Somewhat unhelpful	**10%**
Very unhelpful	**12%**
Response count	*791*

Feeling safe returning to work after workplace risk assessment

Yes	**45%**
No	**55%**
Response count	*790*

Level 4 fit note

13% of people who had returned to work used the Level 4 fit note to be absent from work. Of the people who tried to use the fit note (*n150*), **25%** were still required to go to work.

Use of Chief Medical Officer fit note to be absent from work

Yes	**13%**
No	**49%**
Not applicable to me	**38%**
Response count	*1197*

Employer acceptance of fit note to be absent from work

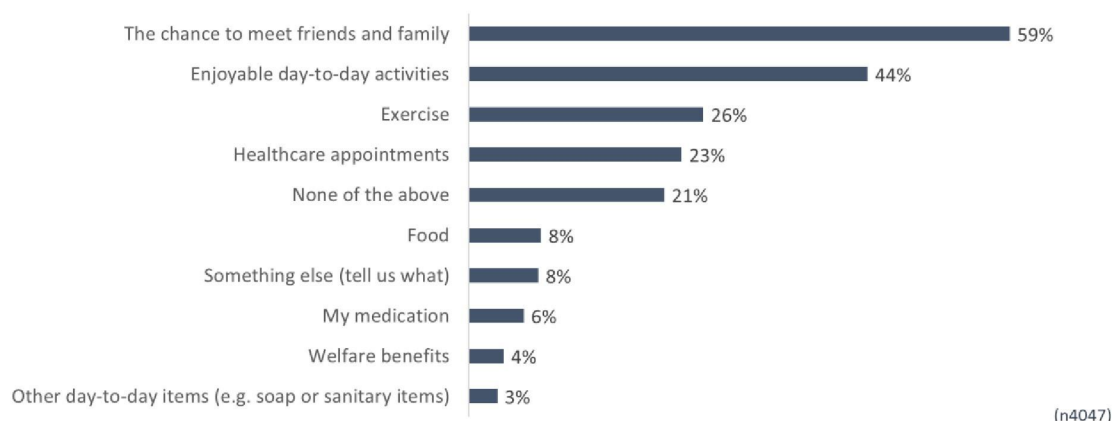|	
Yes	**75%**
No	**25%**
Response count	*150*

Gaps in support and access

Survey respondents were asked whether there was anything they were struggling to access at the moment to try and identify where more or additional support could be provided.

The majority were struggling with challenges that are not easily addressed by government support, such as: the chance to meet friends and family (**59%**) and enjoyable day-to-day activities (**44%**). However, there are still people struggling with access to healthcare appointments (**23%**) which has been identified in previous research with this group.

Many of the comments in the open text responses (**8%** of people selecting 'something else') were aligned with existing categories such as healthcare appointments and exercise, but people wanted to provide more specific information

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about the types of appointment they are missing out on. A number of responses (especially from key workers) highlighted challenges with returning to work once shielding had paused, feeling unsafe and unsupported by their employers, and looking for some kind of workplace support.

What people are struggling to access at the moment

The chance to meet friends and family	**59%**
Enjoyable day-to-day activities	**44%**
Exercise	**26%**
Healthcare appointments	**23%**
None of the above	**21%**
Food	**8%**
Something else	**8%**
My medication	**6%**
Welfare benefits	**4%**
Other day to day items (e.g. soap or sanitary items)	**3%**
Response count	*4047*
Percentages do not add up to 100 as respondents could select multiple options.	