2 (10.00 am)

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- 3 LADY HALLETT: Mr Scott.
- 4 MR SCOTT: Good morning, my Lady. Please may we call
- 5 Professor Charlotte McArdle.

## PROFESSOR CHARLOTTE McARDLE (sworn)

## Questions from COUNSEL TO THE INQUIRY

- MR SCOTT: Good morning, Professor McArdle. Would you
   please give your full name.
- 10 A. Charlotte McArdle.
- 11 Q. And you are the former Chief Nursing Officer of
- 12 Northern Ireland?
- 13 A. That's correct.
- 14 Q. I would just like to go through your personal
- 15 background, which is set out at paragraph 20(a) of your
- 16 statement. You are a registered nurse and have been
- 17 since 1991. You moved to Northern Ireland in 1993, and
- 18 have been working in the Belfast Trust, rising up the
- 19 ranks until in 2003 you became Deputy Director of
- 20 Nursing for the Royal Hospitals group?
- 21 A. That's correct.
- 22 Q. In 2007 you were appointed Director of Nursing, Primary
- 23 Care and Older People in the South Eastern Health and
- 24 Social Care Trust?
- 25 A. Correct.

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- 1 terms of policy and normal business, would have reduced
- 2 considerably in order to enable me to focus on work on
- 3 the pandemic, for which I had lead responsibility and
- 4 for which, as a member of the strategic planning cell,
- 5 I would have undertaken.
- 6 Q. Like a lot of people from Northern Ireland, you speak
- 7 quite quickly.
- 8 **A.** Okay.
- 9 Q. I will ask you just to make sure you're not going too
- 10 fast.
- 11 A. Apologies.
- 12 Q. Believe me, I've been caught out by this many times
- 13 before, so --
- 14 LADY HALLETT: I just live in Northern Ireland, so ...
- 15 MR SCOTT: I just want to talk about some specific featuresof your role during the pandemic.
- 17 So you didn't have any operational role in the
- design or delivery of care to patients; is that right?
- 19  $\,$  A. No, in the devolved administrations, which is different
- 20 from the role in England, the Chief Nursing Officer sits
- 21 in the Department of Health, and its primary function is
- 22 to advise ministers, senior civil servants and across
- 23 government on matters that affect nursing and midwifery
- 24 and also to lead areas of policy development. So the
- 25 operational responsibility for the delivery of care sits

Q. Then you were appointed as Chief Nursing Officer for

2 Northern Ireland on 5 April 2013, and remained in post

- 3 until 31 October 2021?
- 4 A. Correct.

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- 5 Q. And you're currently employed at NHS England as Deputy
- 6 Chief Nursing Officer?
- 7 A. Correct.
- 8 Q. You are a visiting professor at the Ulster University,
- 9 a trustee and vice chair of the Royal College of Nursing
- 10 Foundation, and a board member of the Faculty of Nursing
- 11 and Midwifery in the Royal College of Surgeons
- in Ireland?
- 13 A. Correct.
- 14 Q. I would like to start with your role as CNO in
- 15 Northern Ireland. You say that you are -- have the lead
- 16 departmental policy on patient experience, amongst other
- 17 aspects of your role. How much did your role change
- 18 when the pandemic started?
- 19 A. It changed quite significantly. At the start of the
- 20 pandemic, I suppose in the early days, we tried to keep
- 21 everything going as normal, but it became clear
  - 22 relatively quickly that that would not be sustainable
  - 23 and, as the department moved into both its emergency
  - planning plan and we instigated the business continuity
  - 25 plan in the department, a lot of my normal functions, in
    - .
  - 1 with the five integrated health and social care trusts
  - 2 in Northern Ireland and their executive teams.
  - 3 Q. So if you're then in the department, did you have any
  - 4 opportunity to be on the front line, as it were, during
  - 5 the pandemic?
  - 6 A. Well, as part of my role I took a lead responsibility
  - 7 for the development of the Nightingale hospitals, both
  - 8 facilities, and the reason that I undertook that role
  - 9 primarily was because I had worked in the health service
  - 10 for a considerable period of time and had strong
- 11 connections with the teams of the five health and social
- 12 care trusts and indeed the wider health system in
- 40 North and Indian d
- 13 Northern Ireland.

You will understand that Northern Ireland is a small community and in that small team you are required to do many things, and I would have strong connections and

- strong operational experience as being an executivedirector of nursing, and therefore undertook that role,
- and in doing so, in taking the lead role for the
- 20 development of the Nightingale hospitals and a fairly
- important leadership function on the surge planning
- 22 element, I was out in the system quite a lot. I visited
- 23 facilities, I visited the Nightingale facilities with
- the minister, I visited other facilities in our health
- 25 system. I was in touch regularly with frontline nursing

staff, and I met daily with the executive directors of nursing and the wider nursing community in Northern Ireland, and often on occasions more than daily.

And when it came to the vaccination programme, I undertook shifts in the vaccination team over the Christmas and New Year period when the first vaccination became available.

- 9 Q. So you were fairly well plugged into what the
  10 experiences were of those who were actually
  11 delivering --
- 11 12 A. Absolutely, and indeed at the time I -- 2020 was the 13 Year of the Nurse and the Midwife global campaign, and 14 in recognition of that the minister had agreed to me 15 delivering a leadership programme for nurses and 16 midwives under the age of 35, so they would have been 17 early career nurses, and that programme wasn't able to 18 be developed in the way in which we planned because of 19 the pandemic and most of it was online, so I met 20 regularly with a group of nurses who really described 21 for me in detail the changes that they'd had to make in 22 their practice and how they'd had to change location, 23 change rotas, the impact of having their family, young 24 children, et cetera, so a lot of that intelligence and

24 children, et cetera, so a lot of that intelligence and 25 information was very much in my thinking in 5

1 felt able to do so.

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- Q. I just want to confirm your responsibility for some
   areas during the pandemic. It's right that you were
   responsible for leading the development of visiting
   guidance in Northern Ireland?
- 6 A. That's correct, yes.
- Q. That was a role that you were given in the pandemic, it
   wasn't one that you'd had prior to the pandemic; is that
   correct?
- 10 A. Well, we didn't -- we didn't have a national guidance on11 visiting that would have been for --
- 12 **Q.** Sorry, just to interrupt, when you say "national" there?
- 13 Sorry, I mean Northern Ireland regional. Each 14 individual organisation would have their own visiting 15 policy. But in the pandemic, both in terms of my 16 communications with directors of nursing, which I said 17 was very frequent, and our collective concern about 18 safety of patients, staff and the population of 19 Northern Ireland, we recognised there needed to be a policy position on visiting because --20
- Q. I'm going to come back to the specifics of it, it's just
   at the moment about what your responsibility was --
- 23 A. Okay.
- 24 Q. -- and when it was given to you.
- 25 Just in terms of the infection prevention and

1 decision-making at the department.

- Q. So it's fair to say that you were fully aware of all of
   the concerns of nurses --
- 4 A. Yes.
- 5 Q. -- of all ages and in all areas of speciality?
- 6 A. I think so.
- 7 **Q.** Sometimes it's not that easy for someone, particularly
  8 maybe a junior nurse, to say exactly how they're feeling
  9 to the Chief Nursing Officer. Do you think you did
  10 receive the unvarnished truth from those who were
  11 working?
- 12 A. I mean, I think there's a natural anxiety maybe about -and outside of the pandemic I would have experienced
  that in regular visits to organisations and to talk to
  frontline staff, but because I had done quite a lot of
  that and had a very strong connection, both with nurses
- on the front line and through the RCN, the Royal College of Nursing, as an example, I was very familiar with many
- of the staff who were working in our system and I was
- also quite communicative with them through social media,
  so they had plenty of opportunities to contact me,
- 22 either directly or indirectly, to raise their concerns,
- and indeed I had representation from ICU nurses on
- 24 particular issues from -- that I had met and had spoken
- 25 to previously, and because they had that connection they

- control, so it's right that there was an IPC cell set up
   in Northern Ireland, I think it was called the regional
- 3 IPC cell; is that correct?
- 4 A. That's correct.
- Q. That had been established by the department. Do youremember when that was established?
- A. It was established as part of gold command and its
   structure, so I can't remember exactly the date, but it
   would have been March time 2020.
- 10 Q. You weren't a member of that regional IPC cell?
- 11 A. No, I wasn't.

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- 12 Q. What oversight did you have of that regional IPC cell?
- A. The IPC cell was chaired by the executive director of
   nursing in the Public Health Agency and the Public
   Health Agency in Northern Ireland had responsibility for
   public health and essentially everything to do with
   outbreaks, infection, et cetera.

The IPC cell reported through the command structures we had in place at the time, and my oversight was a professional oversight, because I'm not an IPC nurse or specialist by background, and my oversight was to support the chair in his role as the chair of the group and to provide professional leadership and support. So effectively that meant regular communication, usually by telephone, about issues that had arisen, to take

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a second opinion on things, to seek assurance that the
 direction of travel was consistent, and to think about
 any complex challenges that might be for the system and
 how we might overcome them.

- Q. So given that you didn't have any IPC particular
   expertise, I think you were just saying, it wouldn't
   have been your role to review the guidance and point out
   areas that you thought were wrong; is that right?
- 9 A. I certainly would have reviewed the guidance, but from
   10 a general nursing leadership perspective as opposed to
   11 a scientific specific infection control perspective.
- 12 Q. So routes of transmission, for example, would have been13 completely outside of --
- 14 A. Absolutely. It would have been --

15 LADY HALLETT: Sorry to interrupt, when you mentionedgetting a second opinion, what did you mean by that?

17 A. So, for example, one of the examples I've provided in my 18 statement is at a point in time there was an issue 19 raised with the IPC cell in relation to fluid shield 20 masks and a poor fit, and they had come up with kind of 21 interim solutions to overcome that problem until a new 22 mask could be found, and the chair of the IPC cell asked 23 my opinion on that, whether I thought that was a viable 24 option or whether it was something we could support 25 nurses with.

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1 against any guidance?

- A. No, I'm not aware, we implemented the PHE guidance, or
   UKHSA guidance as it became.
- 4 Q. Thank you.

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The Inquiry's heard on a number of occasions about the fact that the healthcare system in Northern Ireland is different to the others in terms of its level of integration. Integration means that the health and social care trusts are responsible both for social care and also provision of healthcare; that's right?

11 A. Yes, that's correct.

12 Q. Did that structure help or hurt the provision of13 healthcare in Northern Ireland during the pandemic?

A. In my opinion, it definitely helped. From my own
 perspective, my thought processes were always about
 health and social care, and how a patient or service
 user or a client manages their way through that pathway
 in an integrated and joined-up way.

At the time we supported the independent healthcare sector to deliver care, more acute care, out-of-hospital care, and we were able to do that by the provision of more IPC trained nurses from the trusts into the independent sector, we were able to open up training and provide extra training through our clinical education centre free of charge for primary care in the

And similarly when we were trying to outline different pathways and risks, so we had red (high-level risks), amber (medium) and (low-level) green on a traffic light system, the IPC cell produced a draft document which they asked me to look at from an operational sort of management senior nurse perspective and whether I thought it was feasible or workable, whether the language was correct, whether, you know, things were clear. It would have been that kind of second opinion role.

MR SCOTT: The relationship between the regional IPC cell
and the UK IPC cell, is that realistically that the
UK IPC cell would be providing -- obviously there was
a Northern Ireland representative on the UK IPC cell -but was it effectively any guidance or direction, in the
broadest possible sense of the word, that came from the
UK IPC cell was adopted by the regional IPC cell?

A. Effectively a member of the regional IPC cell was at the national cell. The national cell was very much a working group, a consensus group, bringing together experts in the four countries. Whatever was decided then at that national cell was taken back to our IPC regional cell for sign-off and agreement and then the guidance was issued by Public Health England.

25 Q. But at any point in time did the regional IPC cell go

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independent sector, and we shared PPE and provided PPE for the independent sector. It moved. I mean, obviously there were concerns about the availability of PPE, but we were able to share the supplies and make sure that everybody in a catchment area under the responsibility of the trust, because they are the commissioners of the care of patients in the independent sector, so it worked very effectively as a system approach.

And it also meant that, you know, I worked very closely with my chief professional colleagues, Chief Medical Officer, Chief Social Worker, in the policy guidance and directions that were given to the whole community.

- 15 Q. It sounded to me like all of your examples there were
  about moving from the healthcare sector into the
  independent or the care sector. Did that cause
  a difficulty in accessing resources in the healthcare
  sector during the pandemic?
- A. Well, it certainly meant that from the acute hospital
  acute trust provision they had to provide more staffing
  out into independent sector to support care homes, their
  local care homes, but there was recognition that it was
  the right thing to do, and (b) it smoothed the pathway
  for patients, and (c) it meant that we could free up and

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keep the flow going through hospitals.

So for a very sick patient coming into hospital the beds need to continuously move and circulate in order to be able to admit people, to admit them to ICU, to come out of ICU, to recover back out into the community. So to make that process work well there was recognition that wider resources needed to be provided, so it was difficult. There is no getting away from the fact that there was limited capacity and a limited amount of staff, but the system working together in that way had a greater benefit.

12 **Q**. I think you say in your statement that in

13 Northern Ireland there are about 27,000 nurses and about

14 1,200 midwives; is that right?

A. That's correct. 15

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16 Q. Is that the system at its maximum capacity or is that 17 the actual number of staff members that there were?

A. That's the actual number of -- so the Department of 18 19 Health doesn't record the number of nurses working in 20 the independent sector, we've very good data on nurses 21 and other healthcare staff working in the HSC sector, 22 but that number that you refer to, the 27,000, is the

number of registrants on the NMC, a list working -- in

24 Northern Ireland -- registered as working in

25 Northern Ireland.

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1 rate, in my opinion, of around 4%, which allows for 2 natural turnover, retirements, moving, et cetera. So it 3 was significantly higher. That, coupled with the impact 4 of sickness and self-isolation, really meant, in 5 reality, the availability of the nursing workforce would 6 have been closer to 20%, 25% non-availability of work. 7 So that was very stretching.

8 Q. At what time, just to pick up that 20/25% 9

non-availability, at what point?

10 A. Well, if the vacancy rate is 11 at March, or at the end 11 of December and we know that the sickness absence, 12 I think, in the first wave was around 8%, and then if 13 you add on a bit more for self-isolation -- so in that 14 early first wave, March/April time of 2020.

15 Q. That 11% figure, that's smoothed out over all roles, all 16 areas; is that right?

17 Α. Yes

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18 Q. So there would be areas where there are peaks, so there 19 are higher vacancy rates; is that fair?

20 A. That's true, and there are traditionally areas in the 21 health service that, when vacancy rates become an issue, 22 it's more prevalent in certain areas, and they would be 23 medical unscheduled care -- the pathway through the 24 emergency department, for example, theatres would also

be a high turnover rate -- and they're the areas that 15

Q. Let's just think about the staffing within the 1

2 healthcare sector, as opposed to the independent care 3 sector at the moment. At the start of the pandemic,

4 roughly how many vacancies were there, ideally in terms

5 of the percentage of roles, as opposed to raw numbers?

6 A. So, the workforce data in 2019, the vacancy rate for 7 nursing, registered nursing and midwifery was 11% in

8 2019. That is, I recall, the highest vacancy rate

9 during those pre-pandemic years, and it stemmed back to

10 previous workforce planning. In 2009 to 2012, where the

11 commissions are set by the Department for the

12 Undergraduate and paid for by the Department for

13 Undergraduate Nursing and Midwifery Places and, at that

14 time, in 2009, the commissions were around 790, and over

15 that period --

16 Q. Sorry, I don't want to go too far down the road about 17 that but you're saying that those high vacancy rates 18 stemmed from decisions that were taken --

19 Α. Much earlier.

20 Q. Yes.

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21 What did that 11% vacancy rate mean in terms of the 22 number of nurses that there were available to work in 23 hospitals in primary care and other healthcare settings?

24 A. Well, that would be a significant level of vacancy. 25

It's probably -- in ideal terms, you would like vacancy

would emerge first, and I think it's also fair to say 2 that the profile of the nursing workforce in Northern Ireland, 50% of that workforce are on band 5, which is the entry level grade into nursing.

> So 50% of those would be frontline care delivery nurses that you would meet in any ward or department or outpatient area in the hospital.

8 **Q.** I'm going to come back to some of those specifics later 9 on when we talk about ratios.

10 A. Okay.

11 Q. But is it an effective summary that the Northern Irish 12 healthcare system didn't really have any capacity that 13 it could afford to lose during the pandemic?

14 A. It didn't have any spare capacity, it was very stretched 15

Q. So while you say that the systemic benefits as a system 16 17 operate between health and social care, is it not 18 problematic to the provision of healthcare if you then 19 have to lose nurses to the provision of the independent 20 sector?

21 Well, it means you're diluting your workforce further, 22 but it's a balance of risk and it's about how we enable 23 the system to work effectively because there would be no

24 point in keeping the staff in healthcare if we're unable

25 to discharge anybody out of the system.

- 1 Q. Those were conscious choices, I presume, that were taken2 to provide nurses to the independent sector?
- 3 A. Absolutely, by each of the organisations.
- 4 Q. Do you think that they were decisions that were taken
- 5 with the intention of trying to provide the best level
- 6 of care for people in all different sectors?
- 7 A. Absolutely, and in terms of providing support to smaller
- 8 providers, to independent sector and to environments
- 9 where there were actually less nursing staff, qualified
- nursing staff, dealing with much more acute care. In
- 11 nursing homes, primarily, they wouldn't normally
- 12 provide. They needed a higher level of both nursing and
- 13 a slightly different skill set in terms of their
- 14 expertise.
- 15 Q. On reflection, do you think that those decisions were
- the right ones or should have been taken in a different
- 17 way?
- 18 A. It's the way the system works and I think it was the
- 19 right thing to do and I really don't know how we would
- 20 have done it differently.
- 21 Q. I want to move now to visiting restrictions. You say in
- your statement that Northern Ireland led the way in
- 23 ensuring restrictions were applied in a person-centred
- 24 way. What do you mean by that?
- 25 A. So at the start of the pandemic, obviously we made
  - 17
- 1 **Q.** I'm going to go through some of the iterations.
- 2 A. Okay.

- 3 Q. But if you're saying that you didn't expect it to last
- 4 as long, does that mean that the intention, when the
- 5 initial visiting restrictions were brought in on
- 6 26 March, that they were effectively intended to be
- 7 short term and that the intention was to keep people
  - out, in order to protect them and healthcare workers?
- 9 A. That would have been the normal thing to do in
- an infection control emergency, that you restrict

  visiting. So we used what we knew to be the be
- 11 visiting. So we used what we knew to be the best
- 12 evidence base and to work well. But, as I say, we had
- no indication that we were going to have a pandemic for
- the length of time that we had.
- 15 Q. Yes, but in terms of the original intention, was it that
- 16 there was meant to be quite a firm separation, in the
- 17 sense that you were trying to keep visitors out because
- 18 you didn't think the restrictions would be in place for
- 19 that long?
- 20 **A.** Yes.
- 21  $\,$  Q. Is it right then that, effectively, the ground moved
- 22 under your feet and so you had to change the approach to
- 23 allow people in?
- 24  $\,$  A. Well, we were learning about the virus, we had a number
- 25 of different variants of the virus, we didn't have

1 a decision to restrict visiting, which is a normal

- 2 protocol, in terms of infection prevention and control.
- 3 So you would see that happening across hospital systems
- 4 where there's an outbreak of an infection, where
- 5 visiting is limited and restricted. It would normally
- 6 be for a number of days or a week and at the start of
- 7 the pandemic we made that decision, that we needed to
- 8 restrict visiting to protect very vulnerable patients, 9 to protect our healthcare staff and to protect the
- 9 to protect our healthcare staff and to protect the 10 public.

And those guidance -- we didn't at that time think the pandemic would be as long as it was. So as we became more familiar with the virus, its transmission,

- the impact that visiting was having on families, and we
   heard many, many stories about the impact of that,
- 16 indeed there were lots of communications, both to the
- minister's office and my office, and my small team
- worked to try and provide a solution to many of the
- 19 queries that had been raised with them. But that was
- 20 all fed into our decision-making around our flexibility
- with the guidance as we moved forward, which is probably
- 22 why we had so many iterations of the guidance, because
- 23 at every point possible we tried to flex them and be
- 24 flexible, taking into account the feedback that we were
- 25 getting from families and service users.

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- 1 a vaccine until the end of 2020, testing was being
- $\begin{tabular}{ll} 2 & & developed. So, yes, the ground was shifting on a very \\ \end{tabular}$
- 3 frequent basis, in terms of the virus, the evidence we
- 4 had, what we were learning, and what strategies we could
- 5 put in place to protect people.
- 6 Q. But right back at the very beginning there must have
- 7 come a point in time where you thought "Our initial
- 8 approach has to change because we have to let people
- 9 in". Was that something that you then realised changes
- 10 had to be made?
- 11 A. We did that very early on, we tried to make exceptions
- 12 for palliative patients, for women who were pregnant,
- for children, for people with additional needs, very
- early on, as best we could in the environment that we
- 15 had at the time, and also understanding that the
- 16 non-pharmaceutical interventions, the distancing, the
- wearing of masks, the hands, were having an impact.
- 18 Q. But there wasn't a pre-pandemic plan for how to managevisiting in the event of a pandemic, was there?
- 20 A. No, other than the IPC manual.
- 21 Q. Well, the IPC manual didn't provide for how you might
- 22 approach visiting in the context of a pandemic, did it?
  - 23 A. No, as I say, only in a normal outbreak situation.
  - 24 Q. Yes. If we can just go, please, to INQ000376875, this
    25 is a document dated 21 April 2020 and it's created by

- 1 the Critical Care Network Northern Ireland. Can you
- 2 just explain who they are, please?
- 3 A. The Critical Care Network is a network which connects
- 4 all of the intensive care units across Northern Ireland,
- 5 they're funded by the Health and Social Care Board,
- 6 which is -- which was at that time the Commissioner for
- 7 Health and Social Care in Northern Ireland. They're
- 8 overseen by a clinical leadership team and a manager and
- 9 they co-ordinate and deliver best practice and really
- 10 network all of the intensive care units in Northern
- 11 Ireland.
- 12 Q. Seven intensive care units in Northern Ireland?
- 13 A. Seven?
- 14 Q. Are there seven?
- 15 A. I would have to --
- 16 Q. Okay, we'll go over the page and please tell me if there
- 17 are any that are missing here. This is dated 21 April
- 18 2020. If we could just please go to page 2, thank you,
- 19 so this provides in terms of the background a brief
- 20 overview. So on 26 March, all general hospital visiting
- 21 was stopped. Is that the initial decision that you were
- 22 talking about where you realised there needed to be
- a brake on visiting applied.
- 24 A. Yes. All general visiting.
- 25 Q. Yes.

- 1 was an update:
- 2 "With immediate effect all intensive care and
- 3 general hospital visiting across Northern Ireland has
- 4 now stopped."

Q. Then:

5 **A.** Yes.

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- 7 "Although palliative ... care outside of Intensive
  - Care was listed as an exception, there was no exception
- 9 for those patients receiving end-of-life care within
- 10 Intensive Care Units."
- 11 **A.** Yeah.
- 12  $\,$  Q. Why was that decision taken on 9 April to stop all
- 13 intensive care visiting?
- 14 A. I deeply regret that we had to make that decision but we
- were in the peak of the first wave, we were expanding
- our capacity for ICU, we had additional ICU beds in most
- 17 intensive care units, some of which had limited space,
- 18 and you will appreciate that an intensive care bed comes
- 19 with both a lot of kit and a lot of staffing
- 20 requirements, and it wasn't possible in a high-risk area
- 21 with aerosol-generating procedures and the implications
- 22 of donning and doffing to enable staff to allow visitors
- 23 in through the donning and doffing process, to be extra
- 24 people in an already very confined space and when our
- 25 staff were extremely stretched at that point in order to

- 1 A. There were exceptions at that point.
- 2 Q. Yes, and the exceptions were critical care areas where
- 3 one visitor was permitted, and another exception was
- 4 those in established labour; is that right?
- 5 A. Yes.
- 6 Q. To what extent was the department monitoring how those
- 7 exceptions were being applied by the trusts?
- 8 A. Well, I met, as I say, regularly with our -- we had our
- 9 director of nursing huddle meeting. In the early days
- of the pandemic sometimes it was three times a day but,
- in the main, we met regularly at midday and all of those
- 12 issues were discussed and how those restrictions were
- 13 being implemented, any issues that were being identified
- 14 with them, and any possible changes that we could
- implement because each of the directors of nursing and,
- indeed, the nursing staff were very conscious of the
- 17 impact that this was having on families.
- 18 **Q.** So you were being informed by the trusts about how they
- 19 were applying these --
- 20 A. Yes, and then as we moved through the process, and you
- 21 maybe want to come to this later, when we changed the
- 22 guidance to have local ability to deviate through risk
- assessment, but at that point that was reported on
- 24 a weekly basis to the minister.
- 25 Q. Again, just in terms of the timeline, on 9 April there

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- 1 provide direct care. So we, for that period of time
- 2 during that first wave, we had to further restrict
- 3 visiting and we reverted to virtual visiting at that
- 4 point.
- 5 Q. How long did you expect those restrictions to have to be
- 6 in place for?
- 7 A. Only during the peak of the wave and they actually --
- 8 Q. If I can push you a little harder, how long roughly was
- 9 that: one week?
- 10 A. A couple of weeks.
- 11 Q. A couple of weeks? Did that view influence your
- decision about needing to go so far to prevent any
- 13 intensive care visiting?
- 14 A. My view that it would be relaxed within a couple
- 15 of weeks?
- 16 **Q.** Yes.
- 17 A. I felt at the time we were between a rock and a hard
- 18 place, there was nowhere else to go with this. It
- 19 wasn't a decision that I either wanted to make or would
- 20 want anybody's family to have experienced but it was
- a balance of risk between protecting patients, staff and
- the public, and I really do understand the implications of making that decision. I've had very personal
- experience not being able to visit my own mother when
- she died in hospital, so I do understand.

- Q. In the middle of April, there was a review conducted. 1
- 2 Was that because you realised the toll that it was
- 3 taking on people?
- 4 A. Say that again, sorry?
- 5 Q. In the middle of April, there was a review conducted
- 6 about visiting at the end of life in intensive care.
- 7 A. Yes.
- 8 Q. Was that because you realised the toll that it was
- 9 taking?
- A. Absolutely, yes. 10
- Q. If we can please just go over to page 3 because I want 11
- 12 to see how that end of life in intensive care was being
- 13 applied. So we have there at the top, there's a list of
- 14 -- this is where the number seven came from --
- A. Yes. 15
- 16 Q. -- intensive care units. There's no more missing there,
- 17 is there?
- A. I don't think so. 18
- 19 Okay. Then if we can just go down to question 1, it
- 20
- 21 "Does your unit recognise end of life as a special
- 22 circumstance and allow loved one(s) to visit, where
- 23 possible?"
- 24 So this is 21 April, this document, end of life
- 25 visiting was permitted at that time; is that right?
- 1 able to facilitate than others.
- 2 Q. Did you think at this point -- well, I'll ask a slightly
- 3 different question, I'll come back to that one.
- 4 If we can have up, please, INQ000475219.
- 5 LADY HALLETT: While the document's coming up, Professor
- 6 McArdle, can I just check: at this stage, the document
- 7 to which Mr Scott has just taken you was dealing with
- 8 intensive care units, and so all general hospital visits
- 9 had been stopped.
- 10 A. Yes.
- 11 LADY HALLETT: So the only hospital visits that were taking
- place were some hospitals were letting families go in 12
- 13 for end-of-life --
- 14 A. Yes
- LADY HALLETT: -- visits, and two units were letting people 15
- 16 in for end-of-life visits to intensive care. So things
- 17 like maternity wards, there were no visits at all there;
- 18 is that right?
- So for maternity, at all points a pregnant lady was 19
- 20 allowed to have a birthing partner in active labour.
- LADY HALLETT: That's throughout? 21
- 22 A. Yes.
- 23 MR SCOTT: But not around.
- 24
- 25 But not around active labour, simply in active labour, Q.

