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HEALTH AND SPORT PORTFOLIO CONTRIBUTION TO PROPOSED NATIONAL PACKAGE OF MEASURES TO REDUCE R

Purpose

1. To share our advice on measures needed to drive R back under 1. This advice constitutes the Health and Sport Portfolio contribution to the package of measures commissioned at Gold Command meeting on 18 September and due to be announced early next week.
2. We also provide a brief summary of available proposals from other Portfolios (annex A).

Timing

3. First Minister has asked for an agreed package of measures to be provided by Sunday with initial draft shared at official level by Saturday 3pm. This advice would benefit from a discussion before it is finalised.

Summary of proposed measures

4. In summary our advice is to introduce the following measures from Monday 21 September:

- Strengthen FACTS and other public health messaging including work from home, limit unnecessary domestic and foreign travel.
- Restrict all domestic indoor interaction to single (inc extended) households.
- Restrict all outdoor interaction to no more than two households ("6 from 2").
- All household members of known contacts to self-isolate.
- "6 from 2" rule in all hospitality not selling alcohol.
- "6 from 1" rule in all "wet pubs"
- Introduce a 10pm closure curfew on all hospitality.
- Regulate and enforce 1m plus distancing in hospitality with enhanced support from EHOs and police.
Decisive all agencies work on compliance inc incentives and enforcement across all sectors with a focus on highest risk sectors.
- Restrict car sharing to essential journeys.
- Introduce a "protecting the NHS, preserving care" message to underline seriousness of situation.