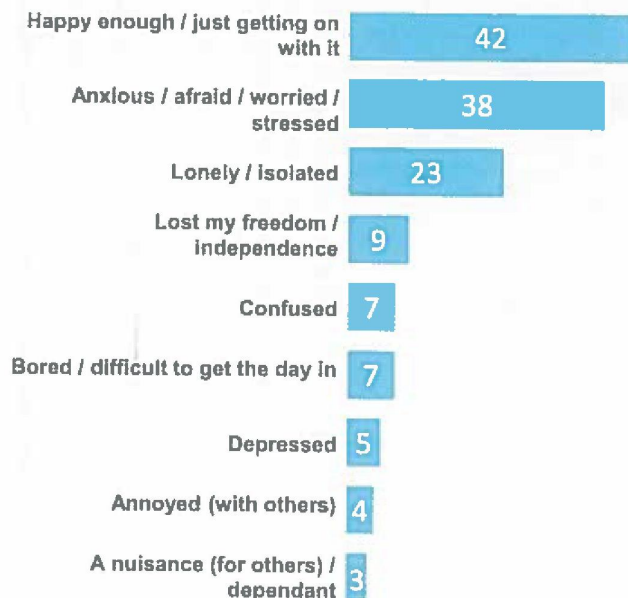


# IMPACT OF COVID PANDEMIC ON OLDER PEOPLE

## THE COVID EXPERIENCE



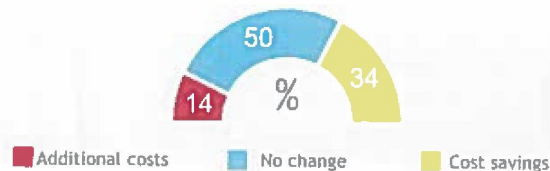
### FEELINGS DURING LOCKDOWN



### THE POSITIVES OF LOCKDOWN

- ✓ 14% reported increased contact with family
- ✓ 11% undertook more outdoor activity or exercise

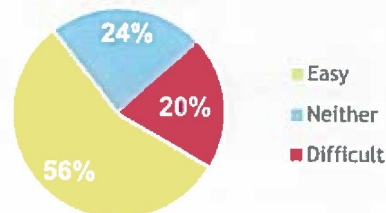
### IMPACT OF COVID ON FINANCES



## FOOD AND SHOPPING



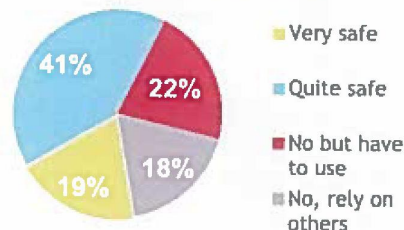
### EASE OF GETTING SHOPPING



### Reasons for difficulty include:

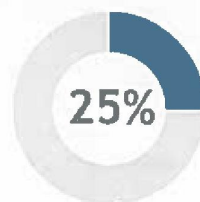
- Queuing in store
- Relying on family and friends
- Hard to get some items
- Health problems
- Problems with deliveries
- Having to shield

### FEEL SAFE USING SHOPS



**66%** feel more confident to go out when wearing a mask

## ACCESS TO HEALTHCARE



One quarter report that accessing medical services has become harder during the pandemic

## HEALTH AND WELLBEING

% experiencing...

Increased loneliness 32%

poorer health and wellbeing 37%

This study was conducted by telephone with 202 people aged 60 or over. Interviewing took place from 1<sup>st</sup> to 14<sup>th</sup> September and was conducted by the independent research company:

