to be recruited to account for 19 that scenario, are vou?
- 20 A. So, in order for us to be able to deliver the pandemic 21 level of care in terms of the GPIC standards of -- the 22 ratios that we recommend, those additional staff would 23 be required, and it is worth just pointing out that 24 that's for every 12 hour shift. It is double those 25 numbers for a 24 hour period.

There are other repercussions of stretching the work of the staffing ratios, which is the only way that we can try and improve the number of practitioners, improve the quality of care, is to redeploy staff from other areas, with the collateral damage of those decisions being that will impact on the services that they would usually provide for, and we have seen that through the delays in planned surgery, and that truly is one of the collateral damages of the Covid pandemic. Q. Can I ask you about that, following up on what you said about the need to redeploy staff from other areas. From the intensive care perspective, professionals working routinely in intensive care, what was the impact of having to work with staff that weren't ordinarily trained in intensive care? A. So my experience of it was that everyone wanted to do the absolute best they could do. That feeling was just palpable throughout my organisation and all of the other units that I have sort of discussed with through colleagues, and everyone wanted to help, so that was the first thing to say, is whilst some colleagues were not necessarily wanting to or felt comfortable within their

5 to six whole-time equivalent critical care nurses to 6 cover that. 7 Q. Given that this is the amount of staff that would be 8 needed at a peak of the pandemic, do you accept that 9 during peaks of pandemics, if we had a pandemic that 10 stretched ICU capacity to the same degree or in fact 11 greater than was the case in January 2021, do you accept 12 that it is necessary to allow staffing ratios to be 13 stretched in that scenario? 14 A. I think we have to accept that that's the best that we 15 could provide in terms of stretching the staffing ratios 16 because the staff that are needed, were needed, are 17 simply not there. So one of the lessons around that is 18 how we can be better prepared for the future. The 19 corollary of that is that we do stretch the staffing 20 ratios. We know that that's not the recommendations. 21 The recommendations are based on what is the right 22 staffing ratios to keep patients safe. So we know there 23 is an impact from us doing that, both in terms of the 24 patient quality care that we can deliver, but also the 25 impact on the staff themselves. 134

Just to give a sense of what that is. For one

24 hours a day, 7 days a week, you would need about five

critical care nurse -- for us to have one critical care

nurse looking after a level 3 patient on intensive care,

In terms of what it meant, it meant that the existing critical care staff took on a very supervisory role, as well as supporting direct patient care, which creates its own pressures and it creates its own psychological impact on them, as well as obviously those that have come into a new environment, with lots of skills, but different skills to do their very best as

- 9 Q. Looking forward, were we to need to redeploy staff to 10 intensive care in another scenario, would you support a programme, perhaps, of staff who routinely don't work 11 12 in intensive care, receiving training on intensive care 13 skills or in fact perhaps working a shift in intensive 14 care every so often? That may not be practical, but do 15 any or -- either of those two options offer suitable 16 ways of improving the workforce should we need to rely 17
 - on redeployment? A. I think so, and I think it is an important recommendation because the reality is that we can't plan to staff intensive care for a pandemic every single day, but what we can do is we can make incremental steps that get us closer to what we need to, when that happens again, and anything we can do to reduce that gap, in terms of numbers and knowledge base, are key. So, you will have heard yesterday about enhanced care beds, 136

skill mixes to support intensive care, they absolutely

stepped up and did more than we could possibly ever ask

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level 1 beds, which are effectively somewhere between a ward base level of care and a level 2 care bed, and critical care, and I think that probably gives us some opportunities to do some rotational programmes that enable people to get exposure to critical care.

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I would say I don't think that in itself is enough, there is still a gap to be bridged in terms of intensive care capacity.

- Q. Does it follow that based on the difficulties for staff who don't ordinarily work in intensive care in perhaps it perhaps being a little bit traumatic for them in terms of not being used to seeing very, very severely ill patients and often patients dying, does it follow that any training should include support around the impact of seeing those patients?
- A. Yes. Thank you. So it does and I think one of the benefits we saw from Kevin Fong's testimony was around peer review support and I think that was a very powerful way of understanding what was happening at a unit-by-unit level and hearing what the staff were saying and what the relatives were saying.