- A. 21 April? 1
- 2 Q. April. Well, it wasn't expressly forbidden; that's
- 3 riaht, isn't it?
- 4 A. Yes. So even in this extremist part of the wave, if
- staff could have facilitated a visit in any way, they 5
- 6 would have done so, of that I'm pretty certain.
- 7 Q. Because the reports you were receiving back was that
- 8 only two units out of the seven facilitated end-of-life
- 9 visits and one of those was non-Covid and the other did
- 10 have Covid-19. What was your view about the difference
- 11 that was being applied by the different trusts?
- I think there are a number of different circumstances to 12 A.
- 13 be considered here and I am absolutely certain that,
- 14 where possible, staff -- nurse in charge and nursing
- 15 staff -- tried to accommodate even a short visit where
- 16 they knew a patient was at the end of life. It depended
- 17 a lot on the environment and the estate, I suppose, of
- 18 the intensive care units, and they had expanded out into
- 19 outside intensive care units. So they would have had
- 20 patients potentially in theatre recovery in other areas
- 21 and -- so depending on that environment, the
- 22 availability of space, the availability of staff, the
- 23 sickness of the patients, all of that needed to be in
- 24
- context of supporting people to come in at the end of
- 25 life, and so I do understand that some areas were better
- 1 at that point?
- 2 Yes.
- 3 **LADY HALLETT:** So birthing partner during active labour?
- 4 A. Yes.
- 5 LADY HALLETT: Is that the only other category of visit that
- 6 was permitted?
- 7 A. Yes. We did also make exception for children to have
- one parent with them, very soon after that period. 8
- LADY HALLETT: What about people who had particular needs, 9
- like somebody who was used to a carer or somebody who 10
- had dementia. 11
- 12 A. Yes, and, again, that was down to discretion of the
- 13 nurse in charge, and for people -- it was in the
- 14 guidance, people with additional needs should be
- 15 discussed with the nurse in charge to accommodate that 16 arrangement.
- 17 LADY HALLETT: Sorry to interrupt. You might have been 18 coming to it, Mr Scott.
- MR SCOTT: What guidance did you give nurses in charge about 19 20 how they should apply their judgement at that time?
- 21 A. Well, their guidance was set out in the region guidance,
- 22 which then would have been supplemented by trust
- 23 guidance and support for them through their senior line 24
- 25 So, again, this is down to circumstances on the day

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- 1 and we encouraged people to use a risk based approach to 2 accommodate people where possible and, at all times in 3 the guidance, we iterated the need for people to have 4 their family as part of their wellness pathway or an end 5 of life, and we recognised the importance of that being 6 person centred and thinking about individuals, rather 7 than a bland approach.
- 8 **Q.** Is that right on 26 March or did that come later on?
- 9 A. That came slightly later on, as I said, as we became 10 more familiar with -- at that point, in March, it was 11 really a decision-based on safety.
- 12 But you -- and when I say "you", those within the Q. 13 Department of Health -- had taken the decision from the 14 Department of Health to prevent visiting, what guidance 15 was the Department of Health giving trusts about how 16 they should apply those exceptions?
- 17 A. So they should apply the guidance in its totality.
- 18 Q. This document that we have up on screen, it's the PHA 19 and CNO Covid-19 regional huddle, and it's held on 20 17 April 2020, so it's a couple of days before that 21 CCaNNI document that we were just looking at.

This is a section of visiting policies in that meeting, those top three paragraphs -- I presume you have had a chance to have a look over the document?

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- 1 look at the minutes of the huddle meetings and other 2 nursing meetings, it was a regular feature, it was at 3 the forefront of everybody's mind, it was an issue that 4 we spent considerable time on.
  - **Q.** It may have been something you spent time on but there's a difference between spending time on discussing the topic and people saying in a meeting "This is absolutely something that has to happen now". Was anybody making that point in the middle of April 2020?
- A. Yes, I think all of the directors of nursing, myself, 10 11 were working to expand and reduce the rigidness of the 12 guidance, and we were reviewing that on a daily basis, 13 that was my point about the meeting is, while it may not 14 be documented in your minute here, the purpose of us 15 having that discussion was to be as flexible as we could 16 and extend the opportunities for people to visit.
- 17 Q. If that can come down now, please, if we can go to the 18 arrangements of visiting patients who were approaching 19 their end of life, that was published on 11 May 2020. 20

That's at INQ000120721.

21 LADY HALLETT: While that document's coming up, and 22 I apologise for keeping interrupting, you said at the 23 beginning, when Mr Scott started asking you questions 24 about visiting restrictions, that Northern Ireland led 25 the way to ensure that the restrictions were applied in

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It doesn't appear from those paragraphs that the 2 decision to allow visiting was being driven from within 3 Northern Ireland. It looks like Northern Ireland was 4 responding to views that were arising in England and in 5 Scotland; is that right?

A. Well, as stated there, the Secretary of State at the

7 time had said that no one should die alone. We were 8 very aware of that, and we were coming down from the 9 peak of wave 1 at that time anyway and, as I said, the 10 measures that were put in place were done so purely 11 during the peak of wave 1 where we were seeing --12 maximum numbers of intensive care patients for wave 1, 13 I think, was at 57, increased medical admissions, 14 et cetera, so -- and the peak was the middle two weeks 15 of April, so we would have been considering how we could 16 flex and reduce the very tight restrictions that we had 17 anyway, and we were very conscious of the need to have 18 people, particularly for end of life, for maternity and 19 for children.

20 Q. Hesitant to apply too literal a reading to a note of 21 a meeting but, again, it doesn't seem like there's 22 a real driver from those present at that meeting that 23 visiting is something that absolutely had to happen at 24 that point in time; is that fair or not?

25 A. I can assure the Inquiry that visiting was -- if you

1 a person-centred way. What did you mean by you led the 2 way?

3 A. So, my Lady, further on in the pandemic we developed two 4 specific pathways, one for hospital and hospice care and 5 one for care homes, and while this module is not looking 6 at care homes obviously in an integrated system we 7 devised policy guidance for both, and we developed 8 a Care Partner scheme, which we implemented from --9 effectively the guidance went out in September 2020, 10 which recognised the need for families to be with people 11 in long-term care, for families to be present with 12 people who had additional needs in hospitals.

And that Care Partner policy was the first of its kind. It was evidenced from Canada. And in terms of the four countries we were the only country at that point to have such a policy. And indeed in my current role and -- I have been working in NHS England to develop a Care Partner policy for NHS England with patients, families and advocates like John's Campaign and the Patients Association.

21 MR SCOTT: Those features that you're relying on came later 22 on in the pandemic. Would you say that you led the way 23 at the start of the pandemic in terms of visiting?

24 A. No, I think we were doing what other countries were 25 having to do and make very difficult decisions.

- Q. So the document we have up on screen is 11 May. This is 1
- 2 what followed on from a review. At this point in time
- 3 you're well past the initial period of time you thought
- 4 the visiting restrictions would be in force, is that
- 5 right?
- 6 A. Sorry, which --
- 7 Q. Sorry, let's go to page 1 of that document, just so you
- 8 can see it. It's 11 May --
- 9 A. Okay, 11 May, yes.
- 10 Q. Yes, there you go.

11 Thank you. If we can just go back to page 7,

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In this document, this is where you set out fairly strident principles in terms of what's expected, so we see at paragraph 3.3.1:

"People have the right to be with a loved one ... at the time of death and this should be respected and accommodated where possible."

That's the starting point, was it, that people should be applying when considering visiting restrictions?

- 22 A. Sorry, I'm having trouble hearing you.
- 23 **Q.** That was the starting point that should be applied when

24 people were considering applying visiting restrictions;

25 is that right?

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- 1 relation to a person dying. I am aware of a number of 2
  - cases where people have travelled from other countries

relative, usually a parent, they were unable to visit,

- 3 to come to visit and when they arrived to see a dying 4
- 5 and in those circumstances, where that was known.
- 6 a solution was found to accommodate them.
- 7 Q. How did you ensure that these principles were being 8 complied with by trusts?
- 9 A. Because I was in daily contact with directors of
  - nursing, who have responsibility for the provision of
- 11 patient experience and services in those trusts, and
- 12 I was assured by them. I was also in contact with
- 13 staff, and I wasn't hearing that they were unable to
- 14 accommodate visiting. I was hearing their concern,
- 15 absolutely, about having to find ways round issues to
- 16 support people to visit.
- 17 Q. Are you satisfied, then, that in every reasonable
- 18 instance, let's not say every instance, but in every
- 19 reasonable instance that people were able to be with
- 20 their loved one at the point of their death?
- Α. 21
- 22 Q. Is there anything more that you think you could have
- 23 done or should have done to make sure that any of these
- 24 principles were being complied with?
- 25 A. I think that we did our best in the circumstances. We

- That people should have a right to visit.
- 2 Q. People have the right --
- 3 A. Yes, yes.

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4 Q. Then if we can just look at paragraph 3.3.5, that:

"Only in extreme cases should family members/loved 5 6 ones next of kin be denied the possibility to be with 7 a patient at the time leading to or of death ... reasons 8 should be clearly outlined to the patient and his/her

9 family members and/or loved ones."

Then if we can also look at 3.3.8, please, that:

11 "Infection prevention and control requirements 12

should not be so rigid as to prevent family

members/loved ones from saying goodbye in as humanely a way as possible -- this includes the ability for them

15 to hold hands and touch the dying person."

16 Do you think those fundamental principles were being 17 followed by trusts in Northern Ireland in the summer of 18 2020?

- 19 A. Yes
- 20 Q. Were you receiving any complaints, comments,
- 21 suggestions, thoughts by family members that those
- 22 weren't being followed?
- 23 A. I had several complaints from families about
- 24 restrictions on visiting and access to services.
- 25 I'm not aware of any particular case that was in

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- 1 tried to be flexible with the iterations of the guidance
- 2 as new evidence became available, as we became aware of
- 3 particular difficulties, and I'm not sure that I could
- 4 have personally done any more or my team. It was a very
- 5 difficult time and decisions were the least worst
- 6 option.
- 7 Q. Just in terms of the timing of the dissemination of this
  - guidance on 11 May, isn't it right that you'd actually
- 9 provided a briefing paper on 6 May that enclosed this
- 10 guidance?
- To the minister? 11 Δ
- 12 Q. Yes.

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- 13 A. Yes.
- 14 Q. Why did it take five days to come in?
- 15 The minister -- obviously I produced the paper to the
- 16 minister, the minister was receiving a lot of papers
- 17 from different policy areas, there was a lot going on in
- 18 the department, and him and I potentially, although
- 19 I don't remember for certain, on this occasion would
- 20 have discussed the issues before he signed off the
- 21 paper, and it may have come back with queries from the
- 22 minister before the final paper was agreed.
- 23 Q. Well, if I can just take you then to INQ000103665, just 24 on that point of queries, so that you have that, that's
- 25 gone to the permanent secretary and the minister, dated

6 May. 1

- 2 A. Yeah.
- 3 Q. If we just go, please, to page 3, those are responses from the minister --4
- 5 A. Yeah
- 6 Q. -- on 4 May. Are you aware of the reason why it took 7 five days for that guidance to come in, or is this
- 8 a question better put to the minister?
- 9 A. Or is this question about?
- 10 Q. Better put to the minister.
- A. I think that's a reasonable timeframe, given the work 11 12 that was going on in the department, the fact that we 13 were in a pandemic response, the fact that the minister 14 and his team had questions that required answers before 15 he signed it off. I think that's appropriate challenge
- 16 on the minister's behalf.
- 17 Q. There was then the next iteration of guidance was on 30 June 2020, which was the regional principles for 18 19 visitina.

20 If I can please take us to INQ000103667, at page 11.

> So this was the advice that had been given at the end of June, so it's another step beyond the end of life guidance that had been on 11 May; that's right?

Yes. So --24 Α.

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- 25 Q. It appears -- sorry. It appears from this grid that,
- 1 an extreme circumstance in UK level 5 --
- 2 Q. But --
- 3 **A.** -- with a new variant in January 2021.
- 4 Q. But then again, wouldn't that only have applied to Covid 5 settings rather than non-Covid settings, because at that 6 point in time you had different pathways?
- 7 We did have different pathways, but the nature of the
- 8 virus, it was very hard to maintain pathways, and we
- 9 do -- as part of the visiting guidance we did a review
- 10 of the evidence around the impact of visiting on the --
- 11 on nosocomial transmission in particular, and in the
- 12 studies we looked at, the Covid study, which you'll
- 13 appreciate at that time was early evidence, suggested
- 14 that patients had a role in -- or visitors definitely
- 15 had a role in the spread of infection. We looked at 16
- a SARS paper and we looked at a MERS paper, and both of 17 those indicated -- the MERS paper indicated that 12% of
- 18 infection spread in hospital was due to visiting and the
- 19 SARS paper had no nosocomial spread but they had really
- 20 restricted -- no visiting at all, even in a paediatric 21 unit.

So I think we were aware of the evidence and we knew that in high surge, where the virus was in a lot of circulation in communities, and the transmission routes coming from communities into hospital, that it was too

1 depending on the surge level, that actually there were 2

times when the end of life guidance was being watered

3 down; is that fair or not?

A. Depending on the level of -- as set by the UK CMOs. So 4 5 it was clear from March to June that there were a number 6 of instances where people were confused by the number in 7 of iterations of the guidance. We set it out in this 8 format so that the public would be clear, based on the

9 alert level, what they could expect in times of visiting. 10

11 So in high surge -- and I think the only other 12 period that we had alert level 5 during the pandemic was 13 the third wave in January 2021, where again, if you look 14 at the guidance, there were restrictions on ICU visiting 15 for a limited period of time during the alert level 5, 16 but it was in an effort to try to make clear to people, 17 so they could go to the website and link our visiting 18 guidance to the alert level and also to provide clearer 19 guidance for staff so that they could plan more 20 effectively on the alert level.

21 **Q.** But why did the principles that we've been looking at at 22 11 May, why would they not have been able to apply 23 during the higher extreme surge period?

24 A. Because we said in extreme circumstances it may be that 25 visitors could not be accommodated and that was

1 big of a risk to take in the peak of the surge. And

2 they were the only two times during the whole pandemic

3 that ICU -- restrictions on visiting to that extent.

4 Q. But this applies to non-Covid general wards as well.

5 Surely you haven't got the same considerations in

6 a non-Covid general ward in 2021 or 2022 that you would

7 have in ICU?

8 A. But given the spread of the virus from community 9

transmission, the risk is bringing that virus into the

10 hospital and then spreading it among vulnerable, 11 susceptible patients who are acutely ill with medical

12 conditions, many of which are respiratory anyway.

So what use did you make of testing to make sure that 13 Q. 14 you knew they were negative at that point?

15 A. For patients, for relatives --

- 16 Q. Of the visitors.
- 17 A. At which point?
- 18 Q. 2021 or 2022.
- 19 In 2021, our testing capacity was being developed. We A. 20 had lateral flow testings. They were, as you may know,
- 21 a high false positive or false negative rate. We had
- 22 other measures, IPC measures, in place to --
- 23 non-pharmaceutical interventions -- to support the
- 24 reduction of nosocomial spread. But even at all of
- 25 that, the risk to vulnerable populations and people in

- 1 hospital is significant and also to the healthcare 2 worker workforce. The vaccine only began to be rolled 3 out at the start of 2021, so at that point, in January, 4 we didn't really have widespread vaccine, we only were
- 6 Q. I'll move on. Were you aware of concerns being raised 7 about the inappropriate use of DNACPRs in

starting to protect the most vulnerable in our society.

8 Northern Ireland? 9

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- A. No, I wasn't, and I think if you're referring to 10 inappropriate decisions being made, in my professional 11 opinion, that would be totally unacceptable and outwith 12 any code of conduct of any healthcare professional.
- 13 Q. I'm more interested about whether you were actually 14 informed that --
- 15 A. No, I wasn't. I wasn't. And the department developed 16 an ethical framework to support clinicians to make those 17 decisions in very difficult times, recognising that they 18 are decisions that unfortunately are made on a day in 19 daily basis by our clinicians in hospital, so the 20 guidance was to support them in this extra challenging 21 time to do that. And that then followed with it 22 subsequent bereavement support guidance for staff and 23 for people who had been affected by the pandemic.
- 24 Staffing numbers and particularly nursing ratios in the Q. 25 surge times. So it's right, isn't it, on 1 March 2020

1 times a 1:1 ratio for a ventilated patient was not going 2 to be possible.

Q. Can we please have up INQ000377063.

This is feedback from nursing staff about the workforce, and it's noting a conversation on 23 April 2020. That conversation didn't involve you.

- 7 No, but it involved one of my senior nursing advisers, 8 which I'd brought in to support me in the pandemic.
- 9 So you would have been aware of the discussions that were going on? 10
- A. Yes. 11

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12 Q. If we could please go down to paragraph 3.4, and it's 13 talking there about the modelling, and it's talking 14 about effectively going up through the ratios. This is 15 23 April.

> Can I please take you to INQ000438043. This is the letter that you sent to the executive directors of nursing across the five trusts in Northern Ireland, and it's dated 22 April, so the day before that conversation. Then effectively this letter says:

"Delivering Care staffing should be adhered to as far as possible ... At this point suspension of Delivering Care ... Nursing or midwifery staff should exercise professional judgement in determining safe staffing requirements that maximises the knowledge and

there were 88 critical care beds in Northern Ireland? 1

- 2 A. That's correct.
- 3 The first wave surge plan, the final version was dated 4 17 April; does that sound about right to you?
- 5 A. Yes
- 6 Q. And that indicated a need for 140 Covid and 35 non-Covid 7 critical care beds, so effectively doubling the number 8 of critical care beds; is that right?
- 9 A. Yes, but we did also develop a surge plan that took us 10 past that to --
- 11 Q. Yes.
- 12 A. Okay.
- 13 But that's what was intended --Q.
- 14 A. Yes.

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15 Q. -- that you were looking at effectively doubling the 16 number of critical care beds.

17 Was there ever the nursing capacity that would have 18 been able to deal with the number of critical care beds 19 that were anticipated?

20 A. It would have been extremely challenging. It would have 21 meant reducing the ratios significantly, it would have 22 meant taking further action to reduce other services and 23 to bring additional staff into work in ICU, as most 24 countries did have to do anyway, to support the critical 25 care nursing team to deliver that care. So in normal

skills within their teams and if necessary adopting a more task based approach to the delivery of care."

There seems a disconnect between that letter on 22 April, where you're effectively saying to the trusts "You need to look after the staffing numbers based on the information capacity you have available" and then the discussion the next day that's talking about nursing ratios.

A. So we had a safe staffing policy in Northern Ireland 10 from 2014 which covers broadly medical, surgical and other specialities. The ICU module of that safe 11 12 staffing policy hadn't yet been signed off prior to the 13 pandemic, so we're talking about slightly different 14 things here.

> The ICU guidance was from the critical care society which -- and they're very well known and -- as standard nurse staff ratios for critical care for levels 1, 2 and 3. The letter was a broader letter, recognising that, in order to accommodate ICU expansion, we would have to move staff from other places and other wards, and in order to do that we could no longer meet the safe staffing requirements of the policy in 2014. And indeed it was on the back of a conversation with the directors of nursing, who were looking for my support to share the workload and move people around and they needed me to 44

- stand down that policy in order to do that safely. 1
- 2 Q. Was that effectively what happened, that it was just
- 3 moving people to wherever they were required across
- 4 Northern Ireland?
- 5 A. It was moving people, yes.
- 6 Q. Were you actually capable of setting staffing ratios or
- 7 was it simply going to be: we have capacity issues here,
- 8 we're just going to have to put people in those places?
- 9 A. We tried to maintain staffing ratios as best that we
- 10 could in order to maintain safety. I think there were
- 11 limits on what we were prepared to do and not do. We
- 12 all recognised that it was extremely challenging and we
- 13 would have to dilute the staff, but that we could not
- 14 have a situation where there would be no nurse in charge
- 15 and no nurses with skills to care for patients in -- in
- 16 any unit, and certainly in intensive care. It was
- 17 agreed with the network and you see the -- in that
- 18 evidence paper, the proposal to stay at 1:1 for as long
- 19 as possible and then move to 1:2 and 1:4, and I don't
- 20 believe that during the pandemic we ever moved past 1:4
- 21 in any ICU situation.
- 22 Q. Was the fundamental problem a lack of nurses?
- 23 **A.** Yes, we didn't have capacity to do what we needed to do.
- 24 Because in October 2020 isn't it right that you asked
- 25 chief nursing officers in England, Wales, Scotland and
- 1 the first wave, second wave or third wave?
- 2 A. I think that it certainly impacted on our staff's
- 3 ability to deliver the care and I am quite sure that
- 4 that impact on staff had an impact on patient
- 5 experience, at least. I don't think we have the
- 6 evidence to say that it impacted on someone's outcome,
- 7 but it certainly impacted on experience of both staff
- 8 and patients.
- 9 Q. You had the workforce appeal. I think it's right that
- 10 actually there weren't a huge number of people who
- returned in terms of nursing staff, through the 11
- 12 workforce appeal?
- 13 Α. Correct.

- 14 Q. Why were the numbers so low about who was able to
- 15 actually then rejoin, or have you set that out in your
- 16 statement because I'm just conscious of the time?
- 17 **A.** We ended up with 447 nurses from the workforce appeal.
- 18 The numbers did drop significantly from those who had
- 19 applied to those who ended up, that's correct, and there
- 20 were a number of reasons for that. Many, many, I think,

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- 21 felt an emotive response to the call for action and
- 22 I certainly was very vocal and visible in that call to
- action, but they didn't necessarily either want to work 24 in frontline services, didn't necessarily have the
- 25 skills, the particular skills that we needed, or they

- 1 the Republic of Ireland if they would provide you with
- 2 extra staff?
- 3 **A.** Yes, that's correct.
- 4 Q. And no one was able to help you?
- 5
- 6 **Q.** How bad was the situation in October 2020 that you
- 7 needed to ask the other nations of the UK to provide
- 8
- 9 A. At that time we had particular challenges in --
- 10 particularly in relation to intensive care, and our
- 11 ability to flex up, so we were monitoring the ICU bed
- 12 usage through the critical care network on a -- I would
- 13 say a twice daily benefit basis, and I was in regular
- 14 contact with the ICU hub on a regular contact, and
- 15 I knew that we had a small number of beds that we could
- 16 still staff at that -- at the required level in October,
- 17 but if we had a sudden surge or an event that -- where
- 18 a number of ICU beds would be required, for example in
- 19 a non-Covid situation, that would be very challenging
- 20 for us, so this was an attempt to plan for the
- 21 worst-case scenario. And in fact the agreement with the
- 22 Republic of Ireland was that while they couldn't
- 23 transfer staff, they would be able to take a number of
- 24 patients for us if we needed to.
- 25 Q. Did the numbers available impact upon patient care in
- 1 had very rigid rotas that we couldn't facilitate.
- Others wanted permanent jobs that weren't going to be 2
- 3 provided through this workforce appeal. So there were
- 4 a number of different reasons and, in some ways, I think
- 5 we had better success with the vaccination programme.
- 6 **Q.** But in terms of the workforce appeal for numbers,
- 7 particularly when you're going through that second wave,
- 8 was there anyone who had expressed an interest or made
- an application through the workforce appeal who you 9
- 10 think may have been able to provide the skills but,
- 11 actually, the way that the workforce appeal was
- 12 structured meant that they weren't then able to be
- 13 deployed? I'm not asking for individuals, I'm just --
- 14 in terms of did you make available use of everybody who
- 15 expressed an interest?
- 16 A. I can't answer that question because I wasn't directly
- 17 involved in the workforce appeal, and the trusts would
- 18 be better placed to answer that.
- 19 Again, this is one thing that we hear frequently, that Q.
- 20 the trusts are better placed to answer that in terms of
- 21 the Nightingale, the workforce appeal. Is there not
- 22 a lack of control from the Department of Health when 23 these issues are then passed on to the trusts?
- 24 A. I don't believe so. I think that the Department of
- 25 Health have a very specific role in overseeing the

1	health and social care system. During the pandemic we
2	became closer to that system in a number I was very
3	involved operationally but, in terms of the response to
4	the workforce appeal, it was managed through HR and the
5	workforce policy director at the department and what I'm
6	saying to you is I'm not close enough to know the detail
7	of that.

Q. Just a few very minor questions left -- sorry, not minor questions, just a small number, that's what I meant to

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The RQIA suspension, I'm going to ask the CMO about the reasons for that. Were you asked what view you had about the impact of suspending the inspection of the hospitals by the RQIA would have upon the protection of healthcare workers?

- A. I don't recall being directly asked, but I would have been aware of the conversations between the chief executive and the CMO at the time, and I understood that the direction that was issued from the department was on the back of a conversation with the chief executive of the RQIA at the time, who had a professional background, she was a nurse, and saw the opportunity for RQIA staff to be more helpful --
- 24 Q. Yes, sorry to cut across you, but in terms of is there 25 a benefit of a regulator, such as the RQIA, maintaining
- 2 I think -- and again we would have discussed this 3 through both IPC cell and the nursing huddles -- the 4 nurse directors and the senior nursing teams were very 5 aware of where those staff were located, and 6 I understood that all of the same level of support 7 and -- was provided to them as to all other members of 8 staff.

and, because we have a smaller ethnic minority mix,

- 9 Q. Then finally, was there sufficient provision being made 10 for nurses who were suffering from Long Covid?
- 11 A. Again, that's something that I wasn't directly involved 12 in from a policy perspective, but I do know that there 13 was a group at the minister's request set up to examine 14 the impact of Long Covid and the provision of services, 15 which were set up in Northern Ireland through a clinic. 16 I myself became aware of the work of Dr Elaine Maxwell 17 and the work that she'd done reviewing the international 18 evidence around sequelae --
- 19 **Q.** I think you've set that out in your statement.
- 20 A. Yes, okay, thank you.
- 21 MR SCOTT: Thank you.
- 22 My Lady, I have no more questions.
- 23 **Questions from THE CHAIR**
- 24 LADY HALLETT: Thank you.
- 25 Some more questions, Professor McArdle, on visiting 51

1 inspections of IPC provision in hospitals; is that 2 beneficial during a pandemic?

3 A. I think that we -- the flexibility allowed them to 4 inspect if they needed to inspect. I think that, during the pandemic, their staff provided a more beneficial 5 6 role in the work that they undertook in terms of 7 supporting particularly independent sector and working 8 with the Public Health Agency in particular around 9 communication and management of outbreaks, and 10 supporting healthcare staff.

> I think the trusts have an IPC team, a very skilled and expert IPC team, there are processes in place in organisations to oversee IPC and I would also note I think the RQIA report, when they did visit hospitals, suggested that, in the main, with a couple of recommendations, there was a high standard of adherence to the IPC guidance.

Q. Yes. 18

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19 Finally, the impact upon nurses. Did you come to 20 learn about any concerns or issues that were being faced 21 by ethnic minority nursing staff?

22 Α. I was aware of the information from the other countries, 23 in terms of the mix of healthcare staff. I think it's 24 fair to say in Northern Ireland we have a different 25 population mix, probably, than the other three countries

1 restrictions. First of all, one of the core

2 participants has asked: when you mentioned additional

3 needs for the purposes of making individualised

4 exceptions to visiting suspensions, what was the

5 guidance on additional needs?

6 It was simply additional needs, so it's broad enough to 7 cover anyone who has a specific set of circumstances, 8 should that be a learning disability, a mental health 9 issue, dementia, a child with additional needs, any 10 patient or service user who has a requirement to have 11 another person with them, either to act as an advocate 12 or to communicate on their behalf.

LADY HALLETT: The other question they've asked is: you said 13 14 that you felt the principles about family visits at the 15 time of death or about the time of death were applied in Northern Ireland. The suggestion is that there is

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17 evidence that exceptions to the visiting restrictions

18 were not always subject to an individual risk assessment

19 and that patients with additional needs or at the end of

20 life were not permitted to have visitors or

21 family/carers with them. Now, you've said you relied on

22 your directors of nurses and contact you had with

23 frontline staff. Were there any other steps you had to

24 take to monitor whether what you were being told was

25 actually happening?

1	Α.	Well, my Lady, as I said, whenever we moved the guidance
2		on to provide more flexibility and to take account of
3		local transmission so in one area of Northern Ireland
4		you might have had a population with a high transmission
5		rate present and in another lower transmission, so the
6		flexibility for organisations would depend on that as
7		well. But, in the case where organisations moved away
8		from any of the regional guidance, they reported that on
9		a weekly basis through me to the minister, so that was
10		the assurance that organisations were adhering to the
11		guidance.

LADY HALLETT: So if they didn't allow or didn't conduct 12 13 risk assessments because they had a high number of 14 cases, that would be reported to you, and are you saying 15 you didn't get any such reports?

16 A. I'm saying that where they deviated from the guidance, 17 so say, for example, they didn't allow an end of life visit --18

19 LADY HALLETT: Yes.

20 A. -- they had to document why that was so.

LADY HALLETT: Did you get such reports? 21

22 A. We did. We got a very small number but they were 23 exceptional circumstances and, whenever we went back to 24 the individual organisations, they were able to explain 25 why specifically on that occasion the guidance wasn't

1 going to be, hopefully positive, and to educate and 2 support them at the time.

3 Q. Thank you, that's helpful. Is it right that it wasn't 4 until the 7 May 2021 iteration of the visiting guidance, 5 the pathway to enhanced visiting guidance that you were 6 speaking about, that, as a general rule, both parents 7 were permitted to be with their babies on the neonatal 8 unit at all times?

9 A. Yes, that would be correct, there was provision for one 10 parent.

Q. Prior to that guidance? 11

12 A. Yes

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13 Q. So it wasn't until May 2021 that, as a general rule, 14 both parents could be there at all times?

A. As a general rule but, as I say, at that point local 15 16

risk assessment was in place, so where that could have 17 been facilitated it would have been facilitated. Q. So, given what you have said about the importance of 18

family care to these, by definition, very vulnerable

20 babies, and given what we also know about the very 21 severe and distressing impact of restrictions in this

22 distinct context, do you agree, as your Welsh

23 counterpart said she did yesterday, that parents should

24 always have been considered as one unit for the purposes

25 of so-called visitor guidance in this context, ie that

adhered to. 1

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2 LADY HALLETT: Thank you.

Right, I think, Ms Waddoup, you've got a question or 4

two. You've over there. Can you see?

THE WITNESS: Yes, thank you. 5

Questions from MS WADDOUP

MS WADDOUP: Good morning, Professor. I ask questions on 7 8 behalf of 13 Pregnancy, Baby and Parent Organisations 9 and we'd like to focus on restrictions on parents and 10 families being with their babies in neonatal units.

Would you agree, Professor, that parents, and in particular both parents, being with their babies on the neonatal unit is a positive thing not just for parents but also for babies, for the health and development of those babies?

16 A. Yes, I would agree.

17 Q. Could you perhaps explain some of the ways in which 18 that's important?

19 A. It's important for bonding, it's important for family 20 interventions, it's important to ensure the growth and 21 development of the baby and to have that support network 22 around them from parents, it's also an important 23 opportunity for staff to talk to both parents in 24 a neonatal unit, where obviously there is a very sick

25 child and to prepare them for whatever the outcome is

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1 both should have been allowed to visit? 2 I think that that will be down to individual

circumstance. I think it will depend on the mix of -the babies in the neonatal unit, as you said, are very vulnerable, they're immunosuppressed, immunocompromised, and a risk assessment should be made based on the environment, the babies, the staff and the parents and, where possible, I think of course, yes, both should be accommodated.

