

Message

From: [NR] O=EXCHANGELABS/OU=EXCHANGE ADMINISTRATIVE GROUP (FYDIBOHF23SPDLT)/CN=RECIPIENTS/CN=03C87D3788444480BF65D6947CFA1854 [NR]
Sent: 18/02/2021 16:29:03
To: [NR] o=ExchangeLabs/ou=Exchange Administrative Group (FYDIBOHF23SPDLT)/cn=Recipients/cn=eff14519e1054676adfe10a69215962 [NR]
Subject: RE: Long COVID in CO roadmap 22 Feb

Not sure if the paragraph was final – comments in red if not.

From: [NR] @dhsc.gov.uk>
Sent: 18 February 2021 16:00
To: [NR]
Cc: [NR]
Subject: RE: Long COVID in CO roadmap 22 Feb

Hi [NR]

We have had an update from CO and the text is shorter and much more focused on research. Sorry we've just had this come through.

While **for** many people COVID-19 is a mild illness, for some, regardless of age, the effects of COVID-19 can linger into the long-term. The NHS and partner organisations are already implementing initiatives to support people with **prolonged symptoms following COVID-19 infection, which has been referred to as 'long COVID'** and help the system to handle any additional pressure from long COVID related conditions effectively. In addition, research announced by the National Institute for Health Research (NIHR) and UK Research and Innovation (UKRI), will see £8.4 million invested in one of the world's largest comprehensive research study into the long-term health impacts of COVID-19 on hospitalised patients. In addition, **the NIHR and UKRI announced a further** £18.5 million on 18 February 2021 to fund a number of ambitious studies that will help the Government learn more about the long-term effects of the virus, **including** among people who have not been hospitalised.

From: [NR] @dhsc.gov.uk>
Sent: 18 February 2021 15:29
To: [NR]
Cc: [NR] @dhsc.gov.uk>
Subject: RE: Long COVID in CO roadmap 22 Feb

Hi [NR]

Updated lines that CMO has viewed and had no objections to.

Thanks, [NR]

"We also need to ensure we can provide sufficient care to those suffering **prolonged symptoms following COVID-19 infection, which has been referred to as 'long COVID'**. The ONS estimates that symptoms lasting over **three** months affect one in 10 people. NHS and partner organisations are already implementing initiatives to better support people with long COVID and help the system to effectively handle any additional pressure from long COVID related conditions. This includes:

- 69 long COVID assessment services already opened, with more opening soon. The services bring together doctors, nurses, physiotherapists and occupational therapists to offer both physical and psychological assessments and refer patients to the right treatment and rehabilitation services;
- An online patient service called Your COVID Recovery which provides general information and advice on living with long COVID, followed by a second phase offering an online, tailored rehabilitation programme that enables patients to be monitored by their local rehabilitation teams;
- A guideline on managing the long-term effects of COVID-19 produced jointly by the National Institute of Health and Care Excellence (NICE), the Royal College of General Practitioners and the Scottish Intercollegiate Guidelines Network. The guideline sets out information on identifying, assessing and managing the long-term effects of COVID-19.

The NHS and the wider scientific community are currently working to better understand the disease course of COVID-19, including symptom severity and duration, long-term effects, and how best to support recovery. The National Institute for Health Research (NIHR) and UK Research and Innovation (UKRI) have invested £8.4 million in the Post-Hospitalisation COVID-19 study at the University of Leicester. This study is one of the world's largest comprehensive research studies into the long-term health impacts of COVID-19 on hospitalised patients. On 18 February, the NIHR and UKRI announced a further £18.5 million to fund four new, ambitious studies that will help us learn more about the long-term effects of the virus, including among people who have not been hospitalised. [Note this is not yet in the public domain]"

From: NR @dhsc.gov.uk>
Sent: 18 February 2021 12:51
To: NR
Cc: @dhsc.gov.uk>
Subject: RE: Long COVID in CO roadmap 22 Feb

Thanks NR Honestly, the process is quite opaque so I don't know whether we will get a chance to review again – if at all possible, I'd suggest trying to check that Jenny is happy with this by COP today? I suspect that most of the negotiations will take place tomorrow, and probably above my pay grade....

Best, A

From: NR @dhsc.gov.uk>
Sent: 18 February 2021 11:40
To: NR
Subject: RE: Long COVID in CO roadmap 22 Feb

Hi NR

I've included comments from me and CMO office colleagues (in red/yellow/I've deleted some text). Not had chance to share with Jenny yet but will try to see if she has comments. When is the deadline?

Thanks,
 NR

From: NR @dhsc.gov.uk>
Sent: 17 February 2021 11:02
To: NR @dhsc.gov.uk>

NR

@dhsc.gov.uk>

Subject: RE: Long COVID in CO roadmap 22 Feb

Hi NR

That's great, thanks – as far as we're aware, this is the current text on Long COVID – obviously there may yet be further changes to this at their end, we'll keep you posted. Just wanted to share now in case you wanted to show Jenny at this stage? As you can see, it recaps existing work rather than setting out any new ambitions or commitments, which is an approach we support:

“We also need to ensure we can provide sufficient care to those suffering “Long COVID” symptoms. The ONS estimates that symptoms lasting over 3 months affect one in 10 people. NHS and partner organisations are already implementing initiatives to better support people with long COVID and help the system to effectively handle any additional pressure from long COVID related conditions. This includes:

- 69 long COVID assessment services already opened, with more opening soon. The services bring together doctors, nurses, physiotherapists and occupational therapists to offer both physical and psychological assessments and refer patients to the right treatment and rehabilitation services;
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The NHS and the wider scientific community are currently working to better understand the disease course of COVID-19, including symptom severity and duration, long-term effects, and how best to support recovery. The National Institute for Health Research (NIHR) and UK Research and Innovation (UKRI) have invested £8.4 million in the Post-Hospitalisation COVID-19 study at the University of Leicester. This study is one of the world's largest comprehensive research studies into the long-term health impacts of COVID-19 on hospitalised patients. On 18 February, the NIHR and UKRI announced a further £18.5 million to fund four new, ambitious studies that will help us learn more about the long-term effects of the virus, including among people who have not been hospitalised. [Note this is not yet in the public domain]”

Many thanks,

NR

From: NR @dhsc.gov.uk>

Sent: 16 February 2021 17:55

To: NR

Cc: @dhsc.gov.uk>

Subject: RE: Long COVID in CO roadmap 22 Feb

Hi,

Yes – just send to me when it's ready!

Thanks,

NR

From: Cowrirano, Alexandra Alexandra.Cowrirano@dhsc.gov.uk

Sent: 16 February 2021 17:53

NR

[@dhsc.gov.uk](mailto:Alexandra.Cowrirano@dhsc.gov.uk)

Subject: Long COVID in CO roadmap 22 Feb

Hi NR

We're feeding in to CO on the text for the roadmap due to be published on 22 Feb. Can we share draft text with DCMO ahead of this weekend to ensure that she's happy with it in case there's anything additional/different she'd like to say? What's the best way to do that?

Thanks, NR



NR

Deputy Director for Provider Efficiency, Accountability and Sponsorship (NHSE/I)

Te I&S

Follow us on Twitter @DHSCgovuk

NR [@dhsc.gov.uk](mailto:Alexandra.Cowrirano@dhsc.gov.uk)

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