Executive Summary

The most deprived neighbourhoods in England have a COVID-19 mortality rate more than twice that of the most affluent. Likewise, people in the lowest paid occupations are twice as likely as those in higher occupational groups (such as professionals and business leaders) to die from COVID-19. This report examines these inequalities in COVID-19 in more detail — contextualising them within the wider issue of health inequalities in COVID-19 in more detail — contextualising them within the wider issue of health inequalities. Firstly, the report provides an overview of socio-economic health inequalities in the UK. It then summarises epidemiological evidence of socio-economic inequalities in relation to COVID-19 (both in the UK and internationally) and examines the pathways linking COVID-19 and inequality. In part three, it examines inequalities and the impact of the emergency policy response to COVID-19, including the lockdown, the emerging parallel pandemic of restricting non-COVID NHS services, mental health impacts, rising homelessness and school closures. Part four examines the emerging evidence of an unequal COVID-19 economic crisis and the impact that it could have on future health inequalities. The report concludes by outlining some key recommendations whereby local government and devolved authorities, the NHS and national government can act to reduce these inequalities.

Key Messages

- COVID-19 has magnified and exacerbated health inequalities with higher rates of illness and death from COVID-19 in more deprived communities
- COVID-19 has highlighted the importance of the social determinants of health namely: housing, income, nutrition, employment sickness benefits and financial support, social security and social care and health care
- People in lower paid jobs or living in more deprived neighbourhoods are more likely to experience adverse outcomes from the virus because of:
 - o co-morbidities and reduced immune response associated with poverty and stress
 - o occupational exposures and inability to shield at home