I think as part of that there has to be psychological support as well. It is something I can expand on if helpful but there has been work that The Intensive Care Society has done to I think probably

earlier was obviously developed and issued in the context of the Covid-19 emergency. Would you support the development of a tool that could be adapted to different emergencies produced perhaps not in the midst of an emergency but now or -- now we are not in the emergency phase of the pandemic?

- A. I would, yes. We made a decision that whilst that decision support framework was not needed, that actually it was a really important guideline that needed to be in the public domain which is why we have published in our journal, which is peer reviewed, an academic journal, because actually one of the lessons we have to learn from this is that the discussions we need to have around being genuinely overwhelmed where we have got national decompensation and inadequate resources, that we have all of the right tools, all of the right discussions, we have engaged with all of the right people, and that is society, around what is the right thing to do in those situations and hope that we never will need them but that's not a reason not to have the discussion.
- Can I ask you about a different topic that you have discussed in your witness statement and that is oxygen.

You describe particular challenges that were caused by oxygen supply during the pandemic and you describe particularly the impact of supply pipes having

1 dovetail quite well with what Professor Fong discussed 2 in terms of psychological support.

- 3 Q. Dr Suntharalingam was talking earlier this morning about 4 the prioritisation guidance that he was working on and 5 he explained that The Intensive Care Society ultimately 6 published and updated a version of the draft that he had 7 worked on initially. I don't need to take you to the 8 guidance but one of the comments he made was about the 9 reassurance that guidance such as this, albeit hopefully 10 never used, may provide for staff. Is that a view that 11 you and the Society would endorse?
- Yes, we do. I think the decision support framework and 13 ensuring that it was very much related dependent on 14 CRITCON status and the use of mutual aid transfers is 15 really important and it is important for a platform for 16 us to have more society discussion around these things 17 but it is also really important for the staff to know 18 that what they are doing is the best that they can 19 provide and that they know that if they are under 20 immense pressure there is a mechanism to enable them to 21 be supported and that's through CRITCON status, decision 22 support frameworks, and also the sort of trigger peer 23 support visits that we have discussed. 24
- Q. I understand that the document that was published by The 25 Intensive Care Society which we looked at briefly 138

automatic cut offs.

Are you able to give us a sense of how widespread this issue was?

A. So I think what we have always thought is that oxygen would be an endless supply in a hospital, that there would be no limitation of oxygen supply and I think there was a really important lesson in this pandemic, which I don't think we necessarily realised or learnt back in 2009 with the H1N1 pandemic, which is the way a hospital is designed means that there is -- can be a plentiful supply of oxygen but it is deliberately designed in a way that it is used for the purpose that it is intended to be used for. So if you have a critical care unit, the diameters of those pipes, the flow, the pressure of those pipes is manufactured differently to other areas of the hospitals where you might not need as high volume of oxygen, which is why the theatre recovery areas and the theatre environments were the ones that were generally used much more frequently than other areas for surge capacity in intensive care because they are also designed to have an oxygen-rich provision.

What we have learned from that is that I think we spent a lot of time trying to understand the schematics of a hospital, the flow, the pressure differences, which 140

actually, if we understood them correctly beforehand would have enabled us to have really decided very quickly early on which were the best places to look after patients.

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Q.

now".

So it wasn't necessarily a case of we couldn't provide the oxygen in the hospital, it was trying to find the right location to look after patients that were needing different levels of oxygen.

- 9 Q. Is it an issue with the nature of the hospital estate 10 rather than the supply?
- A. Yes, so I think initially there was a concern that we 12 would not have enough oxygen supply delivered through BOC. That wasn't an issue. There was enough oxygen. It was purely the estates and some of the hospitals, the 15 designs clearly are very, very old which means that they 16 were designed for different purposes or different reasons at those time points.