At the start of the pandemic, when we did not understand a lot about the virus, we were learning as we went along, that would not have been possible, and I think, on reflection, it would be -- which is why we amended the guidance so many times, to support people, to be more flexible. But, as I've said previously, these were very difficult decisions that nobody wanted to make, and they were made in the best interest of protecting young babies, families and the public.

19 Q. Thank you.

> Finally this: you've spoken about the guidance being kept under continuous review, about Northern Ireland leading the way in this respect, the charity Bliss, which advocates for sick and premature babies, have received reports, including from neonatal staff at one trust in Northern Ireland, of restrictions on wider

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family access, so by siblings and grandparents,
 continuing all the way into May 2023 with Covid-19 being
 given as the justification.

Are you aware of that happening?

- A. I'm not aware -- I'm aware of it happening in line with
   the guidance during the pandemic of 2020 and up until,
   as you say, 2021, when we made that change. I left my
   post in October 2021, so I can't really comment on what
   happened after that period.
- Q. You're not able to assist us, if that was happening, in
   fact, all the way into 2023, why that might have been
   happening?
- 13 A. I would only -- I would understand from my experience
   14 that that would be down to local circumstances in the
   15 neonatal unit at the time, potentially the number of
   16 cots, the number of staff and the physical environment
   17 of the unit.

18 MS WADDOUP: Thank you, that's helpful.

19 Thank you, my Lady.

20 LADY HALLETT: Thank you.

21 Mr Wilcock?

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## 22 Questions from MR WILCOCK KC

MR WILCOCK: Professor, I represent Northern Ireland Covid
 Bereaved Families for Justice, and Mr Scott has
 helpfully already asked you most of the questions we

- 1 A. I agree, it was confusing and distressing. But I think 2 it's a complex area, and I think it's subject to the 3 virus, the local arrangements, as I've described, local 4 transmission, hospital estate, availability of staff, 5 risk assessment of the patients. There are a number of 6 complex factors to be considered and I appreciate that 7 that is not easily understood for people from 8 a non-healthcare background and, in that context, yes, 9 it was somewhat confusing and indeed frustrating for the 10
- Q. So, given the balance between, we accept, the complexity 11 12 of the situation you were dealing with and the distress 13 that would be caused to individuals affected, apart from 14 your decision whether or not to answer the complaints 15 you directly received, what was the formal review or 16 complaint mechanism in place for someone directly 17 affected by what they saw as an inconsistent application 18 of the visiting guidance, so that they could register 19 their view and receive from the healthcare system the 20 explanation for what was happening; what was the formal system in place?
- system in place?
   A. Well, there were two systems in place, firstly through
   the trust caring for the patient in the normal
   complaints procedure, contacts through the nurse in
   charge and on up through their organisation and a formal

wished to ask you but her Ladyship has given us permission to ask you two relatively short questions in relation to visiting restrictions.

Before I do that, can I just confirm, you've told us, haven't you, that you've had lots of communications about the impact these restrictions were having on people in hospitals and care homes during the course of the pandemic?

9 A. Yes, that's correct.

10 Q. Just for the record, can I say that I'm not asking you 11 about care homes, for the very simple reason that, as you pointed out earlier, the Inquiry has made clear to 12 13 us that that would not be within the scope of this 14 module, and it may be that her Ladyship will consider 15 recalling you to give evidence on this topic in a later 16 module on care homes. So I'm really only asking about 17 hospitals at this minute.

Many of the families I represent have reported what they see as inconsistent implementation of the visiting restrictions that were in place in different hospitals at any given time. In that context, can I ask you these questions:

First of all, do you agree that any impression that visiting restrictions were being inconsistently implemented was inevitably confusing and distressing?

complaint if necessary, and also the Patient and Client council, as a route to advocate on their behalf and, indeed, the Patient and Client Council did work very closely with us, and I accept your point about care homes, but they were engaged in that process through with other patient association groups, patients who'd come to them, and they were a very good source and, indeed, they carried out a survey for us which was very helpful in feeding back people's experience of visiting policy.

MR WILCOCK: My Lady, two questions occur to me, they're
 very short and they've probably already occurred to you;
 may I ask them?

14 LADY HALLETT: You may, Mr Wilcock.

15 MR WILCOCK: Thank you.

So there was no individual system, there was no system specific to the pandemic: it's just what existed before?

- 19 **A.** It would have been normal governance processes in the20 health system.
- Q. Was that sufficient, given the distress the inconsistentapplication would cause?
- A. I would be of the opinion that, if anybody raised
   a concern with the nurse in charge or with the trust and
   the organisation, they would have made best efforts to

1	rectify that situation, as did happen in the number of
2	cases that I was aware of.

**MR WILCOCK:** Well, comment may be made on the phrasing of that answer, but I've no further questions.

Thank you, my Lady.

6 LADY HALLETT: Thank you, Mr Wilcock.

Thank you very much Professor McArdle. Those are the questions we have for you. As Mr Wilcock has presaged, there is a possibility we will have to ask you to come back, and I'm sorry about the impositions we make but thank you for your help so far.

12 THE WITNESS: Thank you.

13 (The witness withdrew)

14 LADY HALLETT: I shall return at 11.35.

15 (11.21 am)

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16 (A short break)

17 (11.35 am)

18 LADY HALLETT: Ms Carey.

19 MS CAREY: Thank you. May I call, please, Professor

20 Susan Hopkins, and may she be sworn.

21 PROFESSOR SUSAN HOPKINS (affirmed)

22 Questions from LEAD COUNSEL TO THE INQUIRY for MODULE 3

23 MS CAREY: Professor, your full name, please.

24 A. My name is Susan Hopkins.

25 Q. Thank you. You have made a statement to Module 3 dated

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Can I ask you, please, we have heard a little about the WHO, World Health Organisation, guidelines, and I just want to establish at the start: is it the position that the UK is bound to follow WHO guidance and/or advice?

6 A. Absolutely not. I think, first of all, the consensus

7 that WHO will come to will actually be a consensus

bringing in lots of different countries, and UK will

9 usually be a member of those advisory groups that help

inform WHO advice. It is really important to recognise

11 that each country develops advice for their own

12 situation, but that the evidence base that we are using

tends to be very, very similar, and the knowledge that

we are sharing, both nationally and internationally,

15 tends to be from the same evidence base.

16 Q. But the WHO doesn't mandate action in any given country;

17 is that right?

18 A. Correct.

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19 Q. If the WHO advice is not followed, presumably there's no20 sanction or anything like that?

21 A. Similarly to guidance in this country, likewise.

22  $\,$  Q. We're going to come on to the UK guidance, right.

Can I deal with, firstly, Public Health England and a little bit about their roles and structures, and then do the same with UKHSA just so that we're clear about

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1 31 January with the INQ000410867, and I think you have

2 a copy in front of you.

3 A. I do.

4 Q. Professor, I have a number of topics to deal with you

5 over the course of today. Can I just start, please,

6 with your personal background. Is this right, you are

7 a professor of infectious diseases and health security

8 at University College London?

9 A. Correct.

10 Q. You maintain what is described as an active research

11 portfolio and you continue to work clinically as

12 a consultant at the Royal Free Hospital?

13 **A**. I do

14 Q. You, in 2021, in October, became the interim Chief

15 Medical Adviser to UKHSA --

16 **A.** I did.

17 Q. -- UK Health and Safety Agency, but we're calling it

18 UKHSA for short -- and then was formally appointed to

19 the post in June 2022. Prior to joining UKHSA, is this

20 right, you were the deputy director of the National

21 Infection Service at Public Health England from 2018 to

22 2020?

23 A. Correct.

24 Q. I know there is various other responsibilities you have,

25 but that will probably do for our purposes.

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1 the two different bodies. I think, is this right,

Public Health England or PHE was set up in 2013 --

3 A. Correct.

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4 Q. -- with the aim of protecting and improving the nation's

health and wellbeing and reduce health inequalities, and

6 they are to carry out the Secretary of State's statutory

7 duties and functions to promote the health and wellbeing

8 of the nation?

9 A. Correct.

10 Q. All right. During Covid, did Public Health England have

11 the following two roles: they were to provide scientific

12 advice and guidance to the Chief Medical Officer?

13 A. Correct.

14 Q. Translate SAGE's advice into guidance for clinical

15 settings and audiences?

16 A. To all settings and audiences, not just clinical

17 settings.

18 Q. Thank you. And they were to undertake specific

19 scientific tasks, for example, testing and contact

20 tracing?

21 A. Those were some of the tasks, yes.

22 Q. Quite, yes, there's a lot more. Right. Is this the

23 position, that Public Health England acted as advisers

24 to the UK IPC cell?

25 A. So UK -- PHE and subsequently UKHSA were one of the

- 1 teams of advisers to the IPC cell. It was all of the
- 2 public health agencies and the NHS coming together, and
- 3 therefore had a role in advice, but as did the advice
- 4 coming from SAGE or the expert groups from SAGE as well,
- 5 or other advisory groups from government. All of that
- 6 came together within the IPC cell.
- 7 Q. Yes, it wasn't to the exclusion of the other public
- 8 health agencies, but --
- 9 A. Absolutely not.
- 10 Q. -- we'll look at the IPC cell a little later, and if
- 11 anyone wishes to know more about PHE's engagement with
- 12 other bodies, it is set out in full in the statement and
- 13 I'm not going to go through it with you now.
- 14 UKHSA came on 18 August 2020, the Secretary of State
   15 announced the new body. It went through various names,
- which I won't trouble you with, but is it right that the
- 17 name changed to UKHSA on 24 March 2021 and UKHSA
- 18 formally launched on 1 April that year?
- 19 A. So it formally launched with the chief exec and the
- 20 chair on 1 April but actually it came into formal action
- 21 on 1 October of 2021.
- 22 Q. Right. Their responsibilities and roles included
- 23 preventing and anticipating threats to health and help
- building the nation's readiness, defences and health
- 25 security. They had detection functions, an analysis
- 1 closely on those elements.
- 2 Q. Can I ask you about one other group that we've heard of,
- 3 it's the Senior Clinicians Group, is that the same thing
- 4 as the senior clinical leads, do you know?
- 5 A. Well, I presume it is, I've seen both used. I think we
- 6 called it Senior Clinicians Group because it wasn't
- 7 necessarily just leads from organisations, and
  - individuals were invited to that to provide views or
- 9 opinions so that a range of people from a range of
- 10 organisations across the four nations could come
- 11 together.

- 12 Q. And I think in your statement you say that the Senior
- 13 Clinicians Group was convened by the Chief Medical
- 14 Officer's office, it included the Chief Medical Officer,
- 15 the deputies, the NHSE medical director -- was that
- 16 Sir Stephen Powis predominantly for the time --
- 17 A. It was, yes.
- 18 Q. The NHSE director of emergency planning -- who was that,
- 19 please?
- 20 A. That was Professor Keith Willett.
- 21 Q. Thank you. The PHE medical director?
- 22 A. That was Yvonne Doyle.
- 23  $\,$  **Q.** Thank you. And then there was various -- there was
- 24 a PHE incident director?
- 25 **A.** That was me and Professor Nick Phin, who -- we shared 67

- 1 function, a responsive function and to what's called
- 2 "lead strong and sustainable global, national, regional
- 3 and local partnerships designed to save lives [and]
- 4 protect the nation from public health threats, and
- 5 reduce inequalities"?
- 6 A. Correct.
- 7 LADY HALLETT: So what was the real difference between that
- 8 and Public Health England?
- 9 A. So Public Health England included infectious diseases,
- 10 external health threats, health improvement through
- 11 non-communicable diseases, so things like obesity,
- 12 smoking. Public Health England also held the public
- health grant that was given to local authorities on
- 14 behalf of the department. UKHSA does not do
- non-communicable diseases, health improvement such as
- obesity, smoking, alcohol, and the lead role for health
- 17 disparities or health inequalities sits with the
- 18 department as part of the Office for Health Improvement
- 19 and Disparities, the other half of what PHE was.
- 20 **MS CAREY:** So in the event of a future pandemic, the burden is going to fall on UKHSA?
- 21 is going to fall on UKHSA?22 A. So I think the operational burden will fall on UKHSA.
- 23 It will require the whole of government. And it will
- also require the department, in its role with health
- 25 improvement and disparities, to work with us very
  - 6
- 1 that role for the first nine months of the pandemic.
- 2 Q. And the Senior Clinicians Group first met on
- 3 16 March 2020, and the membership gradually widened to
- 4 include the four nations' chief nursing officers,
- 5 the CMOs and relevant DCMOs, and with various experts
- 6 invited to attend individual meetings; is that --
- 7 **A.** And that was very rapid, I think within a week it was
- 8 a four nations group.9 Q. Professor, can I ask some overview questions at the
- beginning, predominantly about transmission.
- Do you agree that determining the mode or modes of
- 12 transmission has consequences for the IPC measures that
- are recommended?
- 14 A. I do agree, and -- but I would also highlight that when
- we determine the mode of transmission and the measures
- that are going to be done, we use a lot of information
- that has developed over many years and evidence that's
- developed over many years in the literature, for both
- the mode of transmission but also the evidence for what
- we will do.
- 21 Q. All right. I think are you aware that we are familiar
- 22 with three main routes relevant to respiratory viruses:
- the droplet route, the aerosol route -- do you agree
- that "airborne" and "aerosol" are used synonymously?
- 25 A. So I think -- can I just put this in a really simple

- 1 way? I think that in traditional terms there has been 2 dichotomies, simple binary dichotomies that I think the 3 pandemic has shown are not helpful.
- 4 Q. Pause there, please, because we're going to come on to 5
- 6 Α. Yes.
- 7 Q. I just want you to understand that we're aware of the 8 three main routes. We'll look at whether they are good
- 9 one, bad ones or perhaps ought to change in a moment.
- 10 But to go back to my question, do you agree that
- 11 generally "airborne" and "aerosol" are used
- 12 synonymously?
- 13 A. "Airborne" and "aerosol" are -- I don't know if it's
- 14 used synonymously, I think "aerosol" is meant -- to me 15
  - is a component. "Airborne" I think more aligns with
- 16 respiratory route of transmission.
- 17 Q. Well, for these purposes and the Covid-19, yes. And
- 18 obviously we are familiar with contact, both direct and
- 19 indirect, or fomite, however you want. So they're the
- 20 three routes we are going to be concentrating on.
- 21 In your statement, when you refer to droplets, what 22 particle size are you referring to?
- 23 A. So I think if we look at traditional measures of
- 24 droplets that were used throughout the early days of the
- 25 pandemic, droplets were regarded to be larger particle
- 1 parts of the lung, but I would also highlight that what 2
  - we have done and the evidence that has emerged during
- 3 the pandemic means that that dichotomy is no longer
- 4 useful or helpful.
- 5 Q. I follow that and we will look at it, but I just want to
- 6 understand some basic parameters at the outset.
  - So when you are talking about aerosols you are referring to particle sizes of 5 microns or smaller; is
- 9 that correct?

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- 10 A. That's the traditional --
- 11 Q. All right, and can we take it that if it's above
- 12 5 microns, that is potentially you referring to it as
- 13 a droplet?
- 14 A. Correct.
- 15 Q. Right, thank you.
- 16 Are you aware that Professor Beggs' evidence was
- that particles of 100 microns or larger behave 17
- 18 ballistically?
- A. I am aware from --19
- 20 Q. You've read his statement?
- 21 A. I have
- 22 Q. He says that particles of 100 microns or under behave
- 23 like aerosols, ie they float and travel larger
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- 25 A. So I recognise that that is the particle physics that he

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- 1 sizes that would fall close to where the patient is or
- 2 where individuals are in the public. I think that there
- 3 were dichotomies and measures that are taken, and we can
- 4 discuss those, but I think that, again, this was about
- 5 simplifying complex matters into terms that people could
- 6 understand.

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- 7 Q. So in the vein of simplicity, in your statement, what 8 droplet size are you referring to when you say droplets?
- 9 A. So I think in the statement I think what it's referring
  - to is that the traditional infection prevention and
- 11 control measures that were used were droplets -- were
- 12 large particle sizes, usually in the order of multiple
- 13 microns to hundreds of microns wide.
- 14 Q. Can you give us a figure? We're going to come on and
- 15 look at the 100 dividing line, but I just want to
- 16 understand what your position is so that people know at
- 17 the outset when they see in the statement of
- 18 Professor Hopkins referring to a droplet, she is talking
- 19 about a particle size of what?
- 20 A. So I'm afraid I think that I would say that the
- 21 traditional particle size of droplets and aerosols that
- 22 have been used throughout the pandemic have been based
- 23 on evidence that was built on for many years. The
- 24 aerosol droplet size has traditionally been measured as
- 25 a sort of 5-micron, things that get into the narrow
- 1 describes.
- 2 Q. Do you agree with that dividing line?
- 3 So I agree that, again, the dichotomy of 5 microns
- 4 versus 100 microns is not helpful and that we should
- 5 recognise a range of particle sizes that come through.
- 6 I think that what we've seen emerge throughout the
- 7 pandemic is that these simple dichotomies are not
- 8 helpful in understanding how transmission occurs and the
- interventions that could control transmission. 9
- 10 Q. All right. Do you think that the 100-micron dividing
- 11 line is about right?
- 12 I again think we should be thinking about respiratory 13 transmission in general and about the range of particles
- 14 that people emit through a range of procedures, and that
- 15 actually what we are seeing from all of the evidence
- 16 accumulated in the pandemic and a review of a lot of the
- 17 evidence before, that we should be talking more in
- 18 general of respiratory transmission and what we can do
- 19 to reduce it rather than talking about particle size 20
- 21 Q. I follow that, but it would be helpful to have on the
- 22 record whether you agree the 100-micron dividing line is
- 23 a sensible one. You may say 110, you may say 90, but
- 24 give us a ballpark figure.
- 25 **A**. I mean, you know, I think the problem is that if we

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1	develop into a new number as a dividing line then we
2	don't actually overarchingly think about what are the
3	measures that we can do to reduce respiratory
4	transmission and what are the interventions that are
5	helpful in doing that. So in my way of thinking, what
6	we have is a continuum of particle sizes that go from
7	very small to much larger, some that are visible by the
8	eye and the majority that are not visible by the eye,
9	and things that we can't measure routinely in practice
10	and therefore what I think is really important in
11	thinking about that is: what are the interventions that
12	will help us reduce the risk of respiratory transmission
13	in a wide variety of settings to prevent people getting
14	infected.

15 Q. All right.

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16 Do you think in future there needs to be a more 17 multidisciplinary approach to the formulation of IPC 18 guidance?

19 Α. So --

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20 Q. Not just clinicians but with physicists, engineers and 21 the like?

22 **A.** I agree that the multidisciplinarity is important.

> Multidisciplinarity occurs in hospitals with hospital engineers contributing to IPC teams. I think, again,

the feeds into the IPC cell who are writing the ultimate

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about to see somebody who is infected, knowing how we can improve the ventilation in the environments, whether that be through temporary measures or more permanent measures, thinking about how we isolate individuals and quarantine them, having widespread testing available. I'm happy to go into this in more detail. But I think it's really important to recognise that a golden bullet or a silver bullet won't work if we just think about it in binary terms, and I'm really keen, coming out of the pandemic, that we understand the multidisciplinarity that's important but also the multiple different interventions that we need to use at once as complex interventions to reduce infection transmission.

14 MS CAREY: All understood, Professor, but the bottom line is 15 that early on in the pandemic droplet transmission was 16 deemed to be the main route of transmission.

17 A. Agreed.

18 Q. So it may well be now, in 2024, our understanding has 19 evolved, if not changed, but I do need to deal with what 20 was known back in 2020 and onwards.

> So in that vein, as at January 2020, I think it was Public Health England that published the first Covid-19 IPC guidance on 10 January, and that's paragraph 290(c) if you want to look.

As at 10 January, what was Public Health England's

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guidance for operationalisation in the NHS were 2 multidisciplinary, through the advisory groups, which 3 are multidisciplinary, to government, and specifically 4 the SAGE Environmental Modelling Group which had multidisciplinarity. So I think the feeds in need to be 6 multidiscipline, because they will bring in all of those aspects, and then I think that in developing the 8 guidance that needs to be thought about the range of 9 individuals who will be using that guidance and whether 10 it's understood by them and can be practised by them.

LADY HALLETT: Sorry, just going back to your answer, 11 12 Professor, how can we reduce the risk of respiratory 13 infection in a wide range of settings, that sounds as if 14 you don't think there's any purpose whatsoever in 15 deciding whether it's aerosol or droplet transmission 16 because circumstances can vary and you ought to be 17 catering for every possibility?

A. So I think --18

19 LADY HALLETT: Every reasonable possibility.

20 A. Yeah, I agree. So I think what we've learnt through the 21 pandemic is that respiratory transmission occurs in 22 a wide variety of different ways and that when we're 23 looking at the ways of controlling it we need to look at 24 a wide variety of ways of controlling it: knowing who is 25 infected, knowing the risks of the person who may be

1 understanding about the mode or modes of transmission? 2 Well, the emerging information that was essentially 3 shared with us from WHO was that the main route of

4 transmission was close contact transmission and likely,

5 therefore, to be related to droplet transmission, as 6 that close contact was the predominant route.

7 Q. Right. So that accorded with Public Health England's 8 understanding?

So that was the best information. We had no information 9 10 in country at the time.

11 Q. Right. Then at that time, in January, we know that 12 shortly after that guidance Covid became an HCID,

13 a high-consequence infectious disease, and that

14 accordingly, therefore, various precautions were needed, 15 including the use of FFP3 respirators when dealing with

16 an HCID; is that correct?

17 Α. Correct

18 Q. It was declassified in due course on 19 March.

19 I'm not going to ask you about the classification 20 and declassification decisions, but is this the 21 position, that the January 2020 guidance was based on 22 MERS guidance?

23 A. So we had established guidance for MERS and for SARS and 24 for diseases that were neither endemic, epidemic or 25 pandemic, so these were all very rare infections that

- 1 were not circulating in the community and so the only 2 exposures that we would see in the UK were imported 3 cases that were then being managed in healthcare 4 settings, and therefore it was very clear about that 5 what we wanted to do was reduce the risk of any 6 transmission when we are trying to find out more 7 information
- 8 Now, putting aside the fact that MERS was designated as 9 a high-consequence infectious disease, the MERS guidance said that MERS was transmitted by large respiratory 10 droplets, direct or indirect contact, it may also have 11 12 been detected in blood, faeces and other bodily fluids, 13 and, under certain circumstances, airborne transmission 14 was thought to have occurred, particularly from 15 aerolised respiratory secretions. So a number of routes 16 of transmission for MERS there. And MERS guidance 17 recommended FFP3; is that right?
- 18 A. Correct.

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- 19 Q. Now, of course it was an HCID as well, so that may add 20 a complication into it. You mentioned, I think, SARS. 21 Do you agree that SARS was transmitted by the airborne 22 and droplet route as well?
- 23 A. So again the majority of evidence from the SARS epidemic 24 from 2003 was that the majority transmission was through 25 droplet and, actually, it was from the SARS epidemic

1 and/or contact transmission but, obviously, there is 2 some reference to airborne, and I'm trying to understand 3 why at the outset airborne seems to have dropped off the 4 radar, if I can put it like that.

A. Yeah, I think that when we look and when we consider airborne -- and we've got a number of diseases that we consider airborne -- we often think about transmission at long distance, rather than short distance, and what we saw during the early cases that were identified for SARS-CoV-2, as it's now known, or Covid-19, that the cases that were being identified were very close contact and that those were predominantly within a metre but definitely within 2 metres.

When we have looked at airborne transmission for other infections -- and I think the two classic examples that are often used are TB and measles, where actually transmission often occurs in the next door room or in another environment where you can see that it's transmitting, has to transmit through the air because it's not been in the same room. And we see that in healthcare as well, particularly for things like TB and measles, where we know that these can jump from room to room and that's where the traditional component of transmitting through the air for these infections has occurred, whereas for infections that are transmitting

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1 that occurred that the idea of aerosolise -- generating 2 procedures actually came to the fore, predominantly

3 because the people who had not -- had just worn no face

4 masks or only fluid-resistant surgical masks were

5 transmitted in healthcare, having performed a procedure,

6 an aerosol-generating procedure. If those people were 7 in -- doing other forms of healthcare, so normal

8 healthcare routine delivery, without FFP3s, we didn't

9 see transmissions. Transmissions occurred at those AGP

10 moments.

11 Q. Right.

12 A. So a lot of the evidence that we used for MERS 13 subsequently is based on what we learnt from those 14 hundreds of cases that were then transmitted in other 15 countries during SARS.

16 Q. Right. 17 LADY HALLETT: You're like me, you speak very quickly, could 18 you slow down. It's just that some of the words you're

19 using, I'm watching the transcription -- it's not easy.

20 MS CAREY: So you have MERS transmitted via number of 21 routes, you've got SARS transmitted via airborne and 22 droplet but the majority is considered to be droplet 23 transmission.

24 Correct.

25 Q. You have the WHO considering that Covid was droplet

1 to people within the same close confined space has been 2 traditionally used as droplet.

3 Q. Right, so in relation to Covid, it was considered to be 4 droplet and, therefore, the risk was greater the nearer 5 you were to the infectious person?

6 A. Correct.

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7 Q. Can I ask you this: when did Public Health England first 8 consider there was evidence to suggest that Covid-19 was 9 transmitted via the airborne route?

10 A. So I think that was an accumulation of evidence over 11 time, I don't think I could put at a single moment, 12 there's -- this was not just Public Health England's 13 evidence but other evidence from other teams globally, 14 where we regularly reviewed the evidence. A lot of that 15 evidence came together at advisory groups where Public 16 Health England was one of many providing evidence,

17 either through SAGE subgroups or to NERVTAG, and I would 18 say that by 2021 -- we were pretty clear in 2021 that

19 there was some element that was happening through the 20 air but that, even then, there was thought to be lots of 21 other circumstances around why this might happen.

For example, PHE was doing studies all the way along on -- in hospital rooms and collecting air samples, and collecting it from the environment, so the touch surfaces that people touched and, in doing those

1 studies, we were reviewing the analysis at each point 2 and, in those, we only found two samples where it was 3 through the air, one in a room that an AGP had been 4 performed and another in a room where lots of people had 5 merged into that room to provide healthcare and there 6 was thought to be disturbance in the air. And those 7 things were all sort of saying: it is definitely 8 possible but it's not dominating because these are rare 9 events, rather than finding it in the air at all times.

10 Q. Can you help us with when the UK IPC guidance first 11 mentioned that Covid could be transmitted by the airborne route? 12

13 A. Well, I think it mentioned it for aerosol-generating 14 procedures from the start --

15 Q. Put those to one side because that's specific. Just 16 generally.

17 A. So I cannot recollect when it particularly mentioned it. I do recall that in UK -- PHE, as it was then, brought 18 19 together independent experts to do a Respiratory 20 Evidence Panel in spring of 2021. In that spring of 21 2021, along with experts from SAGE Environmental 22 Modelling Group, there was a consensus that there was at 23 least some airborne component, and that that should be 24 started to be reflected in the guidelines. It was 25 probably later than that when --

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it and are still looking at it, the evidence is weak 2 that they actually -- FFP3s protected more than 3 fluid-resistant surgical masks. And the judgements from many of the consensus groups that were being discussed 5 is that there is a whole host of interventions that we 6 needed to do, that FFP3 -- and I'm sure you've heard 7 mention before of the hierarchy of controls -- is at the 8 very bottom of the hierarchy, rather than at the top and 9 that the other elements were more important to be 10 introduced rather than a binary, fluid-resistant 11 surgical mask versus --

Q. Pause there, please, because you're right: FFP3 is part of the PPE which is at the bottom of the hierarchy of controls. But I just want to come back to what you were saying. I had understood the position that respirators offer a higher degree of protection to those wearing them than those wearing an FRSM mask; do you agree or disagree with that?

19 A. So they offer a higher degree of protection that's been 20 studied in laboratory procedures. When we look at it in 21 clinical trials of various different types, it is very 22 mixed, actually, and, in some studies, there is no 23 difference between them.

24 Q. If that was the case, why bother putting them on then 25 for AGPs at all?

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2 A. -- it was full on that there is clearly airborne. I think that was probably 2022 --3

Q. Yeah, we think it's either the end of 2021 or certainly by January 2022, when there is reference to either wholly or it became predominantly airborne transmission and we'll look at the terminology later, all right.

So spring 2021, I think you said you, among with other groups, there was a consensus by that stage that it was capable of being transmitted via the airborne route?

12 A. There was definitely a consensus that there was some 13 components of transmission where -- covering through the 14 airborne route, but that the dominant mode was still 15 close contact through droplet.

16 Q. Do you agree that where there is an accepted risk of 17 aerosol transmission, FFP3 masks should be recommended?

So I think this is, again, quite a complex area and 18 Α. 19 I think that, if I may, I would say that, when we look 20 at the components of fluid-resistant surgical masks 21 versus FFP3 masks, we look at the evidence that we have 22 available and their effectiveness of use. Both the 23 laboratory evidence, which is one element, but then the 24 evidence in clinical practice. 25

And where we looked at it, and repeatedly looked at

1 So again AGPs are pushing out -- what was thought and 2 what is considered to be thinking is that AGPs are 3 pushing out a large volume of aerosols and you're in 4 very close proximity to the individual and that that 5 higher level of protection therefore may help. 6

When we're looking at wider airborne, what we're trying to do is a variety of different components of control and we are looking at all of the different elements of practice to try and reduce any elements of respiratory transmission.

