Every Story Matters

Easy Read form

UK Covid-19 Inquiry
This is an Easy Read version of some hard information. It may not include all of the information but will tell you about the important parts.

This Easy Read form uses easier words and pictures. You may still want help to read it.

Some words are in **bold** - this means the writing is thicker and darker.

These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.

**Blue and underlined** words show links to websites and email addresses. You can click on these links on a computer.
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About Every Story Matters

The UK Covid-19 Inquiry has started a project called ‘Every Story Matters’, so people from across the UK can share their stories with us.

An Inquiry is when a group of people look at what happened and tell everyone the facts about what happened.

Your stories will help the Inquiry understand what happened to people during the pandemic.

Before filling in this form, please read ‘About Every Story Matters’ (Easy Read) for more information.
How to fill in this form

You must be aged 18 or older to fill in this form.

Your story must be about things that have happened in the UK.

Please write your answers in the boxes.

You must answer questions marked with a red star *
If you need help

You can ask a member of your family or a friend to help fill in the form.

You might have a lot of different feelings when you fill in the form.

If you want to talk to someone about your feelings, here is a list of groups that may be able to help:

www.covid19.public-inquiry.uk/support
**About your story**

* **Question 1:** What would you like to tell us about?

* You must answer this question.

Tick all the boxes that explain what your story is about.

- [ ] Someone I know died because of Covid-19.
- [ ] Living with long Covid - this is where you still feel unwell from Covid after a long time.
How I feel about myself.

Being at school or college.

My job.

A health service.

Covid tests and **vaccinations**.

**Vaccinations** are injections or jabs that help to stop you from being ill.
Being pregnant or having a baby.

Care homes or support at home.

My mental health, like feeling sad, angry, anxious or stressed.

My family.

My relationship.
- My local community, like my neighbours or my place of worship.
- Official government information.
- Being treated unfairly.
- Something good that happened to me.
Your story

*Question 2:* Tell us what happened to you during the pandemic, or what is still happening to you now.

*You must answer this question.*

*Do not include your name, address or telephone number in your answer.*
Please use this page if you need more space for Question 2.
Question 3: How did the pandemic affect you and the people around you?

You can tell us about your friends, family or your local community.
Please use this page if you need more space for Question 3.
Lessons

**Question 4:** What can be learned from the pandemic?

Tell us about what was done well and what could have been done better.
Question 5: Where did your experience happen?

- England
- Northern Ireland
- Scotland
- Wales
About you

You do not have to answer these questions if you don’t want to.

Question 6: How old are you?

[Space for answer]

Question 7: How do you describe your gender?

- Female
- Male
- I use a different word
- I prefer not to say
Question 8: What is your ethnicity?

Ethnicity is your race or background. For example black, white or Asian.

Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Any other Asian background
Black or Black British

- [ ] African
- [ ] Caribbean
- [ ] Any other Black background

You come from more than 1 ethnic group

- [ ] White and Black Caribbean
- [ ] White and Black African
- [ ] White and Asian
- [ ] Any other mixed ethnic background
Another ethnic group

☐ Arab

☐ Any other ethnic group

White

☐ White English, Welsh, Scottish, Northern Irish or British

☐ Irish

☐ Gypsy or Irish Traveller

☐ Any other White background

☐ I prefer not to say

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Question 9: What is your religion?

- No religion
- Buddhist
- Christian
- Hindu
- Jewish
- Muslim
- Sikh
- Any other religion
- I prefer not to say

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Question 10: What is your postcode?
About you: work

**Question 11:** When your story took place, were you...?

*Please tick all the boxes that apply.*

- [ ] In a full time job
- [ ] In a part time job
- [ ] Working for myself
- [ ] A student
- [ ] Retired
- [ ] Not working and looking for a job
- [ ] Not working with a long-term sickness
- [ ] Looking after my home or my family
- [ ] I prefer not to say
**Question 12:** If you were a key worker when your story took place, what type of work were you doing?

*Please tick all the boxes that apply.*

- Education and childcare
- Key public services
- Selling food and other things people need to live
- Health and social care
- Government or local council
- Keeping the public safe
- Transport
- Providing a service like gas or electric, phone or banking
- I was not a key worker
- I prefer not to say
Question 13: What was your job title?

*If you had more than 1 job title, please write them all below.*
About you: caring and health

Question 14: When your story took place, were you a carer? This could be paid care work or unpaid care work.

Please tick all the boxes that apply.

- Caring for someone with a long-term physical or mental health condition
- Caring for someone who needed help because of Covid-19
- Caring for someone who was very old
- Caring for children of friends or family members
- Caring for my own children
- Other
- No
- I prefer not to say

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Question 15: Do you find everyday things difficult because of a disability or long-term health problem?

- Yes, very difficult
- Yes, a bit difficult
- No
- I prefer not to say
Shielding

People were asked to shield themselves if they were likely to be very ill from Covid-19.

To shield means to stay indoors at home as much as possible and only have important face-to-face meetings with other people.

You may have been asked to shield if you have a disease or health problem that means you could be very ill with Covid-19.

Question 16: Were you asked to shield at any time during the pandemic?

☐ Yes

☐ No

☐ Prefer not to say
Thank you

Thank you for sharing your story about what happened during the Covid-19 pandemic.

Please send your form back to us by posting to:

FREEPOST
UK Covid-19 Public Inquiry

That is all you need to put on the envelope. You do not need a stamp.
If you change your mind about sharing your story

It is okay to change your mind about sharing your story.

You can stop filling in the form at any time.

If you have already sent the form, you can ask for it to be deleted. Some information may already have been used.

To ask for your form to be deleted, email: contact@covid19.public-inquiry.uk

In your email, please include the code you were given when you sent your form.
For more information

You can look at our website here:

- English: www.covid19.public-inquiry.uk/every-story-matters

If you need more information please contact us by:

- Post: FREEPOST
  UK Covid-19 Inquiry
  That’s all you need to put on the envelope. You do not need a stamp.

- Email: contact@covid19.public-inquiry.uk