So it was about identifying where the right places were to look after the patients, being really cognisant of the fact that where we wanted to look after the patients might not necessarily be the best location in terms of oxygen provision and we would have to adapt that and also for cohorting patients and working out what the right balance was in terms of the cohorting of patients, the proximity to an intensive care environment 141

finger or an ear and patients will also use them at home to monitor their oxygens for certain chronic conditions.

So it is readily available and we use it as

a marker to understand what the oxygen levels might be in the bloodstream but doing it in a noninvasive way which allows us then to titrate oxygen accordingly. On 22 June 2021, the Society issued a statement entitled "Pulse Oximetry and Ethnicity -- the time to act is

> We can have a look at it. It is INQ000395299. If we have a look at the problem, it says here:

"Thirty years ago, it was recognised that SpO2 measurements were less accurate when pulse oximeters were used in patients with darker skin pigmentation ... and research in the 2000s confirmed this."

If this is right why did the Society need to issue a statement in 2021 to this effect?

A. I think, as you say, this has been known for quite some years and there are still ongoing studies looking at exactly this problem. I think we felt it was important because of our reliance on pulse oximetry that we were really cascading it for awareness. But also -- well, I was going to say indirectly but actually I mean directly, to actually put some pressure on industry to actually make equipment that is useful and is calibrated

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and what would be the best care of course for the 1 2

- 3 Q. Beyond building new hospitals, what are the best ways to 4 ensure that these issues don't arise again?
- 5 A. So, I think there are some really quite simple measures 6 in here which is to understand and to ensure that every
- 8 environment, and that's something that can be done, to 9 work alongside our colleagues in clinical engineering,

hospital understands the schematics of their

- 10 to work alongside our oxygen committee, which is often
- 11 led by a clinical pharmacist, and to basically do
- 12 a review of all of those things in a hospital. To
- 13 understand what the schematics are, first and foremost,
- 14 and then design what you might do differently, if at
- 15 all. It might be that we made all the correct decisions 16
- but actually what we would do differently faced with
- 17 another pandemic that required patients to need more
- 18 oxygen than they would during our baseline level of 19 acuitv.
- 20 Q. On a related note is it right that one of the ways in 21 which patient oxygen concerns are managed is --22 including within intensive care, is with the use of 23 pulse oximeters?
- 24 A. So a pulse oximeter is a very readily available piece of 25 equipment, effectively a peg that usually goes on the

1 for all of our populations and I know some of the 2 manufacturers are doing a lot of work in this area but 3 this is a really important basic-level piece of 4 equipment that we use all of the time and therefore it 5 is absolutely essential that it can be used for all of 6 the patients that we look after.

- 7 Q. So is it about manufacturing and testing products prior 8 to them coming into force that don't risk inaccurately 9 assessing a person's oxygen saturation levels?
- A. I think so. I think it is part of the review process 10 11 before any product is licensed that every opportunity 12 has been taken to ensure that it is calibrated and 13 validated in a way that is meaningful to the patients 14 that we are caring for.
- 15 Q. Dr Mathieu, you have been very helpful and you have 16 explained a number of points within the questions that 17 I have asked you, so those are the questions that I have 18 to ask you. I'm going to just ask you now whether you 19 have any particular recommendations that you would like 20 to point out at this stage that we haven't already
- 21 spoken about? 22 **A**. Thank you. So, I think probably the key recommendation 23 or the key recommendations, if I may, are around 24 workforce. I think there is two elements of that. One

25 is around looking at opportunities to bridge the gaps in

our existing workforce. We know that we came into the pandemic with not enough staff to look after the sickest patients that we care for in hospital. So there's that element to it.

I think the bit that is probably the more urgent and pressing matter is retention of staff. The pandemic has really harmed people. We talked about well-being and psychological support and moral distress. The number of staff that have left because of what is basically embedded scars because of the pandemic, trying to do their very best, is something that we have to learn from and we have to support them, and whatever psychological support we can provide and learning opportunities is key.