I would say that, if we were to look at the evidence and use and require FFP3s, then, given people are coming to hospital with respiratory viral infections all the time, then we would be asking people to wear them all the time, but we don't, we ask people to wear them at very specific moments, using all of the other elements as a priority.

Q. Professor, can I just ask you this: I understand that you're drawing a distinction between the level of protection that is deemed as a result of a lab-based experiment and you said it was different in a clinical context but, if, in reality, in a clinical context it makes no difference, why on earth is there all this controversy about whether you should wear an FRSM and an FFP3 if, in reality, it makes no difference?

- A. Well, I think that we can ask lots of people that 1 2 question. I think that there's benefits that are seen 3 where you can eliminate the risk of an infection. 4 However, when you're in the middle of a pandemic, you 5 can't eliminate the risk of infection. What we know is 6 that healthcare workers and the community were suffering 7 infection rates at the same, roughly the same rate in 8 the population, because the infection was transmitting 9 around us in all places. Therefore what you're trying 10 to do in healthcare is really, where the risk is 11 considered the greatest, provide the greatest level of 12 protection to bring that risk down to where the level of 13 protection is for everyone else that is circulating.
  - Quite. There is a load of infected people in a Covid ward and nurses having to deal with them day in, day out, there's going to be a higher level of viral load and therefore you want to protect the healthcare workers from contracting Covid, and the way to do that is FFP3?

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19 Α. So that would suggest that all of the transmissions in 20 healthcare occurred from a patient to a nurse. We know 21 that's not the case. The transmissions were occurring 22 from healthcare worker to healthcare worker, from 23 healthcare worker in the community, and I think that 24 what we -- it's really important to be able to reduce 25 the infection transmission risk to the level that is

what would your recommendation be for healthcare workers on a general ward; what level of mask should they wear? A. So, again, I think it would take the level of risk that's on the ward that's there. I think the level of ventilation that's there, and I think that it would also take the views of the healthcare workers and the views of the evidence. I think that it's really important that, if the evidence was strong that FFP3s really protected people from it, and we saw a definitive reductions in it, it would have been recommended.

back in the position we were at the beginning of 2020,

Even at the end of the pandemic, this was low quality evidence and it may have reduced infection, and those words are really important, I think, when we're thinking about future evidence. I think that we need to bring this, actually, as a learning point for the future about how do we develop pandemic guidance before the pandemic occurs, so that people are actually able to input into it and be able to provide that rationale and discussion at that point.

21 Q. Well, whether it's right scientifically in a lab or in 22 the clinical context, clearly we need to look at the 23 fact that there were distinctions drawn between FRSM and 24 FFP3.

> Can I ask you this: what was the evidence base for 87

1 circulating in -- at all levels in the community at the 2

3 Q. Forget who brings in the infection, whether it's the 4 healthcare worker, a visitor, when they were allowed, or 5 the patient. If there's lots of people in a ward with 6 Covid, there's going to be a higher viral load in the 7 room, is there not?

8 A. If they are in the early course of disease, yes.

9 Yes, quite. In those circumstances, I just want to Q. 10 understand why, if there's no real difference between 11 the protective measures provided by FFP3 and FRSM, there 12 has been such widespread controversy, why it dominates

13 the IPC guidance if, as you say, there isn't any real

14 difference in a clinical setting?

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A. Well, I mean, I think that's one of the challenges that 16 we have and one of the things that we need to learn from 17 post-pandemic and understand better because, actually, there were harms from wearing FFP3s as well: there was 18 19 blistering on faces, and there were significant harms.

20 I think that, from my point of view, that having these 21 discussions in the middle of a pandemic is very 22 challenging, that we need to have an ongoing discussion 23 and ongoing evidence about whether these masks actually

24 do protect people better in real life settings in wards.

25 Q. So if there were a pandemic in a year's time and we're

1 deeming Covid to be transmitted via the droplet contact 2 route at the start of the pandemic?

3 So that was based on the studies that were performed in 4 China and then in other countries about how many people 5 were infected and what the proximity to individuals were 6 that were being infected. It was based in this country 7 when we started to see cases on looking at where the 8 infections occurred and how the infections occurred in 9 the community and in other settings.

It included collecting specimens from the environment where the individuals were with infection, both in the home environment but in the healthcare environment and in other workplaces as well, from samples taken from surfaces, samples taken from air and samples taken from contacts.

16 Q. Do I take it, therefore, that PHE considered the 17 evidence base sufficiently strong for that to be then 18 the cornerstone of the IPC guidance, it's droplet and 19 contact mainly?

20 A. So I think that the evidence was sufficient for us to 21 have that knowledge, both from our organisation but from 22 all other public health organisations and health

23 organisations and evidence organisations globally.

24 Q. Does it follow that PHE did not consider there was 25 sufficient evidence of aerosol transmission at the start

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1 of the pandemic?

2 A. Correct.

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- Q. If there was no evidence to include it, was there
   evidence to exclude aerosol transmission at the start of
   the pandemic?
- 6 A. It's very difficult to exclude elements.
- Q. If it couldn't be excluded, why wasn't the guidance
   based around the fact that, well, we don't know, so
   we're going to take a precautionary approach and
   recommend IPC guidance that covers droplet, aerosol and
   contact transmission?
- 12 A. So I think it's important that IPC guidance is built on 13 the years of evidence that have gone before and the 14 evidence that we've had from other respiratory viruses, 15 influenza, MERS, SARS, and the evidence that we've used 16 in previous pandemics and in other studies as well. So 17 the evidence is not just based on the precise 18 information we have but multiple documents that people 19 are constantly reviewing, new evidence that's emerging, 20 and that when we think about the approach to IPC, the 21 aim for infection prevention and control that is taken 22 nationally and internationally is very much about 23 reducing the risk.

It was not possible in a pandemic to eliminate the risk because we were all having events happening to us 89

and benefits and, in medicine, we use risks and benefits in looking at the various different elements at all times. At the very outset, so in March 2020, the risks were that we had never asked people to wear FFP3 masks for prolonged periods. Actually, when we saw that we saw them get ulcers on their faces and having challenges in breathing and challenges in being dehydrated. That was clearly important. The second point was that FFP3s were not routinely used in healthcare, apart from specialist teams, such as teams I've worked on, because we manage infectious diseases regularly and, therefore, that healthcare workers weren't fit tested and therefore could not have been rolled out at speed or at scale.

It would have taken many, many, many months to do that everywhere and, actually, what that may have done is taken the use of FFP3 to places which were considered at lower risk at the time, rather than places that were considered at highest risk.

- 19 Q. I follow that but that comes down to whether we've got20 enough FFP3, which --
- A. Not just enough FFP3, enough people to train people,
   enough people to test people, enough different types of
   masks and also whether that risk was proportionate to
   the benefit of doing it. And it was considered, as it
   is for much IPC, that the risk balance here was in

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in the community, on travel to work, in our households, that were causing transmission. So this was not an event where you can eliminate risk in healthcare because the risk will be there outside healthcare as well.

6 **Q.** Of course, there's nothing to stop the healthcare worker 7 getting on the bus and catching it on the way to work 8 and then going into the hospital and infecting other 9 people, I follow that, but why doesn't the guidance say 10 at the start: we think it's droplet and contact, we 11 can't exclude aerosol and, therefore, at the moment, we 12 are recommending the highest level of protection until 13 we know more about the route of transmission? 14

So my understanding is that the pandemic Covid-19 15 guidance was based on the pandemic flu guidance, which 16 again is a respiratory virus, and, while there are 17 differences, I think that in Professor Beggs' report he 18 highlights the similarities as well. I think that the 19 important point here is that IPC guidance is there to 20 facilitate the use of a wide range of interventions to 21 reduce transmission in healthcare, and that is based on 22 the evidence that is available to us at the time or that 23 is evolving.

We would rarely say all of these other things need to be done as a precaution because that is -- has risks

favour of fluid-resistant surgical masks for the
 majority and FFP3s for those with the highest risk
 procedures, based on what was known already.

4 Q. All right. So does it come to this, that at the start 5 of the pandemic, let's call it March 2020, although 6 there was no evidence to exclude aerosol transmission, 7 one of the reasons or the reasons why it wasn't 8 recommended is because there's a comfort issue, 9 a fit-testing issue, it's not routinely used and there 10 was a need to prioritise it for those areas deemed to be 11 at highest risk?

- 12 A. And the evidence wasn't there for their use.
- 13 Q. Right. Can I ask you this: there are many who think
  14 that, rather than being led by the science, it was the
  15 lack of FFP3 that drove that early IPC guidance and
  16 caused it to not recommend FFP3. What do you say that
  17 that, Professor?
- 18 A. I do not recall that that was the decision-making19 process.
- Q. Now, in 2024, what is UKHSA's position about the routesof transmission for Covid-19?
- A. So I think Covid-19 is a respiratory virus and, as with many other respiratory viruses that there is a route of transmission that is through the air and that is not just big droplets that are close but smaller droplets

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that may be within 1 to 2 metres, and that there's some components of those droplets that can stay in the air, of which some of those may be infectious and infect other people.

So a range of droplets -- a range of sizes of respiratory particles that comes out of the mouth and a range of those respiratory particles that may be infectious.

9 Q. Yes, and presumably contact?

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- A. And I think that contact is still potentially a role, as
   for many other viruses. I think that, you know, the
   idea that we are going to throw hand washing out in
   managing infection would be a wrong thing to do. Not
   only does it manage this but it manages many others.
- Q. So, although the language would be different now in
   2024, in reality, you're saying all three routes of
   transmission are considered to be the routes for
   Covid-19?
- A. I think all three routes but I think it's important to
   recognise that the closer you are to somebody and the
   longer you spend with somebody, especially in a confined
   space, is most likely to result in transmission.
- Q. Okay, now, you've alluded a number of times to the fact
   that you don't consider the dichotomy between droplet
   and airborne to be useful any longer and, indeed, you've

vaccination very much changes people's level of risk and their perception of their own level of risk but, of course, many healthcare workers vote with their feet and decide that they no longer need vaccination for Covid or flu, or many other things.

I then think that there's the final element then -- and there's many other elements I could go into -- but the final element is in relation to masks. Personally, I think that we should have an enabling situation with FFP3s, and I call it enabling, rather than mandating, and that means that people are able to judge their own personal level of risk better, that they are able to get fit tested regularly, that there's a range of masks available to fit them. For example, I know that I only fit one or two masks and lots of other masks don't work for me. So that means that organisations need to be able to have all of those skills in place in order for people to be able to take their view on the risk and the risk on the procedure that they may be doing.

I then think that in terms of evidence I think what we've seen in terms of the evidence that has developed throughout is that FFP3 masks may -- and I think all of it says "may", provide a higher level of protection than fluid-resistant surgical masks. I think we need to look at that better, I think we need to provide and perform

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written as such in letters, I think, indeed, one to
Mr Jones from CATA.

If that distinction is no longer useful, what does that actually mean now for IPC guidance; what is it going to say, Professor?

6 Α. Well, I mean, again this is -- I can give you my view, 7 I can give you some of the view from my organisation but 8 I think this needs to be a consensus exercise across 9 multiple scientific disciplines to bring this together. 10 I think we need to separate out what we think is the 11 route of transmission and how we think that route of 12 transmission goes to the strength of evidence for the 13 interventions that we need to do to reduce that mode of 14 transmission. If I may, I would say that, in 15 healthcare, one of the biggest things that we can do to 16 reduce respiratory infections that happen every single 17 day and transmission of respiratory infections is to 18 improve the ventilation in healthcare and also consider 19 the -- where patients are placed in delivery of 20 healthcare, whether we have enough single rooms, how we 21 can use those rooms effectively.

I then think that we need to think about ensuring that we can test people regularly so we know what they have, and that we think about the individual level risk mitigations that people have, including vaccination. So

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1 studies better in the NHS to allow us to understand this better in between pandemics, so that we are ready for 2 3 pandemics. Then I think that, when we are considering 4 how we work with healthcare workers to inform their 5 level of risk, that that is very much informed about the 6 environment they're working in, the organisation they're 7 working in, and how -- that we need all of those things 8 to come together to improve our IPC guidance from where it is now, which is still in the dichotomy mode, into 9 10 much more a patient level and a healthcare worker level

- Q. Do you think, therefore, that the terminology -- the
   dichotomy, to use your words -- needs to be clarified
   and/or changed?
- 15 **A.** Yes.

of risk.

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- 16 Q. Do you know if there's any work ongoing -- but the WHO
  17 to one side -- in the UK to try and reach agreement
  18 about the terminology that should be used for
  19 a respiratory virus?
- A. So we are working within our organisation to develop the
   better evidence base. I think one of the things that we
   need to do and which we are doing is working with wide
   variety of different scientists and looking --
- 24 LADY HALLETT: Please slow down.
- 25 A. Sorry.

- LADY HALLETT: It's an awful lot of substance. 1
- 2 A. Sorry! We are working with a wide variety of scientists
- 3 of multiple different disciplines to try and come up
- 4 with consensus statements, which is one of the things
- 5 that we tried to do during the pandemic in difficult
- 6 scenarios because, I think, each organisation may have
- 7 different views on the practicability of it, the
- 8 operationalisation of it, the feasibility of delivery,
- 9 but I believe that we need to have that sort of
- 10 consensus statement in the UK ready for the next
- 11 pandemic but also ready for the day-to-day management of 12
  - respiratory infections in the NHS.
- 13 MS CAREY: Is that, do I understand it, work being done 14 within UKHSA?
- 15 A. Within UKHSA but also with our advisory committees,
- 16 NERVTAG advisory committee for dangerous pathogens,
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- 18 Q. What about across the UK with the public health agencies
- 19 in the devolved nations, has that work started?
- 20 A. So I think again, within the public health agencies, we
- 21 have forums within the four public health agencies to
- 22 come together, we have a health protection committee and
- 23 a health protection oversight group, we share regularly
- 24 our views within the public health agencies. I think
- 25 it's important that there is a public health agency

  - we're all going to go along that path" and you just end
- 2 up confirming each other's -- is it called confirmatory
- 3 bias? I can't remember what it's called in scientific
- 4 terms. But how do you stop that kind of groupthink
- 5 developing? Whether it's right or wrong, how do you
- 6 stop a bunch of scientists all saying basically the same
- 7 thing, and nobody is saying "But wait a minute, the
- 8 emperor's got no clothes"?
- 9 A. So, first of all, I think systematic reviews are one of
- 10 the big things that we do in medicine and in health 11
- delivery in general, and so that's about
- 12 independent ex -- individuals who have got expertise in
- 13 gathering together from a wide variety of different
- 14 sources, weighing up the strength of evidence in it and
- 15 summarising what it says into whether things are
- 16 low-quality or high-quality evidence and the range of
- 17 outcomes that it's looking at.

Those evidence reviews were often done rapidly in the pandemic because they needed to be done in days or weeks rather than a prolonged period of time. In normal time we would normally take one year to do

- 22 an evidence review, it would have lots of different
- 23 meetings, bringing people together to hear a wide range
- 24 of opinions. And I think it's really important that
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  - a wide range of opinions are viewed and in many cases,

- evidence but I also think it's important that the operationalisation of this evidence is considered by the
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- 4 Q. Her Ladyship heard, I think, in earlier evidence in 5 another module the suggestion that UKHSA appeared
- 6 reluctant to admit airborne transmission outside of
- 7 AGPs; do you agree or disagree with that statement?
- 8 A. I think that as it changed over time and as the evidence
- 9 evolved I think that we did acknowledge this, and
- 10 actually it's acknowledged on our website, so -- but
- 11 I think that we were cautious in the early days because
- 12 of the lack of evidence, and as an organisation we 13 needed to ensure that we were taking views from many
- 14 different parts of our organisation, with many different
- 15 views in it, but also the evidence that was collected
- 16 not just by our scientists but by scientists from other
- 17 organisations, in delivering statements on government
- 18 websites.

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- 19 LADY HALLETT: Can I just ask, I don't know if you read the
- 20 Module 1 report in which I spoke about groupthink, a lot 21 of the evidence base you're talking about seems to have
- 22 come from a group of scientists, you say around the
- 23 world, and the WHO then uses that expertise. How do you
- 24 ensure that there isn't just an element of "Well, we all
- 25 think this is droplet, the WHO says it's droplet, so

- in internal conversations or in conversations across
- 2 organisations, those are. But then at the end of the
- 3 day we have to reach scientific or health consensus, and
- 4 that is where everyone's views are heard, that people
- 5 are able to provide the evidence for their view, and
- 6 then where that evidence is not robust that we're
- 7 thinking about what science do we need to do next to
- 8 improve the evidence there in order to base the
- 9 consensus on the decision of most.
- 10 It's really important though that consensus
- 11 decisions in health are not one and done. They're
- 12 decisions that are -- change over time. Which is
- 13 I think what we saw during Covid-19. Lots of things 14
  - changed over time.

what would happen.

So new information, new evidence was constantly being reviewed and that allowed people to change opinions, but it doesn't change fast, because if it would change fast then we wouldn't have an evidence to do that, but if something big came about then that's

I mean, I can give you the example. For example Mpox, that we dealt with recently, in 2022 started out as a high-consequence infectious disease. We learnt quite rapidly it wasn't airborne, it was mainly close contact, and therefore we de-escalated the

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high-consequence infectious disease. And that's the way that we do it. And it wasn't -- so it's not about rigidity of thinking, it's about having an open mind, learning from everything that we see, bringing that together from a wide variety of different angles to then share that in summary.

And I think in -- the Environmental Modelling Group did that really well for the environmental stuff, because they brought together such a wide range of opinions, to then summarise where the evidence was and where things were weak or low and where further work needed to be done.

13 LADY HALLETT: Can I just -- I'm sorry to interrupt, Ms Carey, can I just challenge.

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You say the evidence base in the early days of the pandemic was such that the consensus became that it was droplet and close contact, but did you really have that much evidence in the early days? I mean, so you're relying on some research carried out in China, and no doubt because you couldn't really examine that in maybe the ways you'd like to, there may have been problems with that. Other than that you knew about cases which had been exported. But how did you then know that it was close contact? I mean, what was the evidence base at that stage to come to the consensus that it was close 101

where -- all of that slowly emerging evidence. That's just two examples but I could -- you know, every single case in those first hundreds had a detailed investigation around it where we were following people on a daily basis to see if they developed any symptoms, and testing them very regularly if they did.

So it was all of that that brought us to the

understanding of how it was transmitted, in the best way that we could over time. And we continued to do that. LADY HALLETT: I'm no scientist, as you obviously will know, but there were limitations on the work you carried out. I mean, for example, you said two days -- you were tracking them for two days before their symptoms showed. You didn't know how long people were infectious at that

16 A. No, we didn't, and again that is an approach that we 17 take from any respiratory viruses, where we recognised 18 that people often have very mild symptoms they wouldn't 19 recognise in the day or two before, and so we always went back two days prior to where those symptoms -- what 20 21 I'm saying is that even in those two days prior we would 22 not find people who they had transmitted to outside 23 people who had been in very close contact with them.

24 LADY HALLETT: Ms Carey.

stage, did you?

25 MS CAREY: One final question because I'd like to move on, 103

contact and droplet? 1

A. So, I mean, I can give you lots of different examples on that. So each country as they -- as individuals were identified in a country were doing very detailed investigations around cases. So if I can give you the examples here, for the first two cases we identified in late January 2020 we tested lots of people around them to try and understand. We looked at all of the different elements that they had done in their infectious periods, and we called the infectious period two days before they developed symptoms, until they were isolated, and we could only find transmission in those very close contact individuals. We didn't find transmissions in taxis, we didn't find transmission in a dorm room, we didn't find transmission in restaurants.

Equally, what became known as the cluster related to skiing in Brighton, which again had quite a number of cases involved, we did a detailed investigation internally but then also, with all of the other countries where cases were, to look at what their contact was, what their route of transmission was, and there was no infections identified in people who had transient contact. We tested and looked at and followed up for symptoms a variety of different households, a variety of different workplace settings, and that's

1 Professor. You said a moment ago that you think that 2

PHE were cautious in the early days. There are many in

3 the room who think PHE were not just cautious but slow

4 to accept airborne transmission and in particular the

5 possibility of far-field transmission. Now, some years

6 on, do you agree or disagree that PHE were slow?

7 A. I mean, I think developing evidence is slow. Making 8 statements as a national organisation requires evidence.

9 It's therefore our job to ensure that the statements

10 that we make are fully evidenced, and I think that we

11 tried to do that, and showed a variation in approach in

12 doing that over time, as the evidence consensus built.

13 Q. Is that a no?

14 A. So I think it's a no

15 Q. Can I turn, please, to the UK IPC cell. I think you are 16 aware, we've heard quite a lot of evidence in the last 17 few days about the cell and indeed about how the 18 guidelines were drafted, what level of sign-off -- my 19 words, not anyone else's -- before ultimate publication,

20 and I just want to be clear what -- PHE and in due

21 course UKHSA's stance on it. Do you agree that it was

22 the IPC cell that drafted the guidance?

23 A. Correct.

24 Q. That it then went to the Senior Clinicians Group?

25 A. No.

- Right. Help us then, what happens after it's drafted by 1 2 the UK IPC cell?
- 3 A. So I think -- first of all, it varied at different times
- 4 during the pandemic. And so that's really important,
- 5 because it was not one size fits all. The first IPC
- 6 guidance that PHE released was emergency guidance.
- 7 Q. Yes.
- 8 A. That was done by PHE. The second IPC guidance was
- 9 guidance that the Deputy Chief Medical Officer,
- 10 Professor Jonathan Van-Tam, commissioned from NERVTAG
- 11 members as the pandemic Covid-19 guidance. That was
- 12 cleared --
- 13 Q. Was that the March?
- A. That was the March guidance. 14
- 15 Q. Thank you.
- 16 A. That was cleared by NERVTAG at advisory committees, was
- 17 reviewed by public health agencies and the NHS, but was
- 18 essentially signed off by NERVTAG.
- 19 Q. And the UK IPC guidance?
- 20 A. The UK IPC guidance, so the UK IPC guidance really
- 21 became as a routine from thereafter.
- 22 Q. So from the April guidance onwards?
- 23 A. April guidance onwards.
- 24 Q. All right, fine, okay. Put the pre-UK IPC cell guidance
- 25 to one side.

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- 1 guidance, which went to the Senior Clinicians Group for
  - discussion. And then at various points the Senior
- 3 Clinicians Group discussed components of it but never
- 4 ratified it and it was not ratified by the Senior
- 5 Clinicians Group.
- 6 Q. So to use your words, who had sign-off?
- 7 So the sign-off was the IPC cell.
- 8 Q. If we have heard evidence that said that PHE signed off,
- 9 I assume from that answer you would disagree with that?
- A. The IPC cell was there to create the four nations IPC 10
- 11 guidance for operationalisation into the NHS. UKHSA
- 12 published it on behalf of the four nations, and that was
- 13 really important, and one of our roles was to ensure
- 14 that it was consistent with other guidance that was on
- 15 gov.uk and other guidance that was being published, and
  - that it had those same principles in it that were
- 17 sitting across government as a cross-government
- 18 document. From our point of view that was not us saying
- 19 "You are wrong, IPC cell"; if we thought there was some
- 20 consideration where we thought it needed to be
- 21 reconsidered, that was asked for the IPC cell to
- 22 reconsider it and gain consensus.
- 23 Q. I see the distinction that is drawn, but we heard
- 24 yesterday from the Chief Nursing Officer that PHE could
- effectively say no. I think indeed Dr Ritchie said, 25

Yeah. A.

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- 2 Q. It is drafted, I think you agreed, by the UK IPC cell,
- 3 and then once we're in April 2020 was it then that it
  - went to the Senior Clinicians Group?
- A. No, it was -- it would -- so the IPC cell was the 5
- 6 operational cell led by the NHS, and this guidance was
- 7 for the NHS, and had four public health agencies
- 8 inputting into it as well as the IPC nurses and leaders,
- 9 doctors from NHS England. The IPC cell guidance was
- 10 then ratified by the IPC and by their senior responsible
- 11 officer --
- 12 It's my fault, you're right, I missed out that stage, Q.
- 13 you're right, we heard that it had to be ratified by
- 14 each of the public health agencies and then went to the
- 15 Senior Clinicians Group?
- 16 A. The Senior Clinicians Group was not a sign-off group on
- 17 this. The Senior Clinicians Group had moments where
- there was differences -- sufficient differences of 18
- 19 opinion that the chief nursing officers could not come
- 20 to an agreement on, and then it was escalated to the
- 21 Senior Clinicians Group.
- 22 I can only recall a few occasions that happened.
- 23 One was the guidance that we released in early April
- 24 wearing face masks for all, because that was outwith
- 25 traditional IPC guidance. One was the shortages

I'm paraphrasing, effectively the same thing.

2 Can I ask you this, because there may be some

3 confusion, it may not help now to go through the rights

- 4 and wrongs of it. Was it set out anywhere: you draft
- 5 it, we approve it, you publish it?
- 6 A. We -- I mean, you shared an email that -- earlier on
- 7 that you might want to bring up, which I think was --
- 8 highlighted the sort of sign-off for publishing, but
- I think it also highlights in that email that you 9
- 10 shared, that was from early February 2020, that it went
- 11 back to the IPC cell if there was disagreement.
- 12 I think I just -- can I just come as a doctor and as
- 13 a healthcare professional --
- 14 Q. Please do.
- 15 A. -- and somebody who has worked in healthcare in this 16 country in lots of different ways.

17 Firstly, and in Public Health England in lots of 18 different ways over time, there is no situation where

- 19 Public Health England has had a veto about something
- 20 that's happening in the NHS and for any guidance that's
- 21 delivered into the NHS. That is not our role, we are
- 22 advisers, we try to bring together scientific evidence,
- 23 we try to support organisations in their delivery, but
- 24 there is literally on nothing that the NHS delivers
- is -- we would have a veto. Quite rightly, because we 25

are one part of it.

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Equally, and something that was for a four nations approach, Public Health England is one of four public health bodies, and health and public health is devolved, and there is no occasion that one organisation could therefore overrule other organisations, nor would it be expected.

Equally in things like Senior Clinicians Group or advisory groups, the idea is always to try to drive a scientific or health consensus rather than a single component driving our decisions, because that's not helpful in delivering a system-level approach to anything in healthcare.

- Q. So no one has the right of veto, Public Health England
  want to ensure there is consistency before it's
  published with other agencies, departments who have put
  out things on the website and the like, but that's not
  the same thing as you saying: no, that's the wrong
  guidance. Am I understanding that correctly?
- 20 A. Correct.
- Q. Does it come to this, then, that once the IPC cell reach
   a consensus, effectively no one is going to overrule it
   unless it diverges from something that you see another
   government agency or department has put out?
- 25 **A.** Another government agency, another government, another 109

both working together collaboratively as organisations and thinking about things as we go forward.

I would say that we did recognise this to some extent and have developed a memorandum of understanding with the department and NHS England, so I think we need to go wider and think about it as a four nations approach.

Q. Can I turn, please, to some of the guidance, and we're not going to go through it all, Professor, but you have helpfully in your statement set out different tranches of time when guidance changed and there were perhaps some of the more significant changes. That's not to belittle the other changes.

January to March 2020, can I ask you this: by the time that Covid-19 was declassified, was there in fact enough FFP3 to supply all healthcare workers in patient-facing roles?

A. I -- my understanding was that there were -- I was never 18 19 told the exact number at the time -- I do know the 20 number now in retrospect -- but the role I had -- I was 21 told at the time and I was told in the guidance that 22 I wrote, was involved in writing, and for the wider mask 23 wearing and FFP3 wearing in the health system, that 24 I shouldn't be considering guidance for what supply was 25 available, I should be considering guidance --

1 organisation. If it disagreed with SAGE

2 recommendations, for example, it would be reconsidered.

3 Really important that the IPC cell took advice from

4 various subgroups of SAGE, various advisory bodies for

5 SAGE, various government advisory bodies like NERVTAG,

6 and that it was about taking all of that in and

7 translating what was scientific advice to government

8 into an operational guidance that could be delivered in

9 healthcare settings.

10  $\,$  Q. So once the UK IPC cell come up with the guidance and it

is seen by the public health agencies in the respective

four nations, there may be some toing and froing, some

13 changes, once it's been through that process

14 effectively, therefore, it becomes the guidance unless

15 someone else says something different about it and PHE

need to align that with another body or another agency;

17 is that it?

18 A. Correct.

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19 Q. Right, now that we've got to that position, do you think20 it would have been helpful for that to have been set out

21 anywhere?

A. I think clearly with hindsight and with people's viewsthat can change over time and, you know, it feels like

24 it may be necessary to, but I think it's really

25 important that this is a well established mechanism for 110

1 Q. That's a different question.

2 A. But I think that's really important because I did not

3 know in March 2020 what the supply of masks were, that

4 was not --

5 Q. Right.

6 A. -- part of my role and I think that was not part of --

the organisation was not told at any time and I don't
 recall anything saying at any time that we must change

9 this guidance because there won't be enough FFP3 masks.

10 Q. So you didn't know then whether there was or wasn't11 enough FFP3. I think you said that you now know --

12 A. Well --

13 Q. -- there wasn't?

14 A. Well, I know that there were in the order of 26 million
 15 FFP3 masks and that there were more being purchased all

16 the time. It then would depend on how much you used

an FFP3 mask and whether you used it once per patient,

which would mean 30 or 40 masks per day, or even up to

19 100 if you were doing lots of interactions, versus one

20 per session, which could mean two or three masks a day.

So it really would depend on the use of the masks and

22 how they were used.

Q. Can I put it another way you told us in due course therewas a need to prioritise which AGPs and areas, hotspots,

call it what you will, for FFP3. Doesn't it follow that

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they were prioritised for a reason, because there wasn't enough FFP3 at that time?

