

## Topline tables

### 1. Thinking about all aspects of your workload as a GP, please tell us what capacity you experienced working at during each of the following periods.

a) In pre-COVID-19 pandemic, normal times

b) During the first four to six weeks of the pandemic (late March, through April, to early May)

c) Over the past week

	a) Pre-COVID	b) First peak	c) Current
50<>70%	1%	15%	1%
70<>90%	4%	35%	1%
90=<>=110%	62%	34%	22%
110<>30%	25%	10%	32%
130<>150%	8%	6%	44%
Average capacity	108	90	127

## 9. To what extent, if at all, would you say your experience of working in general practice during the COVID-19 pandemic has had an impact on your wellbeing?

n=135	%
Very negative	27%
Somewhat negative	53%
No impact	7%
Somewhat positive	8%
Very positive	2%
Don't know	2%
<b>Net negative</b>	<b>80%</b>
<b>Net positive</b>	<b>10%</b>

## 10. Which, if any, of the following wellbeing resources have you accessed?

	%
Health for Healthcare professionals	7%
Health Board occupational health services	1%
Self-treatment	39%
General access resources	7%
RCGP online wellbeing resources	8%
Wellbeing apps (e.g. Headspace, Sleepio, Unmind)	26%
Support helplines/text services (e.g. Samaritans, NHS people support line)	2%
Bereavement support helpline	1%
Staff commons rooms	16%
Spoken to a mentor, coach, or supervisor	10%
Spoken to a colleague	65%
Taken time off work because of wellbeing	7%
None of the above/not applicable	23%