I think the oxygen schematics one we have talked about is what I have described is a relatively quick win, in that we can plan better for the future with no additional resource by doing that.

MR FIREMAN: Thank you very much.

Those are my questions.

Questions from THE CHAIR

LADY JUSTICE HALLETT: Can I go back to the pulse oximeters,
Dr Mathieu, please. It seems extraordinary that over
30 years ago, people could have recognised that those
who had a darker coloured skin might have their lives
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levels were lower than were being seen or recorded, including wakefulness, cognition, other elements of organ or body dysfunction.

We also have access to doing more invasive blood tests, but of course we don't want to do those if we can avoid doing them because whilst they will give us more reliable data, actually we don't want to do unnecessary blood tests on people, if we can avoid it.

LADY JUSTICE HALLETT: Presumably intensive care specialists would be trained and know of the problems with pulse oximeters if you have darker, or black or brown skin?

A. Yes. It is well understood, but part of the reason we
 wanted to put that statement out was just as another
 reminder, really.

15 LADY JUSTICE HALLETT: The NHS must have huge buying power.

You might have thought -- anyway. You are not a manufacturer so maybe I need to pursue it with someone else, but I do find it extraordinary we haven't solved that problem.

Right. Mr Jacobs.

MR JACOBS: My Lady, in fact the question I was going to ask has been amply covered, so I shan't cover the same ground.

Thank you very much.

LADY JUSTICE HALLETT: Thank you very much.

put at risk because these pieces of equipment weren't measuring the oxygen in their blood. Whose fault is it that nothing has happened? Is it the manufacturers? Is it regulations? Is it those who buy the manufacturer's products? Where is it going wrong because it is seriously wrong, isn't it?

I think I'm making an assumption that this is resolvable. I find it frustrating that we have a product that is so important that isn't -- doesn't provide the same reliability of data of evidence that we need for all of our population. I think the question of the manufacturers and those that validate those pieces of equipment and allow them to go onto the public market is really, is this the very best we can do? And if the answer is no, then we should not be validating it and allowing it to be used, and pushing industry to find solutions.

What I would say is that a lot of the -- I understand the manufacturers looked at different algorithms to try and resolve it to some success, but not complete success, so what I would say if I may, just for assurance for patients who we would be caring for in a hospital environment, is that is one element of physiology that we look at. There are many others which would tell us -- give us some idea of whether the oxygen

Mr Weatherby.

Questions from MR WEATHERBY

MR WEATHERBY: I'm going to ask you a few questions, Doctor, on behalf of the Covid Bereaved Families for Justice UK.

I want to pick up just a couple of points on staffing and capacity which I know you have been asked a lot about, we have heard a lot of evidence about. I want to preface them by making clear that I'm not criticising the massive efforts that were made by yourself and staff in intensive care units to fill the gaps. Not least because some of the families that I represent are the families of healthcare workers that actually died.

But the starting point, as I think you said only a moment ago, is that you have started the pandemic, you came into it, we -- came into the pandemic where, already, business as usual, ICU staffing was under strain, it was understaffed, yes?

A. Yes

Q. And at paragraph 128 of your statement you say that:20 "... ICUs were very quickly at or over capacity

...'

So those are the two sort of starting points, if you like.

It is right, isn't it, that during the course of the pandemic in March 2021, the Society produced

a consensus statement entitled "Levels of adult critical care", which was a consensus statement because it was agreed by a number of other groups including the faculty the RCM, the British Association of Critical Care Nurses and et cetera. One of the things that the consensus said made clear was that probably the biggest contributing factor to the delivery of care in intensive care is staffing.

Now, that might seem a very obvious statement to make, but you felt the necessity of reinforcing that. Am I right that the Society reinforced that point because it is the quality of staffing or the level of training of staffing, rather than quality, that is a key part of the staffing issues?

- A. You are absolutely correct. 15
- 16 Q. Yes.