3 A. I think they were prioritised to prioritise the greatest 4 risk areas that were considered at the time to the 5 protection that was available to protect people.

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Q. Can I ask you about the extent to which the lack of supply or supply difficulties affected the early guidance, and can we look on screen, please, at INQ000398198 2. It's an IPC cell meeting from 4 March. Now, you're not in the cell, are you, Professor, I want to make that clear. But just to look through you, if I may, can we see the supply chain update as at 4 March?

Can we highlight that, thank you very much.

One of the contributors there is talking about noting that there's a healthy supply of FFP3 but there is concern around demand for swabbing patients:

"Model being looked at is that 10,000 patients will be swabbed a day from next week ...

"[Someone else] noted that supply chain are looking at releasing stock from the pandemic stockpile [but] the model ... may not fit with people's current usage ..."

Then this, another contributor:

"... noted that pragmatic approach may differ. For [healthcare workers] looking after patients who are confirmed, they should be the priority for wearing FFP3

confirmed -- sorry, contact with confirmed cases, and FRSMs should be used for close patient contact of a possible case.

So that was where we were just before we went into lockdown, effectively. Is that right, that that stayed the position then for most of 2020?

A. Well, I think, actually, the position changed in the sense that traditional infection prevention and control is only used for where infections are suspected or confirmed and, actually, what we did was we changed that to all patient contact required fluid-resistant surgical masks or any contact in areas that AGPs were being performed, not necessarily in confirmed, and then, more widely in June, that all staff in hospitals wore fluid-resistant surgical masks to prevent the spread to each other and to patients.

Q. Okay, we'll come onto that. Can I ask you this, though, 6 March, Covid is still an HCID. Why at that time were you requiring the use of FRSM, unless carrying out an AGP, when it was still classified as an HCID and therefore should have been FFP3 for at least another week?

23 A. Well, I think that, again this, was about operational --24 I'm just reflecting. I'll just be clear that this is 25 a moment in time, I don't recall the exact

rather than those in minimal/short contact."

I just want to understand what PHE's position is. Is this pragmatism driving the guidance, rather than the science, if I can put it like that?

A. Well, I think what you can see also is that -- on the line above is that it's about fit testing so there a degree of how things can be operationalised, I think, which is often called pragmatic in the NHS. So can you actually get out whole new types of masks that all need to be fit tested with different people and how do you prioritise the masks that people are used to wearing and are appropriate for individuals, recognising that there can be ten different FFP3 masks but only one is suitable for an individual, and how those are therefore prioritised for use. And I think again about prioritising it for where the highest risk is, is coming through at this point.

18 Q. Now, in fairness, as at 4 March it's still an HCID, so we always need to keep that in mind, which may have slightly altered the way in which people are talking about these things. Come 6 March though, there was updated guidance, and I'm at your paragraph 295 if it helps you, Professor. There was an updated version of IPC guidance and, in short, the guidance advised that FFP3 for use by workers conducting AGPs or in

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decision-making. As I said, I wasn't sitting in the IPC cell. The components that I think would have been considered at that time are things like the -- whether individuals who were being possible cases, of which that is many individuals coming into hospital with a fever or with a cough or with a wide variety of symptoms, and the probability that they might have Covid-19, at which point, at this stage in early March, it was still relatively low probability.

So if you think that there are many thousands of people coming into the NHS each day through emergency departments and through elective procedures, and that actually it would be still -- it was still at this point for this guidance very rare that individuals were being detected as positive. And so it was to allow people to have some level of protection for those cases that might go on to develop or be Covid but recognising that the vast majority were not.

19 Q. My Lady, can I just deal with the position in early 20 April 2020 and then perhaps break for lunch.

> Professor, can I ask you, please, if you turn in your bundle to paragraph 308 and on 2 April, on behalf of the UK IPC cell, PHE published updated Covid-19 guidance and can we look, please, at INQ000348325\_0004. This made a number of changes to IPC guidance but it's

the sessional use that I'd like to ask you about, please, Professor.

Now, let me ask you this: was this change to requiring sessional use of PPE driven in reality by lack of PPE or supply chain issues?

A. It was driven for two reasons. So one is that we had never used PPE in this way in the NHS before. So I've been working in the NHS for more than 20 years but, throughout my time here and actually at any time before that, through people who have worked here for longer than me, I have -- we have never asked everyone in the NHS to wear some form of PPE all the time. It's always been a rare event. So maybe one in 20 patients at most that you would see in hospital would you wear personal protective equipment. Therefore, the supply chain was not resilient to this amount of PPE being used.

The trade-off, therefore, in the views of a number of us who were developing this guidance was to provide -- use things sessionally, so that they would provide protection for both the wearer and the -- to others, was to -- was an effective way of mitigating this, which would be extraordinary use if we were taking it on and off for every patient.

That was discussed with Health and Safety Executive, who said that they would expect fluid-resistant surgical

in a short space of time.

In some parts of the organisation that might be shorter, so if you were doing a very high intensity task that required a lot of concentration, you might break after half an hour or an hour to have a break, but then in other situations, like in some complex surgery, you might keep going for 12 hours.

So I don't think it was -- it was allowing people to break down those sessions into how they worked rather than saying one hour, two hours, three hours. And again that was based on the overarching evidence from HSC that these masks would be able to tolerate this.

13 Q. Well, it goes on to say, as we can see there on page 5,14 it's on our screen:

"While generally considered good practice, there is no evidence to show that discarding disposable respirators, facemasks or eye protection in between ... reduces the risk of infection transmission ... Indeed, frequent handling of this equipment to discard and replace it could theoretically increase risk of exposure ... The rationale for recommending sessional use in certain circumstances is therefore to reduce the risk of inadvertent indirect transmission, as well as to facilitate delivery of efficient clinical care."

And should it say "and also because we don't have 119

1 masks to last a few hours and FFP3 masks to last at 2 least a day.

Q. I follow that, Professor. Is the short answer: yes, itwas driven by --

A. So it was driven by extraordinary demand in
 an extraordinary setting, that was never -- was not
 preconceived pre the pandemic to be the way we would use
 personal protective equipment, so this was
 an unprecedented piece of guidance.

10 Q. All right. Aprons and gloves still single use but
11 respirators, surgical masks, eye protection and the long
12 sleeve disposable fluid gowns can be subject to single
13 sessional use in various circumstances. Can I ask you
14 this: how long would a session be?

A. I mean, it would vary, so we typically in -- when we're doing, say, for example, a ward round, you would typically start your ward round and go to the end but you might take a break if it was particularly long at the time. I suppose a bit like our day here today. It would never last less than two hours a session, at the same time -- you would be expected to work at least two hours, and frequently people would be expected to work four hours often without a break or for a very short toilet break if necessary. Hospitals are very busy places and we are required to see a lot of people

1 enough at the moment"?

A. Well, I don't think that was the -- that was what we based the guidance on. As I said, when I was involved in writing this guidance, this was probably the piece of guidance that I was involved in because it was such a seismic shift from infection control guidance to say "We'll only use it if somebody has a confirmed infection" to "We'll use it at every interaction in the NHS that we're going to do from now on". And that required -- this was one of the pieces of guidance that had robust discussion at the Senior Clinical Group, as you can imagine, because of that seismic shift for the unprecedented moment that we were in.

And I would say that when I was involved in this I was never told "You must do this because there's not enough PPE", but it was -- it made sense that we tried to deliver it in an effective way.

Again, I'll come back that if you are delivering care to 30 patients on a ward and you're going to see each one of them and after each one of them you've to take off all of this equipment, wash your hands, then go and find new equipment, that slows you down too, so it was really to think about how we provide care to both protect patients and to protect healthcare workers.

MS CAREY: My Lady, would that be a convenient moment?

1	LADY HALLETT: I'm going to be incredibly generous and give	1		Can we go to page 5. Thank you very much.
2	an extra two minutes for our hour of lunch, otherwise	2		Here we are, 10 April, an email from you saying:
3	3 I might be facing a rebellion. 1.55.			"1. The supplies of gowns have not arrived into the
4	MS CAREY: Thank you very much.	4		country as expected.
5	(12.53 pm)	5		"2. HSE have assessed gowns that have arrived as
6	(The short adjournment)	6		not suitable apparently 23,000 to confirm that
7	(1.55 pm)	7		these were not usable in any scenario.
8	LADY HALLETT: Lesson to self, slowly.	8		"3. If there are no gowns over the weekend, will
9	THE WITNESS: Exactly.	9		HSE support the use of aprons instead of gowns?"
10	LADY HALLETT: Ms Carey.	10		Aprons, my word, are far flimsier, if I can put it
11	MS CAREY: Thank you, my Lady.	11		like that, than the gowns that you were relying on; is
12	Professor, can we turn to April to November 2020,	12		that correct?
13	and that timeframe. Can I we just looked before	13	A.	Correct.
14	lunch at sessional use, that was on 4 April, but a week	14	Q.	All right. Do you remember now how many gowns we were
15	later there was actually quite a large change, wasn't	15		expecting to arrive that didn't turn up?
16	there, in relation to the IPC guidance?	16	A.	Well, I think, according to here, it was 23,000. I
17	Can we put up on screen, please, INQ000408929, and.	17	Q.	Ah, I thought that was 23,000 had arrived that weren't
18	Whilst that's being done, notwithstanding the	18		suitable?
19	sessional use guidance the week before, there was now,	19	A.	Oh, right, okay, sorry, I don't know how many gowns had
20	by 11 April, a shortage of disposable fluid-resistant	20		not arrived.
21	gowns; is that correct?	21	Q.	All right.
22		22		G
23	Q. The recommendation ended up being to prioritise gowns	23		led the operational response in NHS England, called me
24	for AGPs, and I want to look at how this came to the IPC	24		and said "We need help and support from you to try to
25	cell's attention. You were involved in the email chain. 121	25		develop risk mitigation if these things don't arrive." 122
1 2	I will also recall that many countries were not exporting even things that were paid for because they	1 2		Can you just where are we going with this email chain?
3	were holding them for their own, and we were not a make	3	A.	
4	country for equipment at this point, it happened later,	4		short of stuff.
5	and therefore we were at the behest of what was managing	5	Q.	
6	to get into the country.	6	Α.	Me asking for support from HSE to identify what is the
7	Q. I follow that.	7		best alternatives, as the incident directors are
8	LADY HALLETT: By a "make country", you mean what, a country	8		co-ordinating components of it. Subsequently there were
9	that manufactured their own?	9		worries about lots of different supplies happening over
10	A. A country that manufactures their own.	10		this weekend and I was subsequently asked to lead
11	MS CAREY: Although can we just look now, please, at page 4,	11		a piece of work, working with HSE, NHS England to
12	as we go backwards, as it were, through the email. You	12		develop shortages guidance.
13	receive an email saying:	13	Q.	
14	"1. I've had an update a consignment has	14	٠.	trying to understand what HSE's position is going to be,
15	arrived	15		is that it, in the event that we run out of the
16	"2. HSE has not assessed any gowns as unsuitable."	16		fluid-resistant gowns and potentially have to consider
17	So querying what was said in the earlier email.	17		reverting to aprons, hence why you say there:
18	"We have spoken to Burberry about the gowns they are	18		" if there are no gowns or coveralls, what is
19	proposing to produce and are waiting for tests	19		your view of aprons."
20	"3. The coveralls piece in a separate chain is	20		And can I ask you this, Professor, are we literally
21	relevant here, these are more likely to be appropriate	21		talking about we've got a day's supply left? Do you
22	than aprons particularly if AGPs are involved. If you	22		know how low supplies were?
23	are able to identify what communication was received	23	A.	
23	from HSE and when on those we can look to join the two	23 24	۸.	we were down to days, and if you know, if supplies
25	things together."	25		didn't come into country on Wednesday, it would be
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1 there would be no supply to deliver at the weekend. So 2 at that point in time it was -- they were managing 3 supplies into country and then delivering out to not 4 just only hospitals but also care homes and primary care 5 services on a day-to-day basis, depending on demand and 6 supply.

7 Q. It was clearly -- if we put that down and just look up 8 page 3, middle of the top of the page, you're saying:

"I need an answer ... today in case there are no

"Keith is on the email trail."

It was pretty urgent, wasn't it, that this got resolved?

14 A. It felt pretty urgent at the time.

Q. If we go then to page 2 in the email, you are engaged 15 16 then in, I think, some email traffic with the HSE. If 17 we look at the bottom email, they say to you:

"Susan,

"We have received some testing data on 200k coveralls at the Daventry ... although a view on this won't be available today, hopefully tomorrow.

22 Emily Lawson ..."

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Is she at the DHSC?

24 Α. So Emily Lawson, she had a variety of roles, she was at 25 Cabinet Office, DHSC and NHS England, and she led a lot 125

1 staying within their lane and saying what was approved.

And, you know, I think this, again, is about how

organisations come together in emergency response,

bringing their own specific expertise but also

recognising the challenges of the system.

6 Q. All right. And if we just go back to the top of page 2 7 Mr Willett from NHSE says -- thanks HSE for their input. 8

He savs:

"... we are ... not going to [get] ... DHSC supply chain sufficient gowns this weekend to equip staff in multiple hospitals ...

"We now need to offer an agreed position to all NHS organisations and staff the default PPE that should be adopted to substitute for a gown ..."

And then he sets that out.

"Is it to follow the WHO guidance on this to default to a single disposable apron as per the Standard Infection Control Precautions?

"I'm sorry to press but I currently have staff across the NHS caring for 17,000 confirmed COVID 19 positive patients."

How did this play out, Professor? What was the upshot of this exchange?

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24 A. So the upshot of this exchange was that myself, other 25 individuals in PHE, individuals in NHS England and

of supply chain co-ordination across those multiple organisations. I can't say what her particular role was at that --

Q. Fine, don't worry, we can find it out.

"On aprons all we can offer today is the gowns v aprons document published on our website earlier ... Any further more specific answer would be dependent on the whole proposed ensemble ie the type of apron, single use or resuable and what was worn underneath and again we would not be able to turn around an answer on that this evening. If there is a more specific ..."

Questions effectively.

Can I just ask you this: did you consider that the HSE were being helpful here in their response?

16 A. I think HSE were considering all of the components that 17 they had available to them. I think that -- I think that the HSE very much go by the regulations and the 18 19 things that they've laid down. That often doesn't work 20

21 Q. That's what I was going to ask you. I'm not suggesting 22 this was a deliberate attempt by them to be difficult, 23 but if it is urgent, as we are going to run out in a day 24 or days, did you think they got the urgency?

25 **A**. I think they got the urgency but I think they were

> across the public health agencies worked with HSE to develop, first of all, a -- what we would call a straw man. So using the guidance that was available internationally for shortages, which was available from CDC, which was also available from World Health Organisation, and evidence that we were able to glean from the literature, which was pretty scanty I would say at this point, to come up with a proposal for how we would manage to use, reuse or wear for a prolonged period elements of the personal protective equipment.

That was subsequently discussed again because it was out of standard practice with the senior clinicians and I would say that there was considerable amount of differing views at that point that were expressed, and I think, if I recall, Ruth May may have even mentioned it in her statement. But this was an emergency situation where, as a last resort, we wanted to ensure that the elements of protection that we could provide were the best we could do within the confines of the situation.

21 Q. Right. And I think the position was so out of the 22 ordinary that the Secretary of State was informed about 23 this shortage, and indeed is it right that he 24 effectively approved the guidance that came out on 25 17 April, I think it was?

- A. The guidance was shared across all of the organisations 1
- 2 that I've mentioned. It was agreed at the Senior
- 3 Clinicians Group that this was in extremis guidance but
- we should release it rather than doing it for each 4
- 5 individual item as they came along, and that it was so
- 6 unusual a situation that the Secretary of State was
- 7 informed and asked for his approval. But I think
- 8 I would say that the Secretary of State is not going to
- 9 disagree with the consensus health view at that time, he
- 10 was there to really purvey that political viewpoint --
- Q. I wasn't suggesting that he was going to veto this, but 11
- 12 you don't normally run all the guidance past the
- 13 Secretary of State, do you?

do you know?

- 14 A. No, it was because it was so exceptional and out of 15 kilter
- 16 **Q.** And what happened, did we run out of gowns that weekend;
- 18 A. Well, I think what we know from the stories with my
- 19 colleagues and peers and also from many other stories
- 20 that we've heard throughout is that there was moments
- 21 where people did not have the right thing at the right
- 22 time. I think that there was never zero in the stocks,
- 23 there was never zero going out, but there were moments
- 24 that the right place did not quite have the right amount
- 25 of equipment for them at that moment.

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1 system.

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- 2 MS CAREY: The guidance, I think, was published on 17 April.
- 3 I don't need to take you to it, but can I ask, please,
  - that we put on screen INQ000106357. My Lady, this is
- 5 a central alerting -- a CAS document.
  - It doesn't come from you, I appreciate, Professor,
  - but effectively it's how the 17 April guidance was sent
  - out, as I understand it, across NHS England and, if you
- 9 note, my Lady, it was originally issued at 17 April, it
- 10 was a Friday, at 16.43 in the afternoon and I raise it
- 11 because, of course, you've heard evidence about things
- 12 coming out late on a Friday.
- 13 If you turn over -- sorry, go to page 2, you can see 14
- this alert aims to highlight the sessional use and reuse 15 of personal protective equipment and there are severe
- 16 shortages of supplies. The considerations are to ensure
- 17 that health and care workers are appropriately protected
- 18 from Covid, where items of PPE are unavailable. The
- 19 reuse of PPE should be implemented until confirmation of
- 20 adequate resupply is in place.
  - I'm using this as a vehicle, Professor, to ask you:
- 22 do you think that when there were changes to the
- 23 guidance like this at short notice, it caused a degree
- 24 of fear and upset amongst the healthcare workers when 25
  - they were told they had to do something different this 131

- Q. So --1
- 2 A. And that improved quite rapidly over the course of the 3 next six weeks.
- 4 LADY HALLETT: Was the reason why we ran out of things in
- 5 the right place at the right time, however we're going
- 6 to describe it, because we hadn't got sufficiently large 7 stockpiles?
- 8 A. So I think -- well, I think one is that the stockpiles
- 9 were insufficient for the scale of the pandemic and the
- 10 scale of the personal protective equipment that was
- 11 being used. The second was that some elements in the
- 12 stockpile had been there for many years and, whilst they
- 13 had been validated that they were still fit for purpose,
- 14 when people used them they fell apart. So whilst they
- 15 may have had the right filtration efficiency, the
- 16 plastic had denatured, so some of the stuff in the
- 17 stockpile just was not fit.

And the final bit I think is that the unprecedented delivery of PPE to all of the care homes, which was not considered pre-pandemic, all of the GP surgeries, as well as the hospitals, had not been considered previously, in my understanding, and so the stockpile was there predominantly for hospital use but, given what we understood about this virus, we were trying to ensure

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that there was wider protection in the health and care

1 time?

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- 2 A. I completely agree and I think that, you know, the
- 3 emergency release of these types of guidance on a Friday
- 4 evening was something that really happened at those
- 5 early months, when things were rapidly developing.
- 6 Later, and I couldn't give you the exact date, there was
- 7 an agreement that the guidance could not be released
- 8 after Thursday and, ideally, on a Monday or Tuesday,
- 9 where people had plenty of time to do it.
- 10 I would highlight this was emergency release, we
- 11 were worried that people were not going to have supply
- 12 at the weekend and I would particularly highlight that
- 13 the big thing we were talking about here was sessional
- 14 use first and reuse second. Again, having already
- 15 talked about sessional use but having heard from people 16 in organisations who were calling me saying that people
- 17 still don't feel comfortable with sessional use, so it
- 18 was really to try and prioritise sessional but, if we
- 19 needed to, to reuse in an emergency situation to ensure
- 20 that there was a level of protection.
- 21 Q. Do I take it from everything that you've said that you 22 do agree that this change to IPC guidance was driven
- 23 purely by a lack of stock?
- 24 A. I -- yes.
- 25 Q. Okay.

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- A. Both a lack of stock now but also potential lacks of
   stock in coming weeks.
- 3 Q. All right.

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I want to move on to December 2020 but can I just help you to this extent. On 4 June, EMG produced a paper to SAGE saying droplet and indirect are still the most important routes of transmission; there was weak evidence in June of aerosol transmission.

Can I turn now to December 2020 and, if it helps you, Professor, paragraph 325 in your statement. We are now in the Alpha variant era, and I think you say that Alpha variant was more transmissible than the Wuhan variant, or call it what you will, from March 2020; is that the position?

15 A. Yes. So, to be clear, the Alpha variant was the first 16 major variant that we were able to detect and study. We 17 believe, looking back, there were other variants 18 previous to that but that was when genomic sequencing 19 was at sufficient level that we could really understand 20 this, and that we had sufficient testing and 21 surveillance that was allowing us to make an improved 22 understanding about what the virus was doing, and what 23 we could see was that the transmission rate was 24 increased

The thought -- there was two reasons considered for 133

1 What was the change?

- 2 A. Well, what was -- so, first of all, I'd say that the 3 guidance at the time had FFP3 masks in AGP hotspots, 4 et cetera. We -- through our regular contact with our 5 peers in hospitals and through people working in 6 hospitals, and including CB, I think, at this time, we 7 were noting that some hospitals were going further and 8 they were making the decision based on transmission that 9 was happening in their hospital or ventilation that they 10 were seeing in their hospital to moving to more wide use of FFP3 for patients with Covid. I would say that, at 11 12 this point, there were no shortages and there were 13 plenty of supply of all types of masks. So there was 14 clearly an ability to go more widely, if it was 15 considered that that was the approach.
- 16 Q. Pause there. I'm not suggesting that it's anything to
  17 do with supply at the moment. I just want to know what
  18 it was that led to the phrase going in there "our
  19 understanding"; what in PHE's understanding had changed?
- A. Well, I think, you know, you've mentioned the EMG
  evidence of low risk, we had seen that there were
  outbreaks occurring in hospitals, that those outbreaks
  were bigger than what we had seen in the wave 1
  outbreaks in particular, and that there was some
  increasing understanding that aerosol was a mode of

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that and, over time, that developed better. The first was that people were getting infected with a shorter incubation period or faster, so, from one person to the next, it was jumping really fast; and the second was that the number of people who were infected by a single individual seemed to be greater than it was on the earlier stages.

Q. Against that background, I think it's right that the IPC cell were asked to review the IPC guidance and effectively said no change to the IPC guidance but can I ask you please about some of the minutes and can we put up on screen please INQ000398244.

This is the IPC cell minutes for 22 December 2020 and I would like, please, to go to page 3 of that document.

My Lady, we looked at this briefly with Dr Ritchie but can we go to the middle of the page with the entry saying "CB". CB was a representative of Public Health England?

- 20 A. Correct.
- 21 Q. In that meeting, he said that:

"Our understanding [ie PHE's understanding] of aerosol transmission has changed. A precautionary approach to move to FFP3 masks whilst we are awaiting evidence should be advised."

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1 transmission.

- Q. When it says "a precautionary approach to move to FFP3
   whilst we are awaiting evidence should be advised", what
   evidence was it that you were waiting for?
- 5 A. Well, I think that, at the time, we were worried more
  6 about was this something that was just happening in some
  7 places, rather than more generally and was this evidence
  8 that FFP3s were going to be more effective or less
  9 effective for this. I would say that I don't know
  10 exactly what CB was thinking in this meeting and I don't
  11 know what it was.

12 I think that there had -- there was an increasing 13 view that, where people were risk assessing that there 14 was a risk assessment locally in hospitals, that they 15 should be at least enabled to wear FFP3 masks, because 16 they were available and that individual hospital 17 situations and circumstances differed very greatly 18 across the country, and so I think this was part of that 19 approach.

- Q. I want to be clear whether PHE was recommending
   a precautionary approach at this stage because Alpha was
   more transmissible or because the evidence have aerosol
   transmission had changed or both?
- A. I think it was probably both, though it's -- only one
   thing is mentioned here.

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1 **Q.** Yes.

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- A. But my recollection is that we were -- PHE through its
   evidence of and the study Alpha, had recognised its
   increasing transmissibility. I think that was the first
   thing that we recognised about it. We did not know and
- 6 understand why that increasing transmissibility was
- 7 there at this time but, obviously, alongside the
- 8 emerging evidence on at least some aerosol transmission,
- 9 this was one of the components that was being discussed.
- 10 Q. Can I ask you this, why was PHE recommending
  11 a precautionary approach at this stage of the pandemic,
  - when it didn't do so in March 2020?
- 13 A. So I think this was an individual recommending it.
- 14 I think it's really important that individuals come to
- meetings and raise a wide variety of components.
- 16 I think there was a view and remains a view in PHE and
- 17 UKHSA that there needs to be a more enabling approach to
- 18 use of FFP3 where the risk to patients or individuals
- 19 healthcare workers is warranted, and I think this was
- 20 part of that developing evidence.
- 21 Q. Okay, can I ask you this then: why were you recommending
- 22 FFP3 when, as you told us earlier, there was only weak
- evidence that FFP3 was more protective than a mask?
- 24 A. Well, I think you can see here in this -- this is again
- 25 the discussion at the IPC cell, as one part of the
- 1 that position is right, what you set out this morning,
- 2 why here is a representative of PHE recommending FFP3?
- 3 A. Well, because I think that the appropriate thing is to
- 4 discuss things in IPC cells, where it is discussed and
- 5 then agreed as a consensus opinion. Again, this is the
- 6 sort of contrary to groupthink, where everyone comes in
- 7 and says the same thing. It's coming in with different
- 8 opinions and views --
- 9 Q. I'm going to interrupt you there; that's not an answer
- 10 to the question I asked. If you genuinely think that
- 11 FFP3 is less protective, why on earth is your
- 12 representative in December recommending it on a
- 13 precautionary basis?
- 14 A. So I've never said it's less protective. I said it may
- 15 be more --
- 16 Q. You said the evidence is weak that actually FFP3 is
- 17 protective more than fluid-resistant masks and goes on
- 18 to explain that lab conditions were not the same as the
- 19 clinical context.
- 20 A. Correct, but that is not the same as that they are less
- 21 protective.
- 22  $\,$  Q. All right. Well, given your answer this morning, can
- you see a disconnect between what you said to us and
- 24 what is being said here in December 2020?
- 25 **A.** And I think again what I would highlight from this is 139

discussion to bring it to discuss and to bring to the consensus view of the IPC cell.

I have discussed, after this, with various members of the team and there were various discussions within Public Health England at the time and, actually, one of the discussions was did we have strong enough evidence that we would say that this must be done and, actually, at the time, though evidence was very weak, there were lots of discussions with the environmental modelling group about the other elements of control that were in place, and that FFP3 was only one, and I think the general view at this time and the consensus statement that came through after this, from both the IPC cell, which PHE contributed to, was that FFP3s were only one measure and that the overarching components of the virus had not changed and, therefore, that what we would do in PHE was look at the evidence in a way, which is what we subsequently did by convening a Respiratory Evidence Panel.

20 LADY HALLETT: Could you ask your question again?21 MS CAREY: Yes, certainly.

I understand that but you told us this morning that the evidence was weak that FFP3s protected more than FRSMs and, I'll be frank with you, it's caused a great degree of consternation amongst many in this room. If

this is views being expressed to bring consensus to
discussion. It is also views that were then brought
back into PHE to discuss further, and the decision at
that was to go and further review the evidence to decide
whether the evidence was strong enough to do that.

**Q.** I think you have seen Professor Beggs' statement and he said at paragraph 211, for anyone who is following it:

"Historically medical professionals have placed much emphasis on randomised control trials and effectively have tended to downplay evidence from observational laboratory and modelling studies."

What do you say to his observation about that?

A. So I would say that medical evidence is graded and that it comes in a variety of ways, that laboratory studies are one element but, for example, when we take drugs, for every hundred drugs that are developed, only five get licensed because what happens in the laboratory doesn't work in practice. And so we have a gradation of evidence, the evidence is not just randomised control trials, it's also case theories, other studies that are performed and, from the point of view of looking at respiratory evidence, we looked at all of the different types of evidence that were there and available.

- 24 Q. So do you agree or disagree with him?
- 25 A. So I agree that the randomised control trials --

- actually, meta analysis of randomised control trials is
   the highest evidence; I disagree that we only look at
   one type of evidence.
- 4 Q. Are you expecting there to be randomised control trials
   5 in relation to whether FFP3 is better than FFP2 when it
   6 comes to protection against Covid?
- A. So I think that those trials have not been conducted but
   there have been trials looking at FFP3s versus
   fluid-resistant surgical masks in Covid and also prior
   to Covid.
- 11 Q. Is your view that evidence on the effectiveness of masks
   will continue to be weak if there are no positive
   results from randomised control trials?
- A. So in the terms of how we grade our evidence that's true
  but I think that what that means is that we need to do
  those trials properly to allow us to look at this, not
  just for Covid but for other respiratory viruses that
  circulate because, otherwise, we are not advancing
  knowledge in the way that science advances knowledge.
- 20 Q. Do you agree with the advice being tendered by your21 colleague there?
- A. So I think that my view at the time, and my view remains
   now, is that the FFP3s were one part of the control
   measures that, in this scenario, that it was
   a reasonable thing to propose but it was not the only

what became, I think it was, Alpha:

"If higher levels of PPE of Parliament recommended at the time, in the absence of evidence, it would be difficult to go back on this. We need to look more closely at healthcare worker to healthcare worker transmission."

Then one of the contributors asked if PHE had evidence of increased aerosol transmission, and the person said:

"There may be an increased risk of aerosol transmission following evidence re singing, shouting and enclosed spaces."