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- 17 A. So there is the staffing in terms of the numbers of 18 trained staff --
- 19 Q. Yes
- 20 A. -- there is also the experience of those trained staff. 21 It takes many years to train as a specialist in critical 22 care. It takes even more years for them to become those 23 really, really experienced, high-level performing staff 24 that we are all accustomed to working with. That is 25 the risk of recruitment problems at this stage.

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- 1 So --
- 2 Α. Yeah.
- 3 Q. -- what the consensus statement said was that GPICS 4 addition to recommendations -- now that's the Guidelines 5 to the Provision of Intensive Care Services that the 6 faculty and yourselves put out, just for the record 7 INQ000361989 -- so during the pandemic, although you had 8 to have this work-round as best as you possibly could, 9 you were underlining that that shouldn't become the new 10 norm, and that the recommendations that had been made before the pandemic should remain in place. That is 11 12 right, isn't it?
- 13 Α. That's absolutely correct. The point being that those 14 standards are the best evidence that we have for our 15 safe staffing model at present, and we have to or had to 16 stretch that staffing ratio to enable us to care for the 17 number of patients that we needed to look after. What 18 we couldn't do and shouldn't do is reset those standards 19 as business as usual.
- 20 Q. Yes, and the worry was that if those standards slipped 21 without evidence to the contrary, but unless they were 22 kept, then the problem was that they would be a negative 23 impact on patient outcomes. That is right, isn't it?
- 24 A. Yes, I think that's absolutely right. The staffing levels, the staffing ratios are embedded within the 25 151

Q. Yes. So in March 2021, here you are, reinforcing the 1 2 point that although you have managed to draft in many 3 other staff who did their absolute level best, a key 4 problem was that even where you had the numbers, they 5 weren't the sufficiently trained staff. So there's only 6 so much they could add. 7 A. That's correct. The way that many intensive care units

8 would have done their very best to manage that would 9 have been to bring those staff that were I suppose most 10 familiar with intensive care, whether they had had 11 previous background in intensive care training and had 12 gone off to do other specialist work including community 13 nursing as well, research -- obviously, the impact of 14 that is that meant some of the research work that needed 15 to be done might get delayed. So, obviously, we would 16 try and redeploy the staff that were most capable and 17 able and willing to --

- 18 You would be as smart as possible in the way that you 19 redeployed?
- 20 A. Correct.
- 21 Q. The consensus statement went on and expressly stated 22 that although things had to be done that way, the 23 staffing ratios that had been recommended in peacetime 24 should remain as they are until or unless there was 25 further evidence about them. That is right, isn't it? 150

1 Guidelines to the Provision of Intensive Care Services 2 for that exact reasons, which is safe staffing models.

3 Q. We don't need to go to the GPICS guidance from 2019 but 4 I do just want to read out one sentence from it if I can 5 find it, which is at page 32 of it. It is this:

> "It is widely acknowledged that the intensive care workforce is costly. However, previous attempts to re-configure this workforce in order to reduce staffing budgets have resulted in negative patient outcomes."

That's pre-pandemic. So, during the pandemic, the Society puts out this consensus statement indicating that so far as is possible we have to keep to the recommended levels, otherwise patient outcomes will be negatively impacted. That is right?

- 15 A. So that's correct --
- 16 Q. Yes.

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- 17 A. -- and the only way of managing to keep to those 18 staffing levels was for the existing staff to do more, and that's exactly what they did do. 19
- 20 Q. Because you simply didn't have the sufficiency of staff, 21 then that would inevitably have led to a negative 22 impact?
- 23 A. Correct. I'm in agreement, the staffing levels are 24 there for a purpose, which is that we know that those 25 are the safest staffing levels that we require to look

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1	after acutely	unwell	patients	(overspeaking)
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- Yes, and in fact there is ICNARC data showing there were 2 3 higher acute hospital mortality rates where there was 4 a higher capacity strain on ICUs?
- 5 A. That is correct.

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- 6 **Q.** Quickly moving on, changing the subject to older people.
- 7 The Society's clinical guidance about critical care and
- 8 Covid -- again I will give the reference, we don't need
- 9 to put it up -- INQ000395282 and it is at page 5 -- that
- 10 clinical guidance that the ICS put out makes clear, and 11 I quote:

"Each patient will continue to be considered as an individual ... comprehensive individualised assessments will be used and that short of reaching a CRITCON 4 ..."

We discussed earlier today that had other approaches should not be used for individualised decision-making. Is that a fair summary of the guidance that was put out?

- 20 A. It is, yes. I mean, it is absolutely clear, as you say, 21 that the guidance is only to be used in the context of 22 national de-compensation at CRITCON level 4, with some 23 decision support frameworks and ethical guidance that 24 surrounds that, yes.
- 25 Q. I think you have seen the research that was done for the
- 1 A. So that's exactly what this data suggests, and I have 2 reviewed the survey. I genuinely cannot understand 3 those responses because I am not aware of any employer 4 within an intensive care environment being given 5 instructions on who should be escalated. That is 6 a clinical decision.
 - Q. All right. I shan't ask you anything more about that data then, but obviously it is there.

Just one more point on this. We heard earlier today of research which shows that admissions to ICUs in March and early April of 2020, the average age of admissions went down and again there is a lack of evidence as to why that was as I understood the evidence earlier. Are you able to comment on that?

- 15 A. So I listened to Professor Rowan's response to that and 16 I think I would probably come to the same conclusion
- 17 which is I don't know why the data is different.
- 18 I think there are probably a number of reasons which
- 19 include vaccination, therapeutic strategies available
- 20 being different during the second wave. There was --
- 21 Can I just stop you there, just on that point, sorry to
- 22 interrupt you, but we are here talking about data from
- 23 late March, early April 2020.
- 24 Α. Oh, apologies.
- 25 I'm afraid I can't give you an answer to that 155

Inquiry, the IFF research on escalation of care. I do want to show you this bit. We looked at it briefly with the experts this morning, but there is one more page I just want to put to you for your comment. I think it is available. It is INQ000499523, and it is page 24.

On the left-hand side we have "Instructions from employers". This is the survey of healthcare professionals:

"During each wave of the pandemic, 1 in 3 HCPs said they received instructions from their employer on which groups should not be he is circulated to the next level of care."

That is a huge proportion, yes? Then, on the right-hand side, just the bits that you will be most concerned about, is that within that figure, 28% of critical care nurses and 17% of critical care doctors --

17 LADY JUSTICE HALLETT: Microphone, Mr Weatherby, because you 18 are leaning down.

19 MR WEATHERBY: I'm so sorry.

20 It's 28% of critical care nurses and 17% of 21 critical care doctors were included in those figures. 22 Would you agree that doesn't really fit with the 23 guidance in terms of individualised assessments? It 24 rather indicates that there were instructions on blanket 25 criteria?

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- 1 question.
- 2 Q. I shan't pursue that further. But it is disturbing,
- 3 isn't it, that there are these reports and there is this
- 4 data which does paint a picture of the admissions not
- 5 being in accordance with the clinical guidance,
- 6 individualised clinical guidance?
- 7 A. I'm not -- I'm sorry, I can't comment on that.
- 8 Q. Fair enough.
- 9 A. I do not think the guideline or the guidance is
- 10 different to what is current practice for intensive
- 11 care, which is very much around those staffing ratio,
- 12 they should be protected unless we are in a position
- 13 where we have local pressure to regional to national
- 14 pressure or with the option to try and decompress
- 15 through to using our workforce differently, internally,
- 16 I don't mean redeploying staff but moving people away
- 17 from other important ICU roles to ensure that we protect
- 18 the clinical, direct clinical care but also with that
- 19 mutual aid transfer option.
- 20 MR WEATHERBY: I shan't pursue it any further, thank you 21 very much.
- 22 LADY JUSTICE HALLETT: Thank you Mr Weatherby.
- 23 Ms Woodward.