We've heard from Dr Beggs about a particular choral study/trial -- I'm sure the Skagit, I think that's how you pronounce it -- which spoke about these things. Then, effectively, the meeting came to a close and the paper was put forward, I think, to the Senior Clinicians Group.

Do you or were you informed there was any resistance to PHE's proposal by other cell members?

A. So I don't recall that. I do know that the PHE staff
came back and it was discussed within PHE. I know that
there were further discussions in PHE about what the
evidence base looked like, and rapid evidence reviews
that had already been conducted were looked at and

view that was expressed, either in PHE or in other
 organisations.

Q. All right can we look please at the following day's IPC cell minutes, INQ000398242, and can we go to -- I think it's page 2. Again, Professor, not a minute that you were in but, if we look on page 2, essentially what happened there was, following what had been said the day before, all of the four nations were asked for their position to try and reach the consensus, as you told us. I'm not going to go through Scotland Wales and Northern Ireland but that's the thread.

Can we go to page 3 please, at the top of the page, there was an agreement with a consensus. There are concerns from one of the participants that the use of FFP3 -- due to availability and capacity for fit testing. There is evidence that other IPC measures are not being adhered to:

"What is the process if PHE make a different statement to the IPC cell?"

We assume that's a reference to the fact that the day before they were recommending the precautionary approach and yet that wasn't meeting favour with the rest of the cell. Dr Ritchie said the IPC cell was requested to provide a position statement on whether any change is required to IPC PPE guidance, in relation to

reviewed again, with a variety of different senior medical advisers, senior clinicians and scientists in PHE at the time.

I know that we subsequently brought this and wider face masks, face coverings and FFP3 discussions back to senior clinicians groups, to have further discussion, again, because this was about making sure that we all understood what the evidence was that was available at the time and thought about the decisions in healthcare, in hospitals, in care homes and in the wider system.

- 11 Q. Did you ever see the minutes that we've now got?
- **A.** I did not see them until I was displayed them for the13 Inquiry.
- 14 Q. For the Inquiry, all right. Did anyone ever say to you
  15 there was a concern that if higher levels of PPE were
  16 recommended at this time, in the absence of evidence, it
  17 would be difficult to go back on this?
- 18 A. I don't recall that.
- 19 Q. I mean, do you read that as them wanting to save face,20 in short?
- A. It could be read as that but I think that we also need
   to recognise that -- you know, that the components here
   were worried more, I think, about how they were going to
   explain the decision. In what I can see from reading
   this, not having been in the meeting, I think that, you

- 1 know, the really important component moving forward, for 2 us as an organisation, is to provide the best evidence 3 and the best recommendations we can to enable the NHS to 4 do their work.
- 5 Q. We know, in due course, that the IPC guidance didn't 6 change in light of the Alpha variant but the reference 7 to PHE having increased understanding of aerosol 8 transmission, it appears to have got lost; would you 9 agree with that?
- 10 Α. Well, I think it was increasing, I think that when we 11 released the Respiratory Evidence Panel review, which 12 I believe was in May but, of course, would have been 13 discussed internally and seen drafts of it before that, 14 it was highlighted that there was an increasing 15 understanding from aerosol transmission. So I think it 16 was gradually coming through, slowly but surely, and 17 I think that the important point was that we were 18 looking not just at how it was transmitted but the 19 overall mitigations to prevent transmission.
- 20 Q. Can I ask you this: you can't speak for the member, 21 obviously, in the cell, but why didn't PHE stand their 22 ground and say "No, we've now got some evidence of 23 aerosol transmission, the IPC guidance needs to change 24 and offer a higher degree of protection"?
- 25 Α. I'm afraid I don't know that.

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a wide variety of senior medical and health individuals.

So I think it would have been challenged and questioned and about whether this was the right thing to do at the time.

- Q. Do you think PHE capitulated too easily here and should have said "No, come on, this is a really serious development, it can affect our IPC measures, we need to reconsider the evidence about aerosol transmission now by December 2020"?
- A. So with the risk of sounding like this is going back into, you know, a long time ago, I think this was a really challenging moment in the pandemic. We were almost at Christmas Eve and you will recall the societal components that were happening at the same time. This came back and was discussed again in the -- in January, in great detail, and kept getting discussed, and we kept reviewing the evidence.

I think the -- again coming back to how organisations work in pandemics, I think it's really important that people put forward their views, that they have the evidence, that they get a wide variety of views to bring this forward, and I think that, you know, given the moment in the pandemic that the IPC consensus and the consensus from other groups that were sought at the time has to be considered the moment -- that moment,

Q. Can you answer why PHE didn't say, "Well, in addition 1 2 this variant's more transmissible, so, in fact, there's 3 two good reasons now for having a higher level of PPE"?

4 A. I don't know. But I would have expected that the start 5 of the meeting, which I think the piece that you showed 6 us the day before talked about PHE providing 7 a situational update, which is what would have usually 8 happened. I don't know actually what was said.

9 Q. It may be thought by many that PHE were right here about 10 aerosol transmission but ought to have stood their 11 ground and fought their corner. Do you think this is 12

an example perhaps of groupthink?

13 A. Well, I think the fact that PHE was giving and airing 14 a different view is an example of not being involved in 15 groupthink. That I think, you know, it does come back 16 to scientific consensus about the evidence that's there, 17 the evidence that's available, and the majority view and 18 how that's done. I don't think this was the only group, 19 I would highlight, so there was -- this group would have

20 been taking input from the hospital onset Covid-19

21 group, the Environmental Modelling Group, SAGE, NERVTAG,

22 as I've said, and would have had the option, and did on

23 this occasion, and, as I recall, discussed it at the

24 Senior Clinicians Group, which would have had the

25 four nations' CMOs, chief nursing officers and also

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1 that view at that point in time.

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2 Q. Do you think, upon reflection, the IPC cell were asking 3 the wrong question and, rather than concentrating on the 4 transmissibility of the variant, they should have gone 5 back and considered the route of transmission at the 6 outset?

7 **A.** I think they did consider that the route of transmission 8 was in a similar way to previous and that's probably 9 true actually, and I don't think we've got evidence that 10 the route of transmission for Covid-19/SARS-CoV-2 has 11 changed at any point.

> But there is evidence that it became more transmissible and invaded the immune system more progressively over time. I think, again, this is really difficult to look at this moment in time at this point here. I do know that there was a lot of robust discussion happening and a lot of robust discussion continued to happen about what were the right interventions to reduce respiratory transmission in hospitals, in communities, in schools, in workplaces, and PHE was involved in many of those different discussions with many different actors across the time period.

23 24 Q. Okay, that can come down, thank you.

> Can I move on in time, please, to February 2021, and 148

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- 1 you were aware, I think, Professor, that the Royal 2 College of Nursing commissioned an independent review of 3 IPC measures and we're going to hear from various 4 parties over the next few weeks dealing with it but, in 5 short, did the review from the RCN amount to they wanted 6 nurses to be assured that face masks were effective and 7 that quality of ventilation would be investigated. 8
- A. I believe so. This is the HSSIB report; is that 9 correct?
- 10 Q. No, this is the RCN's independent review conducted by 11 Professor Dinah Gould, which is a slightly different 12 matter, and it's at paragraph 330, if it helps you, in 13 your witness statement. I'm sorry I jumped --
- 14 A. Apologies.
- Q. No, it's all right. Take a moment. 330, RCN published 15 16 their independent review.

(Pause)

I think it led, correct me if I'm wrong, that there was a Respiratory Evidence Panel convened by PHE. Have I got that right?

- 21 A. That's correct.
- 22 Q. Was that result of the RCN's independent review?
- 23 A. No.

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- 24 Q. Okay. Pause there then, please. In relation to the RCN 25 independent review, in short they wanted the assurance 149
- 1 together to reduce infection.
- 2 Q. So help us, please, then, why was it that the
- 3 Respiratory Evidence Panel were commissioned or convened
- 4 to look at the role of face coverings in -- I think it
- 5 was May -- or before May but it was published in May?
- 6 A. So actually this came from some of the discussions we've 7 just had about December 2020.
- 8 Q. Tell us about that, please?
- 9 A. And so, essentially, we brought a variety of papers looking at the rapid evidence reviews that PHE were 10 11 doing at the time and the role of face masks and face 12 coverings in a wide variety of settings because 13 recognising that Public Health England's role, the NHS 14 was well known component but we were also talking about 15 schools and workplaces, supermarkets, the environment 16 and the general public, and we were trying to ensure 17 that the evidence was looked at across all of those

settings, rather than just one area.

And in January 2021 at the discussions at the Senior Clinicians Group we asked whether the Senior Clinicians Group would endorse us setting up a Respiratory Evidence Panel, an independent panel where we would invite a range of experts to come and give their views and to allow us to move the debate forward, if you like, so that it was not seen as PHE as an organisation asking

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about the protection provided by face mask and the quality of ventilation, and I just want to ask you about ventilation. We haven't dealt with that very much but do you think that issues around ventilation got lost by the concentration on this being a droplet contact borne virus, as opposed to also having the route of aerosol transmission?

A. I think perhaps it did but I also believe that -- well, when I work in hospitals, the hospital teams work very closely with the engineering departments who understand the air changes that happen in different parts of the organisation, and ventilation is considered an important part of the hospital infrastructure and delivery, and I think -- sometimes I think that what got lost is that we were too involved in looking at, you know, whether it was fluid-resistant surgical masks, whether it was FFP3s, whether it was droplet or versus aerosol, rather than going to the principles of things that we know are really helpful to reduce infection in healthcare settings, not just Covid-19 but a wide variety of other bacteria and viruses.

And I think that, actually, you know, trying to -some of the components here is about trying to get us to understand these things better and to ensure that the multidisciplinary way of working is bringing all that

for things to happen. But we were really trying to bring together a group of experts.

1 April was when it started and it reported in May so I think it's just important to get the timeline. So these things take time to get the people in, to ask them whether they're willing to give up their time and then to provide the evidence.

8 Q. Can we look at the findings of the REP and it might be easiest to call up on screen your statement. Could we 10 have INQ000410867 0134 and paragraph 335 in your 11 statement, Professor.

Thank you. Could we highlight paragraph 335:

"At the meeting on 17 May [2021] the REP assessed review-level evidence to consider the potential effectiveness of face masks ... The findings presented included:

- "a. Airborne transmission beyond two metres was possible and contributory factors include poorly ventilated indoor settings, prolonged exposure and activities that may generate more aerosols.
- "b. Certain [variants of concern] are likely to have increased transmissibility ...
- "c. Evidence to date suggested modes of transmission of [variants] had not changed so it was likely that the IPC measures should be adequate.

"d. The evidence suggests all types of face mask are, to some extent, effective in reducing transmission of [Covid] in both healthcare and public, community settings. N95 respirators are likely to be most effective."

Is that an equivalent of FFP3?

- 7 A. So it's equivalent to FFP2 --
- 8 Q. Thank you.

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- 9 A. -- and I think that was used because there was more 10 evidence for N95 but very little evidence for FFP3 in 11 the literature.
- 12 All right, fine. We'll come back to FFP2 later, if we Q. 13 may, but FFP2 respirators are:

"... likely to be the most effective, followed by surgical masks, and then non-medical masks, although non-medical masks (such as cloth masks) made of 2 or 3 layers may have similar filtration efficiency."

So there was, was there not, another piece of evidence supporting airborne transmission, albeit making the obvious point that, if it's a poorly ventilated area, it makes aerosol transmission worse, prolonged exposure makes it worse and there may be some activities that generate aerosols.

As a result of these findings, I think is it right that you asked the IPC -- or the IPC cell were asked to

1 that there was no need to change the approach to RPE, 2 based on the findings of the Respiratory Evidence Panel;

3 have I got that right?

4 A. I believe that was because they had also added and 5 recently changed the guidance to have a more risk 6 assessed approach to do it.

7 Q. Yes, they did.

8 A. So that, in a way, because some of this had already 9 happened, to allow what I think PHE was calling for, 10 which is more ability for organisations to use FFP3s in 11 areas --

Let me ask you this then: how do you risk assess 12 13 properly, if you are risk assessing for a droplet-borne 14 virus, when in fact you are dealing with an airborne 15

A. So I think what you're asking is about the ventilation, 16 17 so you're actually saying -- what he is saying here is 18 airborne PPE are likely when working with a cohort of 19 Covid positive patients and that means that what we're 20 asking hospitals to do is to consider that there is 21 a risk of aerosol in certain areas and to look at 22 a multiple range of components, including ventilation 23 and considering where that needs to be done to what 24 other measures that need to be considered, again 25 recognising that some hospitals had made those

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review the position and didn't change? 1

2 A. Can I just actually --

3 Q. Yes.

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4 A. -- highlight that the next (e) point on that --

5 Q. Oh, right. Yes, certainly.

6 A. -- I just think to make sure that we give the full 7 evidence review summary -- highlights that might be more 8 effective, so it was still rather uncertain and I just 9 think that that also comes into an important part of 10 consideration of evidence.

So, in essence, what we're looking at is what are the sort of biological laboratory-based experiment and then looking actually in healthcare about the evidence that was available.

15 Q. You still say evidence of low or very low certainty from 16 SARS and other respiratory viruses suggest in healthcare 17 FFP2 respirators or equivalent might be more effective. 18 All right, I understand that point but I actually want 19 to concentrate on the airborne transmission point, as 20 this was another piece of evidence to put into the mix 21 suggesting that airborne transmission had been 22 overlooked at the start of the pandemic and, as 23 a result, I think you said, in your paragraph 339, 24 Professor, that the IPC cell met to discuss the findings

25 of the REP evidence and the IPC cell majority view was 154

1 decisions, that the guidance was there, as I think 2 Health and Safety Executive put it, as the minimum 3 standard, but there was nothing at this point stopping 4 people to go further, if they decided there was 5 an issue, an outbreak, an incident on the ward, 6 ventilation failure or a very high density of infection 7 patients.

**Q.** Well, forgive me, Professor, but you have told us that IPC measures shouldn't be seen in isolation. So 10 ventilation is clearly one of the matters to be 11 considered in a risk assessment, I take that point, but 12 my point is: how on earth are the healthcare workers and 13 indeed those risk assessing going to be risk assessing 14 properly if they don't know what the route of 15 transmission is?

16 A. I think what we're saying here is that we're increasing 17 evidence of some airborne -- airborne PPE, there was 18 also evidence in the statements that there was 19 increasing statements coming out and I think, at this 20 point, we had released publicly our REP findings about 21 the potential risk for aerosol. So Public Health 22 England had released this into the public domain and 23 shared it with people.

> We were talking about it, about let air in, about ventilating on, as part of our general public health

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- 1 advice. So we were talking about letting air in, 2 opening windows, ventilating well, as components, and 3 hospitals understand their own environment where they 4 may have areas that ventilation was poor, with their 5 experts in each of the hospital infection control 6 infectious diseases, engineers and environment.
- 7 Q. So if they're in an old estate with poor ventilation, 8 how are they going to conduct a risk assessment that 9 catered for an airborne transmitted virus?
- 10 A. I mean, I think this is underestimating what hospitals 11 and hospital staff are capable of doing. There are many 12 experts sitting in hospitals working on this on 13 a day-to-day basis. They were reviewing the evidence 14 and were reviewing the papers that came out, and they 15 provide risk assessments for all variety of infections 16 that come into hospital and risk assessments on how 17 patients are managed and how -- and the precautions in 18 healthcare workers for a variety of components of 19 infectious diseases, and other health and safety 20 measures all the time.
- 21 **Q.** Do you think it would be helpful though, for those risk 22 assessing, to know categorically now that there was 23 evidence suggesting there was airborne transmission; 24 would it not help them in their task?
- 25 A. I mean, I can't recall what was exactly written in the
- 1 if I can put it like that; do you agree?
- 2 A. I agree.
- 3 Q. Right. I suppose the same questions again, really, 4 there was no change to the guidance, do you think now --5 what are we -- a year on, PHE ought to have been more 6 forceful in saying "Hold on, come on now" --
- 7 A. So --

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- 8 Q. -- "FFP3 please, FFP3 please. Put it in the guidance".
- 9 A. Well, I think, you know, it's a similar situation to where we are right now, not just for Covid-19 but for 10 11 a wide range of respiratory viruses and I think that we 12 need to think about transmission of respiratory viruses 13 in three ways in healthcare settings: what is the risk 14 from the environment; what is the risk from patient to 15 patient and healthcare worker; and what is the risk 16 between healthcare worker and healthcare worker and to 17 patient?

All of those require slightly different elements but I would come back and say that FFP3 is one element only and that my belief in coming out of this pandemic is that we need to look at the wider elements of reducing infection, rather than just the dichotomy of fluid-resistant surgical masks and FFP3, and that we need to improve the evidence base on which we make decisions, which we can do because respiratory viral

guidance at this point but I do think that there was increasing public information about ventilation, letting air in, opening windows, so that this was being discussed openly to the whole population about the measures to reduce the spread of Covid-19.

6 Q. Okay. I'm going to canter through December 2021 to June 7 2022 because there was, I think this is right, no 8 changes to the IPC guidance when Omicron variant 9 emerged. I think the IPC cell were asked to consider 10 whether mask guidance should be reviewed and, as 11 I understand it, PHE maintained their view they wanted 12 greater use of FFP3.

> Professor, if it helps you, I'm at paragraph 350 in your statement.

8 December, there was a meeting of the IPC cell, or UKHSA. UKHSA, as you now are flagged their opinions based on the output of the REP and the limited evidence regarding the emergence of Omicron variant highlighting a greater need for FFP3 mask use, and they say this:

20 "This is a rapidly evolving situation in the absence 21 of scientific certainty, as previously recommended by 22 PHE for Alpha. A more precautionary approach, including 23 the wider use of FFP3 respirators should be considered 24 by the IPC cell."

> So not dissimilar to the position in December 2020, 158

1 infections are going to continue to spread.

2 Q. That brings me on to I think January 2022, when the IPC 3 guidance wasn't Covid-19-specific but was published for 4 seasonal respiratory viruses, so presumably flu, RSV and 5 the like. All right.

> Can we have a look, please, on screen, at INQ000348433 20.

And this is from that guidance and you will see there that RPE or FFP3 or powered air purifying respirator hoods, it says:

"A respirator with an assigned protection factor (APF) 20, that is, an FFP2 respirator (or equivalent), must be worn by staff when:

"• caring for patients with a suspected or confirmed infection spread by the airborne route (during the infectious period)"

And:

"• when ... [AGPs are being done] on a patient with a suspected or confirmed infection spread by the droplet or airborne route."

So no reference there to Covid, because it's wider than that, but can I ask you this: reading that, does it sound like RPE should now be used for all encounters with patients with Covid or suspected of having Covid? 25 **A**. So I think it could be read like that, yes.

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- Q. Yes. And does it now sound like healthcare workers have 1 2 got to now work out whether the infection is being 3 spread by the droplet or airborne route?
- 4 A. Well, I think that that is true to some extent but 5 I think there was also -- information would have been 6 provided in this guidance about what infections were
- 7 spread by which route. 8 Q. Ah, because we looked to see if there was a list that 9 set out that neatly and we couldn't find one and maybe 10 we've -- we're at cross purposes, one or other of us will be correct, and we'll check it out, but do you 11 12 think, even just standing back for a second, that's not 13 particularly helpful guidance to the healthcare worker? 14 A. lagree.
- Q. At this time I think it was asked that the word "wholly" 15 16 and "predominantly" were being discussed in the IPC 17 cell. Can I just deal with it in a nutshell: do you 18 think that guidance that refers to "wholly airborne" or 19 "predominantly airborne" is helpful to the healthcare 20
- 21 A. No.

22 Q. No, all right.

23 Finishing the IPC guidance, if I may, we come to 24 April 2022, when the Covid-19 IPC guidance was withdrawn 25 and the National Infection Prevention and Control Manual

infections.

2 So -- sorry.

3 LADY HALLETT: I'm getting messages.

4 A. So staff routinely would use fluid-resistant surgical 5 masks to prevent the spread of infections on those types 6 of wards, so I think that is the normal course of events 7 within healthcare, to consider the individual factors of 8 the patient as well as the infections that are 9 circulating.

10 MS CAREY: Can I ask you in a similar vein: do you think 11 that air filtration, for example the use of 12 HEPA filters, was given sufficient priority in the IPC 13 guidance?

- 14 A. I don't believe it was.
- Q. No. Do you think that IPC guidance in future should 15 16 look to the use of portable air cleaning equipment like 17 that?
- A. So I think -- and I will say that this is one of the 18 19 reasons why I think we need to have a wider discussion 20 about some of this, I think a lot of the ventilation 21 components are dealt with by building memoranda and 22 technical memoranda that are done by the technical 23 estates, facilities and engineering teams in hospitals.

24 However, where the -- bringing ventilation, 25 particularly where you talk about portable ventilation, 163

1 was published, I think on 14 April that year. Does that 2 bring us roughly to the end of the guidance in most of 3 our relevant period?

4 A. I think so.

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- 5 Q. All right, can I ask you this though please: about the 6 impact of the withdrawal of the Covid-19 IPC guidance on 7 clinically vulnerable and clinically extremely 8 vulnerable people, do you know whether any consideration 9 was given to the vulnerabilities of those groups when 10 determining that no future Covid-19 guidance was 11 required?
- 12 So when any guidance was done it was looked at as -- in A. 13 a sort of public sector equality duty, which would have 14 included this to -- as part of it.

From my point of view, in hospitals, in particular, there are usually wards where these individuals are cared for more than others, so a haematology ward or an oncology ward, where you're getting cancer treatment, for example. And there, hospitals would define what the precautions are to be used in those wards. For example, I know that lateral flow testing continued to happen on those wards much after others, and actually in some of those wards, routinely in the winter or when there's lots of viruses circulating, that staff routinely wear fluid-resistant surgical masks to reduce spread of 162

UV HEPA filters, into the front and foremost consideration of hospitals, so that they're not just redesigning a building or rebuilding a building but an important thing that should be brought into the guidance in the future for infection prevention and control teams to consider.

Health and Social Care Act, and there remains in that Health and Social Care Act the components of infection control that need to be considered to reduce the risk of nosocomial infections. That includes things like ventilation in estates. And I think that IPC guidance needs to reflect that in a greater way going forward. I was going to ask you about nosocomial infections as

16 17 it's at paragraph 160 in your statement please. 18 And I just would like briefly if you could, please, 19 Professor, to help us with the establishment of the

Nosocomial Transmission Group, which I think was established by SAGE as a subgroup. It had PHE's Director of National Infection Service on it.

Is this right, it was focused only on hospitals?

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25 In due course it became the Hospital-Onset COVID-19

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actually thinking how they can improve ventilation, is Can I just finally, there was and there remains that the next topic, so let's deal with that now, please, and

1 Working Group, HOCI?

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- 2 A. HOCI I think it was named.
- 3 Q. And various pieces of data then from HOCI were added in 4 and the data came to sitreps and they were verified by 5 Public Health England. And if anyone wants to know more 6 detail undertaken by PHE in this area, it is set out at 7 pages 77 to 86.

Can I explain why I'm cantering over it? Because tomorrow we're going to hear from Dr Warne, who is one of the IPC trio who is going to take us through some of the challenges in determining the extent of nosocomial infections. And so, with your Ladyship's permission, I'm going to leave it to him, if I may, and I mean you no disrespect, Professor.

It does, though, bring into play, does it not, the ability to test symptomatic, asymptomatic and presymptomatic patients and healthcare workers, would you agree?

19 A. I absolutely agree and think that the -- I don't know, 20 I can't recall off the top of my head right now, but 21 I think the changing in testing, both in patients and 22 healthcare workers, made dramatic shifts in that first 23 year, both due to testing availability in the health 24 services and otherwise, the capacity to do that, the 25 turnaround time. And I think this remarkable shift also 165

> individuals and then follow their household, we could see that they were transmitting particularly through their household.

And that's good evidence because they would have all been staying at home, hopefully, following the guidance to stay at home with those symptoms.

Q. If it helps you, certainly by 1 April 2020 Public Health England said that there was the possibility of asymptomatic transmission but other analysis would provide the best evidence.

The reason I mention that is this: we have in our evidence a statement from Matt Hancock, the Secretary of State, who says this, that:

[As read] "During January until 3 April 2020 I repeatedly raised my concerns about the potential for asymptomatic individuals to infect others with those advising me. However, up to that point I was repeatedly advised by PHE both that we should not assume asymptomatic transmission ..."

And I would like to know, did you -- not you personally, but did PHE advise Mr Hancock in the way he sets out?

23 A. So I don't know what -- and I can't recall. I presume 24 this was in individual discussions with Mr Hancock, 25 which I was not in the room with Mr Hancock until late 167

happened when we started to be able to use the rapid 1 2 tests that we then all became used to using, which PHE 3 was really part of, the development of and validating 4

5 Q. Can I just ask you about asymptomatic transmission, 6 which is not the same as asymptomatic infection, we

understand that difference, just so that you're aware, 7

8 but -- and clearly there was an evolution in 9 understanding about how much asymptomatic transmission

10 there was; would you agree with that?

of, of those tests.

11 A. Absolutely.

12 When do you think PHE came to the view that there was 13 evidence of asymptomatic transmission?

14 A. Again, I don't think this was a moment where there was 15 an electric light bulb that went on. I think there was 16 gradually increasing, slowly-but-surely evidence that we 17 were seeing people who at first that we thought -- were 18 testing positive but would go on to develop symptoms, 19 because, again, it was quite common for people to have

20 that presymptomatic phase. But then when we did studies 21 looking at individuals over time we recognised that

22 30/40% of individuals never developed symptoms but that

23 some of their households became infected. 24

So in the studies that we did in households or in organisations where we would find one of these

1 May 2020.

2 Q. Okay.

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3 A. So I would say that that may have been the perception of 4 people communicating.

5 I think if you look at the science advisory papers 6 to NERVTAG and to SAGE, it was much more nuanced and 7 there was uncertainty, and I -- I personally would, 8 I think as you've realised, don't believe that we can be so clear-cut for some of this, and that would not be my 9 10 way of explaining things to ministers.

11 Q. Can you help us if it wasn't you in the room with him or 12 in the rooms with him who was it likely to have been 13 that was advising him?

14 A. So my understanding from the early meetings were the 15 director of the national infection service, the medical 16 director and the emergencies(?) medical director and the 17 chief exec -- of Public Health England --

LADY HALLETT: Sorry to interrupt again, there's also quite 18 19 a difference, isn't there, between you shouldn't assume that something's happening and there's some evidence it 20 21 may be happening. I mean, they're not the same thing, 22 are they?

23 A. Agreed. And I think that the whole point of scientific 24 exploration is that you say what you know at the time, 25 because you have to be clear and communicate what you

1	know, but that you also continue to study it to see if	1		computer will one run hundreds of thousands and million
2	· · · · · · · · · · · · · · · · · · ·	2		of times to provide estimates of what might happen in
	you are wrong.  ADY HALLETT: We're not assuming it's happening, but it may	3		real life and allow those variations to be seen.
3 <b>L</b> .	be?	4		
	. And it may be and we don't	5		For example, in looking at masking, it was not a study that said masking only around
	ADY HALLETT: That's why we're going to look further?	6		" only around patients prevents 56% of
	. Exactly.	7		infections"
	IS CAREY: I diverted briefly	8		This would have been a number that they would hav
	. Apologies.	9		put into the model about how effective masking was, and
9 <b>A</b> 10 <b>Q</b>		10		then they would have let the model run for thousands or
10 <b>u</b> 11	nosocomial transmission, and I think a study conducted	11		millions of iterations and then it would have come out
12	by UKHSA into the efficacy of interventions to prevent	12		saying: this doing this, in this model, looks like it
13	nosocomial transmission.	13		reduces these amount of infections.
14				
	And could we have up on screen INQ000348244, please.	14	^	Does that
15 16	It's at your paragraph 188, Professor, if you need	15	Q.	Yes.
16 17	to look at it, but it might be easier to use the	16	A.	It's just it's the complexity of models, which
17	document.	17		I think is important to do. This was not a real life
18	Can you just give us a background as to why UKHSA	18	_	study, it was not conducted in a hospital.
19	commissioned this piece of work?	19	Q.	No, I follow that, but the key messages from the study
20 <b>A</b>		20		we've got up on screen there, and in relation to
21	Public Health England beforehand, had	21		"Patient infections":
22	a healthcare-associated or nosocomial modelling team.	22		"Interventions in place over the course of the
23	So these are teams that take assumptions that we	23		pandemic have prevented up to 1.2 million patient
24	understand, with things that we know about the virus,	24		infections compared to a scenario where no interventions
25	and then work them into large-scale models that the 169	25		were ever implemented." 170
1	And if people want to know what the interventions	1		prevented potentially up to 1.2 million patient
2	were, I'm not going to suggest we call it up on screen	2		infections, compared to the scenario where there are no
3	but there is a timeline of them at page 3 in the study.	3		interventions. All right?
4	It includes mask wearing for patients, mask wearing	4		It is:
5	being universal in hospitals, testing of all people on	5		"• Isolation of symptomatic [healthcare workers],
6	admission, and I think, of course, vaccinations through	6		and masking by [healthcare workers]"
7	it. So there is a number of different ways that	7		Brackets, any mask not FFP3, I understand that.
8	interventions are looked at, but in short there that is	8		" around patients (or universally) are important
9	an endorsement, isn't it, for the interventions that we	9		strategies for preventing patient infections and when
10	came to live with at helping prevent transmission	10		used in combination"
11 <b>A</b>	. Absolutely. But recognising this was masking, not	11		With the other interventions I assume that means.
12	FFP3s, just	12		" up to 88% of the total number of nosocomial
13 <b>Q</b>	. Yes.	13		patient infections that occur when no interventions are
14 <b>A</b>	make this point, and that universal masking by	14		in place.
15	healthcare workers was extremely effective for	15		"• Masking only around patients prevent 56% of
16	preventing healthcare worker to healthcare worker	16		infections even when [healthcare workers] do not
17	transmission, again as fluid-resistant surgical masks,	17		isolate"

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19 LADY HALLETT: The transcriber, I'm afraid, is missing20 an awful lot of what you're saying.

helping us to try to understand it.

21 MS CAREY: She's not the only one.

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I'm sorry, it's my fault, Professor, because I should tell you to slow down, and I know we've got a lot to gather but these are important findings.

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So clearly, there, there is interventions that have

25 Q. And does that --

importance of any type of masking.

patients and healthcare workers?

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Is this really a ringing endorsement for, in the

worker isolation when they've got symptoms and lots of

other components, but this particularly highlights the

event of a pandemic, masks of some kind for both

A. Absolutely. And, you know, also a patient/healthcare

DY HALLETT: said masking of patients and healthcare workers, but I can't see in these key messages where the masking of patients comes; it's just healthcare workers, isn't it?  So this study would have included, and I know did, included it from June, it would have looked at the data from the intervention where patient healthcare workers were all wearing masks but also potentially the intervention where patients were wearing masks as DY HALLETT: But these messages are all about masking by healthcare workers I think, or have I misread them?  GCAREY: I thought they included universal masking, which was patients and healthcare workers.	2 3 4 5 6 7 8 9 10 11 12 13	MS	reduce anyone going into the hospital in the first place then prevent visitors going in.  "[Healthcare workers] masking around all patients" That's for the healthcare workers, obviously.  "[Healthcare workers] masking (universal)"  DY HALLETT: So that's healthcare workers.  CAREY: Yes, still healthcare workers. But did they not bring in, I thought that patients were encouraged to
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healthcare workers I think, or have I misread them?  GCAREY: I thought they included universal masking, which was patients and healthcare workers.		Α.	Yes, the patients were encouraged
CAREY: I thought they included universal masking, which was patients and healthcare workers.	13	Q.	If they could tolerate it?
was patients and healthcare workers.	10	A.	Exactly. So I think they probably didn't model it
•	14		because it was so uncertain
DV HALLETT. Dv haalthaana wantana ambana laraatina l	15	Q.	All right.
DY HALLETT: By healthcare workers, universal masking by	16	A.	and it would depend on how unwell the patient was,
healthcare workers. I can't find masking of patients in	17		and if they required an oxygen mask they clearly
these messages.	18		couldn't wear a face mask.
I would have to go back and look at the modelling study	19	Q.	So let me rephrase my question: is this a ringing
in detail to go through that and	20		endorsement for the universal masking of healthcare
CAREY: Can I tell you why I think it is? Can we just	21		workers, undoubtedly?
call up page 3 in case this answers it quickly, and if	22	A.	Yes, I believe that universal masking was a really
it doesn't we'll revert to	23		important role in this pandemic.
Can we go to page 3:	24	Q.	Okay. And we might need to look to see whether this
"Timeline of interventions"	25		includes the universal masking of patients who could
173			174
tolerate it.	1		please, and the SIREN study. I'm at paragraph 189 in
Yes, I think that would have been more uncertain, so	2		your statement, if it helps. Can you briefly summarise
they	3		why it was set up, what was its aims and then we'll look
It was a poor question by me	4		at some of the results?
Yeah.	5	A.	Thank you. So the SIREN study, of which I was the chief
CAREY: I'm going to move on, please, to a different	6		investigator, was set up in May 2020 to understand
topic.	7		infection prevalence in healthcare workers by regular
I know it's a bit early, my Lady, but would that be	8		testing, because there was no asymptomatic testing
a convenient moment, because we're moving	9		happening routinely, to understand the risk of
DY HALLETT: Certainly I think I know somebody, from whom	10		reinfection in healthcare workers who had previously
I am receiving messages, who would be really grateful.	11		been infected, and the reason for this was that they
We really do I mean, it's important evidence you're	12		were a cohort of people that we could test regularly
giving, Professor, so I know how difficult it is to	13		over time and, subsequently, when the vaccines came, to
change your speech pattern, but if you could this	14		determine the effectiveness of vaccines in healthcare
afternoon, afterwards, when we come back.	15		workers.
E WITNESS: I'll try my best.	16	Q.	Let's call up on screen, please, INQ000320603, and
GCAREY: Thank you, my Lady.	17		page 2, please. There we have the findings, and I would
DY HALLETT: 20 past.	18		like your help, Professor, just putting them into
	19		a plain language, if we may. I think the first one was:
02 pm)	20		"In January 2021 the SIREN study published its first
02 pm) (A short break)	21		analysis of protection following SARS-CoV-2
·	21		
(A short break)	22		Crucially the analysis showed that reinfection was
(A short break) 20 pm)			
(A short break) 20 pm) DY HALLETT: Ms Carey, I have asked for the temperature to	22		Crucially the analysis showed that reinfection was
	Yeah.  CCAREY: I'm going to move on, please, to a different topic.  I know it's a bit early, my Lady, but would that be a convenient moment, because we're moving  DY HALLETT: Certainly I think I know somebody, from whom I am receiving messages, who would be really grateful.  We really do I mean, it's important evidence you're giving, Professor, so I know how difficult it is to change your speech pattern, but if you could this afternoon, afterwards, when we come back.  E WITNESS: I'll try my best.  CCAREY: Thank you, my Lady.  DY HALLETT: 20 past.  D2 pm)  (A short break)	Yeah.  CCAREY: I'm going to move on, please, to a different  topic.  I know it's a bit early, my Lady, but would that be a convenient moment, because we're moving  PM HALLETT: Certainly I think I know somebody, from whom I am receiving messages, who would be really grateful.  We really do I mean, it's important evidence you're giving, Professor, so I know how difficult it is to change your speech pattern, but if you could this afternoon, afterwards, when we come back.  E WITNESS: I'll try my best. CCAREY: Thank you, my Lady.  DY HALLETT: 20 past.  (A short break)  5 CAREY: 19  (A short break)	Yeah. 5 A. CCAREY: I'm going to move on, please, to a different 6 topic. 7 I know it's a bit early, my Lady, but would that be 8 a convenient moment, because we're moving 9 DY HALLETT: Certainly I think I know somebody, from whom 10 I am receiving messages, who would be really grateful. 11 We really do I mean, it's important evidence you're 12 giving, Professor, so I know how difficult it is to 13 change your speech pattern, but if you could this 14 afternoon, afterwards, when we come back. 15 E WITNESS: I'll try my best. 16 CCAREY: Thank you, my Lady. 17 DY HALLETT: 20 past. 18 D2 pm) 19 (A short break) 20

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- 1 Is this it, that 80% of people didn't get Covid at 2 all where they had previously had it?
- 3 A. So at this point in time --
  - Q. Yes.

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You say this:

5 A. -- in January 2021, so this was after looking -- we had 6 recruited people from May to the autumn, and we followed 7 people up, we understood their baseline immunity to 8 Covid by blood tests and then we did two-weekly testing 9 on them, so tests every other week by PCR, to determine 10 whether they could become infected either 11 asymptomatically or symptomatically, and we followed 12 them up over that period of time.

> In January 2021, due to the infections that were circulating widely, we were -- that was our first moment that we were able to make an assessment of the level of what happened if you were immune to SARS-CoV-2.

> At that point, what it showed, that if you had immunity defined by having a previous positive PCR test or having antibodies in your blood, that you did not get reinfected, and by "reinfected", I don't mean that you didn't develop symptoms, you didn't develop a PCR positive asymptomatically at all at that period of time.

23 Q. Am I right, then, if you had had it before, 80% of 24 people didn't get it again; is that the wrong way of 25 putting it?

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this in real time. So vaccine was rolled out from December 2020. So in April/May 2021 when we produced our first analysis, we were only looking at the first 90 days after being delivered vaccine. In February 2022, we were looking at the longer duration after being delivered vaccine, and what we could see is that people who had been delivered vaccine at a longer period, so more than six months at this point, had less protection against immunity.

Can I also add that this was with the Omicron variant, so the variants were changing, and we know that Omicron evaded not only the natural immunity that we had but also the protective immunity from vaccines.

Q. Thank you very much. All right, that can come down. Can I ask you, please, about your paragraph 201.

"Using an individual based mathematical model to predict how large the burden of [I think this is healthcare acquired infections] would have been if vaccines had not been available from 8 December, it concluded that the vaccine roll-out averted infection in a large proportion of hospital healthcare workers in England. Without vaccines second wave infections in the

24 patient-facing healthcare workers could have been 25 21.8%."

A. No, if they had it before, so if they had had it any

time between February 2020 and December 2020, then they

3 did not get another infection episode in, by and large,

4 November, December, January 2021, because that's when

- 5 infections were circulating at high levels.
- 6 Q. "In spring 2021 when the Alpha variant was dominant in 7 the UK, the SIREN study published its first analysis of 8 the effectiveness of vaccines, focusing primarily on the 9 Pfizer vaccine. The analysis showed that short-term 10 vaccine effectiveness against infection 21 days after

11 the first dose was 70% in the study population of 12 healthcare workers and rose to 85%, 7 days after the 13 second dose ..."

14 So is that saying, effectively, that you're less 15 likely to get infected if you're vaccinated, especially 16 if you have had two doses?

17 A. Yes, it was saying that, even after one dose, only, if 18 you took the people who got the vaccine and the people 19 who did not, then the people who got the vaccine did not 20 get a subsequent infection over the period under 21 follow-up.

22 Q. February 2022, help us there what was the main finding 23 of SIREN in February 2022?

24 So, again, that looked at the short-term vaccine, which A. 25 was what we looked at first because we were looking at 178

1 Is that essentially championing the cause of 2 vaccines in helping prevent infections within healthcare 3

4 A. So vaccines as a mitigation measure were part of the 5 mitigation measures we then had in play to reduce 6 infections in healthcare workers and the general 7 population.

8 Q. But looking at your paragraph 202, please, Professor, 9 I think you say there that the findings also highlighted 10 occupational risk factors that persisted in healthcare 11 workers, despite vaccine roll-out, and could you just 12 summarise, please, paragraph 202.

13 A. Yes. Are what we are highlighting in this analysis is 14 both -- what we do, first of all, is we look at one 15 thing compared to the other. The most important point 16 on that one element compared to the other, on the simple 17 analysis, were that healthcare assistants and bedside 18 therapists were those who had occupational risk factors 19 following vaccine roll-out, and that being of black or 20 Asian ethnicity had an increased risk of infection 21 during the second wave, compared to those of white 22 ethnicity.

> But, after adjusting from the time since people were vaccinated -- so not just looking at it in terms of whether you were vaccinated or not but how long was it

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1 since the vaccination, that the significant factor was 2 predominantly related to Asian ethnicity in this study.

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- Q. So can I just ask you about that answer: you say that being of black or Asian ethnicity had an increased risk of infection during the second wave, compared to those of white ethnicity. Can you help at all as to why there is that increased risk in the second wave?
  - A. Well, I mean, there is lots of work that went on to look at disparities and particularly within ethnic groups. I think that when -- and some of this is in the various disparity reports that people will have read during the course of this. And when we look at healthcare workers, one aspect is on what they do as healthcare workers, but other aspects are where they live, the amount of people who live in their house, the other people they're mixing with outside work, and you can't take all of those outside factors into control.

So in some of the studies that we tried to do in SIREN, which again were people answering survey questions for us, we tried to look and see: did the amount of people in the house contribute to it; did the age of people in the house contribute to infection; and there were lots of other factors that were colliding in the risks of infection and where -- ethnicity was one of those risks that we could see.

I think what we've tried to do in the SIREN study, all the way along, is use the data that individuals gave us as part of the study. They consented to give us this information. We have also done qualitative work so where we have done interviews with healthcare workers to try and understand things better and it's always difficult to disentangle the environment that they work in, the environment that they socialise in and the environment that they live in at home from all of the factors because all of them interplay from each other.

So I don't think we will be able to simply say, "Yes, this was it and that was not". And what we have tried to do repeatedly is come up with highlighting that an increased household size was important, increased exposure to patients was important, increased -differences in roles and one of the reasons why we highlighted roles was we thought this might be about the potential education factors that differing roles have, but it's, again, very difficult to disentangle this. What we try and do is use the study to provide the best understanding that we can based on what we have. Q. Can I ask you this, has any work been done in SIREN -and it may be that's not the right study for it -- to look at whether non-clinical workers have an increased risk of contracting Covid-19 at work?

Q. I want to come on to disparities in just a moment but 2 just finishing the SIREN study, paragraph 204. I think 3 vou said:

> "The study found that both occupational and domestic exposures were associated with increased risk of infection, including increased household size and frequent exposure. Regarding occupational factors, it is likely that exposure to Covid differed by role, healthcare assistant, compared to doctor."

Does that mean that the healthcare assistant was more likely to get Covid than the doctor was?

12 A. Correct.

13 Q. Obviously, in a setting: inpatient wards with more risk 14 of infection if you worked there, than compared to 15 emergency departments.

> Obviously then, including the time spent with individual patients and activities involved.

You say it was not possible to unpick these associations further but is any work being done to try and work out why differing roles had an increased risk of infections, different settings had increased risks of infections, and take ICU out of it for a moment because they're in a slightly different category, the people, and those working in ICU?

25 **A**. Yeah, I mean, I think that -- I mean, we can speculate. 182

So this varied over time, actually, and the -- at some parts of the studies, particularly in the first wave, non-clinical workers and clinical workers had very similar rates of infection, and we think that was predominantly driven by healthcare worker to healthcare worker exposures at that point.

At later points in time, that risk changed and what we're highlighting in this particular study -- and again we can share with you all of the various studies published because we've repeatedly re-analysed -- at this particular time there are lots of different factors relating to prior exposure, vaccination, the types of work they did.

But we can't disentangle the training they did or how well they applied the infection control precautions because that's not what you can do in a survey. You can only do that if you observe people or if you do detailed, qualitative interviews with a very small number rather than the almost 50,000 people who participated in this study.

Q. Okay, can I come on to the disparities and I want to ask you, please, about PHE published, I think, a review of disparities and risk outcomes in June 2020, so relatively early on in the pandemic. It's at your paragraph 439, please, and then I would like to overview 184

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and I want to look at one aspect of the study itself.

The review found that the largest disparity was age, so if you were 80 or over you were 70 more times likely to die than those under 40. The risk of dying amongst those with Covid-19 was higher in males than females, higher in those living in more deprived areas than those living in the least deprived, and higher in those in black, Asian and minority ethnic groups than in white ethnic groups.

Can I just pause you there. Will you correct me if this is too simplistic but, if you were a healthcare worker, who was a female, who was BAME, who lived in a lower deprived area, do all of those things add up to increased risks at each and every stage or is that too --

- 16 A. Well, the female would have been lower risk.
- 17 Q. Oh, sorry, BAME, male, working in healthcare, from a deprived area: does that all add risk, upon risk, upon 18 19 risk, is really what I'm asking you?
- 20 A. So it adds layers of risk, yes.

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- 21 Q. Presumably, take one of those away, slightly less risk 22 each and every time you remove one of those factors?
- 23 A. Except a lot of them can't be removed.
- 24 Quite. All right, so let's look, please, then at the 25 review itself and can I call up on screen, please, 185

The second thing I would say is that, especially in this stage and if you look at over the pandemic, one of the things was that waves of infection would sweep through the community at different points, and we know that London and the North West, particularly the North West as links to Manchester and Liverpool as big urban conurbations, really drove a lot of the early waves that we saw. The North East, again predominantly at Newcastle, and the West Midlands driving. You can see that at each of these, the urban settings, where there are large numbers of people, are particularly where we saw large numbers of cases, especially in the first wave, though that consideration then played out at subsequent waves and at subsequent waves of infection, where you would see a different regional variation all of the time.

- Q. So there may be reasons really to do with the kind of concentration of people in an area, as an obvious reason as to why there are these perhaps variations in the South West, thinking about Cornwall and Devon, for example. That might be an explanation for why there is this variation?
- 23 A. So places that were rural, for example, often had lower 24 amounts of infection but then, once the infection got 25 into that community, it spread very rapidly and we saw 187

INQ000399820. I'm going to page 5. I want to actually just look at some geographic inequalities, which is not something we've really looked at, Professor. Obviously, this is just a study by Public Health England and therefore concentrates on English data; is that right?

6 A. Correct.

7 Q. All right, okay. There we can see that geographical 8

> "The regional pattern in diagnoses rates and death rates in confirmed cases among males were similar. London had the highest rates followed by the North West, the North East and the West Midlands. The South West had the lowest. For females the North East and the North West had higher diagnosis rates than London, while London had the highest death rate."

Then you can see there what is set out in relation to local authorities. Obviously, the data tells you what the position is but the question always becomes then why. Is any work being done to work out why there are these regional variations?

21 A. So, first of all, this is all people in the population, 22 so it's not just healthcare workers, and recognising 23 that healthcare workers were a very small proportion of 24 the total infections that were seen, though a very 25 important part.

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1 that particularly between the waves, where waves of infection came into small areas, and we could see very 2 3 high clusters of infections in areas as it spread in the 4 community.

5 Q. Can I take that down, please, and I take it that you 6 would agree that we shouldn't read into that that people 7 in London got worse care than those did in the South 8 West, that's a far too simplistic analysis of the 9 geographical variations?

10 A. I think that there's far too much complexity to read 11 into geographical --

12 Right. I say that just to make that clear, rather than 13 anything else.

14 A. Yeah.

15 Q. Obviously, I've concentrated there on the geographical 16 variations but the ethnic and disproportionate effect on 17 those in the BAME communities was a big part of that 18 review and can I ask, following that review, do you 19 think that there was action taken fast enough to address 20 the disproportionate impacts on ethnic minorities? 21

So I think I would put it into two components. So first 22 of all is that we, as a country, need to tackle the 23 impact of -- the health impacts on ethnic minorities, 24 not simply for the pandemic but this is there well

before the pandemic and has not been resolved after the 25

pandemic, and that requires culturally appropriate messaging, involving black and minority ethnic groups and -- into thinking about the messages that can be delivered for their groups and populations, and in thinking about the interventions that can work in those populations.

I think it's important to note that, not just in healthcare but in many other service industries -- taxis, shops in London -- that black and Asian minority ethnic groups often couldn't, for example, work from home in the same way as others, and I think that we need to recognise the structural issues in our societies to try and improve them in the future, not just for this but for everything else to do with health and wellbeing.

Q. Now, the review obviously looked at geography, sex, age, deprivation, ethnicity, occupation, I think, and residence in a care home -- I'm not going to ask you about that, that's another module -- but can I ask you this: how was it determined which disparities would be

**A.** So my understanding is that the disparities that were focused on were the ones that we had, one, data for --

focused on in the review?

23 Q. Right.

A. -- because that's important to be able to look at and - though I would say that the data also got better after
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Covid; is that correct? A. Yeah, so I think -- I mean, just to reflect, so Long Covid was something that, first of all, was being reported by individuals, I think particularly started to be reported in May and June, as weeks had passed since they had had their infection potentially in late February and March and they were still not feeling better. I think that, at the time, and I would say even still, we don't understand enough about Long Covid to be able to give the right messaging, and I know that the

put a lot of funding to try and improve that.

public health communications plan in relation to Long

From a public health point of view it is very difficult to give a message if we don't know what we're trying to do or reduce. I think what we were trying to do was reduce infections in whatever way we could and by reducing infections then we would therefore see less of an impact by Long Covid.

NIHR, so the National Institute for Health Research, has

Finally, I would say that vaccination, when we looked at it, was clearly an important factor for reducing Long Covid as well.

Q. May I ask you about death data, please. I think your colleague, Dame Jenny Harries, contributed to parts of your statement, or certainly parts of her Module 2

the disparities review because of some of the discussions that were happening around that time.

Secondly, that it was important to recognise that the disparities were things that were included in the public sector equality duty and where there was at least some evidence from epidemiological studies that these were important factors. By epidemiological studies, I mean the data that we were looking at day in, day out to try and understand who was being affected by this pandemic.

11 Q. Do you know why disability was not mentioned in thereview?

A. So I would say that the reason why disability particularly wasn't mentioned in the review is that there was no data available easily to link disability and the range of different disabilities with the results on Covid that we've seen. Subsequent studies did try and do that but, at this point in time, that was not available, and it was a challenge even to do it in real time, over the whole pandemic for other reasons.

Q. Different topic, may I ask you about Long Covid, please,
 and PHE's role, as it was, in relation to planning for
 and responding to the long-term consequences of Long
 Covid.

I think is this right: there wasn't any kind of 190

statement are in the Module 3 statement, and she
indicates there that, when considering the risk to the

UK, there were three triggers, one of which was
healthcare workers dying because that indicated a new
infection was severe and transmissible. Who and how
were deaths of healthcare workers monitored by PHE, if
at all?

A. So, again, first of all, there is no national registry of deaths that is delivered to PHE. The Office for National Statistics collects the death registrations, which includes occupation, and so we were reliant on information that was shared to us by the Office of National Statistics once the data was available and, in my recollection, they led on the reports for employment and occupation-associated mortality and produced reports regularly from April 2020.

17 Q. Do you think there should be better reporting of
 18 healthcare worker deaths in the event of a future
 19 pandemic?

**A.** Yes, I mean, I would always like better reporting,
21 I mean, you know, this is the challenge. I think this
22 comes down to how we talk to people about how we use
23 their data. So, for example, whether we can share more
24 readily, even outside of a pandemic the -- because if
25 you're trying to do it in a pandemic, then you're doing

it in -- if you like, in haste, so how we can share what healthcare workers do, what their occupation is, and then how are they getting sick or not getting sick over the course of their healthcare experience.

I think that that would require healthcare workers to consent to share that data and that would, you know -- has challenges within it or would require government to make a decision that that information was going to be shared with certain bodies. I think that there are ongoing debates about sharing information, including from GP records data, for example, and it's not easy, but clearly as an organisation who's trying to use data to better understand problems, we would like a greater discussion with the public and with healthcare workers on how we do that.

16 LADY HALLETT: I'm not sure that's going to work, is it?
 17 "Just in case you die, healthcare worker, please can we have more data?"

A. I mean, I think the challenge is that so, for example, in the SIREN study, people consent to share a lot of information with us about their health records and a consent for us to look at their health records but that involves discussions and conversations, and I think that the NHS, as an employer, has a conversation to have with their healthcare workers about whether they would

I just want to look at the hospital one, and we'll just take the top "HOHA", because there there is a degree of certainty that at least they were tested on day 15 and therefore it was acquired in hospital. The whole time period, is this from March 2020 to April 2021, when the data was collected and produced into this report; is that right?

**A.** Yes.

9 Q. All right. So between March 2020 and April 2021, isthis England only?

**A.** Yes.

12 Q. Okay. There were 29,950 hospital-acquired infections,of which 9,854 of those people died; is that correct?

14 A. Yes.

**Q.** The proportion: so 9,854 is presumably 33% of the29,950?

17 A. Correct.

18 Q. "Mean age", please, what is that telling us?

A. That's the average age of the people who died, so the
 average age of the people who died in this category was
 75 years of age.

Q. Then if it's wanted to, it's broken down into the first
 and second wave. I won't go through all of this. What
 was the purpose behind the production of this data?

25~  $\,$  A.  $\,$  So we looked at this data on an ongoing basis, we

be willing to do that to better understand the causes ofill health in healthcare workers.

MS CAREY: Can I broaden the data to an area where there is
 some data and ask you, please, about the estimates of
 how many patients in hospital caught hospital-acquired
 Covid-19.

Can we call up on screen, please, INQ000348633\_0011.

My Lady, tomorrow Dr Warne will help deal with

hospital-acquired infections but there is just some data I would like your help with, please, Professor.

I think, is this right, that UKHSA prepared a report in June 2021 looking at where there was hospital-acquired infection, how many people got it and of those how many people died.

Now, there's a number of acronyms. Can you just help us with "HOHA", please?

17 A. Hospital-onset hospital-acquired (sic). My18 understanding was that was day 14 or greater.

community-acquired infections.

Q. So if you are testing positive and you have been in hospital and it's day 15, the chances are you got it in hospital. If you're testing in days less than 14, then there's suspected, which is "hospital-onset suspected hospital-acquired" -- or "healthcare-acquired"
infection, and it goes down, and the Cs deal with

reviewed it to understand what was happening, I think
that, what you can see, just to put some of the totality
in there, is that these are the infections that were
admitted to hospital --

5 Q. Yes.

A. -- and we were looking to see if that was changing over time across it. This will also then have been used to determine where the interventions should take place to reduce hospital transmission. They will have been using these in the modelling data that we talked about earlier about healthcare workers. So they will use that to then determine what intervention worked over time. So they'll have summarised it here for ease, but they will have produced this data by week and by month as well, so that we can really understand a breakdown and then see how things changed or shifted when interventions were introduced.

Q. Can I ask, please, for page 2 of this document to be put up on screen and, Professor, correct me if I understand this graph incorrectly. The figure 1b spans March 2020, you can see there the first wave and then the peak of the second wave, just to help people orientate themselves, so through to 2021. But is this right: it shows us the proportion of patients in hospital who acquired Covid in hospital?

- Α. Correct. 1
- 2 Q. Go to the peak of wave 2, I just want to make sure we
- 3 understand it, there were over 20,000 -- thank you very 4 much.
- 5 A. Can we have the --
- 6 **Q.** Can we have it back again, actually.
- 7 A. It's the 1a graph.
- 8 Q. We'll have to do it small. It's over 20,000 patients
- 9 are in hospital in, what, January 2021?
- 10 Α. Yes, I believe it was about 25,000 at its peak.
- 11 Q. Yes, all right. Of those, the red indicates those who
- 12 acquired Covid in the community; is that right?
- 13 A. Correct.
- 14 Q. Then suspected that they acquired in the community is
- 15 the purple, and then up to a small -- we probably can't
- 16 see it very clearly -- a different way of working out
- 17 whether they're hospital acquired. But if you look at
- 18 the top blue, is that those that, based on the date of
- 19 testing, it is assumed that they acquired Covid in
- 20 hospital at that time?
- 21 A. Correct.

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- 22 Q. That is -- I can't work it out, but it must be over --
- 23 A. I think it's about 3,000 for the hospital-acquired
- 24 hospital associated one because it's the very light blue
- 25 at the top. You can see that it's not guite half of the
  - first of all, because we've had a lot of discussion on IPC today and then I'll very happily go more widely on some of the other components.

So on IPC, I think that the first thing is that multidisciplinarity is important and we need to ensure that there's a range of views feeding into any discussions; that we need to have well-circulated and agreed guidance prepared in advance of the next pandemic, with a range of scenarios that we're considering, so people understand the thinking, that of course will be stressed and of course it will be thought through at the time of the next pandemic.

I think, as I've said repeatedly, that there are ways that we can improve ventilation to think about respiratory viruses more generally and there are political choices for ministers about how much money they want to spend on that, either temporary or permanent; that the evidence base for complex interventions, of which infection control is a very classic complex intervention, needs to be considered and thought through, and we need to take opportunities outside a pandemic period to develop that evidence, rather than waiting for a pandemic.

The final bit which I will come to which is about face masks and FFP3, so firstly I think that we need to 199

- 1 section.
- 2 Q. So in wave 2, about 3,000 people acquired Covid in the 3 hospital?
- 4 A. In the worst week of wave 2.
- 5 Q. In the worst week, yes.
- 6 Yes. More than that over the whole period.
- 7 Q. Okay, thank you.
- A. You might want to highlight that the nosocomial 8
- 9 proportion -- the two other facts -- was lower in the
- 10 wave 2b, which is what we're looking at, at that peak,
- 11 and -- compared to the 2a wave, and that --
- 12 Q. Where is the 2a wave?
- 13 A. The 2a wave was the one that came up and then went down
- 14 a little bit, so that when we had the partial closures
- 15 in November, in society, and then December was where we
- 16 had the Alpha variant come through. I think that's
- 17 important.
- 18 **Q.** Thank you very much, that can come down, thank you.
- 19 Final topic, please. I'd like to ask you, on behalf
- 20 of UKHSA, about lessons learned and recommendations.
- 21 Can you summarise what you think is the key lesson
- 22 learnt, and I know there will be lots, but give her
- 23 Ladyship, please, your key lesson from UKHSA's
- 24 perspective?
- 25 Well, I think -- I mean, can I take this from an IPC, 198

1 have a discussion and agreement about how much extra

- 2 value that we think FFP3s are, that if we think that
- 3 they're of extra value and we want to do that in
- 4 a future pandemic, that we have a cadre of staff
- 5 continually trained to be able to use them, knowing what
- 6 type of FFP3s they can wear and that those are in supply
- 7 and stock, and that -- we need to consider other
- 8 alternatives to using fit testing as a barrier that may
- also protect people, and I know that people have talked 9
- 10 again about non-fit-tested FFP3 which would require 11
- a legislative or regulatory change.
- 12 Q. I was just going to say, would that not involve the
- 13 health and safety --
- 14 Α. It would require a legislative or regulatory change but
- 15 I think these are discussions that we should have
- 16 outside the heat of a pandemic and be ready and prepared
- 17 for the next one.
- Q. Can I ask you this: putting aside any agreement or 18
- 19 disagreement about the protective effects of FRSM versus
- 20 FFP3, Professor Beggs certainly opined that a middle
- 21 ground, whether it be FFP2 or something else, should be
- 22 explored. What's UKHSA's stance on a potential middle
- 23 ground; do we need to look into that?
- 24 A. Yeah, well, first of all I would say that FFP2s need fit
- 25 testing too, so it's not that you can wear an FFP2 and

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1	not get fit testing. I think many of us and I think
2	there's some of the emails that have been presented
3	during the course of this talked quite a lot to HSE and
4	others about whether we absolutely need to do fit
5	testing, would the filtration of a mask help. I think
6	we need to discuss that and be clear about it and what's
7	different about a normal situation and an emergency
8	situation, where changing from, you know on average
9	I mean, I've used FFP3s to care for individuals with
10	highly complex infections for 30 years almost but that's
11	a very small proportion of the hospital and, if we want
12	to do this and we want to do this more generally, and
13	that is the decision and the consensus that that's the
14	place to do then we have to have the place ready for
15	that and it wasn't ready and it still isn't ready to fit
16	test everyone and to have a variety of masks available
17	for the range of faces that we thankfully have in our
18	NHS.