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Questions from MS WOODWARD

MS WOODWARD: Thank you, Doctor. I ask questions on behalf 25 156

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of Covid-19 Bereaved Families for Justice Cymru and my first question is about the draft guidance published from the Intensive Care Society for use as a decision support tool, which we have heard quite a lot about now, and you said during your evidence earlier today that that guidance was very related to CRITCON status.

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My question is given that CRITCON was not formally adopted in Wales how was it intended that the guidance would be used in Wales?

A. So I think -- thank you. I think CRITCON is, as you rightly point out, is not universally used in Wales or indeed Scotland and Northern Ireland. It very much is used within England. I think the size, the organisational structures of Scotland, Wales and Northern Ireland are different and different in a way that the connectivity to higher levels of decision-making at sort of CMO level is probably more direct than it is in England, and that's not meant to be -- that is a comment rather than a point of view. They are just different types of structures. So what I do know is that there are -- the way that pressure is discussed and concerns raised will still be to the Parliamentarians, the main decision makers, but not necessarily using CRITCON as that way of describing it. I think CRITCON would be a really helpful tool to

come up with a common terminology that means that actually when we do review the data, to try and get much more of a UK understanding of where we are, that actually we are using the same descriptions.

- Q. As you said, Doctor, there you spoke earlier about the difficulties in talking about capacity because of the way the data was collected. Were there any other barriers or deficiencies in respect of effective data collection, analysis or sharing between the four nations that you were aware of outside of the capacity issue?
- A. Not that I'm aware of. I think probably, if I may, just to try and describe a positive around data capture is obviously we -- the data needs to be anonymised and that is obviously important and whatever we do around data collection we need to be clear that we are not -- that we are sticking to the standards that we would expect of that data capture.

But the reality of it is that what we did and I think did really well across all nations was knowledge share, understand, use data, work out what it was telling us, direct the research activity that we needed to be directed towards and try to use that common language as best we could to describe the best treatment strategies that we could.

> So I think the data is there and the data is 159

be used across all devolved nations because actually what it would do is give us just one simple language that we could then use to enable us when we are at a point of national -- if we were at a point of national decompensation to use that scoring -- that description of pressure and the action associated which may include transfers outside of regional boundaries to be used.

Q. Thank you. My next question is about data collection and access and you address this at paragraph 75 of your 10 witness statement.

> You state that the absence of centrally held data for Covid-19 patients made it difficult to obtain, compare and analyse data being recorded and you highlight in that paragraph the differences between England and Scotland in the way they hold data.

What was the position regarding data collection in Wales, to your knowledge?

A. So, I'm afraid I don't have a detailed answer to that but what I can say is that the way -- so Wales will capture data in a similar way to the other nations. I think where we are perhaps different across nations and including within regions in England is the descriptions, the definitions that we use and that's the point very much I was making around occupancy and capacity and surge capacity and we do need to try and 158

enriched by having as many nations involved in sharing that information. I guess what would be helpful for the future is to be able to access it through a single portal.

Q. Thank you, Doctor.

My next question is about staff wellbeing which you have addressed at paragraph 94 of your witness statement where you look at the impact of the pandemic on the society's members, patients and their families. In there you identify the many challenges faced by staff including lack of beds, lack of experience and trained intensive care staff, a lack of PPE and concerns about staffing protecting themselves and their own families at home.

My question is whether staff, from your knowledge, were also concerned about the absence of routine patient and staff testing?

A. I think like everyone the view was very much that we needed to just try and conform to whatever the guideline would tell us to do but I think equally I think there were concerns expressed about staff testing, when it should be done. I think one of the problems we had certainly at points of the pandemic was the fact that lateral flow tests for example would remain positive for a very long period of time even though we knew that from

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a viremic point of view in terms of risk, it probably was much shorter than that and the challenge then became what do you do with that information when you have got staff that are incredibly stretched and staff that want to work, are available to work but might have a positive test.

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I think that's probably a different way to describe your point, and I'm sorry for doing it that way, but I guess like everyone we were looking at the guidelines and being consistent with how we approached it.

- 12 Q. And were there any concerns specifically raised about absence of routine testing for patients, which is perhaps a slightly different issue to what you have just said about staff?
- 16 A. Yes, but probably modified by the use of PPE for 17 aerosol-generating procedures.
- 18 MS WOODWARD: Thank you very much. Those are my questions. 19 Thank you.
- 20 LADY JUSTICE HALLETT: Thank you Ms Woodward, very grateful.

That completes the questioning for you, Dr Mathieu. Thank you very much for all your work you do on the frontline, and obviously for your work in preparing your written statement, which I will consider as well as your oral evidence, so don't worry if you

impact of the pandemic from his perspective.

Dr Jack Parry-Jones, who is a member of the Royal College of Anaesthetists, the Faculty of Intensive Medicine and the Association of Anaesthetists. He is in fact the lead clinician for the South East Wales Critical Care Network and so speaks to the impact from his perspective in Wales.

Sarah Jones, who is a member of the 13 PBPOs, suffered an ectopic pregnancy during the pandemic, and she speaks powerfully of the impact of that on her.

There is the statement from M3/W2, who was a nurse originally from the Philippines, who worked in the NHS, who gave a statement on behalf of FMHWG.

There is a statement from Sanjeev Panesar, who is a pharmacist based in Birmingham and a member of the National Pharmacy Association that we would like you to publish.

There is a statement from M3/W3, who is an ethnic minority healthcare worker who assessed patients with suspected mental health difficulties that presented themselves at A&E that we would ask you to publish.

Two statements from witnesses from Qatar, Gillian Higgins and Nathalie McDermott who speak to IPC measures, but in addition, Ms Higgins was redeployed to A&E during January 2021, and she attests to that.

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haven't covered something. Thank you very much for coming today.

3 A. Thank you.

(The witness withdrew)

LADY JUSTICE HALLETT: I think that completes the evidence 5 6 we can hear today. I do hope that the witness' 7 emergency resolves itself successfully.

MS CAREY: So do we, and we will update your Ladyship as soon as we are able.

My Lady, all being well, we have a very busy timetable for tomorrow. So there is one matter I would like to, with your permission, deal with today, and it is the statements of some additional impact evidence that we would like to invite your Ladyship to publish.

There are 13 statements in all at this stage to be published, and may I just indicate, without giving the INQs, just the witnesses' names and the brief outline of the topics they cover.

There is a statement from Mrs Carla Jones-Charles. who is a member of Trades Union Congress. She is a director of midwifery at the Walsall Healthcare NHS Trust and speaks to the impact on midwives, picking up on some of the evidence you heard this week.

The statement of Dr David Bailey, who is a member of the BMA. He is a GP in Wales and so attests to the 162

Indeed Nathalie McDermott, along with the other matters that she set out, worked on a Covid ward during the pandemic. She speaks to that.

Clare Cole from the John's Campaign speaks about the circumstances of her father's death.

And Rachel Ashton, also from the John's Campaign, was a nurse working during the pandemic, but she sadly cared for her brother who had mental health difficulties and during the pandemic died by suicide in February 2021.

And there are two statements from Josh Miller and Priyanka Patel, both of whom are members of the Royal Pharmaceutical Society. Mr Miller was based in Scotland and gives evidence from his perspective there. Ms Patel was a student at the start of the pandemic, and so brings to bear some slightly different evidence about how the pandemic affected her, her studies and her training thereafter. May --

LADY JUSTICE HALLETT: Thank you. Not only may they be published but I wish to emphasise, yet again, that I will ensure that they are all read extremely carefully and the contents considered. The oral part of these hearings is just one part. The written material is as important and I am just sorry that we haven't got the time to call everybody to give oral evidence. We just 164

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