So I think it's -- and that's where I think I would come down to operational evidence and an agreement about the way forward in this as really important, and I think that we see respiratory viruses every year, we see them every winter in the NHS. Just because the pandemic's over doesn't mean we cannot understand this better.

MS CAREY: My Lady, they're all my guestions. I know there

1 testing, surely just looking at it, that offers so much 2 more protection; it must do, mustn't it?

3 A. But can I just explain one of the challenges that we 4 have is that, in hospitals, there was, and I'd have no 5 doubt, there was transmission from people who --6 patients who had infection but I think, as you've seen 7 in some of the studies, that the most transmission was 8 from healthcare worker to healthcare worker, which would 9 mean they needed to wear those all the time and then

there was significant transmission --

10 11 LADY HALLETT: That's a different point. I'm sorry, 12 Professor, I'm going to have to interrupt, that's 13 a completely different point. It may be associated, 14 there may be disadvantages to wearing them all the time 15 and you may get the ulcers. Some may say getting 16 an ulcer isn't as bad as getting Covid but there are all 17 sorts of arguments. I just want to challenge that that 18 article (indicated), basically, there's weak evidence to 19 say that the, apparently, much stronger-looking, 20 closer-fitting, has to be fit tested article, there is

weak evidence it offers better protection than that. 22 A. Correct.

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23 LADY HALLETT: You're sticking to that?

24 A. I am. I'm a clinician and scientist and I can only go 25 with what the evidence has done, from looking at it in 203

1 are some core participant questions but there may be 2 some matters your Ladyship --3 LADY HALLETT: Yes, there are, I'm afraid.

Questions from THE CHAIR

LADY HALLETT: I appreciate you saying we need a suite of 5 6 interventions but I'm going to have to take you back to 7 FFP3 masks, Professor. It's just to check that you did 8 say -- I've got from the [draft] transcript, you said

10 "The evidence is weak that FFP3 protected more than 11 fluid-resistant surgical masks."

Right? 12

13 A. Correct.

LADY HALLETT: And you are saying that? 14

about FFP3 masks:

15 A. Correct.

16 LADY HALLETT: As a layperson, I tried one of these on 17 yesterday, so I could find out what people were saying.

Yes. 18

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19 LADY HALLETT: So that's the FFP3 --

20 A. One of them, yeah.

LADY HALLETT: -- and that's the fluid-resistant surgical 21 22

23 As a layperson, just putting that on, there seems to 24 be lots of gaps, it's quite flimsy but, putting that on, 25 I had to be shown how to do it, going back to the fit

1 hospitals, in healthcare facilities, and I think that --2 you know, that when we do something, when we talk about 3 wearing something in -- rather than just wearing it for 4 five minutes or ten minutes and looking at it in that 5 way, we have to talk about how it's worn for a 12-hour 6 shift, how it's worn repeatedly, day after day, and 7 that's about operational interventions that are able to 8 be applied for many days, weeks and months, and that's 9 where -- they work really well in the lab, don't get me 10 wrong, the laboratory is really clear, but when you look 11 at them in practice --

12 LADY HALLETT: It's the way people wear them. In other 13 words, because they're uncomfortable people may take 14 them off?

15 There may be all of those things but that's what matters 16 when you try and do something in practice is: does what 17 happens in the laboratory actually work in practice, in 18 real life, in the scenario where you're managing it? And that's the challenge that we have. 19

20 LADY HALLETT: Right. Another matter that a core 21 participant asked me to explore, you talked about 22 enabling practices, and I think what you meant was 23 a practice whereby, if I'm a healthcare worker, I can 24 choose the kind of mask that I want to wear.

I just wondered, and this core participant wondered, 204

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1 how does that work in practice, you know, if I'm a ward 2 manager, or whatever they're called these days -- I'm 3 sure people have changed the titles, they always do --4 how does that work, how is it organised so that, you 5 know, I might have one nurse saying "I want to wear 6 that", I might have a doctor saying, "I want to wear 7 that"; how do you arrange that if everybody is allowed 8 just to choose their own mask?

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A. So we make those decisions every day in normal times, so for example, if I'm working in a ward and I'm seeing patients in the emergency department or on the ward, before I go in and see an individual patient, I assess whether I think there is a risk and what that risk is.

I have a variety of personal protective equipment, from aprons and gloves to a range of masks available, and that that is -- there's standard guidance that's there, but you can always change what you are considering wearing based on the risk assessment.

I think one of the things for me that really is important, and I think we need to again highlight, is that some people's either perceptions of risks or their real risks for their underlying conditions that they may have, or the fact that they are pregnant, might mean that they want a higher level of protection at a certain point in time to others, and we know that because right

I'm going to provide some brief context by reference to your witness statement before asking you a few questions.

At page 57 you included a quotation from the Environmental Modelling Group paper produced on 11 February 2021 as follows:

"There is a clear interplay between occupational risk of SARS-CoV-2 transmission and socioeconomic [inequalities], which reflects the amplifying effects between the working environment, crowded housing, job insecurity and poverty."

At paragraph 439 of your statement, and as just referred to by Ms Carey, you note that the PHE report published in August 2020 found a high risk of dying among those living in the more deprived areas than those living in the least deprived, and in black, Asian and minority ethnic groups than in white ethnic groups.

Now, against that context, when PHE and UKHSA were producing guidance during the pandemic, as described at section 3 of your statement, what specific consideration was given to the protection of outsourced non-clinical workers?

A. Thank you. So I think that, firstly, when we were providing guidance we were doing it for the public at large, so -- as well as the individual in IPC guidance 207

now when we interview healthcare workers, their perception of risk right now when they're seeing Covid patients is very difficult -- different than it was, and individuals right now make those risk-based decisions on a day-to-day basis. What we need to do is determine how we use the information that people have acquired in the last few years in the best way possible to inform not just a pandemic but management of patients with infectious diseases in hospital every day.

10 LADY HALLETT: Thank you.

> I think, Ms Sen Gupta, you have a few questions. You're over there.

## Questions from MS SEN GUPTA KC

14 MS SEN GUPTA: Thank you, my Lady.

> Professor Hopkins, I represent the Frontline Migrant Health Workers Group. Our clients' members include two particular categories of worker. First, outsourced non-clinical workers, such as cleaners, medical couriers, porters, security guards and taxi drivers, who were in precarious employment, including zero-hours contracts, on low wages, and include ethnic minority and migrant workers. And second, migrant clinical workers, such as Filipino nurses, whose visas prevented recourse to public funds and whose leave to remain in the UK was contingent on their continued employment.

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1 for healthcare workers that's here. In developing our 2 guidance for the public, we looked particularly at the 3 public sector equality duties --

4 Q. I'm sorry to interrupt, we have very limited time, 5 I'm not asking you about the public, I'm asking you 6 specifically about outsourced non-clinical workers, and 7 specific consideration that was given to that group.

8 A. So I think I would say that the -- all of the workers 9 that worked for the NHS or in the NHS, if that's what 10 you're asking, were included in the guidance. There was 11 no group that were excluded.

12 Q. What about specific consideration being given to the 13 protection of migrant clinical workers?

14 A. So, again, that would have been included as part of the 15 public sector equality duty rather than specific groups.

16 Q. So neither of those groups were given specific 17 consideration; is that right?

18 A. I think they were included in general considerations.

19 Q. Thank you.

Is it right that the provision of PPE to outsourced 20 21 non-clinical workers was not specifically considered by 22 PHE, UKHSA?

23 A. So when the guidance was written, it included any staff 24 that were employed or delivered care or worked in the 25 NHS. It was not particularly for outsourced or

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1 insourced. So if they provided a care pathway for the 2 NHS, then they were considered included in the guidance. 3 LADY HALLETT: Ms Sen Gupta, you asked permission to swap 4

a question, you have permission if you wish to do so.

MS SEN GUPTA: I'm very grateful, thank you, my Lady.

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Professor Hopkins, was any specific consideration given by PHE/UKHSA to destitution and deportation as potential consequences of self-isolation for low-wage outsourced workers and migrant workers?

- A. So we discussed with the government to ensure that people would be able to isolate, we discussed with the government the ability to create self-isolation payments, and we worked with the local authorities to support individuals who needed to isolate.
- 15 Q. Thank you. In relation to a question about disparities 16 that CTI just asked you this afternoon, you used the 17 phrase "culturally appropriate messaging, involving 18 black and minority ethnic groups". You appeared to 19 suggest that it is for black and minority ethnic groups, 20 rather than the healthcare system, to change their 21 behaviour in order to reduce the risk of death.

What did you mean when you referred to "culturally appropriate messaging, involving black and minority ethnic groups"?

Α. So I did not mean, if that's what is perceived, that 209

particularly focused on the unequal impact that Covid had on the black, Asian and minority ethnic healthcare workers

As you know, and have given evidence this afternoon, these workers were disproportionately affected by the pandemic, facing higher infection rates, higher mortality rates, and greater challenges in accessing appropriate protective equipment.

My first question, I've got a handful of questions and I've got a short period of time to do it, so I'll try to be focused. My first question is this: when did you first become aware that there was an issue of disproportionate infection and death amongst black, Asian and minority ethnic healthcare workers and

- A. So I think that was a gradually evolving situation from 16 17 stories that were being told to us and the NHS 18 throughout late March 2020 and into April 2020.
- 19 Q. Okay. Given the known disparities in the Covid-19 20 outcomes amongst these ethnic minority populations, help 21 me with this: what specific measures were taken to 22 address these disparities early in the pandemic 23 response?
- 24 A. So I think the first thing I would say is that one of 25 the reasons why we were worried about some of the 211

I thought that there was differing messaging or messaging about changing their behaviour. I think what I was recognising is that there are groups of individuals who live in multigenerational households, in different situations, and that therefore their risk in those households was different, so just to clarify that.

In terms of messaging, one of the things that we do as an organisation, and we did during the pandemic, is something called co-creation, so where we work with different groups and sectors for guidance to ensure that the guidance is understood, that the guidance works for them, that they can understand it and they can deliver it, and that they provide feedback on the words that we're using to ensure that the language, the messaging is understood by very wide groups in the population.

16 MS SEN GUPTA: Thank you, my Lady.

17 LADY HALLETT: Thank you, Ms Sen Gupta, I'm very grateful. 18 Mr Thomas.

19 Mr Thomas is also over there.

Questions from PROFESSOR THOMAS KC

21 **PROFESSOR THOMAS:** Good afternoon, Professor Hopkins.

22 I hope I can be heard; yes?

23 A. Yes.

24 Q. I represent FEMHO, the Federation of Ethnic Minority 25 Healthcare Organisations, and just so you know, FEMHO is 210

1 transmissions and the very sad deaths that we saw in 2 those first weeks were that we believed that people 3 needed to have more access to fluid-resistant surgical 4 masks to prevent transmission in healthcare settings, 5 which was the reason for the guidance in April 2020, 6 because of hearing about healthcare worker to healthcare 7 worker transmission, about hearing about clusters of 8 infections. So that was very much the step change. 9 That was unprecedented at the time that we would ask 10 everyone to wear a face mask to reduce the risk of 11 transmission.

> Subsequently, the NHS, as the lead employer, worked with some of the team members in Public Health England to develop a risk assessment approach and to consider the approaches that needed to happen at individual organisations by the organisations who employed people.

17 Q. I'm going to come on to that in a moment. Okay, 18 thank you for that.

What, if any, were the lessons learned from observing and addressing this disparity, and how did these inform any adjustments or improvements in the ongoing pandemic response?

23 A. Well, I think the pandemic response changed at all times 24 in many different ways. I think first of all talking 25 and being clear about it, releasing the disparities

report and being very open about the data was one of PHE's central roles in this. Convening groups, talking to community groups, talking to groups of people who were affected, understanding how they were infected, improving the information that was being provided.

And finally I think, in relation to vaccination, very much working with community groups and organisations to -- that had been affected by Covid-19 and -- throughout 2020 to ensure that vaccine was available in different sites and centres in different ways that they would be enabled to receive the vaccine as soon as possible.

Q. Let me move on. I want to now turn to the public sector equality duty and the health inequality assessment on PPE. Okay?

So, as regards the public sector equality duty and the health inequality assessments by Public Health England and the UKHSA on PPE -- and for your information you discussed this in your witness statement at paragraph 376 -- the first question is this: can you clarify what the health inequality assessment for PPE guidance included beyond the June 18, 2020 guidance?

A. So the public sector equality duty looks at the elements that we can look at for public -- age, gender, sexuality, ethnicity, and equalities and disability.

workers? Couldn't more have been done to ensure that they were properly protected?

A. So there was, in the guidance, also reference to the respirators, but that required access to the respirators. I think the importance about some of the pictures that were there to help share with people what sort of facial hair was able to be worn with traditional FFP3s were there to assist people.

My understanding at the time was that individuals, if they were not able to be fit tested for certain roles, would then be supported to find alternative respirators that could be used or alternative roles where they would be able to deliver their clinical role in a different role not requiring the particular mask that they had tried on.

Q. Just help me, so let me just step in here, I mean to say, when I say couldn't more have been done, could I just suggest a few things and you can tell me whether they were considered.

So, for instance, active outreach, proactive communication with healthcare providers, training and fit testing, employer accountability in issuing clear guidance to employers about their legal duty to provide suitable and adequate PPE for their staff, stockpiling alternative PPE.

Where those were assessed by the teams performing and developing the guidance, they looked at the range that they could do and they assessed whether there was an inequality by the essence of the guidance or how that could be addressed in different ways. And so the issues were often that some elements of that could not be addressed because there was no evidence, but where there was evidence those were addressed by particular statements in the guidance.

**Q.** Again, on the same page at -- sorry, same paragraph,
11 paragraph 378, you suggest that there was no unlawful
12 discrimination based on factors such as race and
13 ethnicity. Question: was there a specific health
14 inequalities impact assessment on race, ethnicity, and
15 if not, why wasn't this done, especially given the known
16 vulnerabilities of ethnic minority healthcare workers?

A. So race and ethnicity would be included in a standard assessment, so would have been included in all of the public sector equality duty assessments that were carried out, rather than performing it separately.
 Q. You mention at paragraph 378(b) and (c) that facial has

Q. You mention at paragraph 378(b) and (c) that facial hair for religious or cultural reasons impeded the effectiveness of PPE. Question: do you think that just merely providing guidance on suitable facial hair was adequate, given how critical PPE fit is for those

So when I say couldn't more have been done, I'm talking about those sorts of measures. Would you agree?

A. So I think fit testing was done, and -- for example, fit testing was done and performed on a range of different masks and a range of different respirators, depending on what was available. Guidance was really clear that there was an employer responsibility, and this is not an employer responsibility just for the pandemic, it's a responsibility that exists today and a responsibility that existed beforehand.

And I do agree that when we're planning for stockpiling, we need to plan for a range of masks and a range of respirators, if that's what we wish to do, that will fit a variety of different faces, including a variety of different facial hair.

**Q.** I've nearly finished, just a couple more questions.

Let me come on to the Public Health England disparity 2020 review. Question: do you accept the evidence presented by the experts to this Inquiry, that's Professor James Nazroo and Laia Bécares, that the higher infection and mortality rates amongst black, Asian and minority ethnic healthcare workers were directly linked to their overrepresentation in high-risk roles and greater exposure to Covid-19 patients?

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A. So I think that's not just in healthcare but in many other settings as well. I think that it's really important that healthcare workers in the UK are extremely diverse, come from many different countries to work here, and we need to recognise all of those different ethnicities and enable them to do their job well and safely.

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I think that it's also important to recognise that there are many other occupations, particularly in some urban centres, that are dominated by ethnic minorities and recent migrants, and we need to ensure that we look at that across the whole society.

- 12 13 Q. Well, I'm grateful for that response and, whilst I accept what you say, Professor, this is my next 15 question: given the clear data that there was very early 16 on, as -- late March, as you've just indicated, do you not agree that there was a delay in responding to these 18 findings? It's right, isn't it, that more should have been done at an earlier stage to address the risks to these communities? Can we agree on that? A. I would say yes, we can agree that more should have been
- 22 done for lots of things, and should continue to be done. 23 Q. Well, I'm not talking about lots of things, I'm being
- 24 very specific, because we're here in this Inquiry 25 looking at healthcare.

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MS GOWMAN: Professor, I ask questions on behalf of Covid Bereaved Families for Justice Cymru, the Welsh bereaved.

You state at paragraph 93 of your statement on the issue of testing that:

"A UK-wide approach was agreed [as] the most effective way to manage epidemiological and response arrangements to break the chains of transmission".

Just for some context, before I get to my questions, we know that in fact in Wales and England there was a divergence of approach in respect of the issue of testing, particularly in relation to testing of healthcare workers and patients during the pandemic.

I'll provide one specific example where this was felt particularly acutely. In November 2020, the UK Government introduced twice-weekly routine testing of all healthcare workers in England. In contrast, the Welsh Government did not introduce routine testing of all healthcare workers until January 2021, with roll-out in fact not happening until much later, closer to March 2021.

So turning to my questions with your comment at paragraph 93 firmly in mind, do you consider that divergence between England and Wales on the approach to the testing of healthcare workers negatively impacted on the effectiveness of the UK-wide epidemiological and

A. Well, I think more could be done for healthcare workers then, but I also think it's important that more can be 3 done on an ongoing basis to improve health and care 4 provision

Q. What do you make of the criticisms, how do you respond 5 6 to the criticisms such as those made by Professor Khunti that the Public Health England report failed to offer 7 8 clear actions or timeframes to address the greater risks 9 faced by ethnic minority communities? Can we agree on 10 this: this was a missed opportunity, wasn't it?

A. So I think that the report that we commissioned at 11 12 Public Health England was to provide a description of 13 these disparities. There were separate -- a working 14 report and a separate report that looked a lot more 15 about the engagement and the community engagement 16 exercise that took place, and a lot of work that went on 17 with organisations to improve and deliver actions 18 related to the disparities. The report that was 19 presented here is the report describing what those are, 20 to define the way forward.

21 LADY HALLETT: I'm afraid I'm going to have to ask you to 22 stop, I'm really sorry, Mr Thomas.

23 PROFESSOR THOMAS: I'm grateful, my Lady.

LADY HALLETT: Ms Gowman. 24

> **Questions from MS GOWMAN** 218

1 response arrangements?

2 A. Thank you. So I think, first of all, as you know, as 3 we've said previously, health and public health are 4 devolved but we try to maintain consensus as much as 5 possible. We were very keen to roll it out in England 6 and had been for some time. I think that Wales made 7 a decision that they thought there were other 8 interventions they wished to do before this, but agreed 9 with the early evidence that we had that it was 10 providing an effective route to reduce transmission from 11 healthcare worker to healthcare worker.

> I think that rapid diagnostic tests were new, there was a lot of controversy about them, as somebody who was very much involved in their roll-out and development and evaluation, and actually it took time for people to believe in them and that they were a useful intervention.

And I think that some delays in rolling them out were understandable because of the evidence that was emerging, but we also had -- and I believe that the faster roll-out of them will definitely have prevented infections, though I would also recognise that people with symptoms who were healthcare workers or otherwise had widespread availability of PCR tests at that point, and so a lot of detections would have been through those 220

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2 Q. I think you've answered my second question in respect of 3 co-ordination as well, so I'll move straight on to my final question on that topic.

> Do you have a view on which of the two nations' approaches to testing, particularly in relation to asymptomatic healthcare workers, would have been most effective in breaking the chains of transmission?

- 8 9 A. Well, I think the reason why we pushed so hard to 10 develop rapid antigen testing, to develop them and 11 evaluate them and then introduce them into practice, was 12 we recognised that asymptomatic infection was occurring 13 and asymptomatic transmission was occurring, and this 14 was a major intervention to reduce people who were 15 asymptomatic. About half the people at that point were 16 asymptomatic, and at least half of those people were 17 transmitting with asymptomatic infections, or that's 18 what we were seeing in the data, and therefore 19 I believed that rapid antigen tests -- and I still do --20 had an effective role in reducing transmission. And, 21 therefore, if we had introduced them earlier, it would 22 have had a greater impact, delaying them may have 23 reduced the size of their impact, especially when we had 24 such widespread transmission in December 2020.
- 1 Q. Could I just follow up on that, because in January 2021 2 Public Health England said in a note to the CMO that 3 they had recruited staff to support the development of

So do I take it from that answer that the basic answer

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- 4 surveillance on post-acute Covid-19 syndromes; did that 5 not come to be implemented?
- 6 A. So that was part of the studies we were doing with ONS 7 or through the SIREN study in healthcare workers. We 8 did also try and recruit individuals but that actually 9 didn't work out so well as the majority of individuals 10 were already delivering -- or attending hospitals, and the main role to understand Long Covid needed to be 11 12 clearly delineated in hospitals.
- 13 Q. Sorry, Professor, could I just clarify that. Are you 14 saying you tried to recruit individuals through the 15 SIREN study in healthcare workers to look specifically 16 at Long Covid, but that that didn't work out?
- 17 A. No, we only had survey data from them rather than 18 anything else.
- 19 Q. Right. Can I just ask, then, one further follow-up 20 question on that. Why is it, then, that Public Health 21 England didn't collect data on Long Covid even though it 22 collected data on Long Covid -- sorry, let me start that 23 question again.

Why didn't Public Health England collect data on Covid -- Long Covid even though ONS was collecting it, 223

1 is that you think that the English approach was better 2 than Wales?

3 A. I think that we may have disagreements in different 4 countries. My view is that the English approach to testing widespread healthcare workers was the 5 6 appropriate approach for us at that time.

7 MS GOWMAN: At that time. Thank you, Professor. 8 Thank you.

9 LADY HALLETT: Thank you, Ms Gowman.

Ms Hannett, where are you? You're right over there.

11 Questions from MS HANNETT KC

12 MS HANNETT: Professor Hopkins, I act on behalf of the 13 Long Covid groups, and I have a number of questions 14 about data gathering and surveillance of Long Covid by 15 both Public Health England and UKHSA.

16 Can I deal first with PHE. Did PHE gather data on 17 Long Covid?

18 A. So we routinely did not gather data on Long Covid 19 because it was very difficult to determine. We utilised 20 two sources of the main data. One was the collection 21 from ONS that looked at the individuals who had 22 prolonged symptoms in the community, and the second was 23 the SIREN study in healthcare workers where we did 24 regular surveys to ask people how long their symptoms 25 had lasted

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1 even though it collected Covid data when ONS was 2 collecting it? In other words, collection by ONS wasn't 3 a prohibition to the collection of data in respect of 4 Covid-19 itself?

5 A. No, but ONS study was at that point being funded by PHE 6 and UKHSA and very much involved those teams. It was 7 the largest study of its kind globally to look at 8 individuals and follow them over time, and so that was -- and a very important part of what we do is trying 9 10 not to replicate it.

Secondly, the other major source of where we collect data from is routine data that is collected at either the primary care or the secondary care level and there was not routine coding that we would be able to analyse the data that was already being collected to understand who had Long Covid in those settings, and there still isn't standardised coding to allow us to understand

19 Q. Can I just follow this, so in terms of UKHSA, does the 20 position remain the same in respect of the UKHSA 21 collection of Long Covid data, ie that it doesn't itself 22 collect data on Long Covid?

23 A. So it doesn't itself collect new data. What it's doing 24 is trying to ensure that any data that's available in 25 primary care records, in secondary care records, where

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1	people have consented for their sharing of the data, or
2	from any studies, is brought together to understand the
3	impact of Long Covid, but actually the predominant data
4	collection for Long Covid is happening in the NHS, in
5	the NHS-funded clinics.

Q. Can I ask whether that's satisfactory from UKHSA's perspective, given that it's not possible for you to effectively understand the extent of the disease burden without understanding how Long Covid is presenting in the community?

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- A. So I think it's really important to understand that we 11 12 require clear definitions of what to survey, clear ways 13 of coding that data within the health system records in 14 order for us to perform surveillance. Those studies, 15 funded by the National Institute for Health Research, 16 are still ongoing, and it's those studies that will 17 allow us to provide estimates in the population rather 18 than needing to require to collect data from every 19 single individual.
- Q. Professor Hopkins, can I just go back to the SIREN study
   and can I ask whether the SIREN study looked at all at
   the effects of Long Covid on healthcare workers?
- A. Yes, it has, and we have a publication that will be
   coming out shortly, which I'm very happy to share with
   the Inquiry in due course, which is looking at the
   225
- research funding in the first instance to provide consent from individuals.
- 3 Q. So is the answer presently no?
- A. So there is presently a research framework to collect
   data and that research framework is funded by
   government. UKHSA is not a research funder but we would
   be contributing to that research framework to ensure
   that the studies are available.
- 9 Q. So you agree that it's important that they should be indue course?
- 11 A. It's important that they are studied so that we12 understand them better.
- 13 MS HANNETT: I'm grateful.

16

- 14 Thank you, my Lady.
- 15 LADY HALLETT: Thank you, Ms Hannett.
  - Right, I think we have Ms Jones.
- 17 Questions from MS JONES
- 18 MS JONES: Thank you, my Lady.
- My Lady, there might be two Ms Joneses. Who were you expecting to hear from?
- 21 MS CAREY: It's the John's Campaign Ms Jones.
- 22 LADY HALLETT: I thought that went without saying but
- 23 anyway. Ms Jones?
- 24 MS JONES: Thank you, my Lady.
- 25 Professor Hopkins, I represent Care Rights UK, the 227

proportions of staff that had symptoms of more than 12 weeks for a wide range of symptoms and at each of the variants -- at each of the times of different variants throughout the pandemic, and the time off work that people have had or the amount of people that have changed their job.

We've just finished the analysis and I'm very happy to share that.

- Q. Then my final set of questions, Professor Hopkins,
   concerns future pandemic planning by UKHSA. Have plans
   for monitoring and surveillance of any potential
   long-term sequelae for a novel virus been incorporated
   into future pandemic planning?
- A. So, again, I would say that when we understand the
  effects of the longer term consequences and how we can
  measure those is considered, I think that again that
  what we really need to do is understand what the size of
  the study needs to be to understand the problem, like
  the ONS study or like the studies that are now being
  funded through NIHR.

UKHSA's role will be to ensure that all of the data that's being collected by other studies is available, if needed, to collect additional data but I think there are a range of studies that would depend on the infection and the consequences of the infection that would require 226

Patients Association and John's Campaign, all of whom represent individuals drawing on health and social care and their loved ones.

Our question for you today is about the PPE guidance that was published in April 2020 and which you have referred to in your evidence as introducing enhanced PPE recommendations across different health and social care settings.

When this guidance was formulated, did Public Health England consider the needs of patients with particular disabilities or additional needs and what, if any, consideration was given to the potential detrimental impact on those patients of healthcare staff being required to wear certain forms of PPE?

A. Yes, we did discuss and consider it. At the time there's the challenge of particularly communicating with people who are older, people who are hard of hearing, people who require lips to be able to read people, and the balance at the time was that that was really important and that we needed to continue to look and see what alternative approaches would be available in the future, but that the predominant reason to do it was to reduce transmission of the virus and that this was really important in those settings.

Over time, new masks became available with 228

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1	a see-through component in it and those were also then	1	LADY HALLETT: So it wasn't available at the time
2	included as possibilities in for organisations to	2	A. And it's still not available.
3	consider.	3	LADY HALLETT: Right. Should it be?
4	MS JONES: Thank you, Professor Hopkins. That's my only	4	A. Well, again, it comes back to what data should be made
5	question.	5	available and, personally, I think that, again, this
6	LADY HALLETT: Thank you, Ms Jones.	6	will require individuals to consent that this data is
7	Further questions from THE CHAIR	7	made available and that we have a way of understanding
8	LADY HALLETT: Right, I've got a couple of questions the	8	what the disabilities are. The best way to do that
9	Disability Charities Commission have asked me to put to	9	would be through GP records made available to national
	•		-
10	you and, given the time, I'm going to do it and I'm	10	organisations but that's something that's under
11	going to do it quickly.	11	discussion.
12	In June 2020, the ONS published its finding that	12	LADY HALLETT: Thank you very much. I'm sorry, now
13	a disproportionately high number of disabled people were	13	I understand the confusion. I hadn't realised it. I've
14	dying of Covid-19 and Public Health England published	14	got there. I may be being a bit slow at the end of the
15	its updated review in August 2020. The question is: you	15	day.
16	knew by then, because of the ONS study, that	16	Thank you very much indeed for your help, Professor
17	a disproportionately high number of disabled people were	17	Hopkins, I appreciate it's been a long day for you and
18	dying, why wasn't disability recorded as one of the	18	I'm sorry about the number of times we had to ask you to
19	disparities?	19	speak more slowly but it's what happens, I'm afraid.
20	A. As I said earlier, disability is not routinely recorded	20	Thank you for your help and I shall sit again at
21	in notes that we could see and required detailed	21	10.00 tomorrow.
22	healthcare records and that was something that came	22	(The witness withdrew)
23	through and then was utilised for things like the QCovid	23	(4.38 pm)
24	score later but was not available to us for routine	24	(The hearing adjourned until 10.00 am
25		25	on Thursday, 19 September 2024)
25	daily analysis of data. 229	25	230
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